

# Pre-School/Nursery Home Activities (w/b 13.7.20) – Topic: Antarctica and Australasia

## Warm up to learning

## Maths- Counting and capacity

Monday	<p>Choose one of the following activities to help start your day with a clear mind and an energised body...</p> <ul style="list-style-type: none"> <li>• Joe Wicks workout</li> <li>• Cosmic Yoga</li> </ul>	<p>The focus of the session is to revisit/learn the key vocabulary associated with capacity (<b>full, half full, half empty, empty</b>). Use these terms as often as possible in real life context. Eg, your drink is full, the bath is half full, your cereal bowl is empty. Using empty bottles, fill them to varying amounts and ask the children what they can tell you about them. Can they explain that the coke bottle is full or the milk bottle is empty? Allow them to look at and explore the bottles. Maybe see if they can order them from full to empty. *Adding glitter or food colouring to the water can sometimes make this activity look a little more appealing. Encourage your children to help you to decorate the bottles too!*</p>
Tuesday	<p>Choose one of the following activities to help start your day with a clear mind and an energised body...</p> <ul style="list-style-type: none"> <li>• Joe Wick workout</li> <li>• Cosmic Yoga</li> </ul>	<p>Under supervision during bath time or in the paddling pool outside, encourage your child to explore the water by pouring, tipping, squirting, etc... The following items are great to use for these types of activities:</p> <ul style="list-style-type: none"> <li>• colander, strainer, old teapot, toy buckets, jugs and containers, sponges, small watering can, funnel, whisk, hollow ball, plastic bottles</li> </ul> <p>Using various containers (Eg, yoghurt pots, bottles, tubs, tubes) ask your child to fill them to the top with water so that they are full. Can they add water until they are half full? Can they empty them all? Encourage your child to use the key vocabulary associated with capacity as they play and explore.</p>
Wednesday	<p>Choose one of the following activities to help start your day with a clear mind and an energised body...</p> <ul style="list-style-type: none"> <li>• Joe Wicks workout</li> <li>• Cosmic Yoga</li> </ul>	<p>Capacity can also be a good opportunity to bring in a little estimation and problem solving.</p> <p>Using a small yoghurt pot, can your child predict how many yoghurt pots full of water they will need in order to fill the jug so that it is full? How many yoghurt pots of water will it take for the jug to be half full? Repeat with various containers or varying sizes.</p> <p>*Don't be afraid to use the word '<b>estimate</b>'. We explain estimation as being a really good guess.*</p>
Thursday	<p>Choose one of the following activities to help start your day with a clear mind and an energised body...</p> <ul style="list-style-type: none"> <li>• Joe Wicks workout</li> <li>• Cosmic Yoga</li> </ul>	<p>Remember to continue to count at every opportunity with your child, particularly over the summer holidays!</p> <p>Sing number songs, playing number games and make counting fun for them!</p> <p>The link below takes you to a number counting and recognition game. <a href="https://www.topmarks.co.uk/learning-to-count/helicopter-rescue">https://www.topmarks.co.uk/learning-to-count/helicopter-rescue</a></p>
Friday	<p>Choose one of the following activities to help start your day with a clear mind and an energised body...</p> <ul style="list-style-type: none"> <li>• Joe Wicks workout</li> <li>• Cosmic Yoga</li> </ul>	<p>The link below takes you to a warmup counting game called 'Teddy numbers'.</p> <p><a href="https://www.topmarks.co.uk/learning-to-count/teddy-numbers">https://www.topmarks.co.uk/learning-to-count/teddy-numbers</a></p> <p>Replicate this game with your child and their teddies and toys- using food is always a good motivator! See if your child can give their teddy 8 biscuits. Can they give the doll 10 sweets? Challenge your child by writing the number down and seeing if they can read the number independently and find the correct amount.</p>

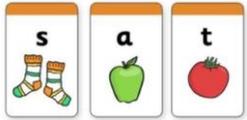


## Pre-School/Nursery Topic Planning (w/b 13.7.20): Choose one per day

<p>Using a map or globe with your grown-up look at the bottom of the map. This continent is called Antarctica and Australasia. This continent is full of differences, Antarctica is the coldest and windiest place on earth whilst Australasia is very hot. Talk about the clothes you would wear in each part of these continents. Which place would like to visit? Why?</p> 	<p>In the Antarctic most of land is covered by snow, ice and glaciers. Ask your grown-up to freeze a small plastic toy in a large ice cream container.</p> <p>When fully frozen place on a large tray and watch it melt. Pretend to be a Scientist and using a toy hammer, see if you can “dig” out your toy?</p> 	<p>One of the most common animals to be found in the Antarctic is the penguin. In fact there are 7 different types of penguin. With your grown-up watch and listen to this book.</p> <p>If you were a Penguin. Can you do any of these things? <a href="https://www.youtube.com/watch?v=CWJyhbLodeE">https://www.youtube.com/watch?v=CWJyhbLodeE</a></p> 	<p><b>Play the penguin relay.</b></p> <p>Balance a beanbag or a small football on your feet (that is your egg) and see if you can waddle like a daddy penguin without the egg falling off.</p> <p><b>Play penguins on the ice floes</b></p> <p>Scatter some pillows or cushions on the floor becoming further apart. Can you jump like a penguin from one ice floe to another?</p>
<p><b>Create a penguin picture</b></p> <p>You will need a blue sheet of paper, white and black paint and orange and black felt pens. Paint the bottom part of paper white, then thumbprint using black paint a row of penguins- leave to dry, then using white paint fingerprint a white tummy on each penguin. Add beaks, feet and wings using felt pens.</p>	<p>Australia is part of Australasia. It is very hot, and they have a lot of sunshine. Talk with your grown-up about the safety rules you need to remember when being in the sun.</p> 	<p>One of Australia’s most famous landmarks is the Great Barrier Reef. This is the largest reef in the world, and it can be seen from space. It is full of amazing corals and animals.</p> <p>Make your own reef using a tray, playdough (tap little holes to make it look like orange skin) and toy sea creatures. Have fun playing under the sea.</p>	<p>Make a magnetic fishing game by cutting out different coloured fish shapes and adding a paperclip to the nose. You could fish just for colours or add numbers or letter sounds that you know to the fish to make the game slightly different.</p> 
<p>The Koala is a native animal to Australia. They live in forests and eat gum leaves. They are Nocturnal – so active at night.</p> <p>Can you think of any more animals that come out just in the night-time? Draw some pictures of them.</p> 	<p>Try making a Koala using 2 paper plates.</p> <p><a href="https://iheartcraftythings.com/koalaprintable-template.html">https://iheartcraftythings.com/koalaprintable-template.html</a></p> 	<p>Kangaroos are also native to Australia. They can hop quickly on two legs or walk slowly on four legs. They can jump very high but can’t walk backwards.</p> <p>Can you do these things? Try jumping as high as some of your favourite teddies?</p> 	<p>A mother kangaroo carries their baby (Joey) in a pouch pocket in their tummies. You could make your own pouch using a paper plate or a paper bag to carry your small soft toys in.</p> 

# Phonics Planning (w/b 13.7.20): Choose a couple of activities each day

Phonics in pre-school/nursery is all about children being able to listen and make sounds, recognising rhythm and rhyme, recognising alliteration (when words start with the same letter) and hearing the difference between sounds. The more these skills are developed, the easier the children will find more formal reading and writing as they move through school. Most of these activities are the same as last week with a few alterations, repetition is the key with these skills.

<p>Listen carefully to sounds outside on your daily walk. What might they be? Can you make the sounds yourself with your voice or other body parts? Are they high or low?</p> 	<p>Can you sound out items around your house e.g. b-e-d? Take it in turns with your grown up- one of you sounds out an item and the other one draws it.</p> 	<p>Can you count the sounds in some words? Use your fingers to help you count. e.g. "c-a-t, 1-2-3"</p> 	<p>Listen to some music with your family. Can you all clap along to the beat? Can you march to the beat?</p> 
<p>What sounds might you hear on a farm? Can you make these sounds with your voice or body parts? Maybe you could make a musical instrument to make the sounds.</p> 	<p>Can you make up some names for animals that use the same starting letter e.g. Tommy Tiger, Charlie Chimp. Maybe you could name some toy animals in this way?</p> 	<p>Go on a sound hunt round your house. Can you find 3 items that begin with the same sound?</p> 	<p>Use your voice to make some sound effects. Can you make a sound like a doorbell/monkey/lion/</p> 
<p>Can you play a listening game with your family? Make a sound with an object that they cannot see- can they guess what it is? Take it in turns.</p> 	<p>What sounds make you happy? Can you draw/paint pictures of them?</p> 	<p>If you had learnt some specific sounds at school previously, can you collect objects that start with those sounds e.g. 't' tin, tub, toy, train, teddy</p> 	<p>Put some objects in a feely bag. Can you feel one and say the first sound e.g t-t-t teddy?</p> 