



## The Benefits of School Lunch

As your child's **School Lunch Provider**, HCL takes great pride in delivering tasty and nutritional meals at every lunchtime service. There are so many **benefits** to having a cooked school lunch, such as:

- **Nutritious** meals are full of **energy fuelling** ingredients.
- **Convenient** for Parents and Carers.
- At least one portion of **fruit** and **vegetables** in every serving.
- Confidence that **all** meals meet **nutritional** standards.

As **experts** in nutrition and catering, providing a service that parents can **trust**, with menus that prioritise your children's **health and well-being**, is at the forefront of our operation. We're all leading busy lives, so let our menu provide your child with a **hot, healthy and balanced meal**.



## Sustainability

We take our responsibility to implement **sustainable practices** that **positively** impact our customers, communities, and the health of our planet very seriously. This ethos is embedded in our values and policies and is reflected in our entire supply chain. HCL is taking multiple steps to reduce our environmental impact by:

- Proactively **educating** and **raising awareness** of how all ages can **support sustainability**.
- **Encouraging** all staff across the business to be environmentally responsible through regular **training**. Ensuring we all adhere to **environmental laws, policies and procedures**.
- Working with our suppliers to replace any **negative** environmental impacts with **positive** ones. Meeting these requirements is **mandatory** for all our suppliers.

WE'RE COMMITTED TO ACHIEVING  
NET ZERO BY 2030!

FRESH FRUIT AND A CHOICE OF  
DESSERTS ARE AVAILABLE DAILY



## Social Value

Social value is important to us, demonstrated by our **Community Support Team** who deliver **Cookery clubs, Gardening clubs, Healthy Eating workshops** and **Assemblies** in our Schools. Our sessions are highly inclusive - we have parents, grandparents and siblings signing up to enjoy them!

The Community Support Team also deliver the **Fit, Fed and Read** programme providing cookery workshops for children to educate and inspire their young minds about healthy food and healthy eating. They are able to enjoy their healthy, nutritious meals they've created everyday during the programme.



## Accreditations

We're incredibly proud that we:

- Comply with **Government Food Standards**.
- Have achieved **Food For Life Silver Award** for 9 years.
- Prepare **82%** of dishes **freshly** from **unprocessed** ingredients containing no **undesirable additives** or **trans fats**.
- Provide the **Platinum Sugarwise** catering mark for all Primary Schools; giving you peace of mind that our menu consists of low amounts of **'free sugars'**.



## Recruitment

Join our catering team, working in part-time and term-time roles preparing and serving delicious, nutritious school meals! When you work for HCL, we will provide you with **full training, personal development**, part-time and term-time only hours (so you can have the holidays off to fit in with your family life), a pension, on the job support as well as discounts that can save you **£100s** each year! Positions are available in both Primary & Secondary Schools and our recruitment team is waiting to hear from you right now!

TO FIND OUT MORE AND APPLY FOR ANY OF  
OUR LATEST VACANCIES, JUST SCAN HERE.



SCAN ME





## WEEK ONE

Served Week Commencing:

4th Sep, 25th Sep, 16th Oct, 13th Nov, 4th Dec, 8th Jan, 29th Jan, 26th Feb, 18th March

### MONDAY

Quorn Burger  
in a Bun (V)

Baked Bean and Cheese Slice (V)  
with Diced Potatoes or Pasta

Tomato Pasta with Cheese (V)

CHILLED OPTION:  
Cream Cheese Sandwich (V)

### TUESDAY

Beef Bolognese  
Sweet Potato and Pea  
Samosa Burrito (Ve)  
with Spaghetti or Rice

Jacket Potato  
with various toppings

CHILLED OPTION:  
Cheese Baguette (V)

### WEDNESDAY

Roast Chicken with Sage  
and Onion Stuffing and Gravy  
Roast Quorn Fillet with Sage  
and Onion Stuffing and Gravy (V)  
with Roast Potatoes or Wholemeal Pasta

Jacket Potato  
with various toppings

CHILLED OPTION:  
Ham Sandwich

### THURSDAY

Pork Sausages with Gravy  
Cheese Pinwheel (V)  
with Creamed Potatoes  
or Pasta

Cheesy Pasta (V)

CHILLED OPTION:  
Tuna Roll

### FRIDAY

Fishcake  
Cheese and Tomato Pizza (V)  
with Oven Chips  
or Tricolour Pasta

Jacket Potato  
with various toppings

CHILLED OPTION:  
Egg Roll (V)

WINTER  
SPRING  
2023/24

## WEEK TWO

Served Week Commencing:

11th Sep, 2nd Oct, 30th Oct, 20th Nov, 11th Dec, 15th Jan, 5th Feb, 4th March, 25th March

### MONDAY

Mild Chicken Curry  
Macaroni Cheese (V)  
with Rice or Garlic Bread

Jacket Potato  
with various toppings

CHILLED OPTION:  
Tuna Roll

### TUESDAY

Veggie Sausages with Gravy (Ve)  
Sweet Chilli Quorn (V)  
with Creamed Potatoes or Pasta

Tomato Pasta with Cheese (V)

CHILLED OPTION:  
Cream Cheese Sandwich (V)

### WEDNESDAY

Roast Pork with Sage and Onion  
Stuffing and Gravy  
Shepherdess Pie (Ve)  
with Roast Potatoes  
or Wholemeal Pasta

Jacket Potato  
with various toppings

CHILLED OPTION:  
Cheese Baguette (V)

### THURSDAY

Beef Burger in a Bun  
Vegetarian Roll (Ve)  
with Potato Wedges or Rice

Cheesy Pasta (V)

CHILLED OPTION:  
Ham Sandwich

### FRIDAY

Battered Fish Fillet  
Cheese and Tomato Pizza (V)  
with Oven Chips  
or Tricolour Pasta

Jacket Potato  
with various toppings

CHILLED OPTION:  
Egg Roll (V)

## WEEK THREE

Served Week Commencing:

18th Sep, 9th Oct, 6th Nov, 27th Nov, 18th Dec, 22nd Jan, 12th Feb, 11th March

### MONDAY

Chicken and Sweetcorn Meatballs  
with a Tomato Sauce  
Bean and Vegetable Grill (Ve)  
with Rice or Diced Potatoes

Jacket Potato  
with various toppings

CHILLED OPTION:  
Tuna Roll

### TUESDAY

Chicken Pie  
Mild Vegetable Curry (Ve)  
with Creamed Potatoes or Rice

Tomato Pasta with Cheese (V)

CHILLED OPTION:  
Cream Cheese Sandwich (V)

### WEDNESDAY

Roast Beef with Gravy  
Potato Topped Vegetable Pie (V)  
with Roast Potatoes  
or Wholemeal Pasta

Jacket Potato  
with various toppings

CHILLED OPTION:  
Ham Sandwich

### THURSDAY

Quorn Hot Dog (V)  
Beany Pasta Bake (Ve)  
with Potato Wedges  
or Garlic Bread

Jacket Potato  
with various toppings

CHILLED OPTION:  
Cheese Baguette (V)

### FRIDAY

Crispy Coated Salmon  
Fish Fillet Fingers  
Cheese and Tomato Pizza (V)  
with Oven Chips  
or Tricolour Pasta

Cheesy Pasta (V)

CHILLED OPTION:  
Egg Roll (V)

Freshly baked bread, seasonal vegetables and a variety of salad are served daily • Gravy and Custard are always available separately when on the menu • All our milk is organic - fresh from the dairy (V) = Vegetarian (Ve) = Vegan