



## Upperwood Academy - PSHE/SRE

### Being Responsible

At Upperwood Academy, children will encounter many of life's challenges for the first time. We aim to provide children with the knowledge and skills needed to lead safe, healthy, and happy lives. Children will develop the skills needed to manage different influences and pressures, as a part of their personal development. They will experience challenging situations in a safe environment.



#### EYFS

##### Being Responsible:

- Doing things we don't like doing.
- Helping at home
- Bedtime routines

#### Classes 5, 6 & 7

##### Being Responsible:

- *Steeling* - borrowing & steeling, borrowing & not returning, feelings, responsible and irresponsible.
- *Coming home on time* - behaving responsible in a range of situations, being on time, sensible & responsible.

#### Classes 2, 3 & 4

##### Being Responsible:

- *Water spillage* - helping people, preventing accidents, responsible & irresponsible.
- Practice makes perfect - ways to improve, not giving up, practising & setting goals.
- *Helping someone in need* - help others, kind & thoughtful behaviours, risks of talking to people you don't know, being responsible & irresponsible.

#### Classes 8, 9 & 10

##### Being Responsible:

- *Looking out for others* - actions when someone is unkind, caring & considerate behaviour, behave appropriately & how negative choices can impact others.
- *Steeling* - what is consent, honesty, trusting relationships & how negative choices can impact others.