



# Bishop Aldhelm's C.E. Primary School

*Loved by God; United in Learning*

Headteacher: Scott Tait

Deputy Headteacher: Lizzie Sharpe

*Love, Unity,  
Courage  
and Inspiration*

Wednesday 14<sup>th</sup> October 2020

Dear Parents/Carers,

## **Catch up Relationship and Health Education learning**

Due to the school being partially closed in the Summer term, the children have missed out on some of the 'Relationships and Health' Education learning from their previous year group. As part of our recovery curriculum, we have decided to use some time in the Autumn term to address some of the learning that has been missed.

At Bishop Aldhelm's we follow the Jigsaw PSHE Curriculum for all of our PSHE learning which includes a specific unit entitled 'Changing Me', which addresses the aspects of relationships, and body changes. Your child will receive relationship lessons after half term focusing on 'Changing Me' aspects from their previous year group's curriculum. In the Summer term 2021, we will then teach the 'Changing Me' unit relevant to their current year group – more information will follow about this later in the year.

Sensitivity and respect are shown to all children when teaching about personal relationships and health education (RHE) and is taught in a way to ensure that there is no stigmatization of children based on their home/personal circumstances. If you would like to know any further information about our 'Relationships and Health Education' curriculum then please do access our RHE policy available on our school website: <https://www.bishopaldhelms.poole.sch.uk/classescurriculum/relationships-and-health-education/>

Each year group will follow a set of lesson plans that would have been taught in the Summer term of their previous year group:

Year 1: Loving me, loving you.

Year 2: Our wonderful bodies, how our bodies are different.

Year 3: My family – those who care for me, How we love and care for ourselves, Growing and Changing.

Year 4: Making me, Caring for myself and others.

Year 5: My world, your world,

Year 6: Changing bodies - covering topics such as Menstruation and Changes in Puberty.

If you have any further questions regarding the topics for your child please contact your class teacher or myself.

Many thanks,

Mrs Smith  
Assistant Headteacher / DSL

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Bishop Aldhelm's C.E. Primary School is committed to safeguarding and promoting the welfare of all our children.  
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