



Kingsdale School Menu

Week 3



	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course	Moussaka	Fish Stew Rice	Spaghetti Bolognese and Sauce	Chicken with Jollof Rice	Chicken Battered Fish & Chipped Potatoes
Vegetarian	Jacket Potato Quorn Pasta Veggie wraps	Quorn Sausages, Mashed Potatoes, Onions & Gravy	Jacket Potato Veggie Wraps Quorn Chunky Strips with Jollof Rice	Jacket Potato Veggie Wraps Quorn Bolognese and Sauce	Jacket Potato Veggie Wraps Cauliflower Cheese
Grab & Go	Panini Selection of Baguettes Patties Wraps	Panini Selection of Baguettes Patties Wraps	Panini Selection of Baguettes Patties Wraps	Panini Selection of Baguettes Patties Wraps	Panini Selection of Baguettes Patties Wraps
Fresh Salad	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
Desserts	Apple Crumble with Custard	Cheese and biscuits Fresh Fruit	Chocolate pudding Fresh Fruit	Cheese and biscuits Fresh Fruit	Chocolate Pudding with Custard
Additional Items	Fresh Fruit Fruit Pot Yoghurt Fruit Juices Milk Mineral Water Apple Juice Orange Juice Pasta Pots	Fresh Fruit Fruit Pot Yoghurt Fruit Juices Milk Mineral Water Apple Juice Orange Juice Pasta Pots	Fresh Fruit Fruit Pot Yoghurt Fruit Juices Milk Mineral Water Apple Juice Orange Juice Pasta Pots	Fresh Fruit Fruit Pot Yoghurt Fruit Juices Milk Mineral Water Apple Juice Orange Juice Pasta Pots	Fresh Fruit Fruit Pot Yoghurt Fruit Juices Milk Mineral Water Apple Juice Orange Juice Pasta Pots