

Are you struggling with the cost of living and being able to afford essentials like food and energy bills?

There is help available

- Vouchers to help with food and energy costs.
- Access to Food partnership, such as social supermarkets/pantries, community meals and other support.
- Wellbeing, warm welcome spaces and other help.
- Ways to help keep warm over the winter such as loft and cavity wall insulation and an energy advice home visit.

Citizens Advice BCP – call 0808 2787 939 or visit citizensadvicebcp.org.uk/hsf You can also visit in person at their drop-ins or community advice vehicle in your local area

Family Information Service – for families with children call **01202 093131** or visit **bcpcouncil.gov.uk/fid**

Ridgewater Energy – for energy support email info@ridgewaterenergy.co.uk, call **01202 612726** or visit **ridgewaterenergy.co.uk**



bcpcouncil.gov.uk/ costofliving Household Support Fund is funded by the Department for Work and Pensions

