

WYCHBOLD FIRST & NURSERY NEWSLETTER

Friday 2nd October 2020

Dear Parents and Carers,

As this is the first newsletter of the Autumn term it is a chance for me to thank you for the support and tolerance you have demonstrated over these first few weeks. The children still amaze me with how happy they are and how their stamina for school and learning is as strong as ever. Our new children in our Robins and Wrens are showing us how well they are settling into school every day.

Although there are some events which we would be holding in the Autumn Term that can't now happen, we have tried to plan in alternate celebrations which we hope will be enjoyed by children and families alike.

I also have a staffing update to share with you. Sadly, we will be losing Mr Morgan next week. He has been offered an opportunity through the Rivers which will start on Monday. However, I am so pleased to confirm that Miss Bromley will now be our fulltime deputy headteacher and Mrs Mounter will now be teaching Starlings class alongside Mrs Hounsell. Mrs Atkinson will also be joining us on Thursdays, so we will be delighted to welcome her back again as she splits her time for her Rivers school improvement work.

As always, please don't hesitate to contact me with any questions or concerns.

UPCOMING EVENTS



- Fri 9th October – MacMillan bring your own cake Coffee morning**
- Mon 12th-Friday 16th – Foodbank Collections**
- TBC – look out for the Wychbold First and Nursery School scarecrows!**
- Mon 19th Oct – Thurs 22nd Oct – Parents' Evening via phone call**

Macmillan Coffee Morning

This year our coffee morning will look different but we still hope to raise money for this very appreciated charity.

Next Friday 9th October, we are allowing children to bring in a cake to have in school. They only need to bring in one cake for themselves, so it won't be the usual bring and share in the cake sale.

Please can you donate online rather than sending cash into school:

https://donation.macmillan.org.uk/wbcm/donate?_ga=2.207462163.1038989618.1601558809-467745841.1601558809

ATTENDANCE

Robins	92.63%
Starlings	97.22%
Owls	98.84%
Falcons	99.14%
Eagles	100%

Whole School 97.75%

Attendance Target 96%

Parents' Evenings

Monday 19th October – Thursday 22nd October

Again, a change to how we usually run things.

This term we will be offering meetings via a phone call.

Your child's class teacher will be in contact with you to offer you a timeslot to speak and discuss how your child has settled in and any targets they may be working on.

We really value these conversations with you and look forward to speaking you even though it may not be face-to-face.

Wychbold Scarecrow Festival

The children in each bubble have been busy making a scarecrow to show at the Wychbold festival. I know that it will probably be rearranged from this weekend, but when it happens look out for the school scarecrows!

Guidance and ideas on what to put in your child's lunchbox:

Harvest

This year we will be focusing on the concept of 'giving'. Now more than ever there are people in our community who need the basic support of the food bank.

This year, although we won't hold the traditional Harvest Festival, we will still collect for Droitwich foodbank.

We will leave a box outside the school office for you to leave your donations in from Monday 12th October to Friday 16th October.

This will then be quarantined for 72 hours until it is collected by the Foodbank.

GRAINS / 2 serves Whole grain or high fibre 1 serve = 1 slice whole grain bread OR 1/2 cup of cooked pasta or rice OR 3 crispbreads		FRUIT / 1 serve Washed and chopped 1 serve = 1 cup fruit salad OR 1 medium piece OR 2 small pieces	
VEGETABLES / 2 serves A colourful selection 1 serve = 1 cup salad OR 1/2 cup of cooked vegetables		PROTEIN / 1 serve Keep cool for safety 1 serve = 80g lean chicken OR 1 cup baked beans OR 2 boiled eggs	
DAIRY / 1 serve Lower fat varieties 1 serve = 200g tub of yoghurt OR 1 cup of milk OR 2 slices of cheese	SNACK / 1 extra For more active kids 1 serve = 1 medium banana OR Small bag of cereal OR 1 whole grain muesli bar	WATER BOTTLE Keep kids hydrated regularly. Explain to them the importance of drinking by themselves, even before being thirsty.	

LUNCHBOX IDEAS

with BBC Bitesize

Starting Primary School

Here's some inspiration if you want to make more than sandwiches for your child's lunch...

Cheese and ham pancakes with cucumber slices and chopped tomatoes Favourite fruit choice	Grated carrot and hummus wraps with carrot sticks Yoghurt	Easy chow mein Cheese and crackers	Chicken goujons with corn on the cob or tinned sweetcorn and a bread roll Plain scone with sliced strawberries	Tinned salmon roll ups with sliced pepper sticks Oaty bar
Vegetable and egg fried rice Apple slices with fromage frais	Tuna and sweetcorn pasta Favourite fruit choice	Cheese sandwich with cucumber sticks and a hummus dip Slice of fruit bread	Chicken and tomato pastry smiles with carrot sticks and a pot of peas Melon fingers	Spicy tortilla nests with chopped tomatoes Natural yoghurt topped with raisins and oats
Wholemeal pitta pizza with toppings of your choice Tinned peaches with natural yoghurt	Meaty family frittata (omelette) Natural yoghurt	Mixed bean and melted cheese wrap with tomatoes and a small pot of peas Scotch pancake with any chopped fruit	Easy kid's fishcakes with lettuce leaves and celery Nut free energy balls	Lunchbox tapas: Sliced pitta bread, hard-boiled egg, low fat cheddar sticks, pepper sticks and cream cheese dip Favourite fruit choice

Pick and swap ingredients based on what suits you

GF Gluten free
V Vegetarian

Remember lunches with perishable items should be kept in a cool bag or in the fridge

bbc.co.uk/startingprimaryschool