

PE coverage

| | Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
|------------|--|---|--|---|---|--|
| Topic Name | Games – Invasion | Gymnastics | Dance | Games - Bat and Ball | Outdoor Adventure | Athletics |
| EYFS | Developing team games. | Mastering movement; Jumping, rolls and balances. | Animal theme using single movement patterns. | Using bat and ball focus on coordination, agility and balance. | Outdoor challenges and competitions. | Master basic movements (running, balances, jumping and throwing) |
| Year 1 | Developing team games and discuss tactics. | Mastering movement; Jumping, rolls and balances. | Animal theme using single movement patterns. | Using bat and ball focus on coordination, agility and balance | Outdoor challenges and competitions. | Master basic movements (running, balances, jumping and throwing) |
| Year 2 | Developing team games, developing tactics for attacking and defending. | Mastering movement; Jumping, rolls and balances. | Animal theme using single movement patterns into a routine. | Using bat and ball develop coordination, agility and balance. | Outdoor challenges individual and as a team. To find hidden items. | Master basic movements (running, balances, jumping and throwing) |
| Year 3 | Invasion Games Applying Attacking and defending principals. | Mastering movement; Jumping, rolls, balances and flexibility. | Roman theme using a variety of movement patterns into a routine. | Start playing competitive bat and ball interactive games. (Tennis, cricket and rounders) | Outdoor challenges individual and as a team. Working on co-ordination and self-discovery. | Jumping, throwing and catching in isolation and in combination |
| Year 4 | Invasion Games Applying Attacking and defending principals. | Mastering movement; Jumping, rolls, balances and flexibility. | Roman theme using a variety of movement patterns into a routine. | Start playing competitive bat and ball interactive games. (Tennis, cricket and rounders) | Outdoor challenges individual and as a team. Working on co-ordination and self-discovery. | Jumping, throwing and catching in isolation and in combination |
| Year 5 | Invasion Games Applying Attacking and defending principals. | Mastering Gymnastic movements while comparing and analysing their performances. | Natural Disasters theme using a variety of movement patterns into a routine. | Develop knowledge in competitive bat and ball interactive games. (Tennis, cricket and rounders) | Competitive outdoor and adventure challenges individually and within a team. | Jumping, throwing and catching in isolation and in combination |
| Year 6 | Invasion Games Applying Attacking and defending principals. | Mastering Gymnastic movements while comparing and analysing their performances. | Rain Forest theme using a variety of movement patterns into a routine. | Develop knowledge in competitive bat and ball interactive games. (Tennis, cricket and rounders) | Competitive outdoor and adventure challenges individually and within a team. | Jumping, throwing and catching in isolation and in combination |