

Sex and Relationships Education – Year 3 – Valuing Difference and Keeping Safe

| Theme | Learning Intention | Learning Outcome | Vocabulary | Subject Link: | Thoughts for Parents |
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| Differences: Male and Female | . To explore the differences between males and females and to name the body parts. | To know some differences and similarities between males and females. To name male and female body parts using agreed words. | Male Female Penis Vagina Private Parts Testicles Womb Different Similar | PSHE: To recognise their worth as individuals. To recognise what kind of physical contact is acceptable or unacceptable. | Talk about the differences between male and female animals- why do they have these different parts? What are they used for? E.g. Cows with udders. Be confident with using the correct terminology when discussing them with the children and not substitute them as these can often trivialise or demean what you are discussing. |
| Personal Space | To consider touch and to know that a person has the right to say what they like and dislike. | To identify types of touch that people like and do not like. To understand personal space. To talk about ways of dealing with unwanted touch. | Stereotypes Gender Roles | To recognise and challenge stereotypes. | Talk about who they can trust if they are worried about something. Talk to the children about 'The Underpants Rule' (NSPCC website). Talk to the children about how they feel when someone is too close to them and makes them feel uncomfortable. Who would they talk to if they feel uncomfortable with the touch? |
| Family Differences | To explore different types of families and who to go to for help and support. | To understand that all families are different and have different family members. To identify who to go to for help and support. | Family Fostering Adoption Relationships | Be aware of different types of relationships including marriage and those between friends and family. | Draw a family tree, talking about different relationships. Discuss about how all families are unique, the same as how everyone is unique. |