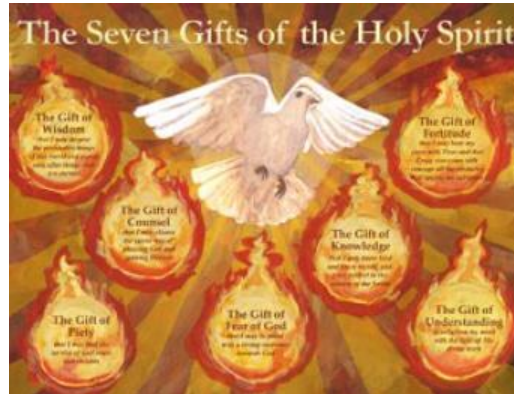


The Holy Spirit Energises Us

On Pentecost day, God's Holy Spirit showered gifts upon the friends of Jesus, gifts which were different kinds of energy, gifts which transformed them. To help Christians live as followers of Jesus the Holy Spirit gives them different kinds of gifts so everyone can help one another. St Paul explains this in his first letter to the people living in Corinth. He reminds the people that everyone has different abilities but that the Holy Spirit helps them in different ways.



God has given each of us different gifts. But he has given us the same Spirit in our hearts.

There are many different ways of caring for ourselves and for one another. But it is the same Spirit who gives us the energy (power) to care for one another in these different ways.

The Holy Spirit gives to some the power to speak wisely; to some the power to work out difficult problems and to explain them; to some the power to believe in and trust God; to some the skill of nursing and healing; to some the power to do wonderful things; to some the power to know God and to help others to know him; to some the power to distinguish clearly between right and wrong.

All different gifts, all different forms of energy, but all given by the same Holy Spirit who is at work in our hearts.

I Corinthians 12: 4-8, 11

Discuss key questions with an adult

- Q What does Paul tell us *God* gives to everyone?
- Q What different gifts/energies does Paul tell us *God* gives to different people?
- Q What are these to be used for?
- Q What gift/energy, do you think *God* has given to you?
- Q What gift/energy, would you like to have? Why?

Activity

Research more about the gifts that the Holy Spirit gave the disciples, think about what each gift means. Now write about what special gift/energy *God* has given you. How will you use this gift/ energy wisely to serve others?