

Kingsdale School Menu 2018

19th-23rd November

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course	Chicken Stir fry Noodles	Chicken Rice & Peas + Gravy	Beef curry & Yellow Rice	Chicken & Jollof Rice Gravy	Chicken nuggets & Chips
Vegetarian	Vegetarian Stir fry Noodles	Vegetable Pasta bake	Vegetable Curry & Rice	Quorn Mixed Peppers Jollof Rice	Quorn Wraps & Chips
Grab & Go	Selection of Baguettes, sandwiches and rolls, white and brown bread, Patties, Wraps, Veg Wraps, Pasta pots, Soup of the day	Selection of Baguettes, sandwiches and rolls, white and brown bread, Patties, Wraps, Veg Wraps, Pasta pots, Soup of the day	Selection of Baguettes, sandwiches and rolls, white and brown bread, Patties, Wraps, Veg Wraps, Pasta pots, Soup of the day	Selection of Baguettes, sandwiches and rolls, white and brown bread, Patties, Wraps, Veg Wraps, Pasta pots, Soup of the day	Selection of Baguettes, sandwiches and rolls, white and brown bread, Patties, Wraps, Veg Wraps, Pasta pots, Soup of the day
Fillings for potatoes, sandwiches and rolls	Chicken Tikka, Chinese Chicken, Egg Mayo, Cheese and pickle, Prawn Mayo, Cheese and Ham, Cheese and Tuna	Chicken Tikka, Chinese Chicken, Egg Mayo, Cheese and pickle, Prawn Mayo, Cheese and Ham, Cheese and Tuna	Chicken Tikka, Chinese Chicken, Egg Mayo, Cheese and pickle, Prawn Mayo, Cheese and Ham, Cheese and Tuna	Chicken Tikka, Chinese Chicken, Egg Mayo, Cheese and pickle, Prawn Mayo, Cheese and Ham, Cheese and Tuna	Chicken Tikka, Chinese Chicken, Egg Mayo, Cheese and pickle, Prawn Mayo, Cheese and Ham, Cheese and Tuna
Vegetables of the Day	Baked Beans, cauliflower, carrots	Broccoli and Mixed Salad, carrots	Sweet Corn and Mixed Salad, cauliflower, carrots	Green Beans and Mixed Salad, cauliflower, carrots	Peas and Baked Beans, cauliflower, carrots

Salad Bar Mediterranean Salad ,Coleslaw, Potato salad, mixed Salad Scotch Eggs Quiche	Salad Bar Mediterranean Salad ,Coleslaw, Potato salad, mixed Salad Scotch Eggs Quiche	Salad Bar Mediterranean Salad ,Coleslaw, Potato salad, mixed Salad Scotch Eggs Quiche	Salad Bar Mediterranean Salad ,Coleslaw, Potato salad, mixed Salad Scotch Eggs Quiche	Salad Bar Mediterranean Salad ,Coleslaw, Potato salad, mixed Salad Scotch Eggs Quiche	Salad Bar Mediterranean Salad ,Coleslaw, Potato salad, mixed Salad Scotch Eggs Quiche
Deserts	Apple Crumble with custard	Fresh Fruit	Chocolate cake and Custard	Fresh Fruit	Fresh Fruit
Baked potato Chilli Prawns Coleslaw Beans cheese	Baked potato Chilli Prawns Coleslaw Beans cheese	Baked potato Chilli Prawns Coleslaw Beans cheese	Baked potato Chilli Prawns Coleslaw Beans cheese	Baked potato Chilli Prawns Coleslaw Beans cheese	Baked potato Chilli Prawns Coleslaw Beans cheese
Additional Items	Fresh Fruit Fruit Pot Fruit Juices Milk Mineral Water Smoothies yogurts	Fresh Fruit Fruit Pot Fruit Juices Milk Mineral Water Smoothies yogurts	Fresh Fruit Fruit Pot Fruit Juices Milk Mineral Water Smoothies yogurts	Fresh Fruit Fruit Pot Fruit Juices Milk Mineral Water Smoothies yogurts	Fresh Fruit Fruit Pot Fruit Juices Milk Mineral Water Smoothies yogurts