



Year 5

Religious Education (RE)

Hindu faith - How can Brahman be everywhere and in everything?



Concepts

Faith and spirituality

Knowledge I already know

l know that Hindus celebrate Holi

Inspiration We show inspiration by developing our own

actions and beliefs in response to learning abou a range of religions and worldviews.

I know what happens when people celebrate Holi and how these traditions still happen

Knowledge I will learn

Hindus believe in a universal soul or God called Brahman and **that there is a part of** Brahman in everyone and this is called the Atman

<u>Atman</u>

- The atman is translated into English as the eternal self, spirit, essence, soul, or breath. It is the true self which moves on after death or becomes part of Brahman (the force underlying all things).
- The final stage of moksha (liberation) is the understanding that your atman is, in fact, Brahman.

Trimurti

Trimurti, a term meaning "having three forms," refers to the three main aspects of Brahman.



Word	Definition
aum	A sacred symbol is Hinduism symbolising the universe and the infinite energy of divinity
Hindu Gods	Each God in Hinduism have distinct personalities
Brahman	The source of the universe according to Hindus
Brahma	The Creator God
Shiva	The god known as the destroyer because he removes all evil from the world
Vishnu	The preserver god, who protects the Earth from being destroyed
Ganesh	An elephant headed Hindu god of beginnings
Krishna	The god of compassion, tenderness and love
Lakshimi	The goddess of wealth and purity
Rama	The god of virtue
Sita	She is considered to be a form of the goddess Lakshmi and is worshipped for her greatness and loyalty
Atman	Eternal self
Trimurti	Three deities working together to reflect the laws of nature – namely: Brahma – creator Vishnu – preserver Shiva – destroyer
Karma	Actions

Key Vocabulary

Objectives

Duties that need to be performed

The spiritual goal of a Hindu is to become one with Brahman.

I can make links between Hindu beliefs regarding Brahman and gods with how they choose to live their lives.

I can describe some of the characteristics that make me, me,, even when
I am playing different roles.

Dharma

Moksha

I can express my understanding of how Brahman can/cannot be in everything.