

The PSHE Curriculum at Kingsdale

Intent, Implementation and Impact

Vision

To have a comprehensive support system for all students which enables them to feel secure in their study. To prepare students for life in the modern world.

Intent

The main aim of PSHE at Kingsdale Foundation School is to deliver a curriculum which is accessible to all and allow our pupils to become healthy, independent and responsible members of society. The PSHE curriculum encourages pupils to understand how they are developing personally, socially and deals with a variety of social and cultural issues that are part of growing up.

We provide our pupils with the chance to explore rights and responsibilities and recognise the importance of being a part of a multicultural world. Pupils are also given the opportunity to play a role in contributing to school decisions and the local community.

The aims of PSHE are to enable pupils to:

- Develop the knowledge and skills to enable them to become confident, healthy individuals
- Develop a safe and healthy lifestyle
- Understand what makes a good relationship for others
- Have respect for others in school and in the outside world
- Develop own sense of self-esteem and emotional well-being and encourage others to do so
- To make the most of their own abilities
- Be independent and responsible members of a community
- Develop knowledge of ways in which individuals can contribute to society
- Develop self-confidence and self-esteem, and make informed choices regarding personal and social issues
- Develop good relationships with other members of the community
- Acquire enduring values and aspirations

Implementation

PSHE is taught in a variety of ways that allows for pupils to engage and learn new skills. Two sessions of tutor time each week will normally be devoted to PSHE and this is complemented by the programme of assemblies. Within the subject it allows for debates of

topical issues, group work that encourages the development of teamwork, communication and critical thinking skills.

There are six core themes that are covered within the curriculum:

1. Being Me in my World
2. Celebrating differences
3. Dreams and Goals
4. Health
5. Relationships
6. Changing me

Pupils are also given the opportunity to use PSHE in their day to day lives through student voice activities and forums, participation in the school house system, volunteering and raising money for charities.

As a whole school approach, PSHE plays an integral part in the school community and this is complemented through informative drop-down days which are delivered in partnership with the Police Liaison Team. Pupils are taught about mental health, how to deal with exam pressure and building positive relationships with judicious use of external experts as appropriate.

Impact

The measure of the impact of the PSHE curriculum is ultimately reflected in the behaviours and attitudes exhibited by the students at Kingsdale. Assessment is a major contributor in evidencing the impact and this is tracked to ensure that pupils are building on their skills and knowledge over time. The impact can also be measured by the wider perception of the students both when they are at school and within the community.

In the document "Relationships Education, Relationships and Sex Education (RSE) and Health Education: Statutory guidance for governing bodies, proprietors, head teachers, principals, senior leadership teams, teachers" 2019, the DfE states that:

"Schools should have the same high expectations of the quality of pupils' work in these subjects as for other curriculum areas. A strong curriculum will build on the knowledge pupils have previously acquired, including in other subjects, with regular feedback provided on pupil progress.

Lessons should be planned to ensure that pupils of differing abilities, including the most able, are suitably challenged. Teaching should be assessed and assessments used to identify where pupils need extra support or intervention.

Whilst there is no formal examined assessment for these subjects, there are some areas to consider in strengthening quality of provision, and which demonstrate how teachers can

assess outcomes. For example, tests, written assignments or self-evaluations, to capture progress."

Assessment in the Kingsdale PSHE Curriculum is both formative and summative. The clear learning objectives for each lesson allow the teacher to be mindful of the assessment elements within that session that can formatively help them pitch and plan subsequent lessons, and activities are included in each lesson to give the children the opportunity to self-assess and reflect. Summative assessment is addressed through the pupil workbooks that are completed at the end of each module.

We regularly review units based on feedback from students and teachers. This informs future planning, resources and there is a robust system of evaluation and review by pastoral leaders.