



# PARENTAL NEWS BULLETIN

Issue 24 Monday 20<sup>th</sup> March 2023

## HEADLINE NOTICES

### Early School Closure 1.55pm Wednesday 22<sup>nd</sup> March 2023

Please be informed that in order to facilitate the Year 10 virtual Parents' Evening on Wednesday 22<sup>nd</sup> March 2023, the school will begin to close early from 1.55pm for students in Years 7, 8 & 9 only. Students in Years 11, 12 & 13 will finish school at their normal times. Students in Year 10 will finish school at 3.45pm, i.e. there will be no tutor period for them on this day.

The school transportation times will be adjusted to reflect the amended school finish times for students in Years 7-9. Please accept our apologies for any inconvenience caused. Should parents of students in Years 7, 8 & 9 wish their child(ren) to remain at school on this day, this will be accommodated.

### Year 11 Students Visit the Houses of Parliament

Last week, students at the Norma Gibbes Academy of Excellence were invited to Westminster by Sarah Jones MP, following her recent visit to the Centre.

They were given a guided tour of the House of Parliament and the House of Lords, learning about how they work today as well as their history. Well done to our students and a big 'thank you' to Sarah Jones, MP.



### Adoption of the HALO School Uniform Code

We are pleased to announce the adoption and incorporation of the HALO Code within our published uniform policy.

The HALO code is a set of principles within a school's approach to uniform which seeks to remove any inbuilt discrimination against specific Black cultural hairstyles.

You can find out more information regarding the HALO Code [here](#).

## THEME & WORD OF THE WEEK

**Lent** – Christians believe that life is like a journey. Lent is a time to stop, look at ourselves and make a new start.

### Metacognition

Awareness and understanding of one's own thought and learning processes.

## SCHOOL NEWS

### Ramadan Invitation

Ramadan is upon us; a month of fasting which many of our staff, parents and students will be observing. We would like to wish Ramadan Mubarak to all in advance and extend an invitation to break fast together at school. Ramadan is expected to begin on Wednesday 22<sup>nd</sup> or Thursday 23<sup>rd</sup> March at 7pm in the Prayer & Reflection Room depending on the sighting of the moon. From the week beginning 27<sup>th</sup> March 2023 we will provide the food for Iftar (the breaking of the fast) and all students, parents and staff are welcome to attend. This invitation is open to everyone in our Kingsdale community. Please RSVP to Ms Yurdakhul via [eyl@kingsdale.southwark.sch.uk](mailto:eyl@kingsdale.southwark.sch.uk) to confirm your attendance by Thursday 23<sup>rd</sup> March so as to allow ample time for catering to plan accordingly. Please provide your child's name, tutor group and the name of any parent(s) attending. Please contact MS Yurdakhul using the email above with any queries.

### Year 10 Parents' Evening

A reminder that the Year 10 (Virtual) Parents' Evening is on Wednesday 22<sup>nd</sup> March.

Letters have been sent out for parents to book online meetings.

Please contact Ms Otubu via [euo@kingsdale.southwark.sch.uk](mailto:euo@kingsdale.southwark.sch.uk)

if you are experiencing any technical difficulties.

# KFS DEBATE NEWS



It has been a busy few weeks for the Kingsdale debating teams with students competing in competitions across the country.

## English Speaking Union (ESU) Regional Finals Wednesday 1<sup>st</sup> March 2023

Though the ESU debate team had previously competed in various online debates to reach the regional finals, this was the team's first experience of a real-life debate. There were the classic podiums, intimidating judges and fierce competition. Five teams were competing with only one able to go through. Kingsdale were up against Bromley High and both teams performed confidently. The topic debated was the proposition of a 100% inheritance tax and through our 3 speakers we succinctly and might I say successfully argued in opposition. This was an incredible experience to challenge our skills with fantastic in person opponents.

Many congratulations to Eltham College, the evening's deserved victors.



**Team:** Rodrigo Othon Vidal, Molly Jones & Rachael Leary (Eltham College comp team)

*By Molly Jones (12CHD)*

## Debate Mate – Urban Debate League Thursday 9<sup>th</sup> March 2023

After a successful first year of the Debate Mate programme at Kingsdale, 24 Year 8 & 9 students took part in the second round of the Urban Debate League competition at Sydenham School against schools from around South London.

Students, many of whom were competing in competitive debating for the first time put the skills they have learnt in workshops into action, giving an excellent account of themselves, with the majority of teams winning both their debates.

Well done to students and fingers crossed we make it through to the Debate Mate National Finals.

## Oxford Union Schools Debating Competition Saturday 11<sup>th</sup> March



Year 12 students Ben Shorter & Jessamie Miles took part in the world-renowned Oxford Union School's debate finals last weekend at the world-famous Oxford Union, up against 60 schools from around the world. Having battled through a tough regional heat earlier in the term, their progress was particularly impressive as it was their first time in a competitive debate competition. Across 4 rounds of debating, Ben & Jessamie gave a brilliant account of themselves. With just 15 minutes preparation time, they adapted well to the format and debated brilliantly on topics including the advance of AI, the capability of career politicians and the nature of vocational education in the UK.

It was a learning experience they will bring back to their peers in the Sixth Form debating teams in preparation for next year's competitions. The students not only performed well but were also fantastic ambassadors for the school on such a prestigious stage. Congratulations to Ben & Jessamie!



# GEOGRAPHY NEWS

## Art in Geography?

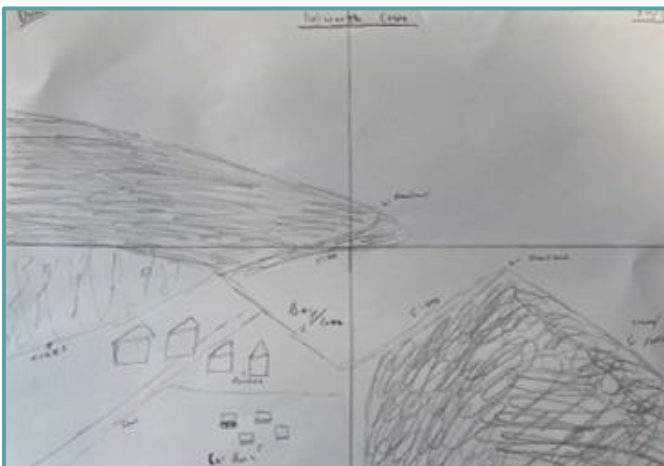
Our fantastic geographers in class 12B/Ge1 have recently been practising their geographical field work skills in the classroom.



A field sketch has a different purpose to a photograph.

Field sketches:

- Focus on identifying key features in a landscape, rather than trying to record everything.
- Should be annotated with labels to explain observed features.
- Help you remember what you saw.
- Provide opportunity to apply key terminology to a real place.



Daniella Ekhogie, Shuanna Grennan and Taaron Carpenter were particularly proud of their sketches. These skills will be practised again on our residential field trip to Swanage in May 2023. Watch this space for more information...



# SCHOOL NEWS cont.

## Ramadan Observance: Dhuhr

For those who observe Ramadan, Kingsdale wishes you a blessed month. Kingsdale supports students observing Ramadan and are happy to encourage them to use the Prayer Room for Dhuhr during this special time. Dhuhr is one of the obligatory prayers that can be prayed over a three-hour window (at this time of year in England)) in the early afternoon until the next prayer; Asr. When the clocks go forward, Dhuhr will start just after 1pm during the Year 9 lunchtime (students in Year 9 can use their lunchtime for prayer if they so wish).

Students in Years 7, 8, 10 and 11 who wish to pray their Dhuhr prayer during their Period 5 lesson need to obtain an individualised pass from their Heads of Learning. This can be acquired by parents/carers contacting Heads of Learning confirming permission to miss no more than 15 minutes for ablution and prayer prior to returning to class. **Students will be issued with a Prayer Pass confirming permission and enabling them to go to the Prayer Room.**

Students are required to catch up with any work missed. If there are any questions, please do not hesitate to get in contact with Mr Lewis via email [jls@kingsdale.southwark.sch.uk](mailto:jls@kingsdale.southwark.sch.uk)

## Under-18s Boys' LTA County Cup Event 2023

We are pleased to report recent success for Isaac Forde in Year 10. Isaac plays for the Kent Country Under-18s Tennis team. Last weekend his team won the regional country cup, beating off Surrey, Middlesex and Cheshire.



Gabriel Forde, Year 10 (centre)

## Year 12 and 13 A Level Revision Day



On 14<sup>th</sup> March 2023, 19 Year 12 students and 9 Year 13 students were invited to Dulwich College to take part in an A Level Revision day. This course was led by Ross Howitt, Principal Examiner and Lead Moderator for major exam boards, specialist, educational consultant, author and CPD trainer. All of the students found this a very helpful day and came away with some great revision techniques for upcoming exams. Thank you to Dulwich College for inviting us to be part of the day.

## HOUSE FOOTBALL COMPETITION

**HOUSE FOOTBALL TOURNAMENTS WILL BE TAKING PLACE THIS YEAR FOR ALL STUDENTS ON THE DATES AND TIMES BELOW:**

**YEAR 7 - WEDNESDAY 29TH MARCH - P3**  
**YEAR 8 - MONDAY 27TH MARCH - P4**  
**YEAR 9 - FRIDAY 31ST MARCH - P5**  
**YEAR 10 - TUESDAY 28TH MARCH - P4**

**IF YOU WOULD LIKE TO PARTICIPATE, SIGN UP WITH MR WARREN/MR WORSELY BY FRIDAY 24TH MARCH 2023**

## KEY DATES 2022-23

**Friday 31<sup>st</sup> March**

End of Spring Term – Early Finish

**Monday 3<sup>rd</sup> April – Friday 14<sup>th</sup> April**  
 Easter Break

**Monday 17<sup>th</sup> April**

First Summer Half-Term

**INSET DAY – School closed to students except for Year 11 students**

For further information contact the Attendance Office:  
[info@kingsdale.southwark.sch.uk](mailto:info@kingsdale.southwark.sch.uk)  
 or call 0208 655 9727





Would you like to see your work on display at the Royal Academy of Arts?

Here is an amazing opportunity to enter the Young Artists' Summer Show 2023.

Unfortunately, we can't enter 'live' GCSE and A Level work but go online for details or speak to an Art teacher to find out more.

More information is also on our Instagram **@kingsdaleart** (age restrictions apply)

## Guidance for submissions

**The Young Artists' Summer Show is a great opportunity to engage creatively with young people, offering them the chance to make and share a piece of artwork that truly expresses their own voice. There is no theme and we accept artworks of any kind. A drawing, painting, print, photograph, sculpture, textile piece, video, performance piece, or surprise us!**

Judges are looking for imagination, originality and skill. Although many great artists 'copy' in creative ways, artworks that closely reproduce another artist's work or ideas won't be selected.

Each submission can include a short written statement, written by the artist themselves (if possible) and can include why they created the work and what it means to them.

A good image of the artwork is very important and could influence the way that the artwork is viewed by the judges. Read our 'How to photograph your artwork' document for some helpful tips and tricks.

**Teachers**, if you intend to submit artwork for each student in your class, we advise against submitting works that are visually similar.

Supporting young artists to create and submit original artworks is an achievement and something worth celebrating, even if their work isn't selected. We enjoy seeing each and every artwork that is sent and can't wait to see what is submitted this year!

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If you would like further support submitting artwork, please contact us at

**YASS@royalacademy.org.uk**

## SSLP Photography Competition



The [Photography Competition](#) is **open to all staff and students** at all SSLP schools. Anyone interested in being notified about winners and each new round in the competition should [register now](#).

The third round is **Motion & Distortion** and can be [entered here](#).

## Motion & Distortion

This is the third round of the [SSLP Photography Competition 2023](#), this month we are looking for pictures that capture motion or show how camera angles can cause distortion. Your images should capture the sense of movement, activity and noise.

Use your imagination, camera settings and, if you wish, editing software to create an image that captures more than just one moment in time.

**Deadline for entries  
Friday 31<sup>st</sup> March**

## MATHS NEWS

### Year 7 Maths Scholarship Spring Programme

TIME: 15.50 – 16.35

22 <sup>ND</sup> MARCH 2023	Early school closure	Early school closure	Early school closure
29 <sup>TH</sup> MARCH 2023	FRANKFURT TRIP	FRANKFURT TRIP	FRANKFURT TRIP

### Year 8 Maths Scholarship Spring Programme

TIME: 16.20 – 17.05

22 <sup>ND</sup> MARCH 2023	Early school closure	Early school closure	Early school closure
29 <sup>TH</sup> MARCH 2023	YEAR 8C & 8D	MS MILES & MR JAMES	MA6 & MA8

### Year 9 Maths Scholarship Spring Programme

TIME: 13.10 – 13.40

24 <sup>TH</sup> MARCH 2023	YEAR 9A & 9B	MS DAVIS & MRS DEVA	AR3 & AR4
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# SCHOOL NEWS

## Safe Travel to School

At school, we have shared the key messages about keeping safe with the students. Some of the key messages are outlined below:

### “LOOK UP LOOK OUT”

- **BE AWARE** of your surroundings.
- **BE AWARE** when using your mobile phone.
- Know your route home.
- Keep to busy roads.
- Try to be with other people.
- If someone tries to stop you keep walking.
- **SHOUT** for help and make **NOISE**.
- If anything happens speak to a trusted adult as soon as you can.
- **RUN HIDE TELL**.
- There is no right or wrong response as each situation is different but remember that **YOUR SAFETY IS PARAMOUNT**.  
Only **YOU** can assess the risk.
- Possessions are replaceable, but **you are not**.

**Your child must contact the Police immediately on 999 if they are concerned about their safety or if they are the victim of a mugging/attempted mugging.**

Students and Parents should also inform the school so that we can offer pastoral support and liaise with our Safer Schools Officer – PC Crampton.

Please contact Mr Harding via [dhg@kingsdale.southwark.sch.uk](mailto:dhg@kingsdale.southwark.sch.uk) with any queries.



## SCHOOL NEWS

### Kingsdale is a Safe Space

We would like to take this opportunity to once again remind students and their families of our two confidential emails which are operational both during and outside of school hours.

This provision is available for any member of our school community wishing to seek advice, discuss any matters relating to mental health & well-being or report an incident or concern confidentially via email.

We appreciate that students, parents, carers or guardians may wish to speak to someone outside of school hours or may wish to disclose an incident or concern confidentially or anonymously.

Our two confidential emails are:

[health&wellbeing@kingsdale.southwark.sch.uk](mailto:health&wellbeing@kingsdale.southwark.sch.uk)  
[tellsomeone@kingsdale.southwark.sch.uk](mailto:tellsomeone@kingsdale.southwark.sch.uk)

Please contact **Ms V Turner** for further information regarding this provision or any matters relating to mental health & well-being at Kingsdale School.





## KEEPING YOU AND YOUR PHONE SAFE

**Getting a phone is really exciting. You can stay in touch with friends and find out more about the world.**

**Don't fight back, it's not worth the risk when a phone can be replaced.**

- **Tell us if someone robs you or tries to. It's important you get help straight away by dialling 999 using a friend or trusted adult's phone rather than contacting police when you get home. This gives us the best chance to catch the suspects, recover stolen items and make sure you're safe.**

- **If you don't want to talk to police – contact Fearless online, without giving your name, at [www.fearless.org](http://www.fearless.org)**
- **Memorise or keep a note of a parent/carer's phone number in a separate place in case of emergency.**

**As police officers, our job is to keep you safe and stop people who want to steal property like phones, cash, earphones and even expensive coats or trainers.**

**You can help us do that by being careful where you use your phone and taking care of cash and other valuable items.**

## YOU CAN HELP US PROTECT AND TRACK YOUR PHONE IF IT'S STOLEN.

### HERE'S 3 THINGS YOU CAN DO:

- **Your phone will have security features such as a passcode or fingerprint/face ID. Make sure you use it to protect access to your phone.**

## 5 TIPS TO KEEP SAFE

- **Keep your phone and valuables out of sight and in a safe place. Take care when you take them out especially near bus stops and train stations.**
- **Stay alert and remember earphones/headphones can distract you from being aware of someone approaching from behind you. Thieves can approach on mopeds, e-scooters and pedal cycles.**
- **Tracker apps can help locate your phone if it's lost or stolen. Ask a parent to show you how to set one up.**
- **Record the phone's IMEI number in a separate place at home. Find this by typing in **\*#06#**. You'll need to give this number to police if it's stolen.**

**For more information go to [www.fearless.org/campaigns/robbery](http://www.fearless.org/campaigns/robbery)**

# Dyslexia SHOW2023

**Dyslexia Show 2023**  
24<sup>th</sup> - 25<sup>th</sup> March

This is the UK's national exhibition dedicated to dyslexia and neurodiversity, supporting education, parents, the workplace and individuals.

Dyslexia Show 2023 is the event for everyone with dyslexia or neurodiversity as well as the people, businesses and organisations supporting and working with them.

Join and connect with the community, learn and be inspired by speakers in our seminar sessions and feature zones, and discover the latest in products, services and technologies from our exhibitors.

**At the NEC Birmingham**

- Register here: [Click](#)
- More information here: [Click](#)

## Learning Support Faculty Coffee Mornings

We are pleased to announce we will be continuing with our parental coffee mornings this term. We will be giving parents of students with SEND the opportunity to come into school and engage with the faculty.

This will include receiving information about the extra academic support we are offering SEND students, the staff training we are providing, the use of our provision mapping programme 'Edukey', a focused 'Dyslexia Support for Parents' session and updates on our ongoing programmes.

Parents are asked to arrive at 8.50am on the allocated day at the main reception to give time to sign in for a 9.05am start.

**Sixth Form**

Thursday 27<sup>th</sup> April  
Period 1: 9.05-10.00

Please direct queries to  
[senco@kingsdale.southwark.sch.uk](mailto:senco@kingsdale.southwark.sch.uk)



Please send us anything you think other parents would find useful and we can either share it here or we could even publish it on our website!

## Celebrating different minds



### The Power of Different

At Kingsdale we are keen to ensure that students with SEND know the positives and opportunities they have as well as the challenges they may face. Neurodiversity is increasingly becoming recognised as a 'superpower' in workplaces and as parents and educators we should do our best to encourage the students in our care to recognise this as they look to their futures.

We wanted to share some quotations and statistics from experts that show the positive changes in attitudes and opinions.

*'What would happen if the autism gene was eliminated from the gene pool? You would have a bunch of people standing around in a cave, chatting and socializing and not getting anything done.'*

**Dr. Temple Grandin**

*Although people with autism look like other people physically, we are in fact very different . . . We are more like travellers from the distant, distant past. And if, by our being here, we could help the people of the world remember what truly matters for the Earth, that might give us quiet pleasure.'*

**Naoki Higashida, The Reason I Jump**

*What has become increasingly obvious over the past year is that a lot of the old ways of doing things need to adapt to a future where technology will dominate.*

*This opens up lots of opportunities, especially for those who think differently.*

*Recent news has highlighted that forward thinking employers are actively seeking neurodiverse, dyslexic talent, because of the unique skills they can offer.'*

**Nick Posford**

**CEO of the British Dyslexia Association**  
[bdadyslexia.org.uk](http://bdadyslexia.org.uk)

*Negative words carry negative vibration.*

*Positive words carry positive vibration.*

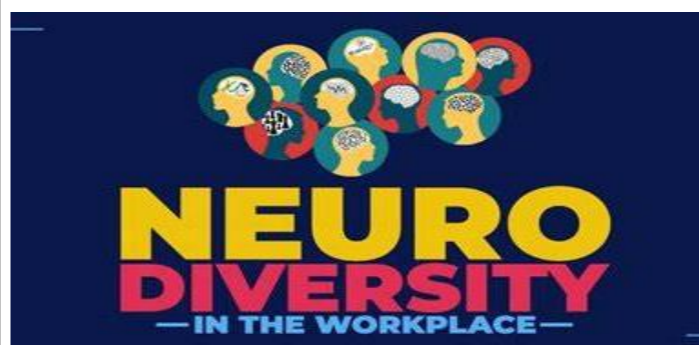
*What do you want your child to reflect back to you, the label of disordered or the label of gifted in a new way?'*

**Suzy Miller, Awesomism**

*'Sometimes it is the people no one can imagine anything of who do the things no one can imagine.'*

**Alan Turing**

**Creator of the first computer used to break codes during WW II.**



### Neurodiversity in the workplace

- Hewlett Packard Enterprise conducted a program that showed that the neurodiverse teams are **30% more productive** than the others.
- Research from a 2018 Deloitte report found that companies with inclusive cultures were **six times more** likely to be innovative and agile.
- A report by JPMorgan Chase found that professionals in its Autism at Work initiative made fewer errors and were **90% to 140% more productive** than neurotypical employees.
- Organizations that provide mentors to professionals with a disability reported a **16% increase** in profitability, **18% in productivity**, and **12% in customer loyalty**.

(<https://mydisabilityjobs.com/statistics/neurodiversity-in-the-workplace/>)

**British Dyslexia Association**

*'At the British Dyslexia Association, we often try and get the message to people that true inclusivity is better for everyone.'*

*The more the world understands the power of different thinking, the more we design education and work to welcome the full range of neurodiversity, such as dyslexia, the better it is for us all.*

*A better future won't just be built by including people with dyslexia, it will be built by them. From architecture to technology, the creative arts to entrepreneurialism, dyslexic minds are leading the way. Everyone who thinks differently should be given the support they need so their talent can shine.*

*We will all benefit.'*

**Nick Posford**

**CEO of the British Dyslexia Association**  
[bdadyslexia.org.uk](http://bdadyslexia.org.uk)

## SEND FACULTY NEWS



### The Experts

At Kingsdale we are so lucky to have many experts working with us at the school in the Learning Support Faculty and we would like to introduce these experts to you and the roles that they have in the school.

- **Stephen Hack:** Speech and Language Therapist (SALT)
- **Val Burnage:** Emotional Literacy Support Assistant (ELSA)
- **Emma Wilkins:** Well-being Coach
- **Holly Robertson:** Art Psychotherapist
- **Dr Rachel Ward:** SpLD (specific learning difficulty) Specialist Teacher
- **Janet Koike:** SpLD (specific learning difficulty) Specialist Teacher
- **Aretha Moore:** School Counsellor
- **Everton Augustus:** School Counsellor
- **Tanya Wray:** Lead School Mentor
- **Jeavon Moo Young:** School Mentor
- **Daniela Dookey:** School Mentor
- **Geoffrey Leslie:** School Mentor

In addition, we may have specialists come into school to deliver training to staff and students. This will be published to you in this newsletter.

## Communication Flowchart: SEND

At Kingsdale we would like our communication to be as effective as possible.

Please see the flowchart below to help us support your child effectively and get the information needed to the right people.

# SEND FACULTY NEWS

## Cont.

**Is your query about a specific teacher or subject area?**

Contact the teacher directly: 'teacher code' [@kingsdale.southwark.sch.uk](mailto:@kingsdale.southwark.sch.uk)  
Contact the HOD for the subject: 'subject; [@kingsdale.southwark.sch.uk](mailto:@kingsdale.southwark.sch.uk)  
You can find a full directory of email contacts [here](#).

**Is your query about support outside of the classroom?  
An annual review or progress review meeting?  
Advice on learning strategies to use at home?  
Advice on a diagnosis?**

Contact the SEND department directly: [senco@kingsdale.southwark.sch.uk](mailto:senco@kingsdale.southwark.sch.uk)

**Is your query about a behaviour incident?  
A friendship issue?  
Any other pastoral issue?**

Contact the HOL (Head of Learning) for your child's year group:  
[year7hol@kingsdale.southwark.sch.uk](mailto:year7hol@kingsdale.southwark.sch.uk)  
[year8hol@kingsdale.southwark.sch.uk](mailto:year8hol@kingsdale.southwark.sch.uk)  
[year9hol@kingsdale.southwark.sch.uk](mailto:year9hol@kingsdale.southwark.sch.uk)  
[year10hol@kingsdale.southwark.sch.uk](mailto:year10hol@kingsdale.southwark.sch.uk)  
[year11hol@kingsdale.southwark.sch.uk](mailto:year11hol@kingsdale.southwark.sch.uk)  
[year12hol@kingsdale.southwark.sch.uk](mailto:year12hol@kingsdale.southwark.sch.uk)  
[year13hol@kingsdale.southwark.sch.uk](mailto:year13hol@kingsdale.southwark.sch.uk)

**Is your query about supplying additional information about your child for staff?**

Contact the SEND admin department directly: [sendadmin@kingsdale.southwark.sch.uk](mailto:sendadmin@kingsdale.southwark.sch.uk)  
[assistantsenco@kingsdale.southwark.sch.uk](mailto:assistantsenco@kingsdale.southwark.sch.uk)

**Is your query about exam access arrangements?**

Contact the exam team directly: [accessarrangements@kingsdale.southwark.sch.uk](mailto:accessarrangements@kingsdale.southwark.sch.uk)

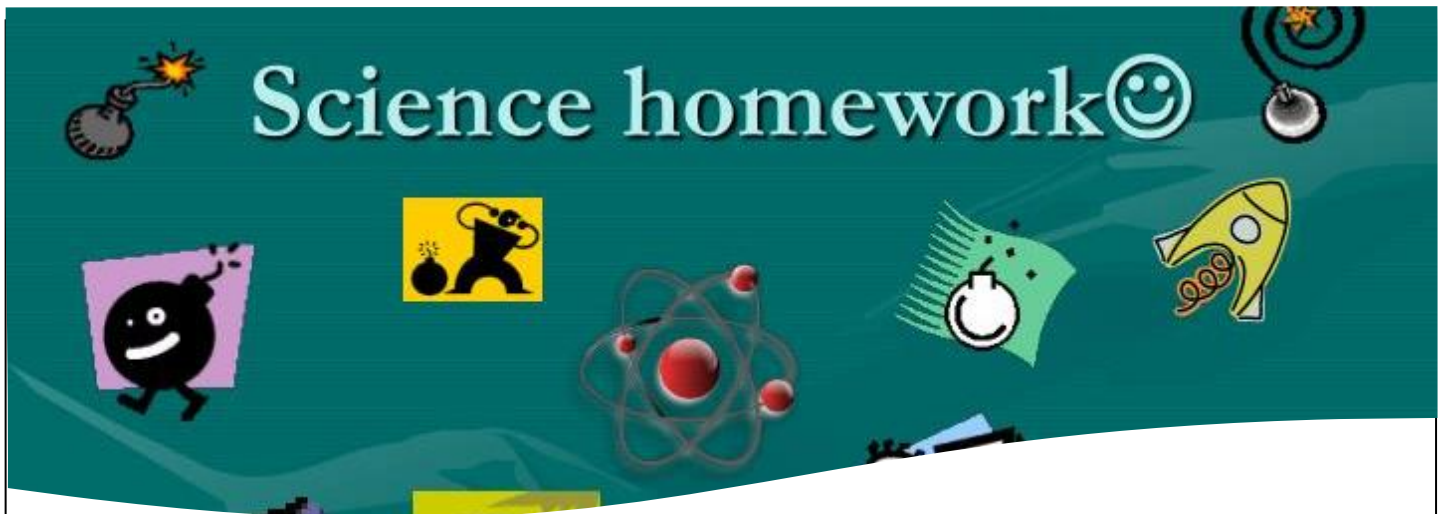
**Is your query about provision for a looked after child (LAC)?**

Contact the LAC team directly: [ofu@kingsdale.southwark.sch.uk](mailto:ofu@kingsdale.southwark.sch.uk)

**None of the above?**



# SCIENCE NEWS

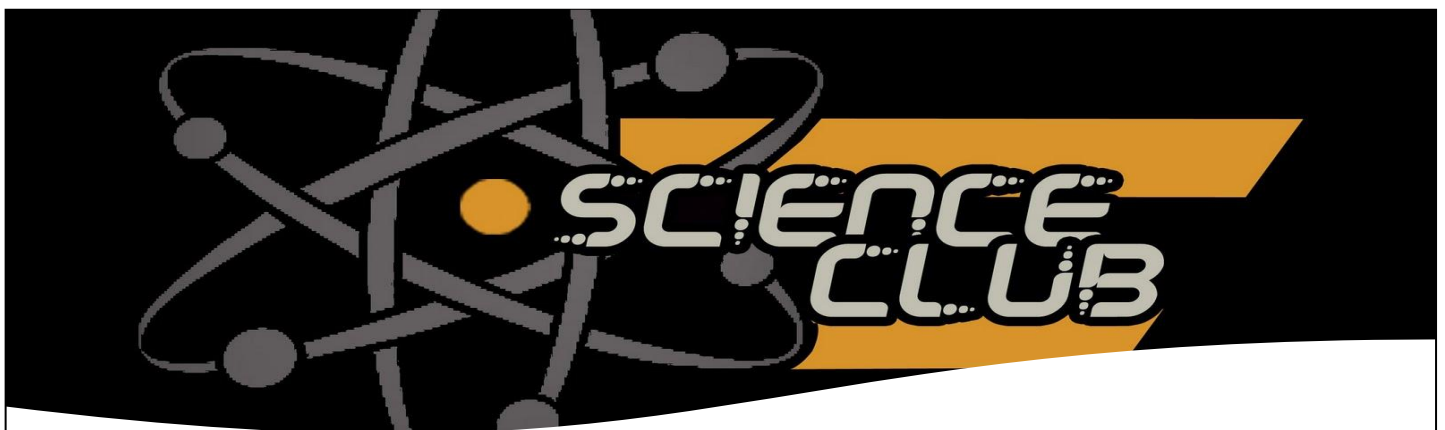


## Are you struggling with Science Homework?

Have you missed any lessons or need help to boost your science knowledge?

We have opened a homework clinic for Year 7 students to catch up with any missing learning and any help they need with homework or preparing for their science tests.

**Every Monday after school, at 3.45pm in SC6**



Remember our **Science Club** for Year 7 and Year 8 takes place every **Wednesday** after school, starting at **3.45pm in SC8**. Everyone welcome.

### Some of the activities we have already completed:

- Square bubbles
- Swabbing cheek cells
- Density columns
- Making cheese
- Imploding cans
- Slime
- Making a compass
- Spaghetti & marshmallows structures
- Volcanos



# SPORTS NEWS

## Year 7 & 8 London Borough Cross-Country Championships

The cross-country team were in action on Tuesday 14<sup>th</sup> March at the London Borough cross country championships. 8 Kingsdale students qualified to represent Southwark for this event after competing at Dulwich College for a place. After a cold start, the sun came out for the race and the team walked the course so they knew exactly how to pace the distance. The whole team did a fantastic job in their race with a special mention to Sofia Mendes who came 2<sup>nd</sup> in her race and Ernesto Kelly who came 4<sup>th</sup> in his race.

### Results

Year 7 Girls: Southwark 2<sup>nd</sup>

Year 8 Girls: Southwark 1<sup>st</sup>

Year 8 Boys: Southwark 1<sup>st</sup>



**Team:** Ernesto Kelly, Caden Baskerville, Eliot Peacock, Celia Allen, Celia Yeatman, Isla Day, Saoirse Watmough-Price & Sofia Mendes.



Kingsdale Southwark Girls' Basketball Team

## Under-13s Rugby 7s Tournament at Richmond Park



A great afternoon out for some of the Under-13s Rugby Boys' squad, who last week took part in a highly competitive 7s tournament. In our group games the boys finished undefeated with one draw and one win against Isleworth and Wilson's respectively. We then moved onto the Shield Competition of the knockout round due to scoring less tries than Isleworth in the group. Unfortunately, we narrowly lost to Grey Court despite having much of the ball in the 1<sup>st</sup> half but just couldn't break a resilient Grey Court defence. Well done to all the boys who took part in the tournament.

### Final Score:

Kingsdale 15-15 Isleworth

Kingsdale 12-10 Isleworth

Kingsdale 5-12 Grey Court

### Tries scored – Round 1:

Joseph Ayora Vanagas (1), Levi Howard Fairclough (2) and Ryan Jones (1).

### Tries scored – Knockout Round:

Levi Howard Fairclough (2)

**Kingsdale Southwark Team beat Bromley to go through to London Youth Games Finals**

Congratulations go to the Kingsdale Southwark Girls' Basketball team for making it to the London Youth Games 2023, School Games Basketball Finals.

Kingsdale beat Bromley last week in the Quarter Finals in an intense head to head dual with Bromley going to the wire, with Kingsdale Southwark pulling away in the last 2 minutes of the match to win!

**Final Score:** Kingsdale Southwark 29-24 Bromley

# SPORTS NEWS cont.

## Under-15s Handball Tournament



Well done to selected students who competed in the recent national school's competition for the Southeast region. Kingsdale entered two teams, for first time in the school's history, in this year's competition at Carshalton. All students competed to the best of their ability but unfortunately did not make it out of the regional heats due to fierce competition.

### Results:

- **Boys:** 2 draws and 1 loss finishing 4<sup>th</sup> out of 7
- **Girls:** 2 wins, 1 draw and 1 loss finishing 2<sup>nd</sup> out of 7

Huge thanks to Tymon Mlynarski in Year 13 who helped the team out on the day. Tymon currently represents Team GB for the Under-20s Handball team and provided great feedback during the day. We are looking to improve over the coming year and have aspirations to win next time round.

## Under-13s Football Playstation Schools' Cup Kingsdale v Havering School

Congratulations to the Boys' Under-13s Football team who managed a victory over Havering School, Redden Court on Friday 10<sup>th</sup> of March. The fixture saw the boys travel to Noak Hill sports complex for a 3.30pm kick-off. Conditions were mild and saw a slow start to the game as both teams uncovered each other's weaknesses; ultimately the tie was broken when Nayan Sesay (8ABM) slotted it past the opposition keeper to make it 1-0. Shortly after this Mahdi Nicoll-Jazuli (8MDY) produced an excellent solo goal coming in from the left wing. Kingsdale went into the second half clear cut favourites and with five minutes to go Nayan, scored his second drawing the game to a close.

The Under-13's now go into the Semi-finals of the Playstation Schools' Cup against Heathside school, Woking. Watch this space for updates.

**Final Score:** Kingsdale 3-0 Havering School

### Goals scored:

Nayan Sesay (2) and Mahdi Nicoll-Jazuli (1)

## Year 7 Netball News Kingsdale v Sydenham High



Last week, the Year 7 Netball team had a testing game against Sydenham High School and learnt a lot. We had some excellent defence from the girls during the game. Well done to the girls that played for giving full effort. Final Score 39-2 to Sydenham High.

## Year 8 Girls' Hockey

### Under-13s London Championship at JAGS

Last week, the Year 8 Girls' Hockey team were invited to play in the England Hockey Under-13s London Championship Competition at JAGS. We played 3 teams being Emanuel B, Emanuel C and JAGS. The first game was against JAGS with the score 1-1. In the second half, Flo Ewen dribbled the ball up the pitch beating 5 players and then passed the ball onto Celia Allen who then converted it into a goal! Game 2 was against Emmanuel B, at the end of the first half we were up 1-0 from an excellent goal from Molly Bell! However, unfortunately the game finished with Emmanuel winning 2-1. Game 3 we played Emmanuel C team and déjà vu occurred as we finished the first half with us being 1-0 up. During the second half Emmanuel C team scored from a short corner therefore finishing the game 1-1. Well done to all the girls!



### Team:

Poppy Noah, Eliza Aaban-Voss, Ksenija Harris, Amelie Taplin, Celia Allen, Florence Ewen, Crystal Georgestone, Astrid Ibberson, Nadah Kadid, Posy Coombs & Molly Bell.

# SPORTS NEWS cont.

## Year 10 Netball Southwark League Kingsdale v Sydenham High School



On Wednesday 15<sup>th</sup> March, the Year 10 Girls' Netball team played Sydenham High in the Southwark League. It was a difficult start in the first quarter but the girls stepped up and battled to the end of the match, winning 25-23. Player of the Match went to Kara Howell for her excellent play and amazing shooting. A well-deserved win!

**Final Score:** Kingsdale 25-23 Sydenham High  
**Player of the Match:** Kara Howell

## Year 7 A and B Team Netball Kingsdale v Sydenham School

Last week, we took two Year 7 Netball teams to Sydenham School. Both teams played a 30-minute game and some really good netball. The first team that played lost 4-3 and the second team won 3-2.

Well done girls!



**Final Score:**  
Kingsdale 4-3 Sydenham School  
Kingsdale 3-2 Sydenham School

### Teams:

May Angel, Francesca Bailey, Sophie Benghiat, Sloane Bercovici, Leah Breslin, Yasmine Courtin, Isla Day, Penelope Frangos, Lola Jordan, May Noble-Eales, Maggie Stewart, Isla Summerfield, Ren Unger and Sally Creutzberg.

## Year 7 Hockey Tournament



The Year 7 Girls' Hockey team travelled to Ditton Field at Kingston Grammar School last week. We entered two teams into the league. Our first game was the Kingsdale A team against Kingsdale B team. This was a great opportunity for the girls, as a few players from both teams hadn't played hockey before, to get up to speed with the rules and tactics of the game. Kingsdale A team won 7-3. Kingsdale A team then went on to play Colfe's B team, winning 4-1. They then went on to play Sutton B team which was a very close game resulting in a 4-4 result. Kingsdale B team played Colfe's B team and Sutton's B team and put up a great fight but unfortunately lost both games. All players in the B team kept their heads high the whole day and progressed so much as the day went on. Kingsdale A team won the competition and came away with gold medals! The PE team are so proud of the players in this tournament. Well done!

### Teams:

Lola Jordan, Maggie Stewart, Winifred Gundry, Freya Small, Ivy Hamilton, Iris McWilliams, Freda Darby, Isla Day, Florence Bartlett, Saoirse Watmough-Price and Iris Butler.



**Alison Taplin – Year 12**  
Congratulations to Alison Taplin, Year 12, who last week passed her Level 1 Hockey Umpiring Assessment with flying colours in a thrilling hockey match between Tulse Hill & Dulwich Men 3s and London Academicals Mens 2s.

Alison's assessor was impressed with her performance and commented that she and Carla, her counterpart from Alleen's School, were so capable and efficient in umpiring, working together and communicating with the players, that he was sure they had passed by half-time. This achievement was part of a new initiative by London Hockey which aims to encourage teenage girls to become qualified umpires.

Well done Alison - we are very proud of you!

# SCHOOL NEWS cont.

## School Marking Code & Quality Assurance

Parents are reminded that detailed information exists on our school website [here](#), regarding the way that students are assessed at Kingsdale, through the marking of classwork and assessments. Our approaches are also discussed throughout the year at scheduled Parents' Evenings and through curriculum information evenings (*details issued separately*). Should you have any queries about the marking of your child's work at the school, or have any specific concerns about the frequency of marking in any subject for your child, please use our dedicated reporting email [checkmychildsmarking@kingsdale.southwark.sch.uk](mailto:checkmychildsmarking@kingsdale.southwark.sch.uk)



## Student Voice – Student Online Surveys

At KFS, we take the student voice very seriously. As such we routinely canvas our young people via confidential online surveys on a range of topics regarding their experiences at the school. The indicative schedule for such surveys for each academic year is below but will be supplemented by additional surveys as required:  
**Autumn Term:** Safeguarding & Extra-Curricular Provision  
**Spring Term:** Safeguarding, Assessment & Curriculum Provision  
**Summer Term:** Safeguarding, Scholarships & School Support Services  
 Please note each term, students are also required to rate and review the teaching they have received in each timetabled lesson as part of our quality assurance processes.

## Lost Property

We are still receiving a large number of items that have been mislaid or lost by students. In many cases, these items are unlabelled, making it very hard for them to be quickly and successfully reunited with their owners!

Please can we ask parents to label all items of their children's property at school, including water bottles, blazers and coats.

Lost property queries can be directed to [lostproperty@kingsdale.southwark.school.uk](mailto:lostproperty@kingsdale.southwark.school.uk)

## Calling all Budding Student Journalists!

Kingsdale students have started their own school newspaper and are inviting fellow students to get involved! If you're passionate about current affairs and would like to write reviews and news reports for the Kingsdale Telegraph, please get in touch! Click image to open the latest edition!



Students should post their illustrations, reviews and articles (maximum 80 words for reviews and 100 words for articles) in the school newspaper contributions box, situated in the main office. Please include your full name and tutor group. Alternatively, they can email the team via [kingsdaletelegraph@kingsdale.southwark.sch.uk](mailto:kingsdaletelegraph@kingsdale.southwark.sch.uk)

## SCHOOL NEWS

### KFS Uniform Bank

We have many items of clothing to help supplement your uniform requirements (subject to availability).

Please note we do not stock ties or individual badges.

### Prices:

Blazer £6, Sweatshirt/Jumper £4  
 Skirt/Trousers £3 and all shirts £2

### Payment:

Please use appropriate combination of donation boxes (£6/4/3/2) on Parent Pay. Screen shot or download receipt. Come along at opening times to select items from the Uniform Bank.

Open: 3.45 – 4.45pm Mon/Wed/Fri  
 Staff: Mr Lewis and Ms Dalrymple

### The School Shop

A reminder that our School Shop is now open during the school day to enable students to purchase a range of useful items that they might need. This includes stationary and uniform items; all of which can be purchased using their school fob.



# HOUSE COMPETITIONS cont.

## International Day of Happiness



The International Day of Happiness is an annual celebration aimed at helping people around the world to realise the importance of happiness in their lives. It's a chance for everyone to take steps to make themselves and others happier, to reflect on what makes them happy, and explore new ways to be happy. It takes place every year on the 20th of March.

Source: Please click [here](#).

### TASK:

Create your own Happiness Wall.

Students should complete this statement: 'I will share happiness by...'

This could be done on sticky notes or through another medium.

Create a collage to reflect all statements.



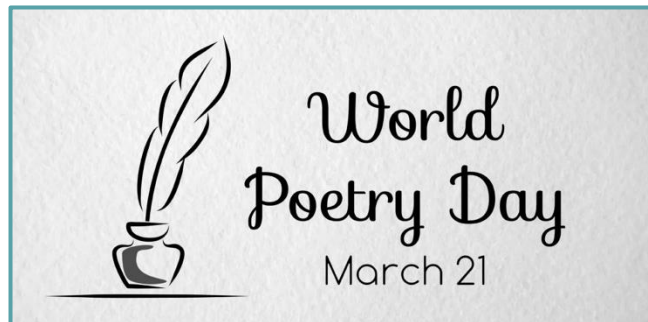
### HOUSE ACTIVITY:

Submit your design to the House Team:

[housesystem@kingsdale.southwark.sch.uk](mailto:housesystem@kingsdale.southwark.sch.uk)

Ensure your entry is accompanied by your full name, tutor group and House.

## World Poetry Day



Held every year on 21<sup>st</sup> March, World Poetry Day celebrates one of humanity's most treasured forms of cultural and linguistic expression and identity. Practiced throughout history – in every culture and on every continent – poetry speaks to our common humanity and our shared values, transforming the simplest of poems into a powerful catalyst for dialogue and peace.

Source: Please click [here](#).



### TASK:

We're inviting you to write a poem about your favourite person.

- Who do you idolise?
- Is it your mum or dad?
- Your best friend?
- Your brother or sister?
- Perhaps there is a famous person, from a sports or film star to an author or musician, that you admire and aspire to be like.

Why are they your favourite person and why do they inspire you?

Grab your pen and get writing! From haikus and rhymes to acrostics and everything in-between, we welcome your poem in any style and format celebrating your poetry idol.

### HOUSE ACTIVITY:

Submit your poem to the House Team:

[housesystem@kingsdale.southwark.sch.uk](mailto:housesystem@kingsdale.southwark.sch.uk)

Ensure your entry is accompanied by your full name, tutor group and House.

# Top Tips for Adopting SAFE & HEALTHY ONLINE HABITS

Everyone has so much going on in their lives, and that includes children: from exams and deadlines to anxiety and mental health struggles. It's quite easy to send memes, make jokes and vent online about the things that irritate us, but when was the last time you – or your child – took a moment to share something kind or positive instead? In fact, when did you last stop and think about your family's online activities? To help keep them safe and teach them healthy online habits, we need to develop our children's digital resilience. There are lots of ways that children can become more digitally resilient, and we've pulled together some popular strategies here –

## WHAT IS DIGITAL RESILIENCE?



Resilience doesn't mean being so tough that nothing gets to you, and it's not about "putting up with things" either. Instead, it's the ability to recover from setbacks. Everyone feels sad, worried, scared or upset at times: it's how we respond and adapt to those situations which is important. Digital resilience is about making choices that keep us safe and happy online, even when we're exposed to something negative or upsetting. Building your child's digital resilience will help reduce the impact of potential risks as they engage with and navigate around the online world.

## MAKE POSITIVE LIFESTYLE CHOICES



- ✓ Make time for the people and things that make you happy.
- ✓ Monitor your screen time and stick to your limits.
- ✓ On social media, follow people that make you feel good about yourself – and unfollow the ones who don't.
- ✓ Spread some positivity: post good reviews, leave encouraging comments and share good news.

## KEEP YOUR HEALTH IN MIND



- ✓ Try to factor in regular breaks offline and away from your screen – ideally, outdoors for some revitalising fresh air.
- ✓ Exercise is a brilliant stress-buster: even a walk around the block, a bike ride or a stroll to your local shop can really work wonders.
- ✓ Be strict with yourself about putting devices away in plenty of time before bed: they can interfere with a good night's sleep, which is essential for staying healthy.

## REACH OUT FOR SUPPORT



- ✓ If you have a problem online, don't be afraid to reach out to specialist people or organisations that could help.
- ✓ Follow people on socials who have the same values and morals as you.
- ✓ You could always talk to a friend, or a trusted adult like a teacher or family member for some advice.

## PUT SAFETY FIRST



- ✓ If you see something online that upsets or worries you, tell a trusted adult about it as soon as possible.
- ✓ You could also report the content that's making you feel uncomfortable to the site or app that you saw it on, so they can look into it.
- ✓ Another option is to block the person or the account that's causing you a problem – or you could go one step further by totally deleting the app you were using.

## GET THINGS CLEAR IN YOUR HEAD



- ✓ Ask yourself what kindness online actually looks like. Can you remember the last time someone was kind or supportive towards you online? What did they do?
- ✓ Think about how it makes you feel when someone sends you a positive or funny message online.
- ✓ What about the opposite: has someone ever been deliberately unkind to you online? What did they do and how did it make you feel?
- ✓ If someone's behaviour online is causing you stress, try to remind yourself of all the steps you can take if a person's being unkind online.

## Meet Our Expert

Cayley Jorgensen is a registered counsellor with the Health Professions Council of South Africa, working in private practice to offer counselling to children, teenagers and young adults. She is the founder of InGage Support, a mobile app focusing on mental health awareness with the goal of providing resources and solutions to schools worldwide.



**NOS** National Online Safety®  
#WakeUpWednesday

# SPORTS FIXTURES

## Monday 20<sup>th</sup> March 2023

- Under-16s Girls' Rugby 7s Match at Roslyn Park 7s Tournament. Leave school at 8.15am. 10am Start. Return at 5.30pm approx.: **Ms Cave/Mr Price**
- Under-14s Boys' Football Home Game against Harris, East Dulwich. Leave school at 2.50pm. 3.30pm Start. Return at 5pm approx.: **Mr Foster**
- Under-12s Girls' Netball Tournament at The Norwood School. Leave school at 2.50pm. 3.15pm Start. Return at 5.30pm approx.: **Ms Thomas**
- Under-12s Boys' Indoor Cricket Tournament at Dulwich College. Leave school at 12.55pm. 1.30pm Start. Return at 4.30pm approx.: **Mr Roberts**

## Tuesday 21<sup>st</sup> March 2023

- Under-14s Boys' Rugby 7s Match at Roslyn Park 7s Tournament. Leave school at 8.15am. 10am Start. Return at 6pm approx.: **Mr Worsley/Mr Price**
- Under-13s Girls' Football Home Game against Dunraven School. Leave school at 2.15pm. 2.45pm Start. Return at 4.30pm approx.: **Mr Dash**

## Wednesday 22<sup>nd</sup> March 2023

- Under-15s Boys' Football Home Game against London Nautical School. Leave school at 1.50pm. 2.30pm Start. Return at 5pm approx.: **Mr Price**
- Under-13s Boys' Basketball Home Game against Dulwich College. 4pm Start. Finish at 5.30pm approx.: **Mr Sliti**
- Under-14s Boys' Basketball Away Game against Dulwich College. Leave school at 3.50pm. 4.15pm Start. Return at 5.30pm approx.: **Mr Karp**
- Under-15s Girls' Netball Away Game against Harris Wimbledon. Leave school at 2pm. 3.15pm Start. Return at 5.30pm approx.: **Ms Thomas/Mr Foster**

## Thursday 23<sup>rd</sup> March 2023

- Under-14s Boys' Football Away Game against Gladesmore Community School. Leave school at 12 noon. 1.30pm Start. Return at 6pm approx.: **Mr Price**
- Under-15s Boys' Rugby Home Game against Forest Hill Boys. Leave school at 1.50pm. 2.30pm Start. Return at 5pm approx.: **Mr Worsley**
- Under-13s Boys' Basketball Away Game against The Elm Green School. Leave school at 3pm. 3.30pm Start. Return at 5.30pm approx.: **Mr Sliti**
- Under-13s Boys' Football Home Game against Evelyne Grace School. Leave school at 3.45pm. 4.15pm Start. Return at 5.30pm approx.: **Mr Foster**

## Friday 24<sup>th</sup> March 2023

- Under-15s Boys' Football Away Game against St Bonaventures (East London). Leave school at 12 noon. 2pm Start 2pm. Return at 5.30pm approx.: **Mr Price**

\*Fixtures may get Cancelled due to Water-logged or frozen pitches.

View all fixtures [here](#).



# HOUSE NEWS

## Online Safety Corner

This week's Online Safety focus includes important tips for parents and carers on how to adopt safe and healthy habits online. Remember to keep an open dialogue with your child about their activities online. (See Page 17 above for more information)

## House Competition Winners!

### Francesca Fitzgerald Year 8, Swift - Flapjacks

My daughter Francesca surprised me today (INSET day) when I came back from work and she had baked flapjacks for us two to share at lunch as it was a surprise! But all was fine and a wonderful smell greeted me!. She used a simple recipe from my book and used brown sugar, butter, oats and honey (which she decided to use to replace golden syrup).

I was impressed, especially after she managed to burn her toast again this morning! Well Done Francesca!!

Francesca's mum



### Thomas Hood Year 9, Swift - Meat & Potato Pie!

We made the pastry using just butter, flour, and water. Then we put the pastry in the fridge and prepared the filling. The filling consisted of diced beef and potatoes, onion, stock and water, and thyme which we cooked before putting the pie together. Then we rolled out the pastry, lined the dish with it, spooned in the filling and added a lid with the remaining pastry. We brushed the top with milk for a nice finish and baked it for 25 minutes!

## The House Leader Board 2022-23

Week ending 17<sup>th</sup> March 2023

1st Place - Swift 27,641 Points

2nd Place - Dove 24,460 Points

3rd Place - Albatross 22,616 Points

4th Place - Falcon 22,125 Points

5th Place - Eagle 19,835 Points

Swift are leading the race and pulling further away! Can any other House catch them?