



KINGSDALE 11-19 FOUNDATION SCHOOL

Alley Park, Dulwich, London SE21 8SQ Tel:020 8670 7575 Fax:020 8766 7051

E-mail: info@kingsdale.southwark.sch.uk Web:

www.kingsdalefoundationschool.org.uk

Headteacher: Mr S. H. Morrison



Co-educational Academy of Advanced, Artistic and Academic Studies

31st March 2020

Re: Southwark Guidance on Supporting Student Mental Health & Wellbeing

Dear Parent(s)/Guardian(s)/Carer(s),

Please find attached valuable advice on supporting our young people during the current Coronavirus situation and school closures. This has been produced by Southwark Educational Psychology Team. There is also an attachment with links to mindfulness activities and support websites.

Please do not hesitate to contact us if we can be of any further assistance at this time via senco@kingsdale.southwark.sch.uk

For queries regarding our online mentoring or counseling services, please contact Ms T Wray via info@kingsdale.southwark.sch.uk

Kind regards,

Mr S Syron
SENCO