

**WEEK
1**



**Mighty
MONDAY**

**Tasty
TUESDAY**

**Roast of the Day
WEDNESDAY**

**Fish
THURSDAY**

**Favourites
FRIDAY**

**SAMMY
SWEETCORN
SAYS...**

'Enjoy your
lunch!'



V = Vegetarian
Ve = Vegan
🌿 = Hidden Veg

OPTION 1

Chicken Tikka Wraps
or Chicken
Tikka Wraps (Halal)

Tomato Pasta
Bake 🌿 (v)

Roast Chicken or
Roast Chicken (Halal)
Stuffing & Gravy

Fish Fingers

PIZZA PARTY
Ham & Cheese
or Cheese &
Tomato Pizza (v)

OPTION 2

Authentic
Pitta Pizza (v)

Chicken Nuggets 🌿
or Chicken
Nuggets (Halal)

Cheesy Cauliflower
& Tender Broccoli
Bake & Gravy (v)

Crispy Quorn
Dippers (v)

**JACKET
POTATO BAR**

Available Daily: Jacket Potato with Cheese & Baked Beans

**SANDWICH BAP
WITH NACHOS
& SALAD**

Available Daily: Cheese, Ham or Tuna Baps

CARBS

Mexican Rice

Herby Diced
Potatoes

Mashed &
Roast Potatoes

Potato
Wedges

Chips

**CLASSIC
DESSERT**

Mini Doughnut

Chocolate
Brownie 🌿

Muffin
Selection

Vanilla Iced
Sponge

Fruity Jelly

**SAMMY'S
HEALTHY
SNACKS**

Cucumber, Carrot, Pepper Batons or Pitta Sticks with Dips, Apple Slices with Chocolate Dip or Yoghurt, Pineapple Slices with Yoghurt, Egg Nest, Cheese Twists

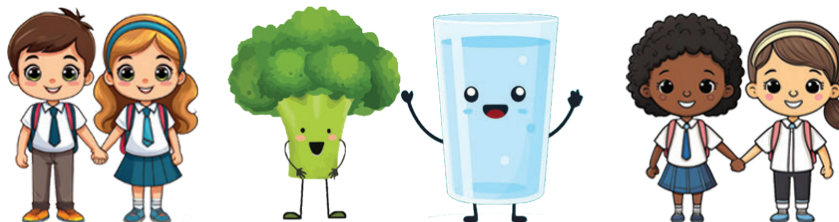
Main Meals are served with a varied choice of seasonal vegetables and a daily salad bar featuring seasonal super salads & freshly made bread. Fresh fruit salads & yoghurt available daily.



Harry Ramsden's
WORLD FAMOUS FISH & CHIPS

SHIRE | **FRESH**
services | dining

**WEEK
2**



**Mighty
MONDAY**

**Tasty
TUESDAY**

**Roast of the Day
WEDNESDAY**

**Fish
THURSDAY**

**Favourites
FRIDAY**

**SAMMY
SWEETCORN
SAYS...**

**'Enjoy your
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OPTION 1

All day Breakfast
or All Day Breakfast
(Halal)

Chicken Tikka Wraps
or Chicken
Tikka Wraps (Halal)

Roast Beef or
Roast Chicken (Halal)
Yorkshire Pudding
& Gravy

Fish Fingers

PIZZA PARTY
BBQ Chicken
or Cheese &
Tomato Pizza (v)

OPTION 2

All Day Veggie
Breakfast (v)

Classic Favourite
Sausage Roll (Ve)

Country Garden
Vegetable Bake (v)

Pasta
Neapolitan (v)

**JACKET
POTATO BAR**

Available Daily: Jacket Potato with Cheese & Baked Beans

**SANDWICH BAP
WITH NACHOS
& SALAD**

Available Daily: Cheese, Ham or Tuna Baps

CARBS

Mashed Potatoes

Herby Diced
Potatoes

Mashed &
Roast Potatoes

Potato
Wedges

Chips

**CLASSIC
DESSERT**

Vanilla Iced
Sponge

Peach Crumble
& Custard

Muffin
Selection

Chocolate
Brownie

Fruit Sorbet

**SAMMY'S
HEALTHY
SNACKS**

Cucumber, Carrot, Pepper Batons or Pitta Sticks with Dips, Apple Slices with Chocolate Dip or Yoghurt, Pineapple Slices with Yoghurt, Egg Nest, Cheese Twists

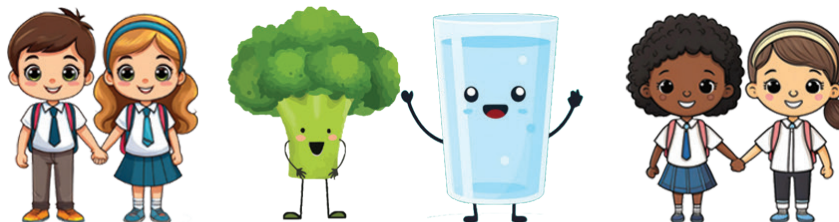
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**WEEK
3**



**Mighty
MONDAY**

**Tasty
TUESDAY**

**Roast of the Day
WEDNESDAY**

**Fish
THURSDAY**

**Favourites
FRIDAY**

**SAMMY
SWEETCORN
SAYS...**

'Enjoy your
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OPTION 1

Beef Burger
or Beef Burger (Halal)

Original Chicken
Tikka Masala

Roast Chicken or
Roast Chicken (Halal)
Stuffing & Gravy

Fish Bites

PIZZA PARTY
Pepperoni &
Cheese
or Cheese &
Tomato Pizza (v)

OPTION 2

Country Garden
Vegetable
Bake (v)

Mac 'n' Cheese (v)

Golden Cheddar
Cheese &
Potato Pie (v)

Crispy Quorn
Dippers (v)

**JACKET
POTATO BAR**

Available Daily: Jacket Potato with Cheese & Baked Beans

**SANDWICH BAP
WITH NACHOS
& SALAD**

Available Daily: Cheese, Ham or Tuna Baps

CARBS

Herby Diced
Potatoes

Rice

Mashed &
Roast Potatoes

Potato
Wedges

Chips

**CLASSIC
DESSERT**

Marble Sponge &
Choc Sauce

Chocolate
Crowns

Ice Cream

Cookie
Selection

Fruity Jelly

**SAMMY'S
HEALTHY
SNACKS**

Cucumber, Carrot, Pepper Batons or Pitta Sticks with Dips, Apple Slices with Chocolate Dip or Yoghurt, Pineapple Slices with Yoghurt, Egg Nest, Cheese Twists

Main Meals are served with a varied choice of seasonal vegetables and a daily salad bar featuring seasonal super salads & freshly made bread. Fresh fruit salads & yoghurt available daily.



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