

Links to PE National Curriculum

- Develop competence to excel in a broad range of physical activities
- Are physically active for sustained periods of time
- Pupils should continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions
- They should enjoy communicating, collaborating and competing with each other.
- They should develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success

Key Vocabulary

Forecourt	Backcourt	Formation
Tactics	Consistency	Communication
		Strategy

Key skills

Physical

- Running
- Catching
- Throwing
- Serving and returning
- Agility balance, coordination,

Social & Emotional

- Sportsmanship and fair play
- Resilience
- Collaboration

Thinking

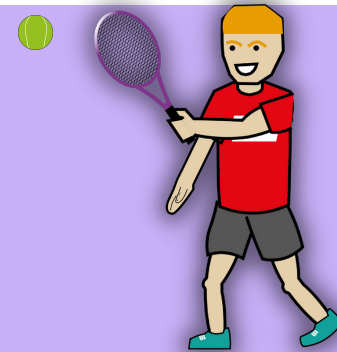
- Decision making
- Understanding rules & techniques
- Understanding tactics and strategies

Key Principles of Net/Wall games

Attacking	Defending
<ul style="list-style-type: none">• Scoring points• Aiming for space• Placement of an object	<ul style="list-style-type: none">• Limiting points• Limiting space• Returning an object consistently

How to win a point

- Opponent hits the ball into the net
- Opponent hits the ball out of the court area
- Opponent fails to return the ball after one bounce
- Opponent commits s double fault (if the net is hit on a serve, they can complete a second serve, if they make the same mistake then it is a double fault)



Glossary

Tactics & strategy: Whats the difference?

- A **strategy** is an end result
 - The **tactics** are the steps to achieve that result
- Example:

Strategy: Create and aim for space on your opponents side

Tactics: Hit the ball to the back court for a continuous number of shots, then hit to the forecourt when your opponent least expects it (creating space)

Forecourt & back court

Forecourt: Front half of the court (nearest the net)

Backcourt: Rear half of the court (near the base line – back of the court)

Key questions

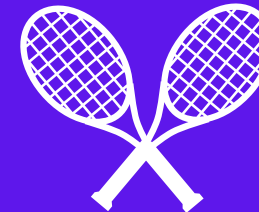
1. What do we mean by forecourt and backcourt?
2. What strategies & tactics could we use to outwit an opponent?
3. How do we score points in tennis?

By the end of the unit I should...

- Be able to play doubles tennis with greater consistency
- Develop our understanding of tactics and strategy in tennis
- Develop and apply our understanding of positioning and formation in doubles tennis



Learning Journey – Y6 Tennis



Whole child criteria: **Head** | **Hand** | **Heart**

Year 5

- I have a basic understanding of positioning/ formations in games
- I can explain the techniques for a range of shots, and when we would use them
- I have developed a better understanding of 'attacking' and 'defending' strategies
- I can serve a ball with consistency and accuracy
- I can return a ball with consistency and some accuracy using a range of shots
- I am displaying agility, balance and coordination in my actions
- I can apply skills into games under pressure
- I have developed more appropriate communication, relative to the game
- I can display teamwork and collaborative skills
- I am starting to display leadership qualities
- We can officiate our own games fairly and with sportsmanship

Year 6

- I have a good understanding of positioning/ formations in games
- I can display decision making skills including shot selection and direction
- I can develop simple 'attacking' and 'defending' strategies and apply them into games
- I can serve a ball with greater consistency and accuracy
- I can return a ball with greater consistency and accuracy using a range of shots
- I am displaying agility, balance and coordination in my actions
- I can apply skills into games under pressure
- I can communicate effectively with my team
- I can display leadership skills e.g.making sure all members of my team are involved & leading warm ups
- We can officiate our own games fairly and with sportsmanship

KS3

Other prior learning units (with similar transferrable skills)

- **Tennis**
- **Volleyball**
- **Cricket**
- **Rounders**

Progression of physical skills

Year 5

- Pupils can display serving and returning skills with greater consistency and accuracy
- Pupils still start to explore a range of different shots e.g. 'dig & set' or 'forehand and backhand'
- Pupils will continue to develop and refine the following physical skills: agility, balance, coordination, striking, catching, throwing



Year 6

- Pupils can display serving and returning skills with greater consistency, control and accuracy
- Pupils can apply a range of shots into small sided games e.g. backhand and forehand
- Pupils will continue to develop and refine the following physical skills: agility, balance, coordination, striking, catching, throwing



KS3