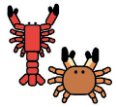
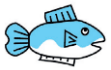
DISHES AND THEIR ALLERGEN CONTENT:

Lookout - Owls Club

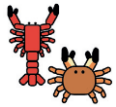
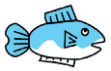
Week 1 Monday

Dishes														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur
Jacket Potatoes														
Grated Cheese							✓							
Tuna					✓									
Yoghurts							✓							
Orange Squash														✓
Blackcurrant Squash														✓

DISHES AND THEIR ALLERGEN CONTENT:

Lookout - Owls Club

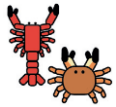
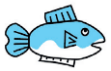
Week 1 Tuesday

Dishes														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur
Beans														
Toast		✓											✓	
Olive Oil Spread							✓							
Yoghurts							✓							
Orange Squash														✓
Blackcurrant Squash														✓

DISHES AND THEIR ALLERGEN CONTENT:

Lookout - Owls Club

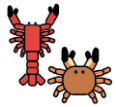
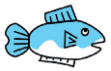
Week 1 Wednesday

Dishes														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur
Bread rolls		✓											✓	
Olive Oil Spread							✓							
Ham														
Grated Cheese							✓							
Yoghurts							✓							
Orange Squash														✓
Blackcurrant Squash														✓

DISHES AND THEIR ALLERGEN CONTENT:

Lookout - Owls Club

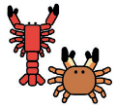
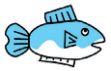
Week 1 Thursday

Dishes														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur
Bread rolls		✓											✓	
Olive Oil Spread							✓							
Hotdogs	✓	✓		✓			✓		✓				✓	
Yoghurts							✓							
Orange Squash														✓
Blackcurrant Squash														✓

DISHES AND THEIR ALLERGEN CONTENT:

Lookout - Owls Club

Week 1 Friday

Dishes														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur
Crackers		✓					✓					✓		
Olive Oil Spread							✓							
Ham														
Grated Cheese							✓							
Flapjacks		✓		✓			✓			✓		✓	✓	
Orange Squash														✓
Blackcurrant Squash														✓