

Anti-Bullying Policy written by pupils for pupils

There are many types of bullying. The first is physical bullying. This type consists of people:

- *Kicking
- *Hitting
- *Pushing
- *Taking and damaging belongings

Another type of bullying is verbal bullying. This consists of:

- *Name calling (intentionally)
- *Taunting
- *Mocking
- *Making Nasty Comments
- *Making Threats

Also, there is emotional bullying. This can include:

- *Leaving people out
- *Deliberately ignoring people
- *Gossiping/spreading rumours about people

Fly high; flourish and fulfil

*Cyber bullying through text/phone calls/picture/video clip/Instant messenger/Email/Chat rooms/websites or blogs

If you notice any bullying around school, other children and young people should do the following:

*Talk to the person being bullied, offer advice and be there for them.

*Advise them to tell a trusted adult or Bully Buster

*Tell their teacher/parent/carer about the bullying on their behalf

*Try to see it from both perspectives and don't take sides

*Speak to the bully (only if safe)

If you are ever being bullied you should:

*Tell a trusted and responsible person

*Keep a diary or any evidence

- *Never retaliate and don't fight back
- *Try not to give the bullies the pleasure of getting a reaction
- *Ask a friend for advice
- *If it's cyber bullying, immediately block them and tell a responsible person.
- *Go to <http://www.dudleysafeandsoundcampaign.org/bullying/> for advice to help prevent bullying