

‘Achieving Excellence through Leadership’

GILES JUNIOR SCHOOL

Telephone: 01438 353374 email: admin@gilesjm.herts.sch.uk Website: www.gilesjm.herts.sch.uk



"Excellence in Leadership"

Headteacher: Miss. L. Whitby

Thursday, 04 June 2026

Subject: Year 3 Sex Education – Summer 2026

Dear Parent/Carers,

As you are aware, we deliver Sex and Relationships Education (SRE) across all year groups, with content appropriate to each age group.

Upon entry to school, you either consented or declined consent for your child to participate in the **specific content relating to sexual reproduction of humans**. (Please note: Relationships Education remains statutory for all pupils.) **You can check your current consent status via the Arbor App.**

The full scheme of work for PSHE, including SRE, is available on our school website for your reference:

 <https://gilesjm.herts.sch.uk/curriculum/pshe/>

For Parents Who Have Declined Consent:

If you have not consented, your child will be taught in a partner class during the delivery of these lessons. You may wish to discuss this arrangement with your child beforehand to ensure they are aware. While we will remind all pupils to be discreet following the lessons, we cannot guarantee that your child will not overhear informal conversations about the content afterwards.

For Parents Wishing to Change Consent:

If you now wish to give consent for your child to participate, please email admin@gilesjm.herts.sch.uk clearly stating your child's name and your consent. This information will be passed to your child's class teacher.

For All Parents:

We are providing an outline of the content below, both for your awareness and to support any conversations you may wish to have with your child following the lessons.

The lessons requiring permission are scheduled for the week commencing 15th June 2025.

Changes in Me – Lesson Overview

Lesson 1 and 2 – Change and Babies (*These lessons are statutory and not subject to withdrawal*)



- Change is inevitable. Tools to cope with change.
- To understand that in animals and humans, many changes occur between conception and growing up. Compare the lifecycle of humans and animals.
- To learn that, in most species, it is the female who carries the baby.

Lesson 3 – How Babies Grow (permission needed)

- To know that in humans, a mother carries the baby in her uterus (womb) where it develops.
- To understand that babies need love and care from parents/carers.

Lesson 4 – Outside and Inside Changes(permission needed)

- To learn how boys' and girls' bodies change physically during the growing up process (e.g. height, body hair, hips widening, breast development, genital growth, voice changes, skin changes, foot growth).
- To explore feelings about these changes and discuss ways to manage these emotions.

Lesson 5 and 6 – Next Year *(These lessons are statutory and not subject to withdrawal)*

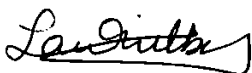
- To discuss feelings about moving into the next school year.
- To write a letter to their new teacher about hopes, concerns, or feelings about the year ahead.

Key Vocabulary Introduced:

- Lesson 2 – growing up
- Lesson 3 – uterus/womb
- Lesson 4 – puberty
- Lesson 5 – transition to next year group

Should you have any further queries, please do not hesitate to contact the school.

Kind regards,



Miss Louise Whitby
Headteacher