



# Welland Park Academy

EDUCATION FOR  
THE COMMUNITY

Tel: 01858 464795  
adminoffice@wellandparkacademy.com

Dear Year 11 Parents,

We are entering the final GCSE year, and the most important public examinations that your child has taken to date are fast approaching!

We are looking forward to working closely with you over the coming months, to ensure that all students are reaching their full academic potential. I have enclosed a document which summarises some of the key events for year 11 students, including parents' evening, mock examinations and progress reports.

The parents at Welland Park Academy are always very supportive of the school and the academic progress of their children which we are greatly appreciative of. Building upon the well-attended GCSE information evening in May we have assembled a list of suggestions in response to parental requests. Many of these things parents will have been doing already throughout their children's school experience, so these ideas won't be a surprise!

## How can I best support my child during their GCSE year?

- Ensure they establish a strong independent work ethic aiming for 2-3 hours homework/revision each evening and at the weekends from the start of the year (there is no such thing as "no homework" in Year 11, as there is always revision to be completed)
- Ensure that all revision is "active" rather than "passive". Staring at a book is not an efficient revision technique- students should be interacting with the content (they will continue to be supported by the school on these techniques)
- Help your child to find the correct balance between academic work and other interests. During Year 11 they may not be able to maintain the same levels of extra-curricular activity as they managed at KS3, it is important that they plan time carefully to allow time for their other interests
- Ensure they get enough sleep: revision late in the evening is not an effective use of time, and where possible, limiting screen time at the end of the day is conducive for a good night's sleep
- Attend both parents' evening where possible to discuss progress in more detail on Wednesday 11<sup>th</sup> October 2017 and Thursday 8<sup>th</sup> February 2018
- Check the mock exam dates so that you can support your child with their revision programme leading in to these periods
- Purchase revision guides to support with revision programmes
- Contact your child's Form Tutor, Progress Leader, or any appropriate member of staff if you have any concerns over your child's progress
- Encourage positive nutrition- a healthy, balanced diet is shown to increase concentration levels and give a consistent release of energy throughout the day. Encourage your child to avoid "energy drinks" which are often shown to have the reverse effects.
- Growth mind-set- when discussing academic progress, please support our message that students can and will make improvement if they put in the required time and effort. Students can jump more than an entire grade during the course of Year 11, so it's not too late for anyone to improve!

We look forward to working together again this year,

Yours faithfully

Matt Jerred  
Vice Principal

Jane Theobald  
KS4 Progress Leader



**Principal: Julie McBrearty BSc(Hons) MBA. Vice Principal: Matt Jerred BSc(Hons) MA**

Assistant Principals: Cheryl Gerald, Chris Williams, Andy Turner, Martin Towers (Associate)

A company limited by guarantee, registered in England and Wales, number 7675238. An exempt charity.

Registered Office: Welland Park Road, Market Harborough, Leicestershire LE16 9DR. **Website:** www.wellandparkacademy.co.uk