

Work Shadowing experience for Medicine and Healthcare

Healthcare is a very broad pathway that includes:

- Ambulance service
- Allied Health Professions
- Healthcare Science
- Healthcare Management
- Medical and Dental
- Midwifery
- Nursing
- Pharmacy
- Psychological Therapies
- Public Health

In Year 10, it is advised that you explore the area of Healthcare that you may be interested in. Work Shadowing and voluntary work are part of this process. You should also research the different pathways. The links below provide a starting point for you.

For students considering a career pathway in Medicine, it is very difficult to secure a fixed work shadowing placement during Year 10 due to age restrictions and demand. It is advised that a general experience of healthcare is extremely useful to provide an overview of patient care and working with vulnerable people.

MIDWIFERY:

NCT	NCT - National Childbirth Trust www.nct.org.uk The NCT supports parents and gives them accurate impartial information so they can decide what is best for their family. They have lots of events going on if you check out the website, ie Baby Café, volunteering, Baby First Aid and much more
Play Groups	Local Playgroups – where new Mums are – volunteer?
Libraries	Libraries – some Libraries offer Baby Bounce and Rhyme, Story Time
Local Churches	Lots of churches offer activities and regular meet ups for Mums and babies/toddlers
Local Nurseries	Usually take babies from 3 months – engagement with young babies
Health Visitors/ Antenatal classes/Community midwives/ GP Surgeries	Local GP practices, community hospitals, Childrens hospices
PATA- Playgroup Association	http://www.pataglos.org.uk/
British Journal of Midwifery	https://info.britishjournalofmidwifery.com

Careers Guidance

2018/19

GENERAL HEALTHCARE:

Nursing Homes	Volunteering, shadowing
GP Surgery	Shadowing – Drs, Nurses, specialist areas/clinics now run at a lot of surgeries
Community Hospitals/Private Hospitals	Gloucester Care Services- Jo Rayer Jo.Rayer2@glos-care.nhs.uk
Alzheimer's Society	Volunteering Singing for the Brain Reading Poetry, Art classes
Pharmacy	Pharmacists are part of the "patient journey" and could be useful to have an insight
Ambulance Service	SWAST – South West Ambulance Service Trust HRServices@swast.nhs.uk
Homeless Charities	Lots of homeless people suffer illness and come into hospital – volunteering to see how they deal with this or assisting in a "soup kitchen" talking with people
Red Cross	www.RedCross.org.uk Volunteering – various positions such as: Emergency Response Volunteer Mobility Aids Spoke Driver Volunteer Events First Aid Service Shop Volunteer – Cheltenham & Stow on the Wold
Hospices	Sue Ryder Care – Leckhampton 01242 230199 Longfield – Stroud 01453 814417 Cotswold Care Hospice 01242 574101 Great Oaks, Coleford 01594 811910 Please check the websites for information
Day Care Centres	Various centres around the County – google "Day Centres"
Disaster Response Abroad	www.gooverseas.com
Age UK	www.ageuk.org.uk