

shs STAR AWARDS



HEALTHY HABITS

GETTING INVOLVED

HEALTHY RELATIONSHIPS

COMPASSION & KINDNESS



#EVERYTHINGISPOSSIBLE



WELCOME TO OUR STAR AWARDS

During their time in Year 7 and Year 8, we aim to support your child in developing the habits and attitudes needed to look after their own wellbeing and become a successful learner. These ideas are predominantly introduced to students through the Stroud High Star Awards. Students will work towards achieving their Star Award from now until Easter of Year 8.

We look forward to seeing your child's progress towards achieving their Star Award and will celebrate their success with you in the Year 8 Celebration evening.

There are two aspects to the award each with 4 distinct elements

SUCCESS AS A LEARNER:

Becoming an Expert, Becoming a Scholar, Working Collaboratively, Showing Courage

WELLBEING:

Healthy Habits, Getting Involved, Healthy Relationships, Compassion & Kindness

The different elements have been based upon research undertaken within education and the Department of Health and Social Care.

Research informs us that there are specific skills and attitudes young people need to develop in order to be successful in their learning and in life. These tend to be focused around ways they behave and how they think about themselves.

The first aspect of the Star Awards will support your child in focusing on the Learning Behaviours and will enable them to become empathetic, agile and hard working.

The second aspect of the Star Awards is a condensed version of the Five Ways to Wellbeing which is promoted by the Department of Health and Social Care as the essential steps to look after your emotional and physical health.

See the following pages for suggested ways that your child could achieve the Star Awards.

SUCCESS AS A LEARNER

BECOMING AN EXPERT:

We believe all students can develop expertise in their academic subjects. All students have areas of expertise which we wish to celebrate with them.

Improved data report	High marks in tests	Evidence of revision and sharing strategies	Evidence of extra homework/optional credit home works and activities
Join academic clubs	Going above and beyond in a subject that they love	Help others within academic clubs and lessons	Become a subject ambassador
End of year tests	Projects	Out of school achievements	Class charts

BECOMING A SCHOLAR:

This is about pursuing learning outside the classroom and beyond expectations. It is a way to support the development of expertise so is connected to the first element, but is about establishing the habits of study and commitment to learning.

Extra reading	Out of school interests	Music lessons	Presentations to the class/tutor group on a topic of particular interest that goes above & beyond
Extra research into the subject outside of lesson time	Show improvements on HTIs in future work	Extra-Curricular clubs	Exceptional homework
In sport – developing knowledge of rules and tactics	Certificates and out of school achievements	Have a piece of work on display	Extra-Curricular achievements

WORKING COLLABORATIVELY:

Part of being a successful learner is about working with others, leading others, showing initiative, being an influencer, completing projects and working with people you don't know well. Young people need to take on different roles and experience different elements of teamwork.

Long term optional group project	Team work days – citizenship	Leading house family registration for Year 12s	Sport
Working with other year groups	Participation in house events	PD	Leadership role and successfulness of this role – FL, SC, club leader
Mentoring	Charity work within tutor group	Work in teams on the scholarship element	Buddy work

SHOWING COURAGE:

Developing courage is important for learning as it will let you take risks, try hard questions and not worry about being wrong. It will also give young people the confidence to be themselves and to be proud of their achievements. Courage can be directed inwards in this way but can also be used to improve the world around us.

Trying something new	Take part in competitions	First aid	Go outside comfort zone – presentations in class or assembly
Public speaking	Weekly challenge	Perseverance in things that have caused issues in the past	Apply for leadership roles
Performing in front of an audience	Residential – Croft Farm / Surfs Up	Not worrying about tests or hard questions	Confidence to give things a go even if unsure

WELLBEING

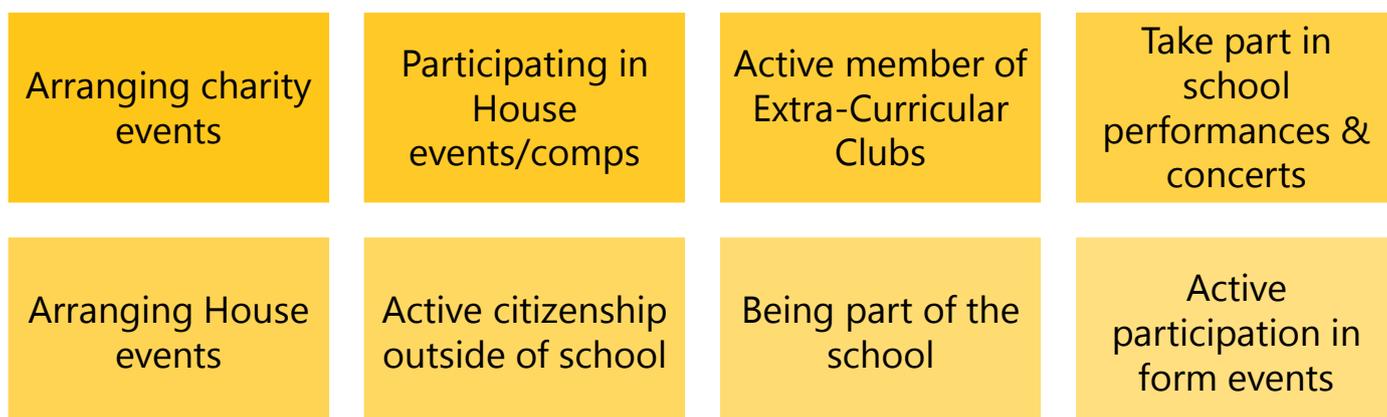
HEALTHY HABITS:

Fitness, good diet, use of technology and sleep are all required for a healthy mind. Developing the right habits around all areas of life at an early age will see young people through any periods of difficulty as they get older.



GETTING INVOLVED:

By showing a willingness to participate in a variety of communities and social settings, students are developing into thoughtful, caring and active citizens in school and in wider society.



HEALTHY RELATIONSHIPS:

It is fundamentally important to all people to have close, loving relationships. Developing positive friendships, respect for others and looking out for those who may be on the outskirts of things will have the dual impact of improving the world around young people, as well as giving them the security and warmth they need to be happy.

Join Extra-Curricular clubs	Connect with School Buddy	Talk to people you don't usually talk to	Make time for your friends
Spend time with your House Family	Link up with other Tutor Groups	Work with someone different	

COMPASSION & KINDNESS:

This is an element that can be directed inwards and outwards. It is essential that students show compassion to themselves when they get things wrong, for example when they think they have done badly. They need to learn to love themselves and treat themselves with dignity. Equally a tolerance and understanding to other people (especially those who are different in some way) makes our community a much happier place to be.

Random acts of kindness	Good deeds in the community	Contribute to a compliments box for other people	Help celebrate other peoples' achievements
Go out of your way to help someone	Support someone physically or mentally	Help a member of staff	Contribute food bank donations
Raise awareness of a charity	Arrange a charity event	Look after and give to yourself	

HOW CAN I ACHIEVE A STAR AWARD?



GOLD

*Substantial and
sustained
contribution/effort*



SILVER

*Regular
contribution
/effort*



BRONZE

*Occasional
contribution
/effort*

At least 4 out of 8 at Bronze standard = Bronze Star

At least 6 out of 8 at Silver standard = Silver Star

At least 8 out of 8 at Gold standard = Gold Star

There is also a special recognition award for significant contribution

