

Year 12 BTEC NATIONAL	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Topic/ Section	Begin Unit 1: A. Anatomy and Physiology, with a focus on the structure and function of the skeletal system, joints and B. Muscle System & actions.	Continue Unit 1: Anatomy and Physiology, focusing B. Muscle System, C. Respiratory System. Begin Unit 4: A. Understand the roles, qualities and characteristics of an effective sports leader.	Continue Unit 1: D. Cardiovascular System, E. Energy Systems. Continue Unit 4: B. Examine the importance of psychological factors and their link with effective leadership.	Unit 1 Exam Preparation: Preparation for exam: A. B. C. D. E. Continue Unit 4: B. Examine the importance of psychological factors and their link with effective leadership.	Begin Unit 2: Fitness Training and Programming for Health, Sport and Well-being. A. Examine lifestyle factors and their effect on health and well-being. Continue Unit 4: C. Explore an effective leadership style when leading a team during sport and exercise activities.	Exam Unit 1 Continue Unit 2: B. Understand the screening processes for training programming. Continue Unit 4: C. Explore an effective leadership style when leading a team during sport and exercise activities.
Assessment	- Regular quizzes. - Past papers. - Written assignments. - Presentations to test understanding. - Interactive learning activities. - Sample assessment materials.		- Regular quizzes. - Past papers. - Written assignments. - Presentations to test understanding. - Interactive learning activities. - Sample assessment materials. - Mock Exams. - Tailored revision of Unit 1.		Unit 1 Exam. - Regular quizzes. - Written assignments. - Presentations to test understanding. - Interactive learning activities.	- Regular quizzes. - Written assignments. - Presentations to test understanding. - Interactive learning activities.

Employability skills	Employers not only look for technical skills, but also employability skills. These include: ● Self-management: readiness to accept responsibility, flexibility, time management, readiness to improve own performance ● Teamworking: respecting others, co-operating, negotiating/persuading, contributing to discussions ● Business and customer awareness: basic understanding of the key drivers for business success and the need to provide customer satisfaction ● Problem solving: ability to analyse facts and circumstances and applying creative thinking to develop appropriate solutions ● Communication and literacy: application of literacy, ability to produce clear, structured written work, and oral literacy (including listening and questioning) ● Application of numeracy: manipulation of numbers, general mathematical awareness and its application in practical contexts ● Application of information technology: basic IT skills including familiarity with word-processing, spreadsheets, file management and use of internet search engines.
SPAG	In BTEC SPORT the main area of focus to achieve SPAG is: Command words are the words and phrases used in exams and other assessment tasks that tell students how they should answer the question. The following command words are taken from Ofqual's official list of command words and their meanings that are relevant to this subject. In addition, where necessary, we have included our own command words and their meanings to complement Ofqual's list. Analyse, Apply, Assess, Calculate, Comment, Compare, Create/Construct, Complete, Consider, Define, Describe, Discuss, Draw, Demonstrate, Evaluate, Examine, Explore, Explain, Give, Identify, Interpret, Investigate, Justify, Label, Manage, Name, Outline, report, Research, Review, Stage and manage, Undertake.
Enrichment/Extra Curricular	1hour 45-minute enrichment sessions in various sports taking place weekly to increase breadth of opportunity and interest. Football, Rugby, Netball, Archery, Basketball, Badminton, Horse Riding, Table Tennis, Handball.