

Sex and Relationships Education (SRE)

Below is a grid to show you when your child will be covering our Sex and Relationships Education programme. For further detail, and some ideas that you can use at home with your child, please go to the SRE Programmes of Study and click on the relevant year group.

Year Group	Theme	Lesson	Half Term to be covered	Cross Curricular subject	RE Topics
Reception	Our Lives	Our Day	Autumn 1	- Personal, Social and Emotional Development. - Physical Development	Myself
		Keeping ourselves clean	Autumn 1	- Personal, Social and Emotional Development. - Physical Development	Growing
		Families	Summer 1	- Personal, Social and Emotional Development. - Understanding the World	Friends
Year 1	Growing and Caring for Ourselves	Families and Care	Summer 1	RE	Families Belonging Special People
		Growing and Changing	Summer 1	Science	Change
		Keeping Clean	Summer 1	PSHE	
Year 2	Differences	Differences: Boys and Girls	Summer 2	Science (Animals including Humans)	Rules
		Differences: Male and Female	Summer 2	Science (Animals including Humans)	
		Naming the body parts	Summer 2	Science (Animals including Humans)	
Year 3	Valuing Differences and Keeping Safe	Differences: Male and Female	Summer 2	Science	Listening and Sharing Choices
		Personal Space	Summer 2	PSHE	
		Family Differences	Summer 2		Homes

Year Group	Theme	Lesson	Half Term to be covered	Cross Curricular subject	RE Topics
Year 4	Growing Up	Growing Up & Changing : The Human Life Cycle	Summer 2	Science (Animals including Humans)	People
	What is Puberty?		Summer 2	Science (Animals including Humans)	
	Puberty Changes & Reproduction		Summer 2	Science (Animals including Humans)	New Life
Year 5	Puberty	Talking about puberty	Summer 2	PSHE Science	Ourselves
		Male and Female changes	Summer 2	PSHE Science	Transformation
		Puberty and hygiene	Summer 2	PSHE Science	
		Conception and Pregnancy	Summer 2	Science	Life Choices
Year 6	Puberty – Relationships and Reproduction	Life Cycles, Reproduction and Parts of the Body.	Summer 2	PSHE	Death and New Life
		Emotions and Relationships	Summer 2	PSHE	Loving
		Social : Different Types of Love	Summer 2	PSHE	Loving
		Spiritual : Journey of Life and Love.	Summer 2	PSHE	Healing