



PARENTAL NEWS BULLETIN

Issue 14 Monday 18th December 2023

HEADLINE NOTICES



Christmas Break 2023

We would like to take this opportunity to thank you for your support this term and to wish all families a restful and peaceful holiday season. We look forward to welcoming our students back to school in the New Year. Please be reminded that information about the staggered finishing times for the Christmas break on Thursday 21st December have been circulated separately. The Spring Term 2024 will commence on Thursday 4th January 2024 for selected Year 11s and Friday 5th January for the rest of the school at the usual times.

Important Notice: Parent Governor Elections!

Nominations/self-nominations open this week for two parent governor/trustee vacancies as shared and discussed at the Parents' Forum Meeting on Friday 15th December 2023. Vacancies arising in January 2024 will be subject to parent ballot elections. All current parents/guardians of Kingsdale students are eligible to stand. Nominations must be received by hand, post or email by Friday 22nd December 2023. Prospective candidates can be nominated or can self-nominate. Further details and nomination forms have been issued separately. Please direct any queries to info@kingsdale.southwark.sch.uk



House Award for Excellence

Many congratulations go this week to **Sophie Benghiat, Year 8, Eagle** who has been nominated for the prestigious House Award for Excellence by the Languages Department. Sophie is an excellent linguist, whose work ethic is enviable. She takes pride in her work and actively displays a positive attitude towards her language studies in both Spanish and Latin. Her Spanish book decoration is one of the best ever submitted, but the work inside is just as impressive. Well done Sophie!



THEME & WORD OF THE WEEK

Christmas

'Somehow, not only for Christmas, but all the long year through, the joy that you give to others, is the joy that comes back to you.'

Christmas gift suggestions from Kingsdale School:

- To your enemy, forgiveness
- To an opponent, tolerance
- To a friend, your heart
- To a customer, service
- To all, charity
- To everyone, a good example
- To yourself, respect

Kerfuffle

A commotion or fuss, especially one caused by conflicting views.

SCHOOL NEWS

Sparks Maths Update

Please note that parents/carers can choose to stop receiving notification emails from Sparx Maths should they wish this. We feel that parental engagement is really important, however, if you do not wish to receive these messages, then you can use the link 'Update your email preferences' at the bottom of the email to manage your subscription. If you have previously unsubscribed to Sparx but wish to restart receiving emails, please contact the school via

maths@kingsdale.southwark.sch.uk

CHRISTMAS FOOD DRIVE WE NEED YOUR HELP

Throughout December, the Sixth Form will be collecting food and other items for those in need this Winter period. Look out for those collecting donations at the entrances and exits on your way into school. **See page 5 for more details.**

MUSIC NEWS

Winter Music Scholars' Concerts

Over the last 3 weeks the Music department has hosted **22 concerts** celebrating the progress of our music scholars. In what is an annual event, all of the scholars were invited to perform as soloists in concerts, with performance styles ranging from Jazz, Baroque, Romantic, Classical, Latin, Pop and more! Students from Years 7 to 13 impressed us with their technical skills, their musicality and their commitment to their performances.

Congratulations to everyone involved and a massive thanks to the peripatetic music staff who prepared the students so admirably (alongside accompanying them in many cases!). Here are a selection of the photos taken from the concerts.





ARTiculation

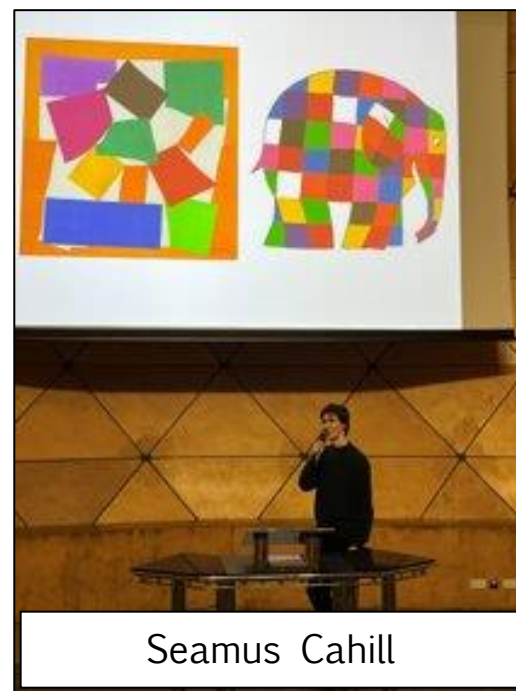
Huge and well-deserved congratulations go to our four Year 12 students who took part in the ARTiculation School Heat last Tuesday.

Thank you to our adjudicator, Mr Burke and to the family and friends for coming to support this prestigious event. What a privilege it was to hear such compelling, articulate, and thoughtful presentations by our four candidates.

Special congratulations and well done to the heat winner, Seamus, for his confident delivery and engaging talk about Matisse's 'Snail'. Seamus will be representing Kingsdale Foundation School at the London Regional Heat at the Dulwich Picture Gallery (DPG) on Thursday 18th January 2024. We wish the best of luck to Seamus with his next talk at the DPG London Heat!



Ayanna Ricketts



Seamus Cahill



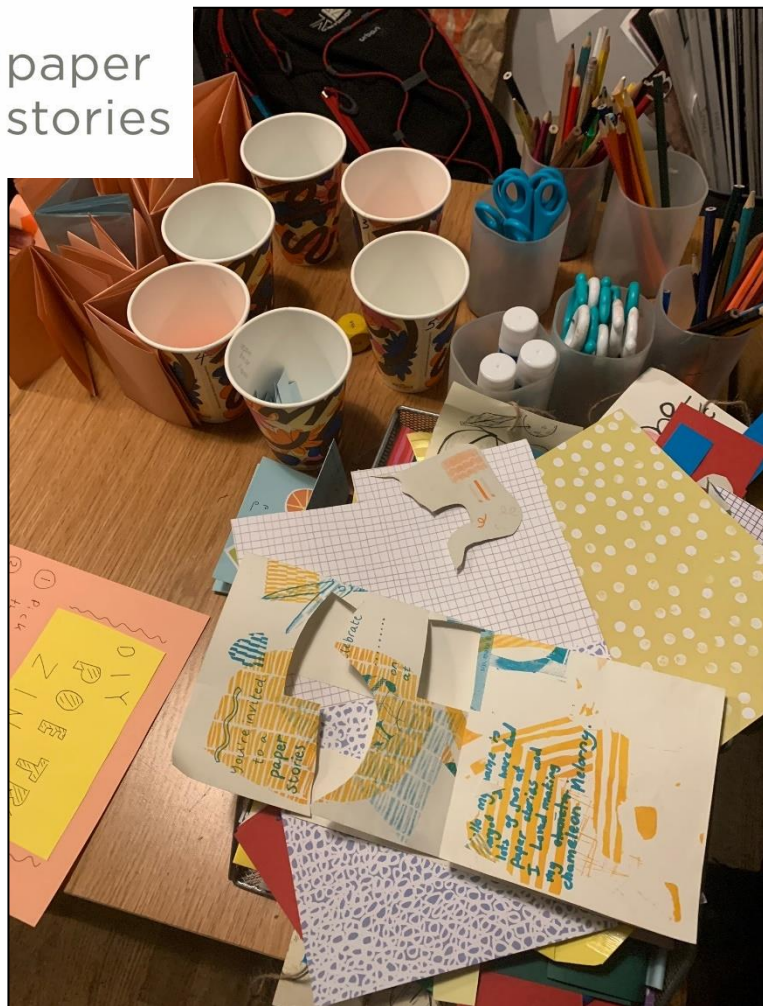
Minnie Buchanan



Joseph Wickstead

ART & DT NEWS

To see more of the brilliant Art, Textiles, Photography, Graphics and Textiles work by our students, as well as Art alumni, please follow us on Instagram **@kingsdaleart** - **@kingsdaledandt** - **@kingsdalefoodscience** (age restrictions apply)



Last Monday, a group of Year 11 Art students celebrated the launch of SE London Zine in collaboration with Paper Stories Café in Gipsy Hill. Over 9 weeks, students explored the experience of being a young person growing up in Norwood through a series of creative writing and photography workshops. These outcomes were carefully curated into a risoprint zine alongside a fantastic launch party and poem reading from Freya Gordon.

Massive congratulations go to all students involved and we extend our thanks to all parents and carers who attended the event. The SE London Zine is on display at Paper Stories in Gipsy Hill, feel free to pop by for coffee and to see the amazing creative work on display!

CHRISTMAS FOOD DRIVE

Throughout December, the Sixth Form will be collecting food and other items for those in need this winter period.

Look out for those collecting donations at the entrances and exits on your way into school.

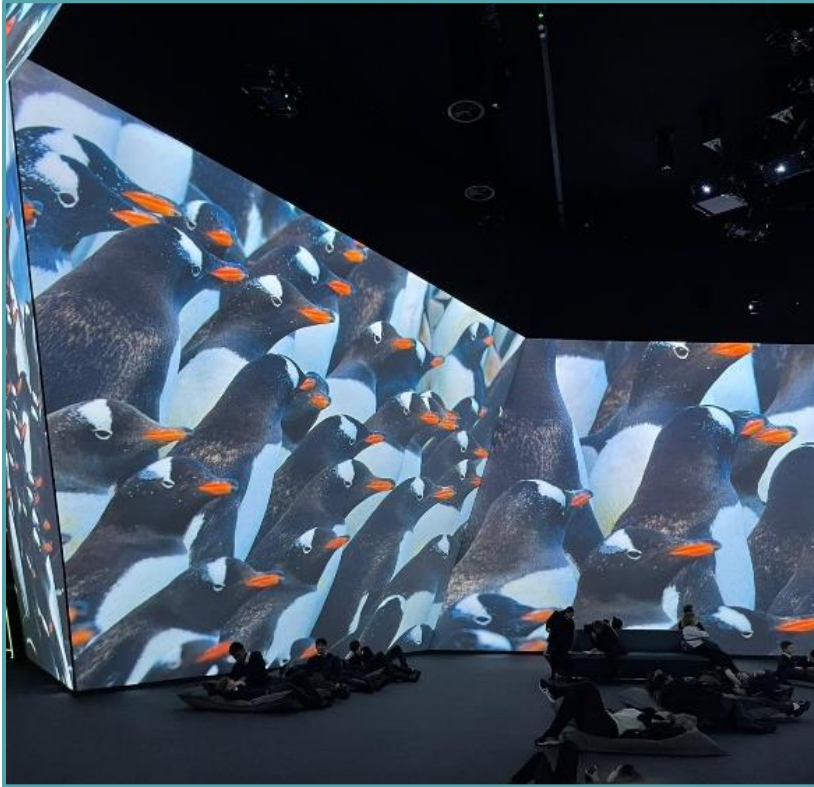
The items most needed this year are:

- **Rice pudding** - **Biscuits**
- **Cooking oil** - **Rice (500g bags)**
- **Long life milk** - **Pasta sauce**
- **Tuna** - **Sanitary items** - **Tea**



There will be a prize for the tutor group in each year group and the staff department that donate the largest quantity of items.

Please be generous this festive period- all donations will be going to Lewisham Food Bank.



GEOGRAPHY NEWS

Year 7 Geography Club at the BBC Earth Experience

Selected students who participate in Geography Club attended the BBC Earth Experience last week, which was narrated by Sir David Attenborough.

This experience immersed students into the natural world where they met the wonderful and extraordinary animal inhabitants of our seven continents. The trip included a workshop run by the BBC Earth Experience which had links to the science and geography curriculum. Students thoroughly enjoyed this experience, as evidenced in the images.

We look forward to welcoming more geographers to Year 7 Geography Club, which takes place every Tuesday during the Year 7 lunch.



BBC EARTH #MYBBCEARTHEXPERIENCE
EXPERIENCE



BBC EARTH #MYBBCEARTHEXPERIENCE
PERIENCE



BBC EARTH #MYBBCEARTHEXPERIENCE
XPERIENCE



LANGUAGES NEWS

Kingsdale in Rome!

The last week of November 2023, saw 31 Year 13 & 11 Latin and Classics students descend on the Eternal City for four action packed days visiting numerous sites and museums. Highlights included spectating at the Colosseum, watching the rain fall through the 'oculus' of the Pantheon, imagining sacrifices at the Emperor Augustus' Ara Pacis (Altar of Peace), sprint races along the Circus Maximus and (ice cream at) the Trevi Fountain. Despite some serious competition, popular consensus however put the Vatican Museum at the top of the list. Seeing the students' reaction as they gazed upon Michelangelo's awesome Sistine Chapel for the first time was a truly inspiring moment. The students were a credit to Kingsdale, at all times keen to learn about the amazing visual and material culture of Rome.

Aoife Cahill in Year 11 writes, "my favourite part of the Rome trip was the Vatican museum and Sistine Chapel. We had a guided tour which helped me learn a lot about the making and meaning of different artworks, and it was amazing to see how detailed and beautiful each piece was."

Eve Jarvis in Year 13 writes: "in the words of Julius Caesar 'veni, vidi, vici'. During our trip to Rome, we certainly came, we saw a great deal, and we gave conquering our best shot! In just four days, we were able to explore so many Roman gems. The Vatican was undoubtedly a highlight of the trip for me because I saw such important and inspiring art. Seeing the Sistine Chapel for the first time was an unforgettable experience and the painting of Judgement Day was so detailed. I also really enjoyed visiting the Roman forum and connecting all that I saw with my Classical Civilisation studies. Visiting Ostia Antica was fascinating and immersing ourselves in such a well-preserved place was mind-blowing. I am so thankful to my teachers for having made this incredible trip possible." Well done to all students.

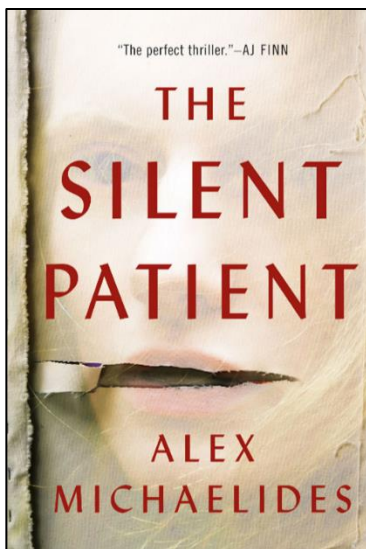


SCHOOL NEWS

Kingsdale Garden Planting Morning

A group of intrepid gardeners led by parent Rebecca Mays, braved the rainy elements on Saturday 18th November to tidy the evolving KFS front garden. Weeding and the planting of hardy perennials were enjoyed by students (Year 8 and 6th Form) and parents/carers alike. It has helped improve the ambiance of the front of the school and provided opportunities to interact with interested people passing by. Another benefit to be enjoyed is the 'well-being' element, the satisfaction of useful time employed and improvement to the school environment that makes it more than worthwhile.

Everybody is welcome to join the next session (time TBC). Please email Mr Lewis via jls@kingsdale.southwark.sch.uk for further information.



Teacher Recommendation
Ms Benmeriem of the English Department recommends *The Silent Patient* by Alex Michaelides.

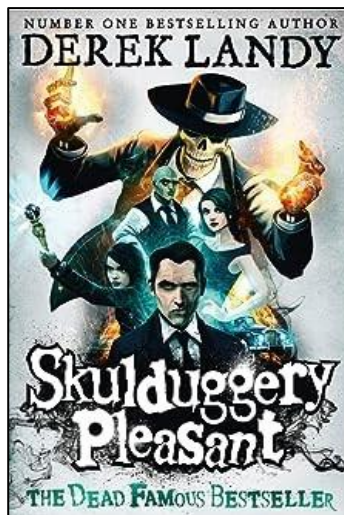
Alicia Berenson's life is seemingly perfect. A famous painter married to an in-demand fashion photographer, she lives

in a grand house with big windows overlooking a park in one of London's most desirable areas. One evening her husband Gabriel returns home late from a fashion shoot, and Alicia shoots him and then never speaks another word.

Theo Faber is a criminal psychotherapist who has waited a long time for the opportunity to work with Alicia. His determination to get her to talk and unravel the mystery of why she shot her husband takes him down a twisting path into his own motivations—a search for the truth that threatens to consume him..

Ms Benmeriem enjoyed this book's gripping plot and the descriptive, sympathetic prose style. Best suited for students in Years 10 and older.

Reading Recommendations



Student Recommendation
Dominic Rooks in Year 8 recommends the *Skulduggery Pleasant* series by Derek Landy.

Meet the great Skulduggery Pleasant: wise-cracking detective, powerful magician, master of dirty tricks and burglary (in the name

of the greater good, of course). Oh yeah. And dead.

Then there's his sidekick, Stephanie. She's... well, she's a twelve-year-old girl. With a pair like this on the case, evil had better watch out...

Dominic loved this book because it is both funny and action-packed.

Suitable for all students i.e. Year 7 and over.

WHO'S YOUR HERO?



AUTUMN TERM READING CHALLENGE 2023

1. READ BIOGRAPHIES OF PEOPLE YOU ADMIRE
 2. SUBMIT HANDWRITTEN REVIEWS TO ENGLISH DEPT. AND COLLECT BOOK TOKENS!
- COMPETITION ENDS 22ND JANUARY

STUDENTS WHO READ THE MOST
BOOKS ATTEND PIZZA PARTY!





SPORTS NEWS

After School Dance Sessions

A huge thank you to all the students that continually come to Afterschool Dance on a Tuesday & Thursday. We are currently working hard on creating dance pieces for the first National Schools' Dance Competition Semi-Finals in February 2024, which will be some of our students' first ever competition. Please keep encouraging them to practise. Have a wonderful break and see you all in 2024.





SPORTS NEWS cont.

Year 7 Girls' Football Kingsdale v Norwood School

Huge congratulations go to the Year 7 Girls' Football team who have had an exceptional start to their time at Kingsdale and currently remain undefeated in all cups.

On Monday 11th December, the team played Norwood School at home on our all-weather pitch finishing the game with an outstanding 14-0 win. Goals came in thick and fast with hat tricks from Poppy and Lisa.

A great start to the season and well done to all the players who have contributed to the teams' successes this term.

Final Score: Kingsdale 14-0 Norwood School

Year 10 Boys' English Schools Cup Football Kingsdale v Acland Burley School

Congratulations to the Year 10 Boys' Football A team who beat Acland Burley School on Wednesday 13th December in the 5th Round of the English Schools' Cup.

On a cold and rainy day, the Kingsdale boys didn't wake up until the second half after a stern word. Haniel Boateng scored in the first half but the goals really started to fly later with another cracker from Captain Hugo Collins and another quick two from Deniro Prempeh-Murray. A long range shot into the bottom corner followed and with 10 minutes to go, Ahijah Hutchinson and Camron Jones each scored too. It was a great result on a day of shocking weather rain wind and very cold.

Final Score: Kingsdale 7-1 Acland Burley School

Player of the Match: Ahijah Hutchinson





SPORTS NEWS cont.

Under-16 Girls' Hockey Kingsdale v St. Dunstan's

Huge congratulations are extended to the Under-16s Girls' Hockey team who beat St Dunstan's College on Friday 8th December to progress to the final of the London County Finals.

The team were playing their first competitive game together this season and were very impressive from the first whistle. Brilliant defending throughout the game, balanced out by some great attacking play meant the game was evenly poised going into the final 10 minutes of the match. A great short corner routine was finished off by Daisy Bailey with a few minutes to go. St Dunstan's put the pressure on with three short corners in a row, brilliantly kept out by the defenders and goalkeeper Ciara Beech.

The team will now go on to play St Augustine's Priory School, Ealing in the London County Finals!

Final Score: Kingsdale 1-0 St Dunstan's.

Goal scorer: Daisy Bailey (1)



Stanley at National Arena League South Swimming Final

Stanley Driver in Year 7 is continuing with his brilliant swimming achievements this year. Stanley represented his club, Bromley in the National Arena League South Final last weekend. Stanley swam some brilliant personal best times and it is looking like Stanley and his club will be progressing to the National Finals in Cardiff next year. Well done Stanley!

LIBRARY NEWS

Upper School Library (USL) & Lower School Library (LSL) After School Schedules

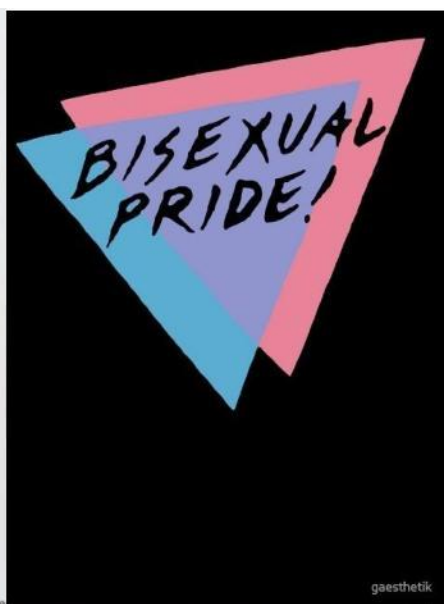
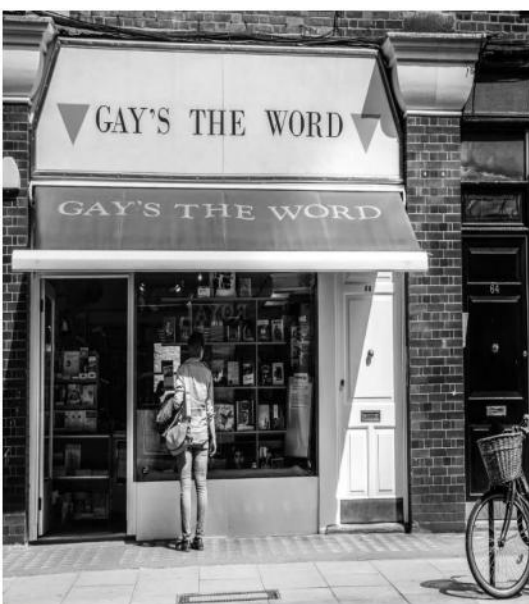
MONDAY	LGBTQ+ Club With Mrs Bowles and Ms Dobson	USL TIME: 4.15-5pm
TUESDAY	Year 7-9 Homework Club With Mr Gunathilaka & Ms Dobson	USL TIME: 4.15-5pm
WEDNESDAY	Creative Writing Club With Ms Dobson Book Club With Mr Read	USL TIME: 4.15-5pm USL TIME: 4.15-5pm
THURSDAY	Year 10 and 11 Homework Club With Mr Gunathilaka & Ms Dobson	USL TIME: 4.15-5pm
FRIDAY	Board Games Club With Mr Gunathilaka and Ms Dobson	USL TIME: 4.15-5pm

(Book Club and Year 7-9 Homework Club will later be moved to the USL)

BOARD GAMES CLUB

FRIDAYS
USL
4.15-5pm



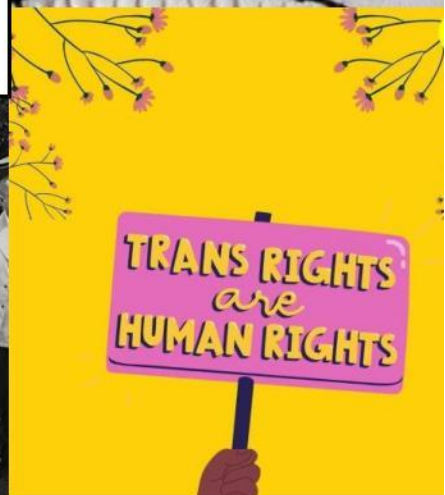


LGBTQ+
CLUB

MONDAYS
4.15pm - 5pm
USL

with Mrs B (she/they)
& Ms Dobson (she/they)

The LGBTQ+ Society
is expanding!
Join our safe & welcoming
space to meet friends,
chat about queer
books/films/art and
become part of the
Kingsdale queer
community!





Duke of Edinburgh Award Update

1. Students who are in Years 9 - 13 and are not yet enrolled on the scheme are still welcome to join the Bronze Duke of Edinburgh Award NEXT Academic YEAR but need to be quick as the original deadline has expired.

1a. All 275 **NEW** participants for the award to note:

- Should have been added to the Bronze DofE TEAMS site – where all information about how to start/current events etc, is posted both in the 'chat section' and the 'files section'. Please look here for help and advice.
- ALL PARENTS have access to the above information, deadlines and requirements to be invited out on expedition in 2024 on the school intranet site under Duke of Edinburgh Award section.
- The KEY cut off dates of 30th April and 14th July 2024. See details on the above sites.
- To Check, if applicable, BOTH parental emails for your child's DofE Welcome Pack. All Bronze awards were purchased on Thursday/Friday 9th & 10th November 2023 and a link was sent from the award to the email address of the person who received the link to pay for the award.

2. Students who have completed their Bronze Award and who are considering joining the Silver Award programme should have received a direct email from Mr Dennington, offering them the chance to pay for the new award. As already noted, the cut-off date to pay is **4th January 2024**.

3. Pupil Premium Pupils in Years 9 to 13

If students who receive the Pupil Premium have already paid then the school will reimburse them this month or shortly after. If you haven't paid but still wish your child to start the award, please email Mr Dennington so that your child's award can be purchased before the end of term.

Should you have any queries about any aspect of the DofE programme at Kingsdale, please contact Mr Dennington via sdn@kingsdale.southwark.sch.uk

CALENDER 2023-24

AUTUMN TERM 2023

Second Autumn Half-Term

Monday 6th November – Thursday 21st December
(Thursday 21st December
will be a half-day for students)

SPRING TERM 2024

First Spring Half-Term

Thursday 4th January – Friday 9th February

INSET DAY

School closed to students except Year 11
Thursday 4th January

Half-Term Holiday

Monday 12th February – Friday 16th February

Second Spring Half-Term

Monday 19th February – Thursday 28th March

SUMMER TERM 2024

First Summer Half-Term

Monday 15th April – Friday 24th May

INSET DAY

School closed to students except Year 11
Monday 15th April

Mayday Bank Holiday

Monday 6th May

Half Term Holiday

Monday 27th May – Friday 31st May

Second Summer Half Term

Monday 3rd June – Thursday 25th July

INSET DAY

School closed to students except by invitation
Thursday 25th July

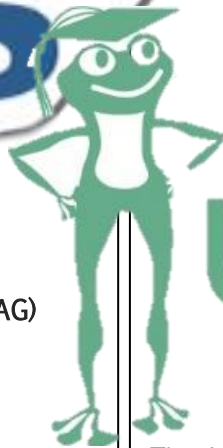
You can also find lots of other useful sources of information on the school website [here](#). This includes further details about the operation of the school, including Term Dates, Assessment and Uniform.

Should you have any suggestions for additions to our website, please contact Mr Karp, via email at tkp@kingsdale.southwark.sch.uk

For further information on term & holiday dates, please contact the Attendance Team via attendance@kingsdale.southwark.sch.uk

Provisional dates for the 2024-25 academic year have been issued via our website [here](#).

CAREERS



unifrog

UNIFROG for Careers Education Information Advice and Guidance (CEIAG)

Kingsdale offers the online careers tool called **Unifrog** to all our students in the Lower School (Years 7 & 8), Middle School (Years 9 & 8), Upper School (Year 11) and Senior School (Years 12 & 13). Unifrog brings into one place, every undergraduate university course, apprenticeship and college course in the UK. Additional opportunities include School Leaver Programmes and details on every college at Oxford and Cambridge. This makes it easy for students to compare and choose the best university courses, apprenticeships or further education courses for them. They can also explore exciting opportunities further afield by looking at English taught undergraduate programmes available in Europe and the USA. In addition, the platform helps students successfully apply for these opportunities by assisting them in the writing of their personal statements, applications and CVs, as well as guiding them through the process.

How to Get Started on Unifrog?

Students access the platform by accessing www.unifrog.org using their school email address and password; they can do so from any computer, tablet or smartphone.

We would encourage parents to use the platform with your child, so they can support them through the process of deciding their next steps. **In the case where students do not receive login emails or do not remember their password, they can visit www.unifrog.org/sign-in and click on 'Reset password/Resend Welcome Email'. This will trigger a reset password email on their school email account. This will allow them to create a password to log in.**

We have also set up a parent login so that you can use Unifrog as if you were a student yourself, allowing you to support your child throughout the process.

The sign-up code you need is: FOSQPARENTS and you can sign up here: www.unifrog.org/code

The Unifrog platform is designed to support learners in making the most informed decisions about their futures and has a range of tools that are suitable for all year groups.

Each student has their own personal account that provides a wide range of information related to their interests and aspirations. Key features of the platform include:

- Exploring Pathways – personality quizzes, career and subject profiles and webinars
- Recording – self-reflection about extra-curricular activities and key employability skills
- Opportunities – search tools showing live vacancies/courses/placements for apprenticeships, universities (in the UK and abroad), FE, virtual work experience and more
- Applications – tools to help students build applications for a range of pathways (e.g., CVs, Personal Statements, Common App Essays)

We encourage all our students to read about the different careers that they find interesting on Unifrog. Careers tasks are set during the year using Unifrog.

We truly believe that this all inspiring Unifrog online career tool will offer your child an excellent insight into exploring every possible area in the world of work. This will assist us in keeping the commitment we have to providing students with outstanding careers guidance; equally tailored support when choosing their next steps after school.

For more information, please contact our careers team at careers@kingsdale.southwark.sch.uk





Molehill Mountain 12+

Autistica & King's College London

★★★★★ 4.5 • 186 Ratings

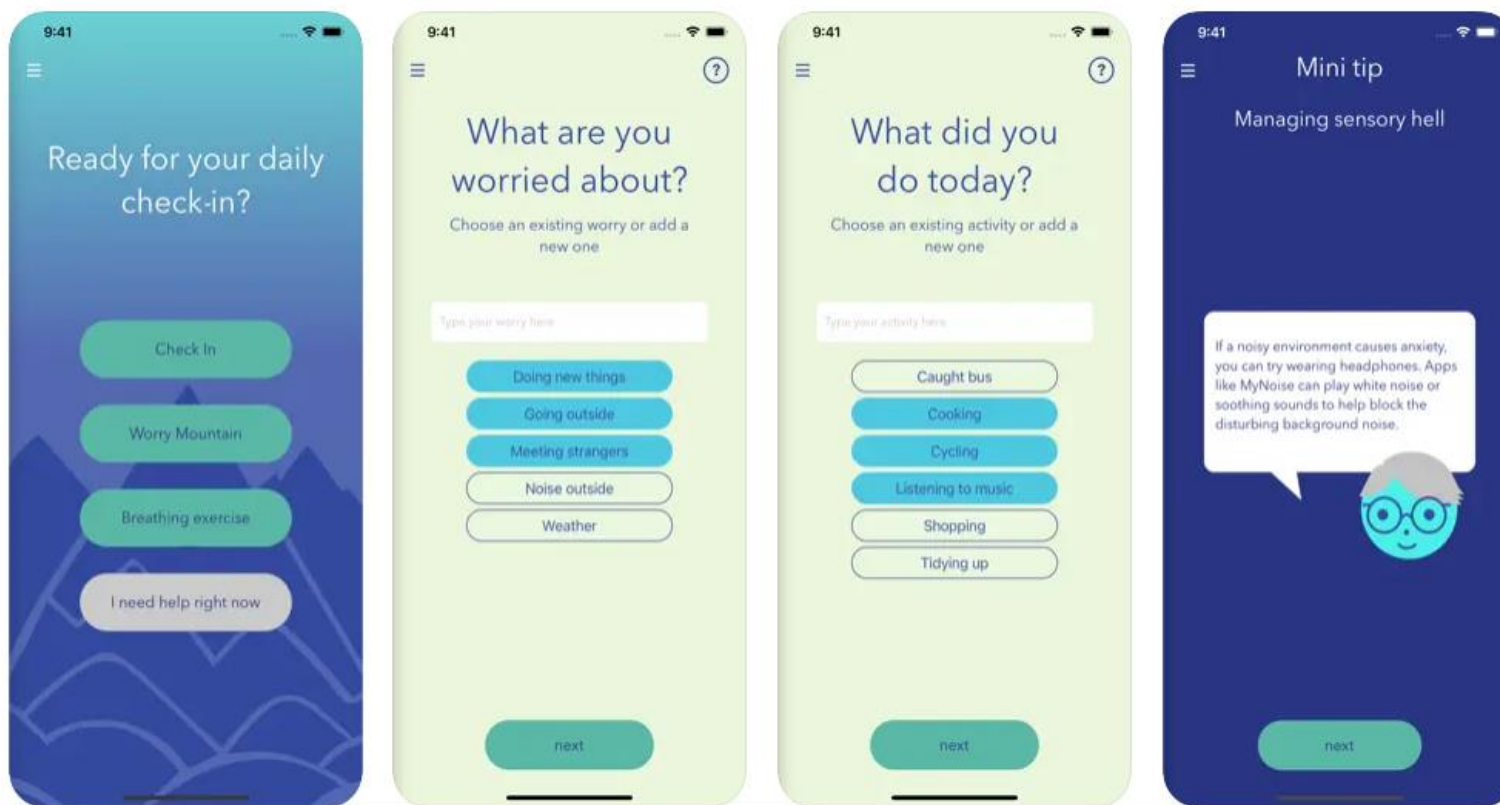
Free

Molehill Mountain: App

Molehill Mountain is an app developed by Autistica and King's College London to help autistic people understand and self-manage anxiety.

You can use Molehill Mountain to explore the causes and symptoms of anxiety.

- Track your worries and the situations that trigger anxiety.
- Get evidence-based daily tips to understand more about anxiety.
- Feel more confident to self-manage anxiety.



SEND FACULTY NEWS

Focus on: ADHD

People with ADHD have difficulty regulating their attention because of poor neurotransmitter activity (the way chemicals are released and transferred within the brain) and differences in the structure of the brain. ADD is similar, but without the hyperactivity.

ADHD usually presents in three different ways, hyperactivity (which means the need to move around more), impulsivity and inattention. Children with ADHD may be labelled as disruptive, for behaviour which they cannot control.

These are the main features of ADHD but there are many more that have a significant impact on a child's organisational skills and emotional well-being. ADHD can also present differently in females.

ADHD commonly occurs with other neurodevelopmental conditions such as ASD, specific learning disorders, tics/Tourette syndrome.

✓ Hints and tips

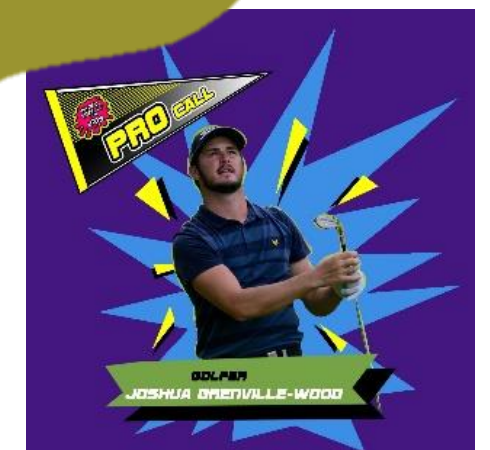
Home

- ✓ Don't mistake distraction for defiance. If you ask your child to put on their shoes, but instead you find them playing with a pet, it is likely that they were distracted from completing the task, rather than deliberately not doing as they were told.
- ✓ Use timers/apps and visual timetables.
- ✓ When undertaking a task help your child to visualise what the end result will look like. Children with ADHD often struggle to plan how to do something, because they don't know what they are aiming for. Working backwards from the end result can help them to start the task, as they can then see the path they need to take.
- ✓ For some children it can be helpful to treat their ADHD with medication.

"Now that I have medication, my brain seems clearer and I can concentrate better."

Writers/Bloggers with ADHD

- **Rene Brooks**
Black Girl Lost Keys | Putting the Ayy in ADHD
- **Joshua Grenville-Wood**
(co-author of The Umbrella Gang comics and a professional golfer)
ADHD Foundation Comic
- **Dyskinesia**
Love, Lunacy, and Life on the Spectrum: Life with ADD, Asperger's, autism, and a dog.

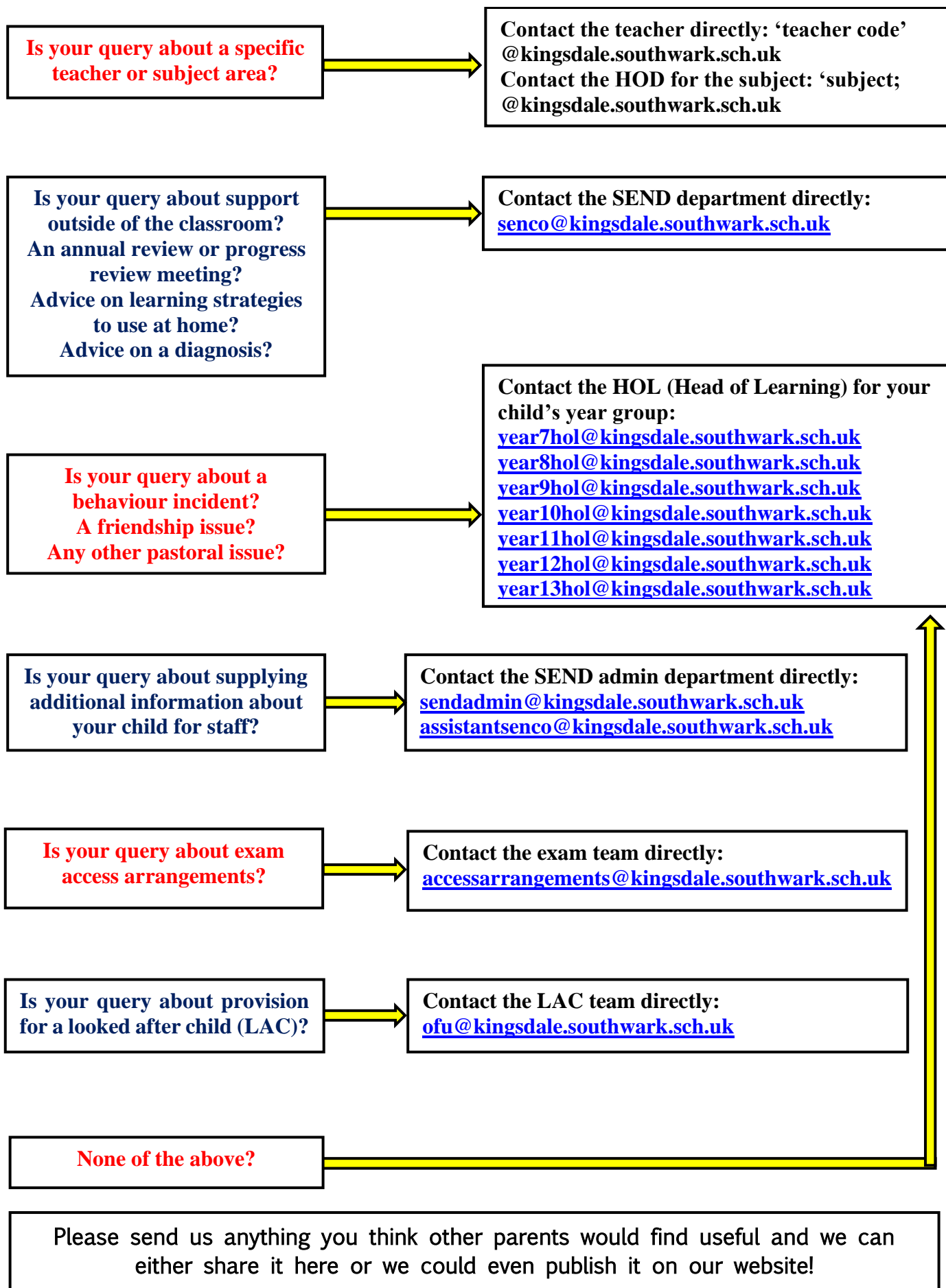


SEND FACULTY NEWS

Communication Flowchart: SEND

At Kingsdale we would like our communication to be as effective as possible.

Please see the flowchart below to help us support your child effectively and get the information needed to the right people.



The School Shop

A reminder that our School Shop is now open during the school day to enable students to purchase a range of useful items that they might need. This includes stationary and uniform items; all of which can be purchased using their school fob. The School Shop is located in the main Atrium nearest to the green stairs.



Lost Property

We are still receiving a large number of items that have been mislaid or lost by students.

In many cases, these items are unlabelled, making it very hard for them to be quickly and successfully reunited with their owners!

Please can we ask parents to label all items of their children's property at school, including water bottles, blazers and coats. Lost property queries can be directed to lostproperty@kingsdale.southwark.school.uk

Calling all Budding Student Journalists!

Kingsdale students have started their own school newspaper and are inviting fellow students to get involved!

If you're passionate about current affairs and would like to write reviews and news reports for the Kingsdale Telegraph, please get in touch!



Click image to open the latest edition!

Students should post their illustrations, reviews and articles (maximum 80 words for reviews and 100 words for articles) in the school newspaper contributions box, situated in the main office. Please include your full name and tutor group. Alternatively, they can email the team via kingsdaletelegraph@kingsdale.southwark.sch.uk

SCHOOL NEWS



KFS Uniform Bank

Our uniform is a key part of our identity and as such we are able to help parents and carers in providing quality uniform items. Sadly, the cost of living is still rising and some families are finding it a challenge to cover all bases in bringing up a family. There is also the negative environmental impact in design and disposal within the clothing industry to consider. Kingsdale community families can acquire cleaned and sanitised pre-worn uniform blazers (Belmont Dry Cleaners in Croxted Road have been most generous with their time and costing in this matter) and other items, dependent on availability, at a much, reduced rate.

The Uniform Bank will also be open between 3.45pm and 4.45pm each Monday, Wednesday and Friday. Please, always check for availability of items prior to making a purchase. This is a rolling programme that continues throughout the entire academic year and as such we are always looking for donations. Please leave washed and folded clothes at the main Reception area. Items of uniform will be available at other times of the year depending on supply. If you would like to help in any way please make yourself known to the team.

If you have any queries, do not hesitate to contact: Mr Lewis at jls@kingsdale.southwark.sch.uk





A safe space for teenagers worried about sexual behaviour

Our new website for young people with concerns about their own or someone else's sexual thoughts and behaviour.



shospace.org.uk

Why Shore?

- It is one of the only resources of its kind in the world, designed specifically for young people with concerns about sexual behaviour
- It has reliable information to get anonymous help if they or a friend has acted harmfully online

SCHOOL NEWS

Safe Travel to School

At school, we have shared the key messages about keeping safe with the students. Some of the key messages are outlined below:

“LOOK UP LOOK OUT”

- **BE AWARE** of your surroundings.
- **BE AWARE** when using your mobile phone.
- Know your route home.
- Keep to busy roads.
- Try to be with other people.
- If someone tries to stop you keep walking.
- **SHOUT** for help and make NOISE.
- If anything happens speak to a trusted adult as soon as you can.
- **RUN HIDE TELL**.
- There is no right or wrong response as each situation is different but remember that **YOUR SAFETY IS PARAMOUNT**. Only **YOU** can assess the risk.
- Possessions are replaceable, but **you are not**.

Your child must contact the Police immediately on 999 if they are concerned about their safety or if they are the victim of a mugging/attempted mugging.

Students and Parents should also inform the school so that we can offer pastoral support and liaise with our Safer Schools Officer – PC Crampton.

Please contact Mr Harding via dhg@kingsdale.southwark.sch.uk with any queries.



Kingsdale is a Safe Space

We would like to take this opportunity to once again remind students and their families of our two confidential emails which are operational both during and outside of school hours.

This provision is available for any member of our school community wishing to seek advice, discuss any matters relating to mental health & well-being or report an incident or concern confidentially via email.

We appreciate that students, parents, carers or guardians may wish to speak to someone outside of school hours or may wish to disclose an incident or concern confidentially or anonymously.

Our two confidential emails are:

health&wellbeing@kingsdale.southwark.sch.uk

tellsomeone@kingsdale.southwark.sch.uk

Please contact **Ms V Turner** for further information regarding this provision or any matters relating to mental health & well-being at Kingsdale School.



HOUSE

Is your tree the best dressed in the Kingsdale Community?



This year we are looking for the best dressed Christmas tree, complete with your decorations and Christmas tree lights.

If you do not have a Christmas tree, you can draw your own and decorate it.

STUDENT TASK

HOW TO ENTER:

Submit your entry to

housesystem@kingsdale.southwark.sch.uk

Ensure your entry is accompanied by your **full name** and **tutor group**.

Prizes will be awarded to outstanding entries.

We look forward to seeing your work!





Christmas Maths Questions

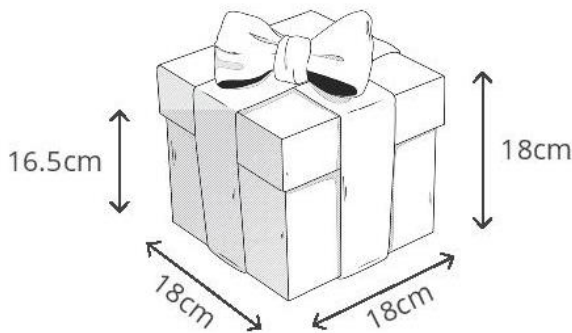
1. Santa's elves work 7 days a week in December, from 9a.m. to 5:30p.m. with a 30-minute unpaid lunch break.

Including today (1st), how much will each elf earn in total between now and 5:30p.m. on Christmas Eve (24th), if they are paid £7.50 an hour?

Extension

Santa taxes the elves at 15% after the first £500 they earn. How much will the elves have after this deduction?

2. Calculate the total surface area of the outside faces of the **lid** on this present.



3. It takes five children 4 hours to build a snowman. Assuming the children all work at the same rate, how many hours would it take two children to build the same snowman?

4. A cube-shaped Christmas present is wrapped, ready to deliver.

The length of the present is 12cm and its mass is 500g.

Calculate its density to 2 decimal places and state your units.

5. A local shop usually sells holly for 50p a bunch and mistletoe for 80p a bunch.

In December, these prices rise as demand grows. The price of holly rises by 10% and the price of mistletoe by 22%.

If I buy 3 bunches of holly and 2 of mistletoe, what will the total cost be to the nearest penny?

6. A little donkey carries baskets filled with children's gifts, biscuits and sweets in the ratio 2:3:5.

If there are 150 biscuits, what is the total quantity of gifts and sweets?

7. How many hours are there until the start of Christmas Day from 6p.m. on 7th December?



Top Tips for a TECH-FREE CHRISTMAS

It can be difficult to stay away from technology and devices, and sometimes this means that people – of any age – can find it hard to be present in the moment. As a period when families are able to spend some quality time together and enjoy each other's company, Christmas is the perfect opportunity to step away from our phones, laptops and consoles and concentrate on the things that really matter. Follow our top ten tips for a tech-free festive period and make the most of this holiday season. Merry Christmas!

1. BOARD GAMES CAN BE FUN (HONEST)

OK, no one wants a repeat of that incident when your youngest had to pay triple rent on Mayfair, but going back to basics with a card or board game can be a fantastic bonding experience. Choose a game that even the youngest members of your family can enjoy and have a fun tech-free time.

2. MAKE YOUR OWN DECORATIONS

Spending time on arts and crafts is a brilliant way to relax and spend some productive time offline. Making your own Christmas decorations as a family can become a wholesome tradition and leave you with some treasured mementos, too.

3. GO FOR A WINTER WALK

Not much beats wrapping up warm on a crisp December day and taking a stroll. Whether alone or with the family, a walk is a fantastic way to clear your head and relish the break from hectic normal life. As an extra festive treat, why not make a flask of hot chocolate to take with you?

4. BAKE SOME FESTIVE TREATS

Not all Christmas cooking has to be a stressful chore that's timed with military precision. Baking some simple festive treats like cookies doesn't have to take hours – and will make sure you're stocked up on tasty things to offer any friends or family members who pop round.

5. READ A FAMILY STORY TOGETHER

Turn story time into an event. Make the living room or bedroom into a tech-free space, light some candles, make some hot drinks and reach for a classic Christmas tale. It's a fantastic way to relax before bed, and the right story will help to get the whole family into the festive spirit.

6. TURN OFF NOTIFICATIONS

It sounds obvious, but turning off email and app notifications can give you more control of your relationship with technology. Getting into the habit of checking your phone periodically – rather than reacting every time a notification arrives – helps you to stay present in the moment.

7. FEED THE BIRDS

Food's hard to come by for wildlife in winter, so helping our feathered friends is a very worthwhile reason to put down those devices and reconnect with nature. Fill a bird feeder in the garden or take a snack for the ducks in your local park (but ditch the bread in favour of oats, rice or birdseed).

8. SET DAILY LIMITS

Many apps and devices let you set reminders to let you know how long you've used them for that day. Setting daily limits puts you firmly in charge of your time and will help to ensure you don't miss out on any family Christmas memories because you're engrossed in your phone or laptop.

9. GET ON YOUR BIKE

Exercise, such as going for a run or a bike ride is an excellent way to burn off some of those Yuletide calories while giving your brain and eyes a break from screen-based activity. Physical exertion also helps reduce anxiety and releases endorphins which can improve your sense of wellbeing.

10. MAKE TIME FOR YOURSELF

There can be a lot of pressure to meet up with friends, make video calls and check in with people at Christmas – but remember that you need time to relax as well. Don't feel guilty about not replying to messages and emails immediately – the holiday is your chance to drop down a gear or two.



**National
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Safety®**

#WakeUpWednesday



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Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 21.12.2022

SPORTS FIXTURES

Monday 18th December

- No planned fixtures/events

Tuesday 19th December

- Mixed Girls' & Boys' Sports Scholars' Rock Climbing at JAGS Sports Club. Leave school at 9am. Start 9.30am. Finish 12.30pm. Return at 1pm approx.: **Ms McGregor/Ms Cave**

Wednesday 20th December

- No planned fixtures/events

Thursday 21st December

- No planned fixtures/events

You can view all fixtures via the link below:

<http://www.kingsdaleschoolsports.org.uk>

The House Leader Board 2023-24

Week ending 15th December 2023

1st Place – Dove 22,947 Points

2nd Place – Swift 22,712 Points

3rd Place – Falcon 21,730 Points

4th Place – Albatross 20,485 Points

5th Place – Eagle 19,469 Points

It is getting much closer at the top.
The race is truly on!

School Marking Code & Quality Assurance

Parents are reminded that detailed information exists on our school website [here](#), regarding the way that students are assessed at Kingsdale, through the marking of classwork and assessments. Our approaches are also discussed throughout the year at scheduled Parents' Evenings and through curriculum information evenings (*details issued separately*).

Should you have any queries about the marking of your child's work at the school, or have any specific concerns about the frequency of marking in any subject for your child, please use our dedicated reporting email checkmychildsmarking@kingsdale.southwark.sch.uk



HOUSE NEWS

Online Safety Corner

For this week's Online Safety focus, we are looking at ways to have a 'Tech-Free Christmas'. Get a greater insight here.

PLEASE READ!! Remember to keep an open dialogue with your child about their activities online. See page 24.

Student Suggestion Box

In line with our well-established Student Voice programme, we have installed another suggestion box, which is located outside the Attendance Office in the Main Atrium.

Please encourage your child to use this facility to make suggestions about how we can continue to improve our provision.



Communication with Parents & students



Student & Parent Email

Please ensure we have your correct email and mobile phone contact details. Students should also be regularly accessing their student email accounts.

MS Teams

Used to share schoolwork, assignments and files.

Twitter/Website

You can find us at @kingsdalefs. Our website at: www.kingsdalefoundationschool.org.uk

SatchelOne (previously SMHW)

Used to share homework details and other school news via the Notice Board feature with students and parents. Login [here](#).

MyEd app

Downloaded for free at:

<https://www.myedschoolapp.com/>

This app provides a range of useful info for parents.