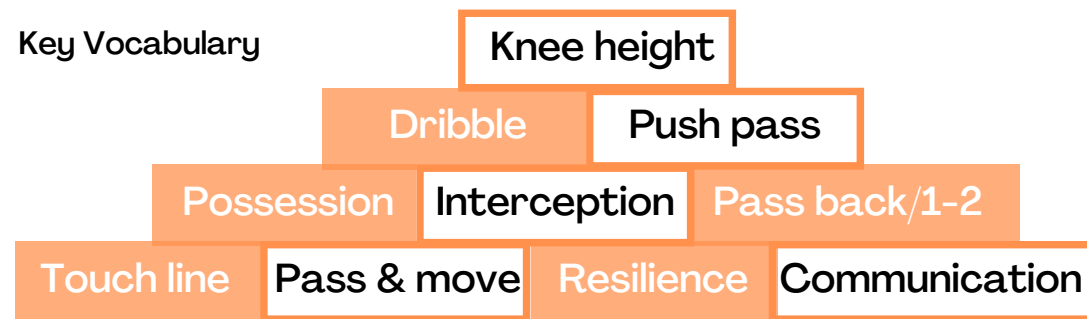




Links to PE National Curriculum

- Develop competence to excel in a broad range of physical activities
- Are physically active for sustained periods of time
- Pupils should continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions
- They should enjoy communicating, collaborating and competing with each other.
- They should develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success

Key Vocabulary



Key skills

Physical

- Dribbling
- Catching
- Passing
- Shooting
- Tackling

Social & Emotional

- Sportsmanship and fair play
- Communication
- Collaboration

Thinking

- Decision making
- Pass selection

Key Principles of invasion games

Attacking	Defending
<ul style="list-style-type: none"> • Scoring • Maintain possession • Creating space • Move the ball towards the goal • Creating attacking play 	<ul style="list-style-type: none"> • Gaining possession • Stopping goals • Defending space

Key rules

Knee height

The bottom of our hockey stick must stay below knee height.

This a key **safety** rule

Using your feet

Goalkeepers are allowed to block a shot using their feet. All other players must only use the stick!

Definitely keep your fingers away from the ball!

Obstruction

When a player uses their stick or body to unfairly block or disadvantage an opponent, this is an obstruction foul.

The opposition receive a free pass from the place of obstruction.

Glossary

Push pass

Passing using the inside of our stick to **push** the ball along the floor

Possession

When a team has the ball, they are in possession

Intercept

When a defender blocks a pass made by an opposition player

Key questions

1. How high can our stick raise in hockey?
2. Which players are allowed to use their feet?
3. Who can explain our passing technique?

By the end of the unit I should...

- Develop a basic understanding of rules
- Develop our understanding of supporting others in attack
- Start to play small sided, skill based games



Learning Journey – Y3 Hockey



Whole child criteria: **Head** | **Hand** | **Heart**

Year 2 (invasion games)

- I can follow simple rules to play games fairly
- I understand and can describe different skills and techniques
- I can demonstrate different throwing and striking/kicking techniques with some accuracy
- I can combine throwing and striking skills in games
- I can dribble in different directions using my feet/hands
- I can receive a pass using hands/feet
- I can demonstrate agility, balance and coordination in my actions consistently
- I can work collaboratively with others
- I am willing to practice and improve
- I can share a basic understanding of what happens to my body as we exercise

Year 3

- I understand when I am successful
- I can use basic attacking principles, such as movement off the ball
- Pupils can start to display basic decision making skills against opposition, (often shown physically through pass selection)
- I can dribble in a range of directions
- I can display a range of passes and can start to apply into activities under some pressure
- I can identify useful space, and travel to it to support teammates
- I know how to keep and win back possession in a game
- I can show resilience and effort when completing tasks and games
- Pupils can communicate with teammates to complete games and tasks

Year 4

- Pupils can identify simple attacking and defending strategies, and why these might help us in a game
- Pupils are starting to develop decision making skills against opposition, and can choose when to pass, run or shoot
- I can identify good practice and areas of improvement in myself
- Pupils can dribble with increased control and fluency
- Pupils can pass and receive with control and consistency
- Pupils can start to target and attack space when in possession
- I can follow display fair play and sportsmanship with others when playing competitive games
- I will develop my communication skills and explore verbal and non-verbal communication

Other prior learning units (with similar transferrable skills)

- Fundamental movement skills
- Target games
- Ball skills
- Invasion games

Progression of physical skills

Year 2

- Running (M)
- Galloping (M)
- Side stepping (M)
- Jumping (M)
- Hopping (M)
- Rolling a ball (M)
- Throwing a ball (M)
- Kicking a ball (M)
- Catching skills (M)
- Dribbling skills
- Starting to strike/ball a moving ball
- Evasion skills



Year 3

- Develop dribbling skills
- Developing passing, receiving and scoring skills
- Developing evasion skills
- Developing attacking and defending skills
- Developing movement off the ball
- Mastering most, if not all fundamental movement skills from KS1 including running, jumping, sidestepping, throwing and catching



Year 4

- Dribble with greater control
- Developing passing, receiving and scoring techniques
- Developing evasion and defensive skills
- Developing attacking skills in uneven and even small sided games
- Developing movement off the ball (using space/width)