

19 March 2020

Dear Parent/Carer

I would like to outline our proposed means for providing ongoing support for the emotional wellbeing of students as we all enter an indefinite period of school closure. We understand that the times we are living in are likely to bring confusion and worry to many young people as we adjust to the changes going on around us. We will do all we can, in the circumstances, to provide continuity for the students and support for their individual needs.

Communication is going to be vital if we are to be able to react and respond to students' wellbeing needs over the coming weeks. As such, we have enabled a few new means of communication you and your child can access.

Safeguarding Concerns

If you have a safeguarding concern, you can email DSL@stroudhigh.gloucs.sch.uk. **This communication will only go to the safeguarding leads in the school and will be managed in accordance with safeguarding procedures.** If you are unsure whether your concern would be considered a safeguarding issue or not, please just inform us of your concern and we will be able to source the appropriate level of support.

ClassCharts Wellbeing Tab

This will allow you to report a concern you have about your child's emotional wellbeing. If you use this function, it will alert the school Pastoral Team and someone will be in touch with you as soon as they are able to discuss next steps. If you use this function, it will NOT appear on your child's app or any other parent account.

Students also have this tab and will be able to use it in exactly the same way to seek support if they are personally struggling with something. Again, a member of the Pastoral Team will be in touch with them if they use this tool and it will NOT appear on a Parent Account.

Email Support via wellbeing@stroudhigh.gloucs.sch.uk

If you or your child would like to report a concern or worry about another student then you can email the school Pastoral Team using the address above.

Zumos Online Platform

All students will receive a unique login/account for Zumos. Please click [here](#) to watch a short video detailing the service offered by Zumos. There is a fantastic collection of professional podcasts available. These cover all sorts of emotional health and mental health concerns, advice and signposting to an array of different organisations to support specific issues, and recommended further reading. Zumos is anonymous. The school cannot identify any student or see what information they access.

There is a **"Speak Out"** tool on the platform which will be linked to the Pastoral Team at school which will enable the young person to communicate anonymously with a member of the school team.

The school login is: STUSEC4489GL5

Your child can create their account with their school email address.

If we had the time to launch this in an assembly, we would have shown the students what the system is and how to use it. Could please I ask you to do this with your child and explore the site together?

There will be a pop-up quiz called **"Powerquiz"** which is important for students to complete. It is a tool to assess their emotional health and has been designed using the Warwick and Edinburgh Wellbeing Scale. The school will not receive their personal response but we will be able to assess the overall wellbeing of different year groups and notice if there are any changes over time that we are able to address.

An additional layer of support will be put in place for those students who have been used to accessing additional support from staff at school. Although this will be done remotely, communication with your child will continue. This is most likely to be undertaken through the email system however there may be times when it is more critical to have an immediate conversation and we may ask the young people to call us on a school mobile.

We look forward to seeing you and your children again shortly. Please remember we are here to support you and your family and you must not hesitate to get in touch.

Yours sincerely

Nadine Moore
Assistant Head - Pastoral