

Our School Values	
Love	We show love by supporting and encouraging one another through different PE activities
Unity	We show unity by working and playing in teams
Courage	We show courage by being brave and trying new things in PE.
Inspiration	We show inspiration by encouraging others to have a go and demonstrating our skills.



Year 2

Physical Education (PE)

Invasion Games



NC Objectives:

Invasion (skills based in Netball, rounders, tag rugby)

Participate in team games, developing simple tactics for attacking and defending

Understand the importance of rules

Understand what good technique looks like

Begin to use and understand the terms attacking and defending

Know who is on my team and I can attempt to send the ball to them

Select the appropriate skill for the situation

	Knowledge I already know	Knowledge I will learn
Passing	How to practise basic striking, sending and receiving How to pass the ball to another player in a game How to send and receive a ball with hands and feet How to retrieve and stop a ball using different parts of the body	How to begin to trap and cushion a ball How to pass and receive a ball with more control and accuracy How to position the body to strike a ball How to catch a ball with and without a bounce
Dribbling	How to begin to dribble a ball with hands and feet How to travel with a ball in different ways How to travel with a ball in different directions (side to side, forwards and backwards) with control and fluency	How to develop control and accuracy when moving with a ball in a variety of different games How to bounce and kick a ball whilst moving How to use kicking/ dribbling skills in a game
Using Space	How to use different ways of travelling in different directions or pathways How to run at different speeds How to recognise space when playing games	How to use different ways of travelling at different speeds and following different pathways, directions or courses How to change speed and direction whilst running How to begin to choose and use the best space in a game
Attacking/Defending	How to use simple defensive skills such as marking a player or defending a space How to use simple attacking skills such as dodging How to change direction to move away from a defender How to move to stay with another player when defending	How to use at least one technique to attack or defend to play a game How to dodge and find space away from the other team How to move with a ball towards goal How to stay with another player to try and win the ball Who is on my team and I can attempt to send the ball to them
Throwing/Catching	How to field a ball using under and over arm throwing How to track a ball that is coming towards me How to throw underarm and overarm How to catch and bounce a ball How to use rolling skills in a game How to practise accurate throwing and consistent catching	How to pass and receive a ball in different ways with control How to develop underarm and overarm throwing skills How to perform fielding techniques with increased control and co-ordination How to throw different types of equipment in different ways, for accuracy and distance How to throw, catch and bounce a ball with a partner
Striking	How to strike a ball with control when shown How to use hitting skills in a game How to practice basic striking, sending and receiving How to play simple games in small groups, applying rules and skills that have been taught	How to strike or hit a ball with increasing control How to position the body to strike a ball How to track a ball and collect it
Net and wall	Play games based on net games (tennis, badminton)	How to use my skills to play end to end games, games over a barrier and fielding games

Key Vocabulary

Word	Definition
Attack	To move forwards and try to score goals
Defend	To prevent the opponent from scoring a goal
Opponent	Someone on the opposite team
Spatial awareness	To know where I am and others are in a space. This will help me when attacking and defending.



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Evaluation

Recognise good quality in performance.

Use information given by others to improve my own work

Healthy Me

Recognise and describe what my body feels like during different activities/games.