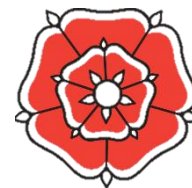


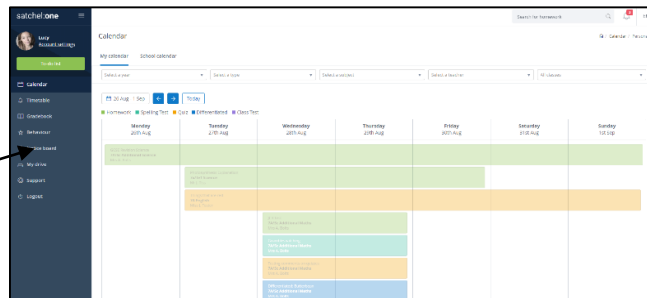
Supporting Your Son/ Daughter With Remote Learning



What are the expectations?

The daily school routine should be followed – to help this, your son/ daughter should use the **calendar and timetable function** on Satchel:One.

- Students must attend any live lessons with their **camera on**
- **Students submit their work** by uploading to Satchel:One before the end of each day. [Here](#) is a link which shows how to submit work



Example timetable for the day

Time	Activity
8.00am	Get up and have breakfast
8.45am	Attend online tutor and prepare for the day – check lessons and make sure you have required resources
9.05am	Lesson 1 Make sure work submitted
10.05am	Take a break for 15 min
10.25am	Lesson 2 Make sure work submitted
11.25am	Lesson 3 Make sure work submitted
12.25pm	Lunch
1.00pm	Lesson 4 Make sure work submitted
2.00pm	Lesson 5 2.55pm make sure work submitted

This will not be every day, you must tell your son/ daughter to keep an eye out for when this will be on Satchel:One.

It is vital that wherever possible this timetable is stuck to, as any live lessons will be according to these times.

Make sure your son/ daughter uses opportunities at break and lunch time to take time away from the screen and have some fresh air!

Supporting Your Son/ Daughter With Remote Learning



How can I motivate them?

It is important that routines and expectations are established and agreed on.

- Does your son/ daughter have a **quiet space** to work?
- **Restrict access to phones and games consoles.** These stop students from learning and provide distractions. We do not allow students to use these in school.
- **Set timetable** for each day.
- Encourage your son/ daughter to **create a to-do list** for each day and check in to see if it is being completed.
- Build time into the day to be away from the computer screen.

To help your son/ daughter to structure the day, and to support them in self-management, ask the following questions as part of your conversations with them:

- **What subjects do you have today, and when?**
- **Do you have any live lessons that you need to attend today?**
- **What resources do you need to complete your work today?**
- **How did your lessons go today?**
- **Is all of your work submitted for your lessons?**
- **What did you find difficult today, and how did you deal with it?**



satchel:one

The below link will help you to set up your parent log-in
<https://help.satchelone.com/en/articles/2912165-logging-in-as-a-parent>



How can I support my their learning?

The lessons and tasks for each day appear on Satchel:One. Students may then be directed to watch a pre-recorded lesson, or attend a live lesson through Teams.

- Make sure your son/ daughter can **access Teams through RM Unify or via the app**
- **Download the Satchel:One app as a parent** so that you are able to see what work your they have been set each day.
- Remind your son/ daughter **to only spend the assigned amount of time on each lesson**
- **Ask for them to show you their work** from that day
 - Is it neatly presented?
 - Does it seem like an appropriate amount of work?
 - Did they submit it to the teacher?



Where can I get help?

Please encourage your son/ daughter to ask for help from their teachers. If further guidance, you should contact your child's tutor in the first instance.