

Sex and Relationships Education – Year 6

Puberty, Relationships and Reproduction

Theme	Objectives	Vocabulary	Lesson	Thoughts for parents
Life cycles, reproduction & parts of the body	<p>Know that we are made to love and be loved.</p> <p>To learn the proper ways in which we show our love for one another and for God</p> <p>To explore the process of conception and pregnancy</p>	<p>God</p> <p>Christian</p> <p>Appropriate</p> <p>Dignity</p> <p>Womb</p> <p>Sperm</p> <p>Egg</p> <p>Conception</p> <p>Fertilisation</p> <p>Pregnancy</p> <p>Sexual intercourse</p> <p>Twins</p> <p>Fostering</p> <p>Adoption</p> <p>Relationship</p>	<p>The circle of life and love. Each of us is the result of a thought of God. The Church teaches that life, love and sex must be present to fulfil God's intended balance.</p> <p>Boys and girls biology. The act of sexual intercourse.</p> <p>What happens during conception and pregnancy. (Look at models of each stage of pregnancy).</p> <p>Prayer & reflection.</p>	<p>Try and use the words in the vocabulary list and try not to substitute more trivial words.</p> <p>Talk with your child with any changes they have noticed both physically and emotionally.</p>
Emotions and relationships	<p>Consider physical and emotional behaviour in relationships</p>	<p>Friendship</p> <p>Love</p> <p>Consent</p> <p>Intimacy</p> <p>Communication</p> <p>Personal/private information</p> <p>Internet safety</p>	<p>What is love - the different types of love. Different types of relationships, e.g. friendships.</p> <p>What makes a strong relationship?</p> <p>Love is an integral part of a strong relationship.</p> <p>Prayer & reflection.</p>	<p>Talk to your children about relationships they are aware of and how they might express that.</p> <p>Talk to your child about when a couple might decide to have a baby and the different stages of a committed relationship.</p>

<p>Social - different types of love</p>	<p>To discuss different types of adult love with confidence To consider when it is appropriate to share personal and private information in a relationship</p>		<p>Different types of relationships you may see in the world, including friendships. Appropriate and non-appropriate signs of love. Prayer & reflection.</p>	<p>Talk to your children about what they think is appropriate and inappropriate in a relationship. Talk to your child about information, as an adult, you would and would not share with others. What do they think they should share to keep them safe?</p>
<p>Spiritual - journey of life and love</p>	<p>To consider a committed relationship and the sacrament of marriage</p>		<p>Growing in maturity and how our relationships mature with us. Discussion of marriage. Links to the circle of life. Prayer & reflection.</p>	<p>Talk to your children about the journey of life and the experiences they may in adulthood.</p>