

Physical Education

Why study A Level Physical Education?

Are you interested in sport and physical activity? Do you want to know how the heart, lungs and muscles function when you exercise in more detail? Have you ever wondered why some people seem to be able to learn new sports skills easily? Do you wish to learn how to be able to control your nerves when you perform in front of an audience? Have you ever enquired how the industrial revolution has helped shape modern sport? If the answer to any of these questions is 'yes', then A Level Physical Education could be for you.

Taught by an experienced team of specialist staff in our dedicated PE classroom suite, with some of the best sports facilities in Calderdale, this popular course is for students who wish to pursue the study of sport and PE to further their career. Results show that A Level PE consistently achieves a 100% pass rate and a high percentage of A* - C grades.

What new skills will I learn?

The theoretical aspect of this course will allow you to build on your knowledge developed at Key Stage 4, by studying in-depth the physiological, psychological and sociological theories and concepts that influence. It will also improve your performance in sport.

This is combined with practical coursework where you are assessed on your ability to perform a range of skills in your strongest sport and develop your ability to coach other performers to improve their skill level. You will then learn how to analyse and critically evaluate your own practical weaknesses and suggest strategies that may help to improve your skill level.

Career routes with PE?

The Advanced Level course in PE is an exciting and challenging course which is ideal for students wishing to study Physical Education, Sports Science or Sports Coaching courses at university.

The course also provides an excellent foundation for students wishing to pursue careers in teaching, coaching, the leisure industry, recreational management or physiotherapy.

Excellent facilities, outstanding results and experienced teaching staff ensure this course is a winner!

Course outline

This course has four sections, which cover a range of theoretical and practical topics in Physical Education and Sport. They include anatomy and physiology, psychology and sociology, plus a practical sport.

Year 12

Students learn about applied anatomy and physiology, skill acquisition and sports psychology, sport and society and the role of technology in sport. It also requires students to apply theoretical knowledge to practical situations.

Year 13

In addition, over the two-year course:

Non exam assessment: Students assessed as a performer or coach in the full-sided version of one activity and produce a written or verbal analysis of performance.

Lead Teachers: Miss J Nutter, Mr D Puddephatt **Exam Board:** AQA

Sixth Form Entry Requirements:

Students must have a minimum of at least **five** GCSEs at 9 - 4 grades (or equivalent). These must include a grade 4 in English Language and Mathematics.

Additional requirements:

GCSE grade 4 or above in PE and Science and be a strong performer in one sport.

Assessment:

In Year 13, students will undertake two, two-hour written examinations, each contributing 35% to the overall mark.

Plus a practical assessment of skills by teaching staff with an external moderation. This aspect is worth 30% of total A Level mark.