

## **Parents FAQs**

We know this is a confusing time. Everyone is trying so hard to follow the advice and keep everyone safe while juggling jobs and family commitments. As a school, our top priority is to keep everyone safe. This is balanced with the need to keep our children in school, for their own well-being and future prospects. Some of what we plan for is not always in our control as we are asked to follow government guidance. We are hoping to work with our families to navigate this difficult time by making sure what everyone needs to do to play our part in beating this pandemic and making sure it doesn't disrupt our lives any more than it already has. The following frequently asked questions might help parents be informed about how best to deal with the range of difficult scenarios which are common.

### **My child has a cold what should I do?**

We deal with a lot of colds at school. We know that often children have runny noses but are well in themselves and are fine to attend school. If it is a head cold and the children are particularly unwell we would expect them to be at home until they are well enough to attend.

### **My child has developed a sudden and dry cough**

We are very aware that at this time of year and into the winter months children develop a cough. As a sudden and persistent cough is listed as a symptom we will be sending children home who are genuinely displaying this symptom and asking parents to get a Corona Virus test or to self-isolate as a household until the recommended time. If you think your child has a chest infection then GP advice should be sought as they may need.

### **I have a child at home and would like them to continue learning what should I do?**

Please read the letter sent out today to find out details as to how we will keep children learning if they must be at home for any reason during this time.

### **My child has sickness and diarrhoea what should I do?**

As with the normal procedure we ask for parents to keep children off for 48 hours after the last episode of sickness or diarrhoea to ensure this does not spread to other children in the class. You would not be asked to seek a corona virus test in this instance as these symptoms are not listed as being linked to corona virus.

### **Will you be taking my child's temperature in school?**

This is not recommended in schools. Adults in school are around children all day every day and are good at identifying children who may have developed a fever. Usually this is because they are flushed, feel hot to touch and are sometimes disorientated. In these cases the child is often not well enough to be in school. As a fever is listed as a key symptom of corona virus we will send children home for the family to check a fever and then follow the process of testing or self-isolation for everyone in your household until tested negative.

### **How long should our family isolate for?**

For the person who has started to have symptoms is 10 days from the first day they displayed them. For everyone in the household it is 14 days from the first day at which the family member showed symptoms. If there is a negative test result for the person who showed symptoms everyone can come out of isolation. During this time (before a negative test received) any other family member displaying symptoms will need to begin this process again.

**Someone in our household is ill (but NOT with COVID symptoms) should we all isolate?**

All other family members do not need to isolate UNLESS it is one of the three symptoms. If it is a school pupil who is unwell they should return to school when well. All other siblings attending the school who are well should also be in school as this will not be authorised.

**My child feels better can they come back to school?**

If they are in a period of isolation due to displaying symptoms that must continue until a negative test result is received or the 10 days (for the pupil) and 14 days is met for all other family members.