



Bishop Aldhelm's C.E. Primary School

Loved by God; United in Learning

Headteacher: Scott Tait

Deputy Headteacher: Lizzie Sharpe

*Love, Unity,
Courage
and Inspiration*

Dates - 2023/24

Thursday 11th January

3.30-4.30pm - Year 4 Parent Meeting - Multiplication Check & Carey Camp Talk

Sunday 14th January

Deadline for parents to apply for a primary school place for September 2024

Monday 15th January

10-11.30am - Coffee & Collective Worship Morning

Friday 2nd February

NSPCC Number Day

Monday 5th February

2.45-3.30pm - Pre-school, Foundation and Year 3 Celebration of Work - come and see your child's work from the first part of the year

Tuesday 6th February

Safer Internet Day

Tuesday 6th February

2.45-3.30pm - Year 1 and 5 - Celebration of Work - come and see your child's work from the first part of the year

Thursday 8th February

2.45-3.30pm - Year 2 and 4 - Celebration of Work - come and see your child's work from the first part of the year

Friday 9th February

2.45-3.30pm - Year 6 - Celebration of Work - come and see your child's work from the first part of the year

Friday 9th February

Last Day of Half Term

Monday 19th February

Children Return to School

Wednesday 21st February

3.30-6pm - Parent Consultations

Thursday 22nd February

3.30-6pm - Parent Consultations

2023/24 Term Dates

Spring Term

2nd January 2024—28th March 2024

Half Term

12 February 2024 to 16 February 2024

Summer Term

15th April 2024—23rd July 2024

Half Term

29 May 2024 to 2 June 2024

Our Reflection - 10th January 2024

This week, we have been examining our school Psalm in more detail; specifically focusing on peace:

Psalm 23

"He makes me lie down in green pastures, He leads me by still waters, He restores my soul."

Christians find refuge in their faith and in the peace of God during troubling times. We invite all members of our community to reflect on the ways in which their souls are restored and how they may help others to feel restored, too.

Mental Health and Wellbeing

The importance of mental health and wellbeing cannot be understated in our fast-paced, stress-filled world. It is crucial to recognise that taking care of our mental health is just as important as looking after our physical health. Fortunately, as society becomes more aware of the significance of mental health, we are witnessing an increase in resources and support systems to assist individuals in their journey towards mental wellbeing.

One of the significant strides we have made is destigmatising mental health issues. Not too long ago, mental health concerns were often dismissed or brushed under the carpet. However, now there is a growing understanding that mental health conditions are legitimate and should be treated with the same level of seriousness as physical illnesses. This shift in mindset has allowed individuals to be more open about their struggles, paving the way for supportive environments. Another crucial element in celebrating mental health is the rise of accessible resources.

Over the next few weeks we will be sharing various resources that are FREE and easily accessible for all families. These resources ensure that help is available to individuals irrespective of their geographical location or financial means.

Another significant milestone in celebrating mental health resources is the integration of mental health well-being into educational curriculums. Schools are increasingly focusing on mental health awareness, teaching children about coping mechanisms, stress-management techniques, and the importance of seeking help when needed. By equipping young minds with the necessary knowledge, we are fostering a generation that values mental health, reducing the stigma further.

We are so lucky to have Kelly Hawkins as our Pastoral Heath Worker. So please do not hesitate to come and talk to Kelly should you have any concerns. In addition to these resources; Kelly and Mrs Strickland will be running sessions on understanding the emotional development of your children and how you can support their well being at home. Dates and times for this term's sessions will follow soon.



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Attendance Matters

100% 6BL

99% FBD