



.PARENTAL NEWS BULLETIN

Issue 27 Monday 1st May 2023

HEADLINE NOTICES



Commemorating the Coronation of King Charles III

As part of the school's continued work in the area of promoting British Values, we shall be reflecting on and commemorating the historic events of the coronation of King Charles III in the period up to and including the 6th May 2023. Further details of the discussions and events taking place at the school in this regard will be shared separately and reflected in future editions.

Please be reminded that the school will be closed on Monday 8th May 2023 for the Royal Coronation Bank Holiday. Further information issued separately.

Special Operational Arrangements for Tuesday 2nd May 2023

Please be advised that details of the confirmed arrangements for the operation of the school on Tuesday 2nd May 2023, during the national NEU strike action, has been issued separately. We would like to thank parents for their forbearance and understanding.

Sports Department Summer Extra-Curricular Programme

Our Sports Summer Extra - Curricular Programme has now been released and can be located on Page 5 of this Bulletin or on our website [here](https://www.kingsdale.southwark.sch.uk). Please contact pe@kingsdale.southwark.sch.uk with any queries.



THEME & WORD OF THE WEEK

Doing the right thing – 'Twenty years from now you will be more disappointed by the things you didn't do than by the things you did...So explore. Dream. Discover.'

Mark Twain

Ameliorate

Definition: To make better or improve.

SCHOOL NEWS

Anna Performs in Legally Blonde (JR)



Anna Wold, Year 10, secured the lead role of Elle Woods in the Theatre Royal Windsor production of Legally Blonde: The Musical (JR) over the Easter break. With just six days of rehearsals, she and the cast (thirty-one cast and two dogs!) then put on six shows over four days to rave reviews and packed theatre audiences. Well done Anna!

GEOGRAPHY NEWS

GCSE Geography Field Trip to Eastbourne, East Sussex

As part of the GCSE Geography course, students are required to complete two days of fieldwork. The first day explores the physical landscape of the UK and the second day investigates the human landscape of the UK.

Students completed the first day of field work last week at Eastbourne, East Sussex. In the morning, students visited King Edward's Parade. They undertook a beach profile and beach sediment survey using a range of specialist equipment, completed field sketch's and assessed the quality of coastal management strategies. In the afternoon, students visited the pier to survey residents and tourists about their experience of coastal management. Students learned and practised key geographical skills required for their exams in Summer 2024. A huge well done to students in Year 10 for their excellent conduct and their polite approach to members of the public during their field study.



SCHOOL NEWS cont.

Isaac is Runner up in Under-16s Welsh Junior Tennis Open Nationals Congratulations to Isaac Forde, Year 10, who was runner up at the Under-16s Welsh Junior Open Nationals in Wrexham over the Easter holiday.



Alex and Levi at Under-13s Surrey Rugby Championship

Alex Wold and Levi Fairclough, Year 8, successfully helped defend their Surrey Rugby Championship title last Sunday at the Guildford Rugby Club in a bruising encounter between Battersea Ironsides and Reigate in the Under-13s Final. Reigate scored first, but Battersea responded with two tries in the first half and two in the second, enabling them to raise the Surrey Rugby Oak Cup for a second year running. Reigate had not had a try scored against them this season in the competition, which makes it all the more remarkable. Well done boys!



Amelia Selected for England Basketball Squad

Congratulations to Amelia Orungbeja, Year 9, who has been selected to travel to Serbia at the end of May to the International Basketball Championship with the Under-15s England squad. Good luck Amelia – we look forward to hearing how you get on!



L-R: Thomas Hood, Elliot Peacock, William Weyham, Edie Favell, Alfie Bryan and Archy Atkinson.

We look forward to more athletics mini-marathon news in future editions.



Kingsdale Under-17s, Under-15s and Under-13s at London Mini Marathon

It was great to see Kingsdale students running in the London Mini Marathon on the morning of Saturday 22nd April 2023. The weather was glorious for the new route, which started from Horse Guard's Parade and finished along the Mall. It was a great atmosphere for all the runners. Celia Yeatman was particularly pleased as she had been keen to finish in the Top 30 and achieved 29th! Lauren Jefferson in Year 10 also ran in the Under-15s Girls' category. Well done to all competitors.

Here are the Kingsdale students after their Mini Marathon run at the weekend.



L-R: Tallula Jones, Summer MacKay, Sofia Mendes, Celia Yeatman & Celia Allen



L-R: Theo Gaymes, Oliver Micklewaite, Arthur Jefferson and Guy Barnett, who all ran in the Under-17s Boys' category



KIM BAPTISTE
07967 326 463

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PUB IN THE PARK

DULWICH PARK | 9 - 11 JUNE 2023

pubintheparkuk.com

Tickets To Be Won!

The Art department are running a competition for the upcoming event
'Pub in the Park'
9-11th June 2023
in Dulwich Park.

Competition

Please create an A2 poster design showcasing all there is to do at Pub in the Park. Please maintain the 'Pub in the Park' brand look and feel while also creating an original and creative poster. Our brand guideline colours are HEX CODE: #EA5971 and HEX CODE: #F5B8C7. Please use these in some way in the poster. The winner will be judged by the team at Pub in the Park, and the winner will get a complimentary family ticket for them and their family to enjoy the event.

Please submit entries to srx@kingsdale.southwark.sch.uk by Friday 12th May.

Dulwich Festival Artists' Open House

Kingsdale Foundation School
ALLEYN PARK SE21 8SQ

Ceramics; fine art; illustration; photography; prints; sculpture; textiles

A selection of Fine Art, Textiles, Photography, Ceramics and Graphic Design will be on display in the purpose-built gallery, along with postcards, prints and artworks for sale, (cash only).

www.kingsdalefoundationschool.org.uk / Instagram: @kingsdaleart



DULWICH FESTIVAL ARTISTS' OPEN HOUSE

We are excited to be taking part in this year's Dulwich Festival and will be opening up our gallery doors for the Artists' Open House. Please come along and join us on May 13th from 11am - 6pm to see the artwork on display. There will also be work to buy by our Art teachers and brilliant Art alumni. For more information about the festival, please visit dulwichfestival.co.uk

LANGUAGES NEWS



Year 12 & 13 Vienna Trip

Last term, the German Department organised a 4-day trip to the capital of Austria, Vienna, to improve the cultural and linguistic knowledge of ten Year 12 & 13 students about the German speaking world. It turned out to be a wonderful trip. The students had a full programme of visiting palaces such as the Oberes Belvedere (where 'der Kuss' from Gustav Klimt could be seen), Schloss Schönbrunn (previous Summer palace of the Habsburg Emperors) as well as world-renowned museums such as the Hunderwasser Kunstmuseum and Kunsthistorisches Museum (which according to one student surpassed the Louvre...). However, students were not only passively absorbing the Austrian Lebensstil, but had to put their German knowledge to work by summarising newspapers, buying train-tickets, asking for receipts and ordering food in German. The culinary highlight of the trip was a common Iftar-meal to mark the end of Ramadan and the beginning of Eid in a Turkish restaurant, although the traditional Wiener Schnitzel also made its appearance. All in all, the students and teachers wholeheartedly enjoyed their time in Vienna and the trip could not have been better concluded than enjoying Apfelstrudel und Kaffee in one of Vienna's oldest Kaffeehaus. Das schmeckt nach mehr!

Frau D. Delli & Frau S. Koch



SPORTS NEWS

Under-16s Boys' Rugby Kingsdale v Southborough High School



Huge congratulations go to the Under-16s Boys' Rugby team for being crowned South London Champions for a second consecutive year, beating Southborough High School 52 points to 19. The future of rugby at Kingsdale is looking bright!

Final Score: Kingsdale **52-19** Southborough High
Tries scored: Finlay Cranston (1), Albert Gardiner (2), Mitchel Obeng (1), Owen Nickson (1), Thomas Barr (1) and Luis Kane (1).

DEBATE CLUB NEWS

Following on from the successful Debate Mate programme this year, we will be resuming our weekly debate clubs this term for Years 7-9 alongside our Year 10 club. These clubs are fantastic for students to build confidence and will give them an opportunity to practise debate skills and compete in our House Debating competition later this term, alongside preparation for future competitions and Model United Nations conferences.

These clubs are open to all students to attend.

Year 7: Wednesday
15.45-16.30 - LSL Mr Bakare

Year 8: Wednesday
12.00-12.50 - IT5 Ms Willett

Year 9: Monday after School - 16.10-17.10
MA2 - Mr Burke (JBU) - After the Bank Holidays.

Year 10: Friday
12.00-12.50 - HU4 Ms. Sherratt

Please contact the relevant teacher via email or visit the Humanities/English Office with any queries.



PE Department Extra Curricular Sports Activities Timetable - Summer Term 2022-23



Day	Activity	Time	Venue	Staff
Monday	Sports Scholars – Mixed – Year 10	12.00-12.45pm	Astro, Gym 1	JPE
	Rugby – Girls – All Years	3.40-5.15pm	Playing Fields	SCE, BWY
	Cycling – Mixed – All Years	4.00-5.00pm	Herne Hill Velodrome	RFL
Tuesday	Fitness – Girls – Year 7 and 8	7.45-8.30am	Gym 2	RFL
	Table Tennis – Mixed – Year 7 and 11	11.05-11.50am	Gym 1	BDH
	Volleyball – Mixed – Year 8 and 10	12.00-12.45pm	Gym 2	YSI
	Sports Scholars – Mixed – Year 8	12.00-12.45pm	Astro	JPE
	Cricket – Girls – Year 8 and 10	12.00-12.45pm	Astro	SCE
	Table Tennis – Mixed – Year 8 and 10	12.00-12.45pm	Gym 1	BDH
	Dance – Mixed – Technique - Year 8 and 10	12.00-12.45pm	Dance Studio	NMR
	Dance – Mixed – Technique – Year 9	12.55-1.40pm	Dance Studio	NMR
	Cricket - Boys – Year 7	3.45-5.00pm	Playing Fields	RFL, MAH
	Cricket – Boys – Year 8	4.10-5.15pm	Playing Fields	APY
	Tennis – Mixed – All Years	4.10-5.15pm	Playing Fields	OFY, THL
	Dance – Mixed – Contemporary – Year 7 and 11	3.45-5.00pm	Dance Studio	DDY
	Dance – Mixed – Contemporary – All Years	4.15-5.15pm	Dance Studio	DDY
	Sports Scholars – Mixed - Year 7 and 11	11.05-11.50am	Astro, Sports Hall	JPE, SWS, BDH
	Volleyball – Mixed – Year 7 and 11	11.05-11.50am	Gym 2	YSI
Wednesday	Cricket – Girls – Year 7	11.05-11.50am	Astro	LTS
	Dance – Mixed – Sixth Form	12.00-12.50pm	Dance Studio	DDY
	Dance – Mixed – Sixth Form	1.50-2.45pm	Dance Studio	DDY
	Football – Mixed – Sixth Form	1.50-2.45pm	Playing Fields	JPE, DFR
	Football – Mixed – Sixth Form	2.50-3.40pm	Astro	JPE, DFR
	Multi Sports – Mixed – Sixth Form	1.50-2.45pm	Playing Fields	SWS
	Multi Sports – Mixed – Sixth Form	2.50-3.40pm	Sports Hall and Gym 1	OFY, SWS
	Cricket – Girls – Year 9	4.10-5.15pm	Astro	LTS
	Cricket – Boys - Year 9 and 10	4.10-5.15pm	Playing Fields	BWY, JPE, KBT
	Athletics - Mixed - Year 7	3.40-4.45pm	Playing Fields	ISI, WCR, YSI, DFR, SWS,
	Athletics - Mixed - Year 8, 9 and 10	4.10-5.15pm	Playing Fields	OFY, RFL, SCE, DFR, SWS
	Fitness – Boys – Year 7 and 8	7.45-8.50am	Gym 2	RFL
Thursday	Rounders – Mixed – Year 7	11.05-11.50am	Astro	JPE, BDH, SWS
	Rounders – Mixed – Year 8 and 10	12.00-12.45pm	Astro	OFY, DFR
	Table Tennis – Mixed – Year 9	12.55-1.40pm	Gym 1	SWS
	Dance – Street Dance – Mixed – Year 7 and 11	3.45-5.00pm	Dance Studio	NMR
	Dance – Street Dance – Mixed – Year 8 and 10	4.10-5.15pm	Dance Studio	NMR
	Volleyball – Mixed – Year 9	12.55-1.40pm	GM2	BWY
Friday	Sports Scholars – Year 9	12.55-1.40pm	Astro	JPE
	Rounders – Mixed – Year 9	12.55-1.40pm	Astro	WCR, SWS
	Swimming – Mixed – Year TBC	1.15-3.40pm	Crystal Palace	APY

SCHOOL NEWS

Safe Travel to School

At school, we have shared the key messages about keeping safe with the students. Some of the key messages are outlined below:

“LOOK UP LOOK OUT”

- **BE AWARE** of your surroundings.
- **BE AWARE** when using your mobile phone.
- Know your route home.
- Keep to busy roads.
- Try to be with other people.
- If someone tries to stop you keep walking.
- **SHOUT** for help and make **NOISE**.
- If anything happens speak to a trusted adult as soon as you can.
- **RUN HIDE TELL**.
- There is no right or wrong response as each situation is different but remember that **YOUR SAFETY IS PARAMOUNT**.
Only **YOU** can assess the risk.
- Possessions are replaceable, but **you are not**.

Your child must contact the Police immediately on 999 if they are concerned about their safety or if they are the victim of a mugging/attempted mugging.

Students and Parents should also inform the school so the at we can offer pastoral support and liaison with our Safer Schools Officer – PC Crampton.

Please contact Mr Harding via dhg@kingsdale.southwark.sch.uk with any queries.



SCHOOL NEWS

Kingsdale is a Safe Space

We would like to take this opportunity to once again remind students and their families of our two confidential emails which are operational both during and outside of school hours.

This provision is available for any member of our school community wishing to seek advice, discuss any matters relating to mental health & well-being or report an incident or concern confidentially via email.

We appreciate that students, parents, carers or guardians may wish to speak to someone outside of school hours or may wish to disclose an incident or concern confidentially or anonymously.

Our two confidential emails are:

health&wellbeing@kingsdale.southwark.sch.uk
tellsomeone@kingsdale.southwark.sch.uk

Please contact **Ms V Turner** for further information regarding this provision or any matters relating to mental health & well-being at Kingsdale School.



MY PHONE



KEEPING YOU AND YOUR PHONE SAFE

Getting a phone is really exciting. You can stay in touch with friends and find out more about the world.

Don't fight back, it's not worth the risk when a phone can be replaced.

- **Tell us if someone robs you or tries to. It's important you get help straight away by dialling 999 using a friend or trusted adult's phone rather than contacting police when you get home. This gives us the best chance to catch the suspects, recover stolen items and make sure you're safe.**

- **If you don't want to talk to police – contact Fearless online, without giving your name, at www.fearless.org**
- **Memorise or keep a note of a parent/carer's phone number in a separate place in case of emergency.**

As police officers, our job is to keep you safe and stop people who want to steal property like phones, cash, earphones and even expensive coats or trainers.

You can help us do that by being careful where you use your phone and taking care of cash and other valuable items.

YOU CAN HELP US PROTECT AND TRACK YOUR PHONE IF IT'S STOLEN.

HERE'S 3 THINGS YOU CAN DO:

- **Your phone will have security features such as a passcode or fingerprint/face ID. Make sure you use it to protect access to your phone.**

5 TIPS TO KEEP SAFE

- **Keep your phone and valuables out of sight and in a safe place. Take care when you take them out especially near bus stops and train stations.**
- **Stay alert and remember earphones/headphones can distract you from being aware of someone approaching from behind you. Thieves can approach on mopeds, e-scooters and pedal cycles.**
- **Tracker apps can help locate your phone if it's lost or stolen. Ask a parent to show you how to set one up.**
- **Record the phone's IMEI number in a separate place at home. Find this by typing in ***#06#**. You'll need to give this number to police if it's stolen.**

For more information go to www.fearless.org/campaigns/robbery

SEND FACULTY NEWS

Annual Health Checks

Annual health checks are provided by GPs and are an important way to ensure health needs are understood and met. They are already required for those with a learning disability from the age of 14 and are a free service (not to be confused with NHS Health Checks).

As part of the NHS' Long Term Plan the introduction of a specific health check for people with autism will be piloted and if successful, will be rolled out more widely.

How can a child, or young person access an Annual Health Check?

GP surgeries often invite children and young people who are on their learning disability registers. A learning disability register is a list of people with a learning disability who use the GP surgery, which helps doctors to make adjustments to the care they provide. If a child or young person thinks they have a learning disability, they can request to be put on a learning disability register; they do not need to be diagnosed with a learning disability to be included on it.

A child, or young person does not have to be ill to have an annual health check and they should be encouraged to identify problems early before they become serious. If a GP surgery will not provide an annual check, a child or young person (or parent/carer) should be directed to their local community learning disability team for advice.

What happens in an Annual Health Check?

During the health check, the GP or practice nurse will:

- Carry out a physical check-up, including height, weight, heart rate, blood pressure and take blood and urine samples.
- Talk to the child or young person about staying well and if they need any help with this.
- Ask about things that are more common with learning disabilities, such as epilepsy, constipation or problems with swallowing.
- Talk about any medicines the child or young person is taking.
- Check on other health problems such as asthma or diabetes, to see how they are going.
- Check to see if the child or young person has any other health appointments, such as physiotherapy or speech therapy.
- Ask if family and/or carers are getting the support they need.
- Help make sure that things go well when the child or young person moves to adult services at the age of 18.

The child or young person will also be asked for permission to share information with other services that provide their care.

The GP or practice nurse will also provide health information, such as advice on healthy eating, exercise, contraception or stopping smoking. All aspects of the health check are voluntary.



Anna Freud
National Centre for
Children and Families

shout
For support in a crisis

In crisis?
Need support?

24
hours a day
7
days a week

Text AFC to 85258

Text the free, anonymous crisis textline

All texts are answered by trained volunteers,
with support from experienced clinical specialists

The Kingsdale Experts

At Kingsdale we are so lucky to have many experts working with us at the school in the Learning Support Faculty and we would like to introduce these experts to you and the roles that they have in the school.

- **Stephen Hack:** Speech and Language Therapist (SALT)
- **Val Burnage:** Emotional Literacy Support Assistant (ELSA)
- **Peter Bowers:** Educational Psychologist (EP)
- **Rachael Hlomador:** Autism Specialist
- **Matthew Wicks:** Autism Specialist
- **Emma Wilkins:** Well-being Coach
- **Holly Robertson:** Art Psychotherapist
- **Dr Rachel Ward:** SpLD (specific learning difficulty) Specialist Teacher
- **Janet Koike:** SpLD (specific learning difficulty) Specialist Teacher
- **Aretha Moore:** School Counsellor
- **Everton Augustus:** School Counsellor
- **Tanya Wray:** Lead School Mentor
- **Jeavon Moo Young:** School Mentor
- **Daniela Dookey:** School Mentor
- **Geoffrey Leslie:** School Mentor

In addition, we may have specialists come into school to deliver training to staff and students. This will be published to you in this newsletter.

Student Suggestion Boxes

To promote our well-established and highly effective Student Voice programme, there are suggestion boxes, which are located outside of the Attendance Office in the Main Atrium and The Office of The Headteacher at the bottom of the Green Stairs.

Please encourage your child to use this facility to make suggestions about how we can continue to improve our provision.



Learning Support Faculty Coffee Mornings

We are pleased to announce we will be continuing with our parental coffee mornings this term. We will be giving parents of students with SEND the opportunity to come into school and engage with the faculty. This will include receiving information about the extra academic support we are offering SEND students, the staff training we are providing, the use of our provision mapping programme 'Edukey', a focused 'Dyslexia Support for Parents' session and updates on our ongoing programmes.

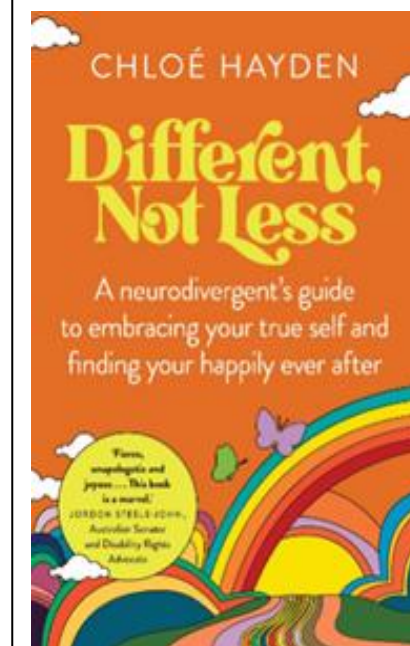
Parents are asked to arrive at 8.50am on the allocated day at the main reception to give time to sign in for a 9.05am start.

Sixth Form

Thursday 4th May
Period 1: 9.05-10.00

This date has been re-arranged.

Please direct queries to
senco@kingsdale.southwark.sch.uk



Book review: Different Not Less by Chloe Hayden

Chloe Hayden is an award-winning actor and disability advocate, motivational speaker and social media influencer. As a child, she moved between ten schools in eight years and was eventually diagnosed with autism and ADHD. Hayden's parents nicknamed her 'our quirky little genius' and 'our princess

and the pea child', as she was 'spellbound' by books, but struggled with sensory issues, such as clothing, food textures and social interaction. This is an intensely personal book that details the many ways in which the author struggled to make sense of the world around her and how retreating to the toilets or the back of the library was often the only way she was able to cope with school. Chloe Hayden provides insights into ways that focusing on her strengths, passions and her 'eye sparkles' have enabled her to build a successful international career, while acknowledging that she has developed a range of strategies that help her to manage potential difficulties. The book also includes a guide to support resources and detailed chapter references.



Free Lecture On Key Topics In The Field Of Child And Adolescent Mental Health 11th May 2023 at 2pm

The Association for Child and Adolescent Mental Health ([ACAMH](#)) have a free webinar showcasing five 10-minute lectures from leading academics, practitioners, and researchers on key topics in the field of child and adolescent mental health.

Sign up here: [Link](#)

The programme for the session is:

- 14.00** Professor Henrik Larsson – Welcome
- 14.05** Professor Thalia Eley ‘Anxiety genetics: what do we know and how might that help?’
- 14.15** Dr. Lucy A. Livingston ‘Depression in autism and ADHD: What do we know?’
- 14.25** Dr. Polly Waite ‘The treatment of anxiety disorders in adolescents’
- 14.35** Dr. Pablo Vidal-Ribas ‘Developmental Origins of Suicide Mortality’
- 14.45** Dr. Aja Murray ‘Exploring mechanisms linking ADHD symptoms to co-occurring mental health issues’
- 14.55** Q&A with the panel
- 15.20** Professor Henrik Larsson – Closes

Self-Care for Parents and Carers 10 ways to help manage and encourage self-care

1. Give yourself permission.
2. Being kind to yourself.
3. Make a to-do list.
4. Ask for help.
5. Maintaining energy levels.
6. The importance of sleep.
7. Check in with friends.
8. It’s okay to say ‘no’.
9. Time away from social media.
10. Remember your passions.



ACAMH About the talks

Professor Mark Bellis

Will discuss the current understanding of ACEs and the growing awareness in multiple sectors and agencies that the issues they see in people’s lives, whether health, education, social or criminal justice related, are often rooted in the same childhood adversities, and resulting toxic stress responses. He will discuss the need to develop preventative approaches.

Dr. Jessie Baldwin

Will discuss what we know (and don’t know) about the extent to which ACEs cause mental health problems. This will involve considering the challenges to causal inference posed by observational research on ACEs, before reviewing quasi-experimental evidence on the effects of ACEs on mental health.

Professor David Finkelhor

He will present on the issue of screening for ACEs – the challenges and opportunities. He will review the variety of screening tools that have developed for ACEs and will discuss the pros and cons of health screening in general. He argues that screening tools should be accurate including a threshold for referral. There should be available, evidence-based treatments for identified cases that there should be minimal or tolerable negative side effects and the benefits should outweigh the costs.

Professor Andrea Danese and Dr. Alan Meehan

Will present recent research on individual risk prediction from ACEs screening, revisiting data from the original Adverse Experiences Study as well as data from the E-Risk Longitudinal Twin Study and the Dunedin Multidisciplinary Health and Development Study to test the ability of the retrospectively reported adverse childhood experience score to discriminate between adults with and without a range of common health risk factors and disease conditions. Screening based on the adverse childhood experience score did not accurately identify those individuals at high risk of health problems. This can lead to both allocation of unnecessary interventions and lack of provision of necessary support. The presentation will also explore novel approaches that can improve predictions.

Professor Judith Cohen

Will present an updated review of Trauma Focused- Cognitive Behavioural Therapy (TF-CBT), developed by Judith Cohen with Anthony P. Mannarino and Esther Deblinger. It is the most supported treatment for the impact of trauma in children and includes components to address traumatic grief in children. The approach aims to develop a trauma- narrative of traumatic experiences, as a way of making them ‘memories’ rather than re-living them. The evidence shows that the TF-CBT reduces traumatic symptoms and helped to reduce associated symptoms of anxiety and depression. Judith will give 1) a brief description of TF-CBT, 2) update on current TF-CBT research, and 3) recent TF-CBT applications.

Dr. Fiona Turner and Gary Kainth

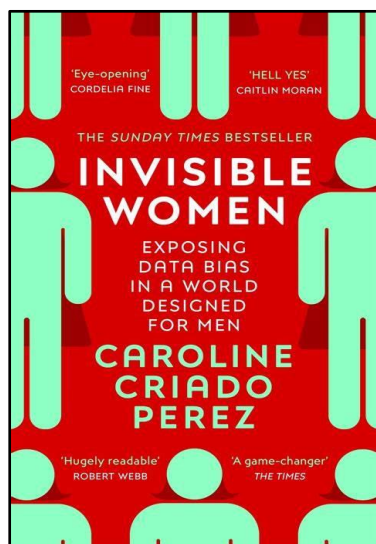
Will be presenting the BeST trial, which is a randomised controlled trial for abused and neglected Children under 5 who are placed in foster care. The trial, running in Glasgow and London, compares an Infant Mental Health approach with social work ‘services as usual’ on the outcomes of child mental health and time to permanent placement. With each approach offering a different lens to assessing cases of maltreatment, the research will have an important influence on the way decisions are made when young people are identified who have experienced significant adversity. Running alongside the trial is qualitative process evaluation of the context in which the services are embedded, which is shedding important light on the factors that affect decision-making in early life adversities.

Dr Kirsten Asmussen

Will be presenting and updating findings from the reviews of ‘Adverse Childhood Experiences’ and ‘Improving the lives of vulnerable children’. In the ACEs review she commended the enthusiasm for tackling ACEs –e.g. the introduction of Trauma Informed Care, but felt there was a need to create comprehensive public health strategies in local communities on the basis of what works to improve the outcomes for children. This requires effective leadership, strong professional workforces, and strong services. In the ACEs review 33 interventions representing 10 intervention models with robust evidence were identified preventing ACEs, reducing the health-harming behaviours associated with ACEs, or reducing ACE-related trauma.

Joanne Hopkins

She will be presenting developments in the whole school approach to ACEs awareness and trauma informed practice in Wales in educational settings. Comprehensive ACE awareness and trauma informed practice training programs increase staff understanding of the impact of ACEs and their impact and how to help children build resilience. The training has been delivered to primary and secondary schools throughout the country, preschool settings, parents group and the approach taken forward with education colleges and universities, with a view to the whole education sector in Wales being ACEs aware and trauma informed.



Teacher

Recommendation

Ms Smith recommends *Invisible Women* by Caroline Criado Perez. Imagine a world where...

- Your phone is too big for your hand and your doctor prescribes a drug that is wrong for your body
- In a car accident you are 47% more likely to be injured

If any of that sounds familiar, chances are you're a woman. From government policy and medical research, to technology, workplaces, and the media. *Invisible Women* reveals how in a world built for and by men we are systematically ignoring half of the population, often with disastrous consequences. Caroline Criado Perez brings together for the first time an impressive range of case studies, stories and new research from across the world that illustrate the hidden ways in which women are forgotten and the profound impact this has on us all. Ms Smith was fascinated by this extremely eye-opening book that provides a wide-ranging account of the issues facing women in a man-made world. Suitable for students aged 14+.

Reading Recommendations



Student .

Recommendation

Noah Smith and Arlo Milton recommend *The Cherub Series* by Robert Muchamore. *CHERUB* is a series of teenage spy novels written by English author Robert Muchamore, focusing around a fictional division of the British Security Service called

CHERUB, which employs children, predominantly orphans, 17 or younger as intelligence agents. Initially, the series follows James Choke, better known as James Adams (his adopted name at CHERUB), as he enters CHERUB and performs various missions. However, the focus later expands to other characters, such as James' sister Lauren and several other characters who work alongside him and in separate missions. Arlo and Noah really love this series; it's fun and relatable, and the characters are made up of many different and fascinating personality types. Suitable for students in all Key Stages..



**Understanding
the digital world
isn't always easy**

Parent Zone Local is here to help. You can find information, advice and events to help your family feel **safer**, more **confident** and **in control** online.

Find out more
parentzone.org.uk/pzlocal



parentzone LOCAL

Department
for Culture
Media & Sport

KEY DATES 2022-23



Monday 8th May

Coronation Bank Holiday

Friday 26th May

End of First Summer Half-Term

Monday 29th May – Friday 2nd June
Half-Term Break

Monday 5th June – Tuesday 25th July
Second Summer Half-Term

Tuesday 25th July

INSET Day

School Closed to all students
Except by invitation

For further information
contact the Attendance Office:
info@kingsdale.southwark.sch.uk
or call 0208 655 9727

SCHOOL NEWS cont.

School Marking Code & Quality Assurance

Parents are reminded that detailed information exists on our school website [here](#), regarding the ways that students are assessed at Kingsdale, through the marking of classwork and assessments. Our approaches are also discussed throughout the year at scheduled Parents' Evenings and through curriculum information evenings (*details issued separately*). Should you have any queries about the marking of your child's work at the school, or have any specific concerns about the frequency of marking in any subject for your child, please use our dedicated reporting email

checkmychildsmarking@kingsdale.southwark.sch.uk



Student Voice – Student Online Surveys

At KFS, we take the student voice very seriously. As such we routinely canvas our young people via confidential online surveys on a range of topics regarding their experiences at the school. The indicative schedule for such surveys for each academic year is below but will be supplemented by additional surveys as required: Autumn Term: Safeguarding & Extra-Curricular Provision Spring Term: Safeguarding, Assessment & Curriculum Provision Summer Term: Safeguarding, Scholarships & School Support Services Please note each term, students are also required to rate and review the teaching they have received in each timetabled lesson as part of our quality assurance processes

Lost Property

We are still receiving a large number of items that have been mislaid or lost by students. In many cases, these items are unlabelled, making it very hard for them to be quickly and successfully reunited with their owners!

Please can we ask parents to label all items of their children's property at school, including water bottles, blazers and coats.

Lost property queries can be directed to lostproperty@kingsdale.southwark.school.uk

Calling all Budding Student Journalists!

Kingsdale students have started their own school newspaper and are inviting fellow students to get involved! If you're passionate about current affairs and would like to write reviews and news reports for the Kingsdale Telegraph, please get in touch!

Click image to open the latest edition!



Students should post their illustrations, reviews and articles (maximum 80 words for reviews and 100 words for articles) in the school newspaper contributions box, situated in the main office. Please include your full name and tutor group. Alternatively, they can email the team via

kingsdaletelegraph@kingsdale.southwark.sch.uk



SCHOOL NEWS

KFS Uniform Bank

We have many items of clothing to help supplement your uniform requirements (subject to availability).

Please note we do not stock ties or individual badges.

Prices:

Blazer £6, Sweatshirt/Jumper £4
Skirt/Trousers £3 and all shirts £2

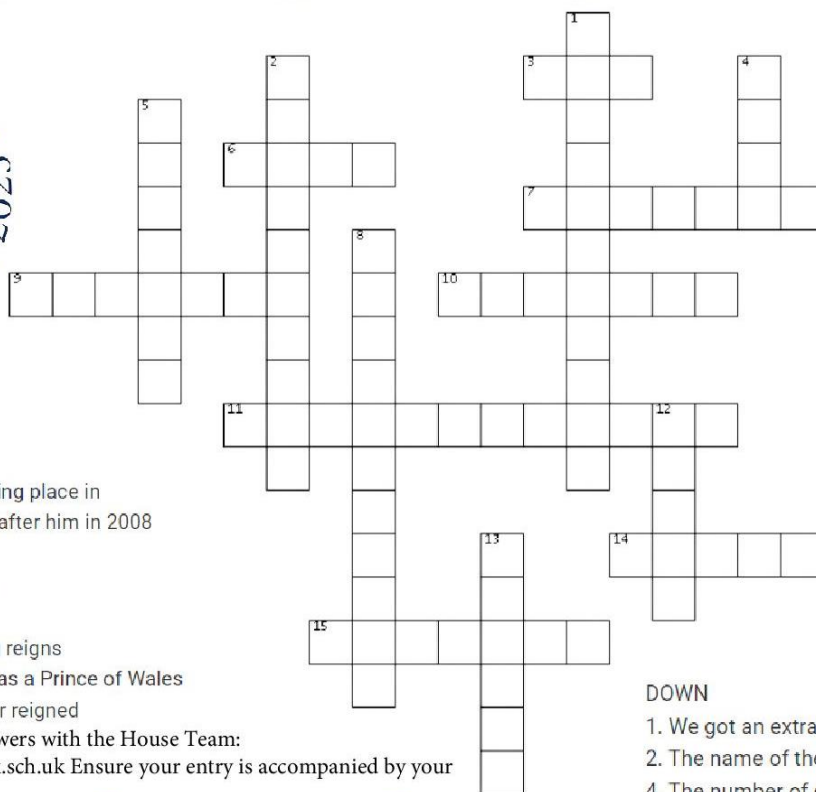
Payment:

Please use appropriate combination of donation boxes (£6/4/3/2) on Parent Pay. Screen shot or download receipt. Come along at opening times to select items from the Uniform Bank.

Open: 3.45 – 4.45pm Mon/Wed/Fri
Staff: Mr Lewis and Ms Dalrymple

The School Shop

A reminder that our School Shop is now open during the school day to enable students to purchase a range of useful items that they might need. This includes stationary and uniform items; all of which can be purchased using their school fob.



ACROSS

3. The month the Coronation is taking place in
6. The animal the King had named after him in 2008
7. The name of our new King
9. The name of the Queen Consort
10. The King's oldest son
11. The 54 other countries the King reigns
14. The language the King learned as a Prince of Wales
15. The amount of years his mother reigned

HOW TO ENTER: Share your answers with the House Team:

housesystem@kingsdale.southwark.sch.uk Ensure your entry is accompanied by your full name and tutor group.

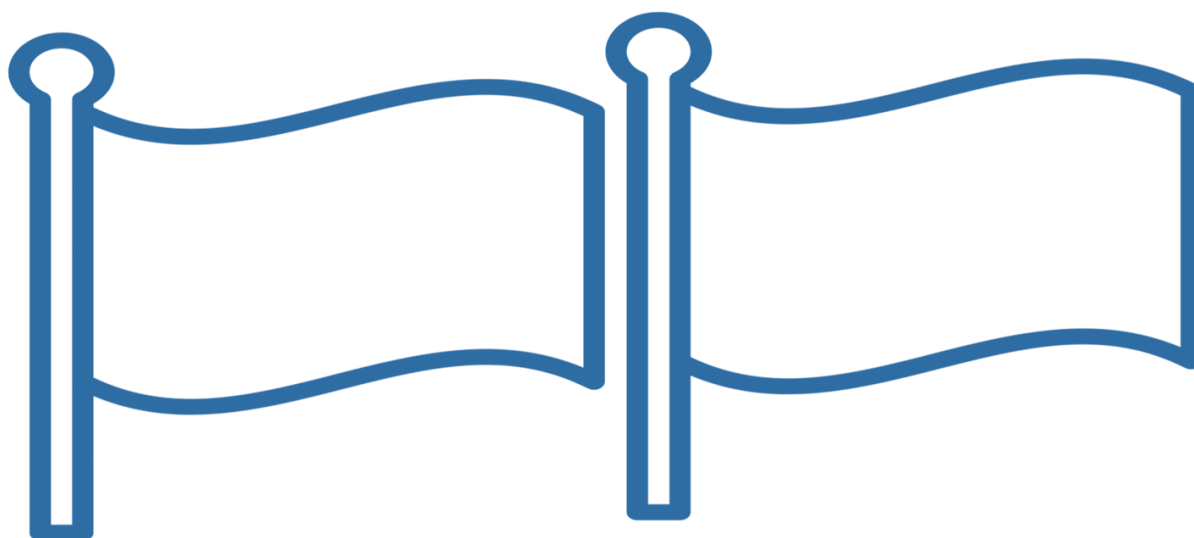
DOWN

1. We got an extra one of these for the Coronation
2. The name of the ceremony to officiate a new Monarch
4. The number of grandchildren the King has
5. The drink the King has before dinner each night
8. The Cathedral the Coronation will take place in
12. The number of King Charles that have been crowned
13. The city the Coronation will take place in



HOUSE CORONATION COMPETITIONS

Coronation Flag Design



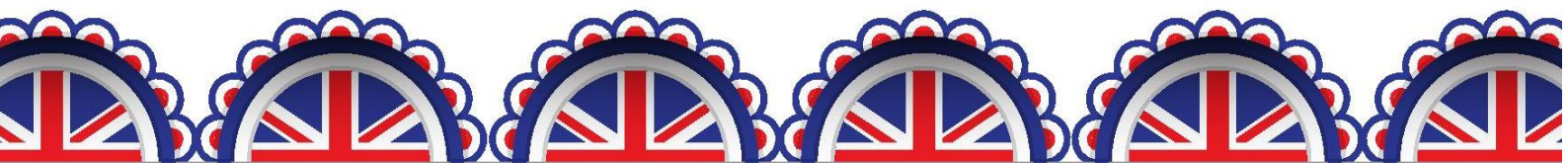
STUDENT TASK:

Design a flag to celebrate the coronation on King Charles III.

HOUSE ACTIVITY:

Share your flag with the House Team: housesystem@kingsdale.southwark.sch.uk

Ensure your entry is accompanied by your full name, tutor group and House.



What Parents & Carers Need to Know about

WIZZ

AGE RESTRICTION
12+

12+ App Store
Teen Google Playstore

WHAT ARE THE RISKS?

Wizz is a networking app which allows users to connect and chat with other people around the world. Its principle is similar to a dating platform: users have a profile with up to three photos, along with optional interests and hobbies tags. This allows other like-minded people to be recommended in searches. If a user likes what they see on someone's profile, they can initiate conversation through the instant message feature; otherwise they swipe on. The app does use age verification technology when an account is created and groups users by age.

OVER-SHARING

Immediately after setting up an account, users start receiving friend requests (mainly from the opposite gender). For many young people, this will be exciting and a boost to their confidence. As young people tend to be more trusting online and may believe what others tell them, however, this can lull them into dropping their guard and revealing personal information to strangers.

CATFISHING AND PREDATORS

Wizz uses Yoti, a digital ID system, to verify users' age. The AI only detects approximate age, though – so an older person who looks younger could be grouped with teens (or vice versa). Also, profile pics on Wizz don't have to match the face of the person who did the initial age verification: it would be fairly easy to create a fake account using another person's photos with a made-up name and age.

EXPLICIT CONTENT

During our research, conversations on Wizz very quickly turned sexual. Users frequently suggested 'taking it to Snap' (Snapchat's disappearing image feature can make it conducive to sharing explicit selfies), connecting on other social media, swapping nude or semi-nude pictures, or holding sexual chats. These users created an impression of the platform being sleazy and unsafe for young people.

18

MEET STRANG

INTIMATE IMAGES

It's not unheard of for young people to be coerced into sending suggestive images of themselves over apps of this kind. Given that Wizz connects users with strangers, who may not be honest about their real intentions, a teenager might conceivably be persuaded to share sexually suggestive selfies by someone who they believed they had a trusting relationship with.

NO PARENTAL CONTROLS

The app claims to provide a secure and inclusive environment, but our researcher couldn't find any parental controls or safety features in evidence. If you report another user for inappropriate behaviour, you are offered the option to block them – but there's no indication as to whether the block has actually been successful, and there was no follow-up contact from the developers.

SECRETS AND SUBSCRIPTIONS

Wizz sent our researcher occasional 'mystery' friend requests from a blurred-out profile. To discover the sender's identity, users can either watch a video (usually an ad for a game or app) or take out a monthly subscription. Cynics might suggest this could be a way to exploit young people's curiosity into making them pay for the app, and that the 'secret admirers' are bots rather than real people.

Advice for Parents & Carers

TALK IT OUT

If your child has downloaded Wizz, talk to them about why they like it and who've chatted with. Have they shared any personal details with this person or connected with them on other social media platforms? Refresh your child's memory of the various risks that can arise from engaging with strangers online and get them to consider using a similar app with more robust safety features.

BE SUPPORTIVE

When connecting with strangers on apps like Wizz, seemingly innocent chats can quickly progress to become sexually explicit and lead to nudes being sent. Make sure your child knows to come to you if they're uncomfortable about anything they've been sent or been asked to send. If they've already shared something that they now regret, reassure them that you'll support them no matter what.

EMPHASISE CAUTION

Young people are far more inclined to see the good in others; they often overlook the fact that scammers set up fake accounts on apps like this with the intention of getting money or personal data. Remind them that not everyone online is who they claim to be, how easy it is for someone to create a bogus profile, and why it's vital to think twice about sharing anything on networking apps.

KEEP THINGS TRANSPARENT

It might feel awkward, but regular chats about your child's online life can be beneficial. If they seem suddenly anxious or secretive around their phone or tablet, they may have something they need to get off their chest. You could also consider not allowing digital devices in their bedroom, especially overnight – that's when a lot of the riskier conversations on apps like Wizz tend to take place.

Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian government comparing internet use and sexting behaviour of young people in the UK, USA and Australia.



National Online Safety®

#WakeUpWednesday

Source: https://play.google.com/store/apps/details?id=info.wizzapp&hl=en_GB&gl=US | <https://www.met.police.uk/advice/advice-and-information/sexual-offences/sexton/>



@natonlinesafety



/NationalOnlineSafety



@nationalonlinesafety



@national_online_safety

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 26.04.2023

SPORTS FIXTURES

Monday 1st May

- No planned fixtures

Tuesday 2nd May

- Under-15s Boys' Cup Cricket Match against Alleyn's School. Leave school at 1pm. 2pm Start. Return at 6pm approx.: **Mr Price/Mr Pizzey**
- Under-12s Boys' Cricket Match against St Joseph's College. Leave school at 12 noon. 1pm Start. Return at 4.30pm approx.: **Mr Roberts**

Wednesday 3rd May

- Under-12s Boys' Rugby Final Away Game against Southborough School. Leave school at 2pm. 3.30pm Start. Return at 5.45pm approx.: **Mr Roberts**
- Boys' Under-14s Football Match against Charter School, North Dulwich. Leave school at 3.15pm. 3.45pm Start. Return at 5.30pm approx.: **Mr Price**
- Under-13s Boys' Basketball Away Game against Haberdashers' Askes Federation. Leave school at 2pm. 3pm Start. Return at 5.30pm approx.: **Mr Sliti**

Thursday 4th May

- Under-13s & 15s Girls' Tennis Away Game against James Alleyn's Girls School. Leave school at 2.15pm. 3pm Start. Return at 5pm approx.: **MS Findlay/Mr Foster**
- Under-16s Mixed Girls' & Boys' Volleyball Away Game against Charter School, North Dulwich. Leave school at 1pm. 2pm Start. Return at 5pm approx.: **Mr Sliti/Mr Price**

Friday 5th May

- Under-14s Boys' England Hockey at Nottingham Hockey Centre. Leave school at 6.30am. 10am Start. Return at 8pm approx.: **Mr Pizzey**

*Fixtures may be cancelled due to water-logged or frozen pitches.

<http://www.kingsdaleschoolsports.org.uk>



HOUSE NEWS

Online Safety Corner

For this week's Online Safety focus, we have included some important points for parents and carers to know about the Wizz network. Remember to keep an open dialogue with your child about their activities online. (See page above)

HOUSE COMPETITIONS cont.

National Gardening Week Coronation Container



National Gardening Week 2023 is held between 1-7th May and is run by the Royal Horticultural Society (RHS) to raise awareness of gardening and horticulture, and to encourage more people to take part in the healthy and productive outdoor activity of gardening.

The theme for National Gardening Week in 2023 is 'create your coronation container' to celebrate His Majesty King Charles III and his love of horticulture. The King is known as a champion of the environment and a supporter of the nation's passion for gardening. Let your imaginations run wild by creating colourful planting schemes or displays in whatever space you have available, whether that is a window box, a hanging basket, or even an old pair of wellies.

HOW TO ENTER:

Share your creation with the House Team: housesystem@kingsdale.southwark.sch.uk
Ensure each entry is accompanied by your full name, tutor group and House.

The House Leader Board 2022-23

Week ending 28th April 2023

1st Place – Swift 31,117 Points

2nd Place – Dove 27,905 Points

3rd Place – Albatross 25,470 Points

4th Place – Falcon 25,088 Points

5th Place – Eagle 22,463 Points

Swift are leading the race and pulling further away!
Can any other House catch them?

Kingsdale Foundation School, Alleyn Park, Dulwich, London, SE21 8SQ

Web: www.kingsdalefoundationschool.org.uk Tel: 0208 670 7575 (To report student absence use Option 2)