## Anti-Bullying Policy written by pupils for pupils

There are many types of bullying. The first is physical bullying. This type consists of people:

- \*Kicking
- \*Hitting
- \*Pushing
- \*Taking and damaging belongings

Another type of bullying is verbal bullying. This consists of:

- \*Name calling (intentionally)
- \*Taunting
- \*Mocking
- \*Making Nasty Comments
- \*Making Threats

Also, there is emotional bullying. This can include:

- \*Leaving people out
- \*Deliberately ignoring people
- \*Gossiping/spreading rumours about people

Fly high; flourish and fulfil



Belief Compassion

**Pride** 

Respect

\*Cyber bullying through text/phone calls/picture/video clip/Instant messenger/Email/Chat rooms/websites or blogs

If you notice any bullying around school, other children and young people should do the following:

- \*Talk to the person being bullied, offer advice and be there for them.
- \*Advise them to tell a trusted adult or Bully Buster
- \*Tell their teacher/parent/carer about the bullying on their behalf
- \*Try to see it from both perspectives and don't take sides
- \*Speak to the bully (only if safe)

If you are ever being bullied you should:

- \*Tell a trusted and responsible person
- \*Keep a diary or any evidence

Fly high; flourish and fulfil



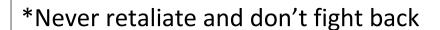




Belief Compassion

**Pride** 

Respect



- \*Try not to give the bullies the pleasure of getting a reaction
- \*Ask a friend for advice
- \*If it's cyber bullying, immediately block them and tell a responsible person.
- \*Go to

http://www.dudleysafeandsoundcampaign.org/bullying / for advice to help prevent bullying

Fly high; flourish and fulfil

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