

WEEK 1 MENU

W/C: 17-Apr 08-May 29-May 19-Jun 10-Jul
31-Jul 21-Aug 11-Sep 02-Oct

Chartwells
So much more than Fantastic Food

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Main Dish	Cheese and Tomato Pizza 	Sausages and Mash Pork Sausages with Mashed Potatoes and Gravy	Roast Turkey  Served with Mashed Potatoes and Gravy	Beef Bolognese Served with Fusilli Pasta	Fish Fingers  Served with Herby Diced Potatoes and Ketchup
Vegetarian Dish	Chickpea & Vegetable Tikka Masala   Served with Wholegrain Rice	Macaroni Cheese 	Cheese & Vegetable Bake  Creamy Vegetable Bake served with Mashed Potatoes	Vegetarian Meatless Balls   Served with Tomato Sauce and Wholegrain Rice	Plain Omelette  Served with Herby Diced Potatoes and Ketchup
Alternative Dish	Jacket Potato  with Cheese	Jacket Potato  with Vegetarian Bolognese	Jacket Potato  with Salmon Mayonnaise	Jacket Potato  with Baked Beans	Jacket Potato  with Cheese
Vegetables	Peas and Sweetcorn	Baby Carrots	Mixed Vegetables	Sweetcorn	Baked Beans
Dessert	Yoghurt	Chocolate & Banana Swirl Cake 	Jammy Jack Flapjack	Pineapple Upside-Down Cake 	Half Dipped Chocolate Shortbread

Bread, Fruit & Yoghurt available every day.


















 Vegetarian  Oily fish  Wholegrain  Fruity!  Nutritionist's Choice

WEEK 2 MENU

W/C: 24-Apr 15-May 05-Jun 26-Jun 17-Jul
07-Aug 28-Aug 18-Sep 09-Oct



Apr 2023 – Oct 2023

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Dish	Cheese and Tomato  Pizza	Chinese Chicken and  Egg Rice	Roast Gammon Served with Mashed Potatoes and Gravy	Beef Burger in a Bun Served with Herby Diced Potatoes	Fish Fingers  Served with Mashed Potatoes and Ketchup
Vegetarian Dish	Cauliflower Macaroni  Cheese 	Cheese and Tomato  Pasta	Quorn Sausages  Served with Mashed Potatoes and Gravy	Vegetarian Bolognese  Served with Fusilli Pasta 	Vegetarian Burger  Served in a Bun with Mashed Potatoes and Ketchup
Alternative Dish	Jacket Potato  with Baked Beans	Jacket Potato  with Cheese	Jacket Potato with Tuna Mayonnaise	Jacket Potato  with Baked Beans	Jacket Potato  with Vegetarian Bolognese
Vegetables	Sweetcorn and Carrots	Garden Peas	Mixed Vegetables	Baby Carrots	Garden Peas 
Dessert	Chocolate and Banana Swirl Cake 	Yoghurt	Apricot Shortbread	Jammy Jack Flapjack	Pineapple Upside-Down Cake 

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WEEK 3 MENU

W/C: 01-May 22-May 12-Jun 03-Jul 24-Jul
14-Aug 04-Sep 25-Sep 16-Oct

Chartwells
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MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Main Dish	Sausages and Mash Pork Sausages with Mashed Potatoes and Gravy	Cheese and Tomato Pizza 	Roast Beef Served with Mashed Potatoes and Gravy	Chicken Tikka Masala  Served with Wholegrain Rice 	Fish Fingers  Served with Herby Diced Potatoes and Ketchup
Vegetarian Dish	Mixed Beany Chilli   Served with Wholegrain Rice	Chinese Vegetables and Egg Rice  	Quorn Sausages   Served with Mashed Potatoes and Gravy	Macaroni Cheese 	Quorn Dippers  Served with Herby Diced Potatoes and Ketchup
Alternative Dish	Jacket Potato  with Baked Beans	Jacket Potato  with Grated Cheese	Jacket Potato with Tuna Mayonnaise	Jacket Potato  with Vegetarian Bolognese	Jacket Potato  with Cheese
Vegetables	Garden Peas	Carrots and Garden Peas	Mixed Vegetables	Sweetcorn and Carrots	Garden Peas
Dessert	Apricot Shortbread	Yoghurt	Pineapple Upside-Down Cake 	Chocolate and Banana Swirl Cake 	Jammy Jack Flapjack

Bread, Fruit & Yoghurt available every day.

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Apr 2023 – Oct 2023