

Year 9 PSHE curriculum summary 2023-2024

The PSHE curriculum throughout KS3 and KS4 is divided into the three core themes of Relationships and Sex Education (RSE), Health and Wellbeing, and The Wider World. There is overlap between the three themes. A spiral programme throughout KS3 and KS4 ensures learning is revisited, reinforced and extended in age and stage-appropriate contexts.

RSE

- Consent and sexual pressure
- Sexually transmitted infections (STIs) and contraceptive methods
- The dangers of pornography
- Healthy and unhealthy relationships: forced marriage; honour-based violence; domestic abuse

Health and wellbeing

- Mental Health: tips for building resilience; negative thinking and worrying
- Basic first aid
- CPR and defibrillators
- Heroin and cocaine

The Wider World

- Modern day slavery
- Gangs and knife crime
- County lines
- Counter terrorism
- Finance

Year 9 PSHE Learning Journey Map: 2023-2024

