

‘Achieving Excellence through Leadership’

GILES JUNIOR SCHOOL

Telephone: 01438 353374 email: admin@gilesjm.herts.sch.uk Website: www.gilesjm.herts.sch.uk



"Excellence in Leadership"

Headteacher: Miss. L. Whitby

Thursday, 04 June 2026

Subject: Year 4 Sex Education – Summer 2026

Dear Parent/Carer,

As you are aware, we deliver Sex and Relationships Education (SRE) across all year groups, with content appropriate to each age group.

Upon entry to school, you either consented or declined consent for your child to participate in the **specific content relating to sexual reproduction of humans**. (Please note: Relationships Education remains statutory for all pupils.) **You can check your current consent status via the Arbor App.**

The full scheme of work for PSHE, including SRE, is available on our school website for your reference:

🔗 <https://gilesjm.herts.sch.uk/curriculum/pshe/>

For Parents Who Have Declined Consent:

If you have not consented, your child will be taught in a partner class during the delivery of these lessons. You may wish to discuss this arrangement with your child beforehand to ensure they are aware. While we will remind all pupils to be discreet following the lessons, we cannot guarantee that your child will not overhear informal conversations about the content afterwards.

For Parents Wishing to Change Consent:

If you now wish to give consent for your child to participate, please email admin@gilesjm.herts.sch.uk clearly stating your child's name and your consent. This information will be passed to your child's class teacher.

For All Parents:

We are providing an outline of the content below, both for your awareness and to support any conversations you may wish to have with your child following the lessons.

These lessons are scheduled to start from tomorrow (Friday 5th June 2026).



Changes in Me – Lesson Overview

Lesson 1 – How Our Bodies Change During Puberty (*This will be taught in two parts*)

- To know how bodies change when growing up.
- To recognise how these changes can impact feelings and how to cope with these feelings.

Key Vocabulary: puberty, periods, sweat, hygiene,

Lesson 2 – What Makes a Baby

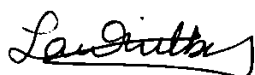
- To understand that having a baby is a personal choice.
- To understand how the baby develops inside the body.

Key Vocabulary: testes, egg, sperm, penis, uterus, vagina

Confidential Question Box

As part of these lessons, pupils will have access to a confidential questions box where they may submit any questions they wish to ask. Teachers will review all questions and answer only those which are age-appropriate and suitable for their stage of development. Any appropriate questions will be addressed during a follow-up session the following week.

Kind regards,



Miss Louise Whitby
Headteacher