

THIS Week

MONDAY

MEAL DEAL

Choose from
Veggie Sausage Hot Dog with BBQ Onion Relish  
 or **Chicken Sausage Hot Dog with BBQ Onion Relish**
 served with Garlic & Herb Wedges & Veg
Plus... a Dessert of the day

Wraptastic

Falafel & Tzatziki

TUESDAY

MEAL DEAL

Choose from  
Masala Paneer Quasapatti
 or **Lamb Keema**
 served with Rice & Sides
Plus... a Dessert of the day

Super Bowl

Vegetable & Black Bean Rice Bowl

WEDNESDAY

MEAL DEAL

Choose from  
Cheese and Onion Pasty
 or **Roast Chicken**
 served with Roast Potatoes, Veg and Gravy
Plus... a Dessert of the day

Hot Graze

Mediterranean Chicken Wrap

THURSDAY

MEAL DEAL

Choose from  
Mac & Cheese with Korean BBQ Chicken
 or **Mac & Cheese with Korean BBQ Cauliflower & Sides**
 served with Sides
Plus... a Dessert of the day

Top Dog

The Cajun - Cajun Mayo served with Chips

FRIDAY

MEAL DEAL

Choose from  
Sweet Chilli Quorn Dipper Wrap
 or **Fish Finger Wrap**
 served with Chips and Veg
Plus... a Dessert of the day

Wedges Reloaded

Tomato Salsa & Cheese

JACKETS Served with a selection of toppings including Grated Cheddar, Tuna or Salmon Mayonnaise, Baked Beans, + daily hot specials

FRESH SEASONAL VEGGIES AVAILABLE EVERY DAY



Low carbon meals have at least 38% lower carbon emissions than the average meal. Learn more about this calculation at www.eatcoolfood.org

-  Plant Based
-  Vegetarian
-  Halal option available
-  Low Carbon

THIS Week

MONDAY

MEAL DEAL

Choose from
Tex-Mex Quorn Meatballs  
 or **Tex-Mex Chicken Meatballs**
 served with Rice & Veg
 Plus... a Dessert of the day

Hot Graze

Buffalo Chicken Wrap with Wedges

TUESDAY

MEAL DEAL

Choose from
**Mac & Cheese with
 Roasted Herby
 Mushrooms**  
 or **Mac & Cheese with
 Peri-Peri Chicken**
 served with Sides
 Plus... a Dessert of the day

Top Dog

The Oriental - Katsu Sauce served with Wedges

WEDNESDAY

MEAL DEAL

Choose from
Quorn Dipper Katsu Curry  
 with Rice & Asian Slaw
 or **Jerk Chicken with Dirty Rice**
 served with Veg and Gravy
 Plus... a Dessert of the day

Hot Graze

Peri Peri Veggie Strip Wrap with Cajun Wedges

THURSDAY

MEAL DEAL

Choose from  
Vegetable Bolognaise
 or **Lamb Bolognese**
 served with Pasta & Sides
 Plus... a Dessert of the day

Super Bowl

Korean BBQ Chicken Bibimbap

FRIDAY

MEAL DEAL

Choose from  
Quorn Chilli Fajita
 or **Battered Fish**
 served with Chips and Veg
 Plus... a Dessert of the day

Wedges Reloaded

Onion Bhaji & Raita Loaded Fries

JACKETS Served with a selection of toppings including Grated Cheddar, Tuna or Salmon Mayonnaise, Baked Beans, + daily hot specials

FRESH SEASONAL VEGGIES AVAILABLE EVERY DAY



Low carbon meals have at least 38% lower carbon emissions than the average meal. Learn more about this calculation at www.eatcoolfood.org

-  Plant Based
-  Vegetarian
-  Halal option available
-  Low Carbon

THIS Week

MONDAY

MEAL DEAL

Choose from
Vegetable Chilli 
or **Lamb Chilli**
served with rice and Sides
Plus... a Dessert of the day

Hot Graze

Greek Chicken Wings with Wedges

TUESDAY

MEAL DEAL

Choose from 
Mac & Cheese with Cajun Squash 
or **Mac & Cheese with Mexican Chicken**
served Sides
Plus... a Dessert of the day

Wraptastic

Mediterranean Vegetable with Garlic & Paprika Wedges

WEDNESDAY

MEAL DEAL

Choose from 
Quorn ChiQuin Fillet
or **Roast Chicken**
served with Roast Potatoes, Veg & Gravy
Plus... a Dessert of the day

Sub Club

Indian Chicken Meatball with Wedges

THURSDAY

MEAL DEAL

Choose from 
Sweet Chilli Buffalo Cauliflower
or **Mango Chicken**
served with Spicy Rice & Sides
Plus... a Dessert of the day

Top Dog

The Classic - Caramelised Onion served
with Wedges

FRIDAY

MEAL DEAL

Choose from 
Spicy Kansas BBQ Bean Burger
with Wedges
or **Fish Cake Bap with Chips**
served with Veg
Plus... a Dessert of the day

Wedges Reloaded

Cheese & Onion Loaded Fries

JACKETS Served with a selection of toppings including Grated Cheddar, Tuna or Salmon Mayonnaise, Baked Beans, + daily hot specials

FRESH SEASONAL VEGGIES AVAILABLE EVERY DAY



Low carbon meals have at least 38% lower carbon emissions than the average meal. Learn more about this calculation at www.eatcoolfood.org



Plant Based



Vegetarian



Halal option available



Low Carbon