

Year 10 PSHE curriculum summary 2023-2024

RSE

- Toxic and positive masculinity
- Revenge porn and upskirting (+ BBC documentary: Revenge Porn)
- Collector Culture (+ Panorama documentary: The Secret World of Trading Nudes)
- Pregnancy, miscarriage and fertility
- Pregnancy choices: keeping the baby, adoption and abortion (+ Juno film)
- Different types of partnerships
- Parenting
- Gender identity: transgender

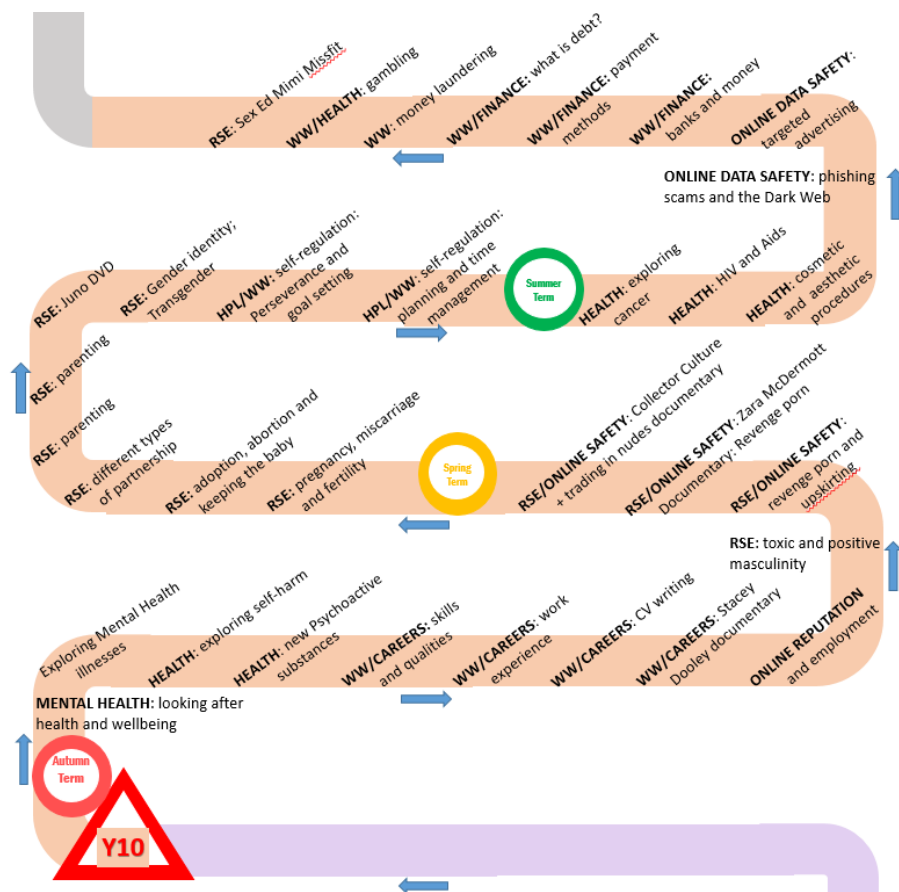
Health and wellbeing

- Mental health: tips for building resilience; exploring mental health illnesses; self-harm
- New psychoactive substances
- Cosmetic and aesthetic procedures
- HIV and AIDS
- Exploring cancer

The Wider World

- HPL/Self-regulation: perseverance and goal setting; planning and time management
- Careers: employability skills and qualities; work experience; CV writing
- Online reputation and employment
- Online data safety: phishing scams and the Dark Web; targeted advertising
- Finance: banks and money; payment methods; debt; money laundering; gambling

Year 10 PSHE Learning Journey Map: 2023-2024



The PSHE curriculum throughout KS3 and KS4 is divided into the three core themes of Relationships and Sex Education (RSE), Health and Wellbeing, and The Wider World. There is overlap between the three themes. A spiral programme throughout KS3 and KS4 ensures learning is revisited, reinforced and extended in age and stage-appropriate contexts.