

NC Objectives

to recognise that some things are private and the importance of respecting privacy; that parts of their body covered by underwear are private about how to respond if physical contact makes them feel uncomfortable or unsafe

about knowing there are situations when they should ask for permission and also when their permission should be sought about the importance of not keeping adults' secrets (only happy surprises that others will find out about eventually)

basic techniques for resisting pressure to do something they don't want to do and which may make them unsafe



Year 2

Personal, Social, Health and Economic Education (PSHE)

Safety



NC Objectives

basic techniques for resisting pressure to do something they don't want to do and which may make them unsafe

what to do if they feel unsafe or worried for themselves or others; who to ask for help and vocabulary to use when asking for help; importance of keeping trying until they are heard.

Body Safety

Key Vocabulary

| Word | Definition |
|------------------|---|
| Safe touching | A touch that keeps someone safe and make them feel cared for and important. |
| Secret | When you don't tell somebody something private |
| Permission | When you say yes to someone to do something |
| Physical contact | When someone touches you anywhere on your body |
| Uncomfortable | Feeling awkward or in slight pain about something or someone |

Knowledge I already know

I understand and know the PANTS rules. I know the difference between appropriate and inappropriate touch.

I understand that I have the right to say 'no' to unwanted touch.

I know what to do if I feel unsafe or worried for myself or others. I know words to use when asking for help and to keep trying until I am heard.

I can name body parts and know which parts are private. I can name a trusted adult who I can ask for help

Knowledge I will learn

I know the adults I trust and who I can ask for help.

I know how to respond if physical contact makes me feel uncomfortable or unsafe.

I understand about the importance of not keeping adults' secrets (only happy surprises that others will find out about eventually).

I know there are situations when I should ask for permission and also when my permission should be sought.

I can name trusted adults and those whose job it is to help including police, doctors and teachers.

Stranger Danger

Key Vocabulary

| Word | Definition |
|------------|---------------------------------|
| Separation | Being moved apart from someone |
| Approach | Go near to someone or something |

Knowledge I already know

I know my role in keeping myself safe. I know how to respond safely to adults I don't know.

Knowledge I will learn

I know that if I get lost, I should look for a safer stranger and ask for help. A safer stranger is someone who wear a uniform and a badge like a police person.

If you can't see a safer stranger, look for a safer building (like the doctors, a dentist or a shop) to go into. Ask the people inside to help.

Water and Beach Safety

Key Vocabulary

| Word | Definition |
|--------------------|--|
| Beach safety flags | Flags that show whether it's safe to swim or not in the sea. |
| Rescue | To save somebody |

Knowledge I already know

I know strategies for keeping safe when near water (e.g. stop and think, stay together, float, call 999 or 112)

I know how a lifeguard helps people.

Knowledge I will learn

I know the beach safety flags show if it is safe to swim. I know where and when it is safe to go into the water.

I know how to call for help using 999 or 112.

Fire and Electrical Safety

Key Vocabulary

| Word | Definition |
|--------------|---|
| Fire alarm | A continuous, loud ringing of the bell to signal that you need to get out of the building |
| Fire officer | Someone who comes to put the fire out |
| Hazard | Something that is a danger or a risk |

Knowledge I already know

I know how to respond to fire drills from different points in the school.

I know the Firework Code.

I know how to keep safe when near a bonfire.

I know how to keep safe at home (including around electrical appliances)

Knowledge I will learn

I know how to respond in the event of a real fire.

I know what a fire alarm is and how to use this in the event of a fire.

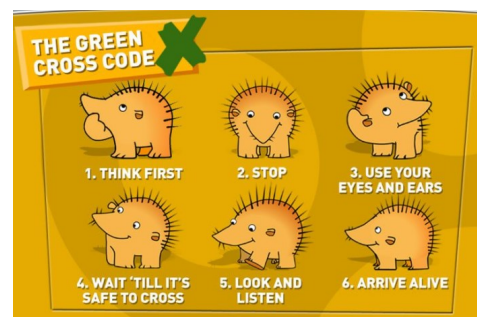
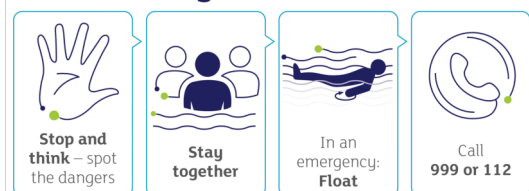
I know about different electrical appliances and understand how to switch these on/off safely.

I know that if an electrical appliance is unsafe, it could cause a fire.

I know to:

- Keep all metal objects such as cutlery out of toasters.
- Never put your fingers or anything into a plug socket.
- Keep water away from electricals, such as hairdryers.
- Obey warning signs, never put yourself/others in danger.
- When removing a plug, turn it off and don't pull on the cord.

Water Safety Code



Sun Safety

Key Vocabulary

| Word | Definition |
|-------|---|
| Shade | A block from the sun |
| Block | A solid material that stops light getting through |

Knowledge I already know

I know that the sun can damage my skin.

I know that I need to protect my skin from the sun by wearing a sun hat, keeping my arms covered and wearing sun screen. I know that drinking water helps keep me hydrated especially when sunny.

Knowledge I will learn

I know that shade is created when objects block the sun.

I know that finding shade helps protect me from the sun.

Road Safety

Key Vocabulary

| Word | Definition |
|---------------------|---|
| Bright | Giving out or reflecting light |
| Reflective clothing | Worn when it's dark to reflect light meaning that someone can be seen |
| Travelling | Moving from one place to another |
| Passenger | Is a traveller who isn't the person driving or flying. |

Knowledge I already know

I can recognise simple road safety signs (e.g. stop signs, pedestrian crossing signs)

I know that I need to stay with an adult when walking beside a road (holding hands on a pavement).

I know that there are safer places to cross (e.g. zebra crossings, pedestrian crossings).

I know how pedestrian crossings work (e.g. wait, red man = stop, green man = go).

Knowledge I will learn

I know that wearing bright, reflective clothing ensures that I can be seen when walking.

I know the rules I need to follow as a passenger when travelling in a car to ensure that I am safe.