

## A-Level PE Year 12 Curriculum Map

Year 12	Autumn 1		Autumn 2	Spring 1		Spring 2	Summer 1	Summer 2	
<b>Topic/ Section</b>	<b>A.</b> Cardiovascular system. <b>B.</b> Skill Characteristics and their impact on transfer and practice. <b>C.</b> Pre-Industrial (Pre-1780).	<b>Exam 1</b>	<b>A.</b> Respiratory system. <b>B.</b> Principles and theories of learning and practice. <b>C.</b> Industrial and post-industrial (1780-1900).	<b>Exam 2</b>	<b>A.</b> Neuromuscular system and muscular skeletal and movement in physical activities. <b>B.</b> Personality, Attitudes, and arousal. <b>C.</b> Post WW2 (1950 to present).	<b>A.</b> Diet and nutrition and training methods. <b>B.</b> Anxiety, aggression, and motivation. <b>C.</b> Sociological theory applied to equal opportunities.	<b>A.</b> Biomechanical principles and levers. <b>B.</b> Social facilitation, group dynamics and the importance of goal setting. <b>C.</b> The role of technology in physical activity and sport.	<b>A.</b> Applied energy systems and transfer. <b>B.</b> General information processing models. <b>C.</b> Concepts of physical activity in sport.	<b>Year 12 Progress Exam</b>
<b>Assessment</b>			Exam paper created using previous exam question based on topics covered.		Internal formative assessment.	Exam paper created using previous exam question based on topics covered.	Internal formative assessment.		
<b>Link with A-Level Skills and AOs</b>	<b>Paper 1.</b> Factors affecting participation in physical activity and sport.		<b>Paper 1.</b> Factors affecting participation in physical activity and sport.			<b>Paper 1.</b> Factors affecting participation in physical activity and sport.		<b>Paper 2.</b> Factors affecting optimal performance in physical activity and sport.	