



Woodford Green Primary School

Sex and Relationship Education (SRE)

Reviewed Autumn 2016
Author: KJ/SLT
Source: Waltham Forest
Last Review Date: Autumn 2016
Next Review Date: Autumn, 2018

Woodford Green Primary School



Sex and Relationship Education (SRE) Policy 2016

This policy was developed in line with the National Healthy Schools Programme and the Waltham Forest Values Framework for Sex and Relationship Education 2009 (SRE).

What Is Sex and Relationship Education?

SRE is lifelong learning about physical, sexual, moral, spiritual and emotional development. It is about understanding the importance of stable, loving and mutual relationships, and developing awareness of respect, love and care and for family life. It involves acquiring information, developing skills and forming positive beliefs, values and attitudes towards themselves and others. It allows children to recognise positive relationships in various forms and understand what is needed in order to maintain them. Other related policies and documents include the Anti-Bullying Policy, the Child Protection Policy and Science Policy.

Effective SRE can make a significant contribution to development of the personal skills needed by pupils if they are to establish and maintain relationships. It also enables young people to make responsible and informed decisions about their health and well-being. For this reason SRE lessons are taught in whole class settings with both boys and girls learning all aspects concerning the key facts. There is, however, opportunity for any child or group of children to ask specific questions in a confidential manner.

At Woodford Green Primary School we do this by reflecting the school ethos and aims and demonstrating and encouraging the following values:

- Respect for self;
- Respect for others;
- Responsibility for their own actions;
- Responsibility for their family, friends, schools and wider community.
- Recognition and communication of their feelings.
- Knowledge of how to form friendships and relationships.
- Learning and understanding physical development at appropriate stages;

SRE for 7- to -11-year-olds aims to help them understand:

- The reasons for the physical and emotional changes that take place at puberty.
- The range of their own and others' feelings and emotions.
- The importance of personal safety.
- Human sexuality, reproduction, sexual and physical health and relationships;

Principles and Values

We believe that SRE should:

- Be an integral part of the lifelong learning process, beginning in early childhood and continuing into adult life.
- Be an entitlement for all young people regardless of their culture, ethnicity, religion, sexuality, disability or gender.
- Encourage every child to make a positive contribution within the school and wider community, and foster healthy relationships with one another.
- Be set within the wider school context and support family commitment to extending their children's knowledge and understanding of relationships.

It will also reflect an acknowledgement that family is a broad concept and not just one model, e.g. nuclear family. It includes a variety of types of family structure, and acceptance of different approaches.

Aims

The aim of SRE is to provide balanced factual information about human reproduction, together with consideration of the broader emotional, ethical, spiritual and moral dimensions of health.

Organisation and Content of Sex and Relationship Education

We specifically deliver Sex and Relationship Education through Citizenship, RE and Science lessons at KS1 and 2 SRE lessons are set within the wider context of the Citizenship/PSHE and Science curriculum and focus more on the emotional aspects of development and relationships, although the physical aspects of puberty and reproduction are also included.

Both formal and informal questions raised by pupils are answered according to the age and maturity of the pupil concerned. Questions do not have to be answered directly, and can be addressed individually later. The school believes that individual teachers must use their skill and discretion in this area and refer to the Child Protection Coordinator if they are concerned.

Inclusion

Lessons and activities should always tie in to the school's behaviour policy for all pupils, especially regarding acceptable and unacceptable forms of behaviour both in and out of the school setting. Attention should also be given to the development of skills to aid pupils in forming healthy relationships with others, including assertiveness techniques and methods to resist peer pressure.

Right of Withdrawal of Childs from Sex and Relationship Education

Parents/carers are welcome to review any SRE resources the school uses.

Parents/Carers have the right to withdraw their children from all or part of the sex and relationships education provided at school except for those parts included in statutory National Curriculum a copy of which is available for parents if they wish to see it. Those parents/carers wishing to exercise this right are invited in to see the Headteacher who will explore any concerns and discuss any impact that withdrawal may have on the child. Once a child has been withdrawn they cannot take part in the SRE programme until the request for withdrawal has been removed.