In Year 8, pupils built on the knowledge and skills they had learnt in Year 7 to carry out more challenging work in this term.

In the first half of the term pupils will learn a range of skills to prepare pasta, potato and rice dishes. For desert, pupils have the opportunity to learn and use seasonal fruit to make desert. Pupils also learn how to adapt recipe to cater for individual needs.

In the second half of the term pupils will be given a design and make task to design and make a healthy school lunch. In this project, pupils have to go through the design process and finally come up with a final design and make the product.