



PARENTAL NEWS BULLETIN

Issue 5 Monday 3rd October 2022

HEADLINE NOTICES

Applications for Year 12 Courses Commencing September 2023

Parents are reminded that our upcoming Open Afternoon and Evening events for September 2023 Year 12 courses will take place on the following dates:

Wednesday 19th October
1.30pm – 3.30pm & 4.30 – 6.30pm

Wednesday 9th November
4 – 5.30pm & 6 – 7.30pm

Wednesday 30th November
3.30pm & 4.30 – 6.30pm

To book an Open Day visit please click [here](#)
For further information regarding the Kingsdale Foundation School Sixth Form, including Admissions for September 2023, please visit the Sixth form section of our website [here](#) or contact us via e-mail sixthform@kingsdale.southwark.sch.uk



Can You Help With Open Days?

Our Open Days (held on Wednesdays & Saturdays throughout September and October) play a vital role in showcasing Kingsdale to prospective parents and provide a unique opportunity for them to hear the experiences and the testimony of existing families. Parents who would

be willing to speak at a forthcoming event (dates can be accessed [here](#)) about their positive experiences at the school, should contact Mr Harding via dhtpa@kingsdale.southwark.sch.uk with details as to which Open Days they would be able to attend. Any queries about our Open Day arrangements can also be directed to this email address.

Maths Scholarship Timetable

For the updated Year 7 & 8
Maths Scholarship timetables,
please go to Page 9.

Any queries should be directed to
Mr Otieno via the e-mail below:
eo@kingsdale.southwark.sch.uk

THEME & WORD OF THE WEEK

Respect – 'To be well respected
you must first be respectful to
others.'

Retrograde
Directed or moving backwards.

SCHOOL NEWS

Introducing the School Shop

Our School Shop is now open during the school day to enable students to purchase a range of useful items that they might need. This includes stationary and uniform items; all of which can be purchased using their school fob. The shop also serves as our Student Services Hub, where copies of timetables can be obtained as required and lost property enquiries can be made.



Queries regarding mislaid items can also be sent to

lostproperty@kingsdale.southwark.sch.uk

Parking Matters – Considerate Parking

Please be reminded that, as a courtesy to our neighbours, all parents should be mindful about the need to park considerately when dropping off/picking up their children. Please could all parents avoid parking on the white lines between driveways and under no circumstances should parents park in such a way that obstructs local residents from entering/exiting their property. Parents are reminded that parking in the Little Bornes/Rouse Gardens area should be avoided where possible due to local restrictions.

Please remember that as part of our focus on sustainable travel, we do encourage our students to cycle or walk to school where they can, or to take public transport. Not only does this reduce local congestion, it is also the more healthy alternative!

LANGUAGES NEWS

European Day of Languages -
Monday 26th September 2022



The European Day of Languages which took place on 26th September, is a well-established opportunity to raise awareness about language learning and linguistic heritage. Throughout the week, students took part in various quizzes on languages and cultures from across the globe. They also all entered a competition where they had to locate various pictures taken around the world! Tutor groups competed against each other and the winners received their prizes last Friday! As part of the celebrations, Year 7 students had the opportunity to embrace their cultural heritage by wearing traditional clothing! Languages teachers also delivered fantastic assemblies to Year 7 and 8 about the language diversity of our school community. In addition, they talked about the importance of learning new languages, not only to understand other cultures but also to have more career options in the future.

“If you talk to a man in a language he understands, that goes to his head. If you talk to him in his own language, that goes to his heart.”

Nelson Mandela





ARTiculation

ARTiculation Discovery Day;
Dulwich Picture Gallery

On Tuesday 27th September, some of our Year 12 & 13 students took part in an ARTiculation 'Discovery Day' where they worked in groups to research and make a presentation about an artwork at the Dulwich Picture Gallery. They had a tour of the different artworks and met with the curator to discuss ideas and performed their presentations to each other and the gallery director. A great visit was had by all!



Art, Design and Technology Faculty Clubs 2022-23

Art Breakfast Club - Monday –Friday – In Room AR6 7.50-8.55am - All students welcome

Monday

KS3 Camera Club
PS1 Ms Wallner
3.45-4.45pm

Love of Food Club
Year 7 and 8
FS1 Ms Leung
3.45-5.15pm

KS3 Textiles Club
AR7 Ms Brocklesby
3.45-5pm

Tuesday

Year 8 Art G&T and Scholars
Club (by invitation only)
AR3 Ms Gregson
4.15-5pm

Arts Award
AR5 Ms Wallner & AR1 Ms
Farley
3.45-4.45pm

GCSE Arts and Textiles Catch up
AR2 Mrs Howell
3.34-5pm

GCSE Graphics Catch Up
TE1 Ms Rix
4.15-5pm

GCSE Arts Catch up
AR6 Ms Dooley
4.15-5pm

Year 11 NEAs Workshop
Food Science
FS1 Ms Leung
4.15-5.15pm

GCSE Graphics Catch Up
TE3 Ms Gardiner
4.15-5pm

Young Designers
(by invitation only)
TE2 Ms Koch

Wednesday

KS4 Photography Catch Up
PS1 Ms Wallner
3.45-5pm

Thursday

Year 7 Art Scholars Club
(by invitation only)
(Starts after October Half Term)
AR4 Ms Montero
3.45-4.45pm

GCSE Art Catch Up
AR1 Ms Farley
3.45-4.45pm

KS3 iPad Club
TE3 Ms Gardiner
4.15-5pm

Fly High Club
Food Science
Year 9 and 10
FS1 Ms Leung
4.15-5.15pm

GCSE Catch Up
AR7 Ms Brocklesby
3.45-5pm

Year 11 Catch Up
TE2 Ms Koch
3.45-5pm

Friday

Finish It Friday Club
AR2 Mrs Howell
3.45-5.30pm
All welcome

Donations wanted

The Art Department would very much appreciate any donations of unwanted working 35mm film cameras.

They can be the point and shoot version or a camera with a lens.

Also if you have any unwanted unused old film we would be most grateful



Please contact art&dt@kingsdale.southwark.sch.uk if you can help.

SCIENCE NEWS

Science Club

Come and join us after school!

Each week students explore a range of practical skills that go beyond the national curriculum and allow them to experience investigations in a fun and relaxed environment. Over the last term students have modelled volcanoes, performed their own elephant's toothpaste reactions, conducted flame tests and planned and completed an investigation into Hooke's law; these are just a few highlights among many great activities!



Science club always welcomes new members, so if you are a keen scientist and want to explore further come and join us every Wednesday!

Wednesday 3.45 to 4.30 in SC7 for Year 7

Wednesday 4.10 to 4.45 in SC7 for Year 8

SENCO NEWS



Well-being Focus

Student and staff well-being is something that is important to Kingsdale. Selected staff and students will be offered a special programme called, 'The Insight to Well-Being'.

This is a programme designed to teach an understanding of the mind and human experience for the purpose of reducing risk factors, uncovering resiliency, and promoting emotional and psychological well-being for adults and youths in all communities.

It is taught through a compilation of sessions that speak to the potential, ability, and resilience inside every human. Each session covers topics and issues that are relevant to people in the educational system. Emma Wilkins, who will run the sessions, is a resilience and wellbeing coach and the founder of Glass Pond.

All of Year 11 will have an assembly by Emma Wilkins to introduce them to some of the ways they can reduce risk factors, uncover resiliency, and promote emotional and psychological well-being. Please contact Mrs Turner, school Well-Being Lead via vtr@kingsdale.southwark.sch.uk for more information.

Learning Support Coffee Mornings

A reminder that we will be running coffee mornings throughout the year to present the things that we are doing in the Learning Support Faculty and to offer a chance for parents, including those with identified SEND needs, to meet the team.



The mornings will take place between 9.05 & 10am on the allocated dates and the agendas will be sent out separately. Please see the schedule below for all years.

Year 11 Thursday 6th October

Year 8 Thursday 20th October

Sixth Form Thursday 17th November

Year 9 Thursday 1st December

Year 10 Thursday 15th December

We look forward to seeing parents there. Please direct queries to senco@kingsdale.southwark.sch.uk



First Aid for Mental Health - FAA Level 3 Award - 2 day

Selected pastoral staff will be completing their Level 3 – 2-day award in First Aid for Mental Health. This 2-Day course goes into detail on a wide range of mental health conditions that can impact on the students in our care and the support and help provided by healthcare professionals. The course will cover:

- Post-traumatic stress disorder
- Identifying mental health conditions
- Self-harm
- Providing advice and starting a conversation
- Suicide
- Stress
- Eating disorders
- Mental health conditions
- Personality disorders
- Drugs and alcohol
- Bipolar disorder
- First Aid for Mental Health action plan
- Psychosis
- First Aid for Mental Health in the workplace
- Schizophrenia
- Depression



Our BeyondAutism specialist has been doing some fantastic work with our Year 7, 8 and 9 students. Next week we would like to open the sessions out to Year 10 and 11 students. The sessions will be held **every Thursday during P3 (11:05-11:55) in GC2**. Please do email sendadmin@kingsdale.southwark.sch.uk if you would like your child to attend.

These sessions will be conducted on a weekly basis by our Associate Consultant, Charlotte Atkins who has over 25 years' experience working in the fields of Autism and education.

The sessions will focus on a range of areas targeting the development of social skills, including:

- conversation skills
- recognising & understanding 'non-verbal' language
- listening skills
- emotional regulation
- peer interaction
- effective communication
- self-esteem & confidence
- meeting social expectations

GEOGRAPHY NEWS

Year 7 Geography Club

This club is for Year 7 students who are interested in **exploring** Geography beyond the classroom, whilst making new friends!



What: Activities to include games, Quizzes (Worldle, map-omino), films such as Blue Planet & Frozen Planet and discussion of big geographical questions/ geography in the news!

Where: SR1 (opposite Humanities Office)

When: Period 3 (Year 7 Lunch), **Every two weeks on Thursdays** starting **22nd September**, (then 6th October, 20th October...)

Ways we communicate with Parents and students



We communicate with students & parents via:
Student & Parent Email

Please ensure we have your correct email and mobile phone contact details.

Students should also be regularly accessing their student email accounts.

MS Teams

Used to share schoolwork, assignments and files.

Twitter/Website

You can find us at @kingsdalefs. Our website is:

www.kingsdalefoundationschool.org.uk

SatchelOne/ShowMyHomework

Used to share homework details and other school news via the Notice Board feature with students and parents. www.showmyhomework.co.uk

MyEd app

Downloaded for free at:

<https://www.myedschoolapp.com/>

This app provides a range of useful info for parents.

Please contact the Attendance Office via

attendanceoffice@kingsdale.southwark.sch.uk

Geography In The News

By Kingsdale's Year 12 Students

'Popular sport fish are behaviorally impaired from exposure to crude oil, study finds.' Read the full article [here](#).



"Popular sport fish are behaviourally impaired from exposure to crude oil. Findings suggest during oil spills in the north Gulf of Mexico, oceanic life has experienced behavioural impairments such as decreased survival and a spawning frequency decrease.

To conduct this experiment, researchers caught wild fish from the Gulf of Mexico and applied satellite tags to monitor location information, depth and temperature.

The fish were then either exposed to oil or controlled conditions and then released back into the Gulf of Mexico. Analysis of the findings suggest that oil-exposed fish experience behavioural changes which cause muscular sensory and central nervous signalling issues."

By Stan Bailey (12NDE)

Student Suggestion Boxes

In line with our well-established Student Voice programme, we have two suggestion boxes, which are located outside the Attendance Office in the Main Atrium and outside the Headteacher's Office at the bottom of the Green Stairs.

Please encourage your child to use this facility to make suggestions about how we can continue to improve our provision.



MATHS NEWS



It is wonderful to see so many students engaging with the homework and revision resources on Hegarty Maths.

If your child has not yet logged on to Hegarty Maths or has forgotten their password, then please ask them to follow the instructions below:

How do I log in?

How does a student log in

To log in, follow this process:

1. Start

From the website, www.hegartymaths.com, click on "Student log in"

2. School

Find your school - start typing - your school should show in the list. You can also use the postcode of the school if that's easier.

3. Details

Enter First name, Last name, and Date of birth. These must be the same as the details on the school register. Names are cAsE insEnSiTiVe, so it doesn't matter if you write them in *lower* case or *UPPER* case or a *MiX*.

4. Password

The first time they log in, the system asks them to choose a password which they will need to write twice. Create a memorable password so they do not forget it. Only a teacher can reset a student password, so choose carefully! (Maybe write it down inside the cover of their maths book?)

The next time they log in, you'll just be asked for your password once.

If they have forgotten their password, click the link to request their teacher to reset it. They won't get the message until the next time *they* log in to HegartyMaths, so **don't let them leave homework until the last minute!**

The image displays four sequential screenshots of the Hegarty Maths website interface. The top screenshot shows the homepage with the 'Student log in' button highlighted. The second screenshot shows the 'Find your school' search interface. The third screenshot shows the 'Enter your details' form with fields for First name, Last name, and Date of birth. The fourth screenshot shows the 'Welcome Robert' login screen with a password field and a 'Login' button.

hegartymaths

Student log in Teacher log in

Built to make independent learners

Watch demo video Register interest

Find your school

School name

What's this for?

Enter your details

Logging into Hegarty Academy. Not your school?

First name

Last name

What's this for?

1 January 2016

What's this for?

Next

Welcome Robert

Please set a password to login.

Password

Confirm password

Login

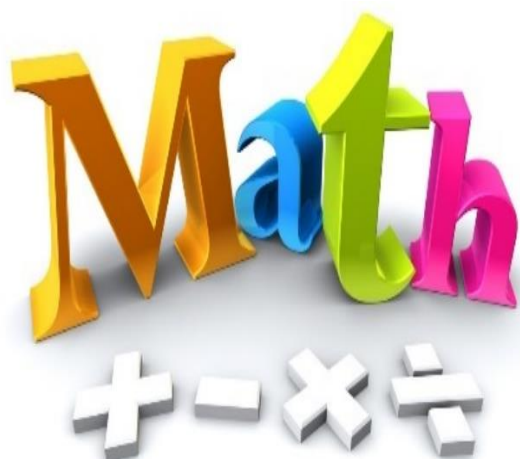
Welcome back Robert

Please enter your password to login.

Forgotten your password? Click here to request your teacher to reset it.

Login

MATHS NEWS cont.



Maths Scholarship Programme 2022-23 Notice Update

Year 7 & 8 Scholarship sessions begun on the **28th September 2022**. The schedule for the Autumn term is as shown to the right of this message. The list of the groups has been posted on the Year 7 & 8 respective Microsoft Teams' page.

KEY DATES 2022-23



Our full Open Season dates for Year 6 and 11 can be accessed [here](#).

Thursday 6th October 2022

Year 7 Settling-In Evening

Half-Term Holiday

Monday 24 October – Friday 4 November

Second Autumn Half-Term

Monday 7 November – Tuesday 20 December

SPRING TERM 2023

First Spring Half-Term

Tuesday 3 January – Friday 10 February

INSET DAY

Tuesday 3 January

*School closed to students
except those in Year 11*

For further information contact the
Attendance Office via
info@kingsdale.southwark.sch.uk
or 0208 655 9727.

Year 7 Maths Scholarship Programme

SCHEDULE AUTUMN TERM 2022

TIME: 15:50 – 16:35

| DATE | SCHOLARSHIP GROUP | TEACHER | ROOM |
|----------|-------------------|--------------------|------|
| 05-10-22 | YEAR 7B | MRS TERZIU | MA7 |
| 12-10-22 | YEAR 7C | MS. MARTIN DE LIMA | MA7 |
| 19-10-22 | YEAR 7D | MR. PRIOR | MA7 |

AUTUMN HALF TERM BREAK

| | | | |
|----------|---------|--------------------|-----|
| 09-11-22 | YEAR 7A | MR. CHOY | MA7 |
| 16-11-22 | YEAR 7B | MRS. TERZIU | MA7 |
| 23-09-22 | YEAR 7C | MS. MARTIN DE LIMA | MA7 |
| 30-11-22 | YEAR 7D | MR. PRIOR | MA7 |
| 07-12-22 | YEAR 7A | MR. CHOY | MA7 |
| 14-12-22 | YEAR 7B | MRS. TERZIU | MA7 |

Year 8 Maths Scholarship Programme

SCHEDULE AUTUMN TERM 2022

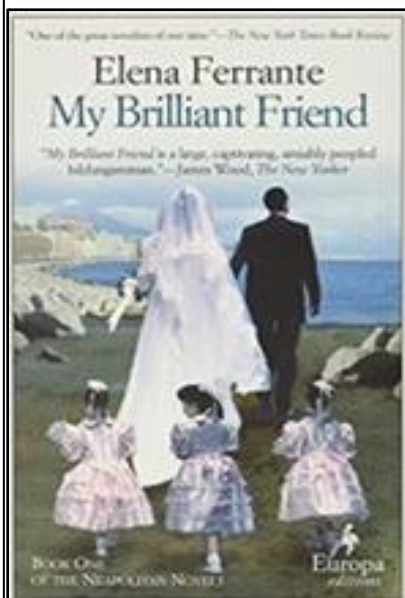
TIME: 16:20 – 17:05

| DATE | SCHOLARSHIP GROUP | TEACHER | ROOM |
|----------|-------------------|------------|------|
| 05-10-22 | YEAR 8B | MR MANNING | MA8 |
| 12-10-22 | YEAR 8C | MS. BURNEY | MA8 |
| 19-10-22 | YEAR 8D | MS MILES | MA8 |

AUTUMN HALF TERM BREAK

| | | | |
|----------|---------|---------------|-----|
| 09-11-22 | YEAR 8A | MS O'SULLIVAN | MA8 |
| 16-11-22 | YEAR 8B | MR MANNING | MA8 |
| 23-09-22 | YEAR 8C | MS BURNEY | MA8 |
| 30-11-22 | YEAR 8D | MS MILES | MA8 |
| 07-12-22 | YEAR 8A | MS O'SULLIVAN | MA8 |
| 14-12-22 | YEAR 8B | MR MANNING | MA8 |

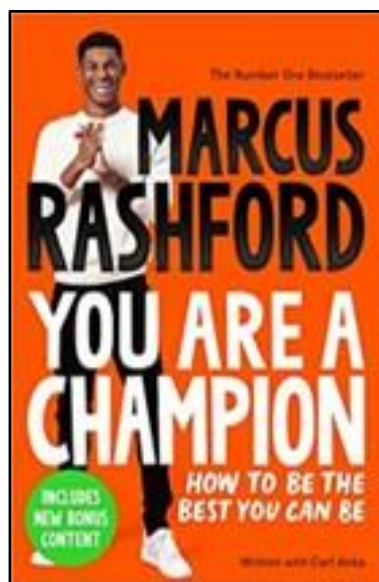
Reading Recommendations



Teacher Recommendation
Ms Ferguson recommends *My Brilliant Friend* by Elena Ferrante. From one of Italy's most acclaimed authors, comes this ravishing and generous-hearted novel about a friendship that lasts a lifetime. The story of Elena and Lila begins in the

1950s in a poor but vibrant neighbourhood on the outskirts of Naples. Growing up on these tough streets the two girls learn to rely on each other ahead of anyone or anything else, as their friendship, beautifully and meticulously rendered, becomes a not always perfect shelter from hardship.

Ms Ferguson enjoyed it because it suddenly transported her into a small Italian town, and the characters are very engaging too! Suitable for ages 13+.



Student Recommendation
Eza Connolly in Year 8 recommends *You Are A Champion* by Marcus Rashford.

Marcus Rashford MBE is famous worldwide for his skills both on and off the pitch – but before he was a Manchester United and England footballer, and long before he started his inspiring campaign to

end child food poverty, he was just an ordinary kid from Wythenshawe, South Manchester. Now the nation's favourite footballer wants to show YOU how to achieve your dreams, in this positive and inspiring guide for life.

Written with journalist Carl Anka, *You Are a Champion* is packed full of stories from Marcus's own life, brilliant advice and top-tips from performance psychologist Katie Warriner. It will show you how to be the very BEST that you can be.

Eze loved this book because it was an inspiring and thought-provoking read! Suitable for ages 12+.

ENGLISH NEWS

ART ATTACK! CREATIVE WRITING COMPETITION Autumn Term Key Stage 3

Task: Students should write a short story inspired by a painting. They can visit a gallery and choose a painting that speaks to them, visit the National Gallery website and choose a painting, or you use one of the image prompts provided in this article.

Deadline: Monday 25th November 2022

Rules

- The short story word limit is 1000 words. This must not be exceeded.
- Upload submissions by 25th November 2022 by clicking [here](#).
- All submissions must be clearly labelled with the student's name and tutor group.

Prizes

- The best story from each year group will be published in the parental bulletin
- The winning story overall will be made into a film by the Kingsdale Film Club.

Are you a budding writer? Are you full of ideas? Do you love to write stories and use your imagination? Would you like the chance for your story to be made into a short film?



Autumn 1 - English Clubs

All clubs will start on w/b 12th September

Year 7-11 Film Club!

With whom? Ms Loosemore

When and where? Monday after school at 4.15pm -5.15pm in EN2

What will you do? Learn how to write, produce and direct short films!
Bring a snack!

Want to join? Send an email to:

ale@kingsdale.southwark.sch.uk

Places are limited so sign up soon!



Year 9 Words & Rhyme Club!

With whom? Mr Rushton

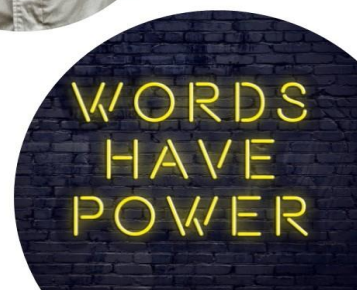
When and where? Tuesday Lunchtime at 1pm in IT3

What will you do? Bring your bars or put pen to paper, spoken word or with instrumentals, for newcomers and seasoned veterans alike. **Bring your lunch!**

Want to join? Send an email to:

aro@kingsdale.southwark.sch.uk

or or just turn up!



Year 7 Creative Writing Club!

With whom? Mr Read

When and where? Wednesday Lunchtime at EN5

What will you do? This club offers a range of fun creative projects, from script, short story and- poetry writing to journalistic tasks. **Bring your lunch!**

Want to join? Send an email to:

rrd@kingsdale.southwark.sch.uk or

just turn up!

Places are limited so sign up soon!



Year 10 Debate & Model United Nations Club!

With whom? Ms Dawson

When and where? Friday Lunchtime at 12pm in M3B

What will you do? Learn how to debate: contest the issues of the day with a time-tested conflation of logos, ethos, pathos and Kairos & represent a country on a Model UN school trip! **Bring your lunch!**

Want to join? Send an email to:

gdn@kingsdale.southwark.sch.uk or

just turn up!



Autumn 1

English Clubs

continued

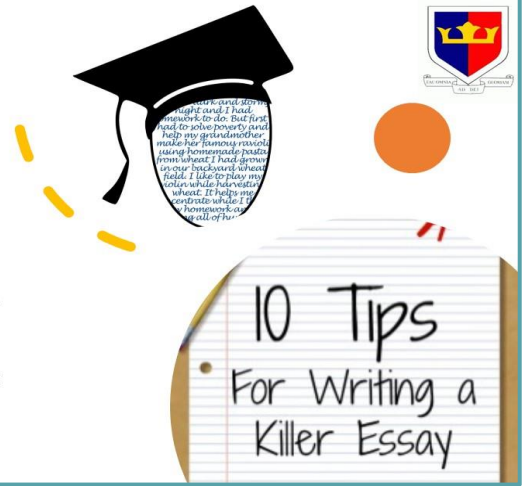
KS3 and KS4 English Homework Club

With whom? English teachers

When and where? **Wednesday** after school at 3.45 in EN8

What will you do? this is an opportunity to get support with your weekly English homework.

Want to join? Come to the English office at 3.45pm, Wednesday.



Year 9 Debate Club!



With whom?

Mr Burke

When and where?

- Friday Lunchtime
- 6A1 (6th form block)

What will you do?

Learn how to debate and contest the issues of the day in a Parliamentary debate style! We will have opportunities to debate with both your peers and in competitions with other schools!

Want to join?

Email jbu@kingsdale.southwark.sch.uk or just turn up!

Come along and bring your lunch!



SPORTS NEWS

Kingsdale Football has Started!



ESFA Elite Cup - Year 8

Kingsdale's opening goal was one to behold with Mahdi Nicoll-Jazuli assisting Kyle Grant who scored a fabulous goal into the top right corner. Kingsdale continued the pressure but Ravenswood managed to score, equalising at 1-1. However, Kingsdale captain, Darrion Dixon scored 2 more goals bringing the score to 3-1 at half time.

In the second half, a spirited Ravenswood battled and put Kingsdale under pressure, however we fought back to conclude the match with a final score 7-2! Well done boys!

Goals

Kyle Grant (2), Mahdi Nicoll-Jazuli (2), Darrion Dixon (3). Excellent supporting performances by Symeon Andrews and Elijah Bernard.

Year 9 B Team English Schools' Cup

It was a great start to the new season for Kingsdale Year 9 B Team in the English Schools' Cup against St Paul's Academy on Monday 26th September.

The Year 9s played really well under new management, scoring 5 goals in the 1st half. The 2nd Half was more or less the same with another 5 goals to win the match 10-0!

It was an outstanding performance from all the team and everyone enjoyed the afternoon's football playing with a smile on their faces.

Goals

Nkhai Gbemre-McLean (3), Louis Gaymes (1), Shad Bryan-Gray (1), Ernie Summers (3) and Izaiah Smith (2).

Keep up the good work boys!

Under-15s Girls' ESFA Cup

On Tuesday 27th September the U-15s girls played their first round of the ESFA Cup.

The team had a great start to the season with a 17-0 win against Gladesmore School!



Goals

Ella Khaldoun (6), Evie Roberts (3), Levi Palache-Sims (2), Honor Thomas-Lea (2), Nelly Guest (2), Lois Lawson (1) and Honor Griffiths (1).

Player of the Match went to Ella Khaldoun for scoring 6 goals. Well done to the whole team for the great start to the season.

Under-18s Boys' Rugby – National Vase

Congratulations to the Under-18s Rugby team who played their first game last week and defeated the Harris Crystal Palace team to progress into the next round of the National Vase. Well done all.



CAREERS

Aiming Higher Bulletin

STEM & Medicine Career Opportunities for Ages 12-18

At UCL in November & December

Architecture / Dentistry / Engineering /
Forensic Science / Investment /
Banking / Medicine /
Psychology / Software Engineering /
Vet / Video Game Design



UCL are delighted to offer students opportunities in 9 STEM & Medicine-related industries this term. The programmes are an excellent opportunity for students to 'test-drive' a career before committing to it and receive tailored advice from successful professionals.

Highlights include:

- Practicing stitching up a wound
- Designing the engineering to take humans to Mars
- Observing a clinical psychology assessment
- Designing a video game

Plus, Q&A time with all the professionals and guidance on university choices, interviews and applications.

Use this link to register:

[View & Register: Ages 12-14](#)

Invitation for Parents: Success Beyond School



How to Coach Teenagers Towards a Successful Career

The first events in the *Success Beyond School* series for this academic year are now due to start.

These are live online seminars featuring career experts, designed to help parents amplify their children's career potential.

The events are for parents of students aged 12-18 and are free to attend.

12th October: Making it in Medicine

Expert advice on how to get into medical school

16th November: Future-Proofing Students

Preparing students for the jobs of the future

30th November: Finding a Future in Finance

Gaining the skills for a career in Finance

Career Experience For Ages 12-18



Explore life-changing, immersive career opportunities for ages 12-18, which take place at UCL and live online. Weekend programmes are available throughout November and December.

For more details, please email careers@kingsdale.southwark.sch.uk

Kingsdale Foundation School is A SAFE SPACE



At Kingsdale Foundation School we actively promote and support an ethos where everyone can feel safe and listened to and, should something go wrong as at times it may, know where to go to for support or guidance and have a trusted person to talk to. Whilst the school has an impressive support network which includes an extensive pastoral team working with each year group, mentors, school counsellors, an art therapist, safeguarding team, links to outside support agencies and a staff cohort regularly trained in issues surrounding the mental well-being and safeguarding of young people, we appreciate that not everyone will always feel comfortable talking to a member of staff or may wish to speak to someone outside of school hours.

For those members of our school community who feel they need support or advice or, wish to report an incident or concern we actively encourage you to contact us on one of our confidential emails where a qualified member of staff will be there to provide the support you require:

tellsomeone@kingsdale.southwark.sch.uk

health&wellbeing@kingsdale.southwark.sch.uk

**Remember at Kingsdale we
do NOT tolerate:
Bullying
Disrespectful Language
Invasion of Personal Space
or Touching**

**We demand that all members of our
school community**

RESPECT

**each other's personal space and
respect each other's choices.**



**Unifrog for Careers Education,
Information, Advice and Guidance (CEIAG)**

The school have subscribed to Unifrog; an award-winning, online careers platform. All students in Years 7-13 will once again have access to this excellent website this academic year. All new Year 7 & 12 students are welcome to join this careers platform!

The Unifrog platform is designed to support learners in making the most informed decisions about their futures and has a range of tools that are suitable for all year groups.

Each student has their own personal account that provides a wide range of information related to their interests and aspirations. Key features of the platform include:

- Exploring Pathways – personality quizzes, career and subject profiles, MOOCs and webinars
- Recording – self-reflection about extracurricular activities and key employability skills
- Opportunities – search tools showing live vacancies/courses/placements for apprenticeships, universities (in the UK and abroad), FE, virtual work experience and more
- Applications – tools to help students build applications for a range of pathways (e.g., CVs, Personal Statements, Common App Essays)

Students are advised to access the portal www.unifrog.org and Sign In using the school email as username. If password is not available or the child has forgotten it, please click on 'reset password' and you will then be able to create a new password and access the portal.

We encourage all out students to read about the different careers that they find interesting on Unifrog. Careers tasks are set during the year using Unifrog. Should you have any queries please contact us via careers@kingsdale.southwark.sch.uk

SCHOOL NEWS

Uniform Bank

Our uniform is a key part of our identity and as such we are able to help parents and carers in providing quality uniform items. Sadly, the cost of living is rising and families are finding it a challenge to cover the costs of bringing up a family. There is also the negative environmental impact in design and disposal within the clothing industry to consider.



Throughout the academic year there will be the opportunity for Kingsdale community families to acquire cleaned and sanitised pre-worn uniform blazers (and other items, dependent on availability, at a much reduced rate or no cos at all.

The Uniform Bank will be open between 3.50pm and 4.30pm, Monday to Friday. Please, always check for availability of items prior to making a purchase.



This is a rolling programme that will continue throughout the academic year and as such we are always looking for donations. Please leave washed and folded clothes at the main Reception area. Items of uniform will be available at other times of the year depending on supply. If you would like to help in any way please make yourself known to the team.

If you have any queries, do not hesitate to contact Mr Lewis via:

jls@kingsdale.southwark.sch.uk or Mr Jones via jj@kingsdale.southwark.sch.uk

BLACK HISTORY MONTH

20 years ago the BBC made a list of the ten greatest Britons in history ... and they were all white!



Our student challenge is to answer the question:
Who is the greatest black Briton in history?

Students should choose one black British person who they think has had a significant impact on history. They should find out as much as they can about her/him and then make a convincing argument for why they should be remembered as the greatest black Briton.

They could:

- Write a speech
- Write an essay
- Design a memorial
- Write a poem
- Create a piece of art

Whatever they make, they need to hand it to their History teacher or email:

Mr Attar – gar@kingsdale.southwark.sch.uk
by Friday 21st October.

There will be prizes for the best entries in Lower, Middle and Upper School.

HOUSE COMPETITION

Kingsdale Cooking Challenge
Sourdough September



The ninth month of the year is when the Real Bread Campaign helps you to discover that: Life's sweeter with sourdough!

The aims of **#SourdoughSeptember** are to:

- Share the delicious delights of genuine sourdough
- Encourage more people to bake genuine sourdough
- Celebrate the small, independent bakeries that bake genuine sourdough



STUDENT TASK:

Bake your own sourdough (with parental permission) – include the recipe and pictures of the sourdough.

HOW TO ENTER:

Submit your entry to

housesystem@kingsdale.southwark.sch.uk

Ensure your entry is accompanied by your full name and tutor group.

Prizes will be awarded to outstanding entries.
We look forward to seeing your work!



KEEPING YOU AND YOUR PHONE SAFE

Getting a phone is really exciting. You can stay in touch with friends and find out more about the world.

- Don't fight back, it's not worth the risk when a phone can be replaced.
- Tell us if someone robs you or tries to. It's important you get help straight away by dialling **999** using a friend or trusted adult's phone rather than contacting police when you get home. This gives us the best chance to catch the suspects, recover stolen items and make sure you're safe.

- If you don't want to talk to police – contact Fearless online, without giving your name, at www.fearless.org
- Memorise or keep a note of a parent/carer's phone number in a separate place in case of emergency.

As police officers, our job is to keep you safe and stop people who want to steal property like phones, cash, earphones and even expensive coats or trainers.

You can help us do that by being careful where you use your phone and taking care of cash and other valuable items.

YOU CAN HELP US PROTECT AND TRACK YOUR PHONE IF IT'S STOLEN.

HERE'S 3 THINGS YOU CAN DO:

- Your phone will have security features such as a passcode or fingerprint/face ID. Make sure you use it to protect access to your phone.

5 TIPS TO KEEP SAFE

- Keep your phone and valuables out of sight and in a safe place. Take care when you take them out especially near bus stops and train stations.
- Stay alert and remember earphones/headphones can distract you from being aware of someone approaching from behind you. Thieves can approach on mopeds, e-scooters and pedal cycles.
- Tracker apps can help locate your phone if it's lost or stolen. Ask a parent to show you how to set one up.
- Record the phone's IMEI number in a separate place at home. Find this by typing in ***#06#**. You'll need to give this number to police if it's stolen.

For more information go to www.fearless.org/campaigns/robbery

SPORTS FIXTURES

Monday 3rd October 2022

- Year 7 Boys' Football Away Game against Sedgemoor School. Leave school at 3pm. Kick-off at 4pm. Return at 5.30pm approx.: **Mr Warren/Mr Foster**
- Year 8 Girls' Netball Home (Sports Hall) Game against Notting Hill & Ealing School. 2.30pm Start. Finish 3.45pm approx.: **Ms Findlay**

Tuesday 4th October 2022

- No planned fixtures

Wednesday 5th October 2022

- Year 7 Boys' Football English Schools' Cup Away Game against The Ashcombe School, Dorking. Leave school at 2pm. 3.30pm Kick-off. Return at 6pm approx.: **Mr Warren/Mr Foster**
- Year 7 Girls' Football English Schools' Cup Home (Fields) Game against Orleans Park School. 3.30pm Kick-off. Finish at 5pm approx.: **Mr Dash**
- 6th Form Rugby Away Game against Langley Park School for Boys (National Vase). Leave School at 1pm. 2.30pm Kick-off. Return at 5.30pm approx.: **Mr Price/Mr Worsley**

Thursday 6th October 2022

- Year 9 Boys' Rugby Away Game against St Joseph's College. Leave School at 1.30pm. 2pm Kick-off. Return at 4.30pm approx.: **Mr Worsley/Mr Price**
- Year 8 Girls' Rugby Home Game against Bishop Thomas Grant School. 3.30pm Kick-off. Finish at 5pm approx.: **Ms Cave**

Friday 7th October 2022

- Year 10 Boys A - Team Football English Schools Cup Away Game against Southborough High School. Leave school at 12.45pm - 2pm Kick-off - return at 5.45pm approx. **Mr Price**

PLEASE NOTE

All fixtures are available to view on:
<http://www.kingsdaleschoolsports.org.uk>

Sports Fixtures Emergency Contact Number:
07852 336724

Extra-Curricular Programme 2022-3

Our Extra-curricular programme has now been emailed out to students and parents and is up and running.

The full programme for the 2022-23 academic year can be accessed [here](#).



HOUSE NEWS



Eurospace Centre,
Belgium

There may be an opportunity for Year 9 and 10 students to visit the Eurospace Centre in Belgium in April 2023. If you are interested in your child taking part in this trip, please let us know by contacting us at:
science@kingsdale.southwark.sch.uk



The House Leader Board 2022-3

Week ending 30th September 2022

1st Place – Swift 4,846 Points

2nd Place – Dove 4,320 Points

3rd Place – Albatross 4,160 Points

4th Place – Falcon 3,810 Points

5th Place – Eagle 3,630 Points

Swift are off to a great start but there is plenty of time to catch them!