



PARENTAL NEWS BULLETIN

Issue 10 Monday 18th November 2024

HEADLINE NOTICES

Curriculum Coffee Mornings

This week the half-term cycle of optional Coffee Mornings for parents continues. They are a great opportunity to meet staff and learn more about the curriculum for each year group.

These sessions take place in addition to our established, more general, monthly Parents' Forums.

The upcoming dates for this term's meetings are:

Friday 22nd November 2024 Years 12 & 13

Friday 29th November 2024 Years 9 & 10

Friday 6th December 2024 Years 7 & 8

Each event starts at 11.30am (Conference Room 1) at the school. Parents who are interested in attending, must register via the link sent separately by email. We hope to see you there. Should you have any queries, please contact Mrs Chaudhary, Deputy Headteacher via sca@kingsdale.southwark.sch.uk



House Excellence Award

This week's House Excellence Award recipient is Zena Barry, Year 7, nominated by the History Department. Zena has shown great aptitude for History since starting Year 7. She has consistently excelled at her assessments and makes thoughtful contributions in class. We really appreciate all her hard work. Well done Zena!

KFS Sixth Form Open Events for 2025 Admission

Please be reminded that our last scheduled Sixth Form Open Day Event for September 2025 Year 12 entry takes place for Year 11 students on:

Wednesday 27th November 2024 from 4.00pm-6.30pm

Please note that these highly popular sessions must be booked in advance via our website [here](https://www.kingsdale.southwark.sch.uk) and will showcase the wonderful post-16 provision on offer at the school. Please contact the Sixth Form Office with any queries via sixthform@kingsdale.southwark.sch.uk

THEME & WORD OF THE WEEK

Compassion

'You make a living by what you get but make a life by what you give.'

Commensurate

Corresponding in size or degree; in proportion

SCHOOL NEWS



West Dulwich Community Patrol

Let's get ahead and stop street crime before it starts! We're excited to share news that our community patrol scheme, in conjunction with Love Your Doorstep (LYDS) is operational with volunteer community patrols going out regularly into the local area at the end of the school day. These patrols provide a reassuring adult presence during the daily school commute and have been shown to reduce crime which targets young people in the areas in which they operate.

What is a community patrol?

LYDS say the best volunteers are those who work from home, part time or are semi-retired and want to do something positive for their community.

- Patrols are weekdays from around 3:30-5pm.
- A patrol is a group of 2-4 volunteers, who are visible, say hi and intervene if necessary by being friendly.

If you'd like to volunteer to help make our area safer, we'd love to hear from you via the sign-up link [here](https://www.kingsdale.southwark.sch.uk).

If you can't spare the time, please do help by spreading the word with your local contacts. Thank you for your support. We can make a real difference to our community by working together!

SCHOOL NEWS

On Tuesday 12th November as part of Anti-Bullying Week, students at Kingsdale celebrated Odd Socks (and Shoes) Day. We saw some excellent examples of odd socks from students to help us demonstrate the fact that we are all different but all equal. During Anti-Bullying Week, students also participated in art & poem competitions, took part in tutor activities and assemblies focusing on this year's theme of 'Choose Respect'.



KINGSDALE PERFORMING ARTS PRESENT

COMEDY FESTIVAL.

Plays
Live Music
Stand up



6-8PM **TUES 26**
6-8PM **THUR 28**

A Girl's Gotta Do Zacharie The Birthday Party
Goon Show I'm Gonna Marry Toby Maguire
Jumpers for Goalposts The Actor's Nightmare
Motherland

COMPERES: FRAN & PEARL

7-9PM **WED 27**
6-8PM **FRI 29**

Key & Peele Tree The Dumb Waiter Word Play
Acorn Antiques Withnail & I Miranda
American Dinner Party Fleabag

**LIVE MUSIC INCLUDES: MEAN GIRLS, FLIGHT OF THE CONCORDS,
BO BURNHAM, HORNE SECTION, TENATIOUS, FLANDERS & SWAN**

KINGSDALE DRAMA STUDIO
ALLEYN PARK, LONDON

£5/£3
ADULTS STUDENTS

TICKETS AVAILABLE FROM THE DRAMA BLOCK

To reserve email qgg@kingsdale.southwark.sch.uk



Senior Mathematics Challenge 2024

During the last half term, students from Years 12 & 13 have participated in the Senior Maths Challenge hosted by UK Mathematics Trust. The Senior Mathematics Challenge is an annual competition designed to provide students with opportunities to apply their problem-solving skills in solving a range of questions, such as:

- 21.** The crossnumber is to be filled with eight of the digits 1 to 9, which are each used once.

Which digit is not used?

Across

1. A multiple of 9
3. A square

Down

1. A multiple of 11
2. A multiple of 13 and of 19

1		2
3		

A 9

B 8

C 5

D 3

E 2

Many thanks to Dr Cherepanova who works with our Senior Students after school every Monday, developing their problem-solving skills and teaching them a range of strategies to tackle these types of challenges. Over 85% of our participants have achieved a Bronze, Silver or Gold award.

A special mention also goes to James Gough, Frank Hughes, and Samuel Lee for achieving outstanding results and advancing to the next round. We wish them every success in the competition as it proceeds.

MATHS NEWS

Girl's Mathematics Olympiad

To promote young women in the field of Mathematics, students from Year 11 & 13 have recently participated in our first ever Olympiad for Girls hosted by UK Mathematics Trust.

The girls have worked very hard preparing for this prestigious competition attending weekly afterschool preparation sessions. They have shown impeccable dedication and organisation while preparing for their upcoming pre-public examinations at the same time. Iris Truscott has achieved the highest award of a Distinction and Rosalina Karoui, Ethel Butler, Marta Canar Tinizaray, May Clerc, Ivy Souster have all achieved a Certificate of Merit. Well done girls!



SIXTH FORM NEWS

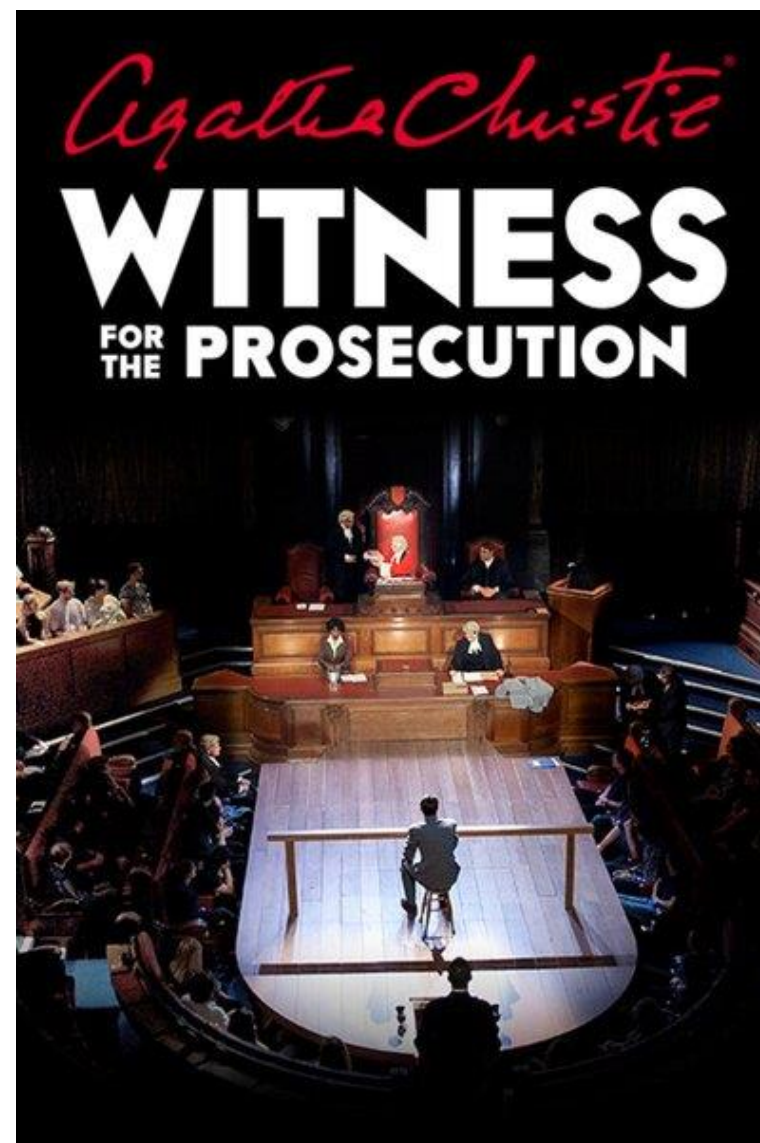
Year 12 Students Take Part in Bar Mock Trial Competition

Over the past few weeks, our Year 12 students have been enthusiastically engaging in the Bar Mock Trial Competition, a unique opportunity designed to give young people a deeper understanding of the legal system and its impact on everyday life. Through this experience, students have gained valuable insights into how justice is served and how the law intersects with many aspects of society.

A highlight of this programme was a workshop with Adam Riley, a practising barrister whose expertise spans commercial disputes, international arbitration, company and insolvency law, as well as public and constitutional law. Adam's session was both informative and interactive, allowing students to ask questions about his career path and the legal profession, while also receiving constructive feedback on their own performances in preparation for the Mock Trial Competition.

To deepen their experience, students had the chance to attend a performance of *Witness for the Prosecution* at County Hall. Agatha Christie's gripping courtroom drama, filled with twists of justice, passion, and betrayal, was staged in a unique courtroom setting, providing inspiration and insight as they prepare for the final mock trial event.

We wish our Year 12 students the very best of luck as they step into Oxford Crown Court on Saturday 30th November 2024, for the culminating event of the Bar Mock Trial Competition.



SCIENCE NEWS



Uncovering the Science of Fireworks

Lat week in the Key Stage 3 Science Club, students dove into the fascinating world of pyrotechnics by exploring the science behind fireworks!

They discovered how different metal ions create vivid flame colours, from the deep red of strontium to the bright green of barium and the brilliant blue of copper.

By experimenting with various metal salts, they learned not only why fireworks light up the night sky with such a range of colours but also gained hands-on experience with the chemistry behind these bursts of light. The session sparked curiosity, left everyone excited to learn more, and even gave some a newfound appreciation for the chemistry hidden in everyday displays.



CREST Award Mentoring Opportunity

This year, many of our Year 12 students are completing the Crest Science Award. This is a student-led research project, where students pick a topic or area to research including experiments focused topics such as sound proofing technology and psychological studies.

We are looking for mentors in STEM fields who are interested in potentially providing mentoring support to students during this academic year. This would be an opportunity to provide guidance on pointers to a student on their project either in person or online.

Please contact jbu@kingsdale.southwark.sch.uk if your child would like to participate.



Careers talk - Charities and the Third Sector Tuesday 19th November 2024

Interested in exploring a career in the Charities sector, sometimes also called the Voluntary or Third Sector? Want to know more about the difference these organisations can make, and what role they play in our society? Want to learn about the steps you could take to get involved in this world?

Our students are invited to come to our careers talk on **Tuesday 19 November in CR3 at 1pm.**

Students should bring their lunch and get in touch with Ms Markes if they need an exit slip to allow them to leave 5 minutes early from Period 4.

Students who wish to attend should please sign up using this [Form](#). Note people who have not signed up may not be allowed to come to the talk.

Any questions please e-mail Ms Markes at dms@kingsdale.southwark.sch.uk



SCHOOL NEWS

Careers Talks 2024-25

A reminder of the other careers talks that are coming up – students can sign up [here](#).

Note that the engineering and medicine talks have changed dates to avoid clashes with exam weeks.

Voluntary and Community Sector (Charities)

Years 9, 12 & 13

19th November 2024 at 1.10pm

Engineering

Years 8 & 10

26th November 2024 at 12.15pm (*date changed*)

Asset Management

Years 12 & 13

29th November 2024 at 12.55pm

Medicine (GP)

Years 12 & 13

2nd December 2024 at 12.55pm

Clinical Psychology

Years 12 & 13

5th December 2024 at 12.55pm

Museum Sector

Years 8 & 10

10th December 2024 at 12.15pm

Medicine

Years 8 & 10

14th January 2025 at 12.15pm (*date changed*)

**Business: Vodafone Customer Success Manager;
Energy Investment Banking (ex-students)**

Years 9, 12 & 13

28th January 2025 at 1.10pm

Apprenticeships: Red Carnation Hotels

Years 8 & 10

11th February 2025 at 12.15pm

Neuroscience

Years 8 & 10

4th March 2025 at 12.15pm

Data Centres

Years 9, 12 & 13

11th March 2025 at 1.10pm

Medicine Information Session

Year 12

12th March 2025 during enrichment

Architecture

Years 8 & 10

18th March 2025 at 12.15pm

Law Information Session

Year 12

7th May 2025 during enrichment

Charity Sector: Amnesty International

(*focus on data*)

Year Groups TBC

13th May 2025

Health Economics

Year Groups TBC

6th June 2025

Humanitarian & Development Aid

Year Groups TBC

24th June 2025

Later in the year, we plan to offer talks on the following careers amongst others: economics, journalism; theatre hair & make-up, humanitarian & development aid, law, architecture, neuroscience; and information about apprenticeships.

Details of these will be sent nearer the time.

Kingsdale Careers Programme 2024-25 Volunteers Invited!

Parents! We still need your help to support our careers programme for 2024-25!

If you think you would be able to support us with any of our Careers programme, including the lunchtime talks, the Careers Fair, or in any other capacity, please contact us via the email below.

careers@kingsdale.southwark.sch.uk

MUSIC CONCERTS

The Music department is delighted to announce the dates for this year's Scholars' Concerts, where all Kingsdale musicians are invited to perform either as soloists or in small groups. Family and friends in the Kingsdale Community are warmly invited to attend these outstanding free events.

For any enquiries please email: musiclessons@kingsdale.southwark.sch.uk



KINGSDALE MUSIC NEWS

Tuesday 19th November

Guitar 1: *Mr. Burnett, Mr. Glasser, Mr. Somervell's Guitar & Bass Scholars*
Juniors 5pm & Seniors 6pm

Wednesday 20th November

Upper Strings Scholars: *Violin and Viola Scholars*
Juniors 5pm & Seniors 6:30pm

Friday 22nd November

Guitar 2: *Mr. Melovski, Mr. Tonks & Mr. Johnson's Scholars*
Juniors 5pm & Seniors 6:30pm

Wednesday 27th November

Singers 1: *Ms. Vaughan, Mrs. Burke & Ms Heard's Scholars*
Juniors 5pm & Seniors 6:30pm

Friday 29th November

Singers 2: *Ms. Bastick-Vines & Mr. Lloyd-Smith's Scholars*
Juniors 5pm & Seniors 6pm

Monday 2nd December

Brass: *Trumpet, Trombone, French Horn, Tenor Horn, Baritone & Tuba Scholars*
Juniors 5pm & Seniors 6pm

Tuesday 3rd December

Woodwind: *Clarinet, Saxophone, Flute, Oboe, Bassoon, Recorder Scholars*
Juniors 5pm & Seniors 6pm

Thursday 5th December

Jazz Piano: *Mr. Glasser & Mr. Carter's Scholars*
All Students at 5pm

Friday 6th December

Piano 2: *Ms. De Geer & Ms. Qiu's Scholars*
Juniors 5pm & Seniors 6:30pm

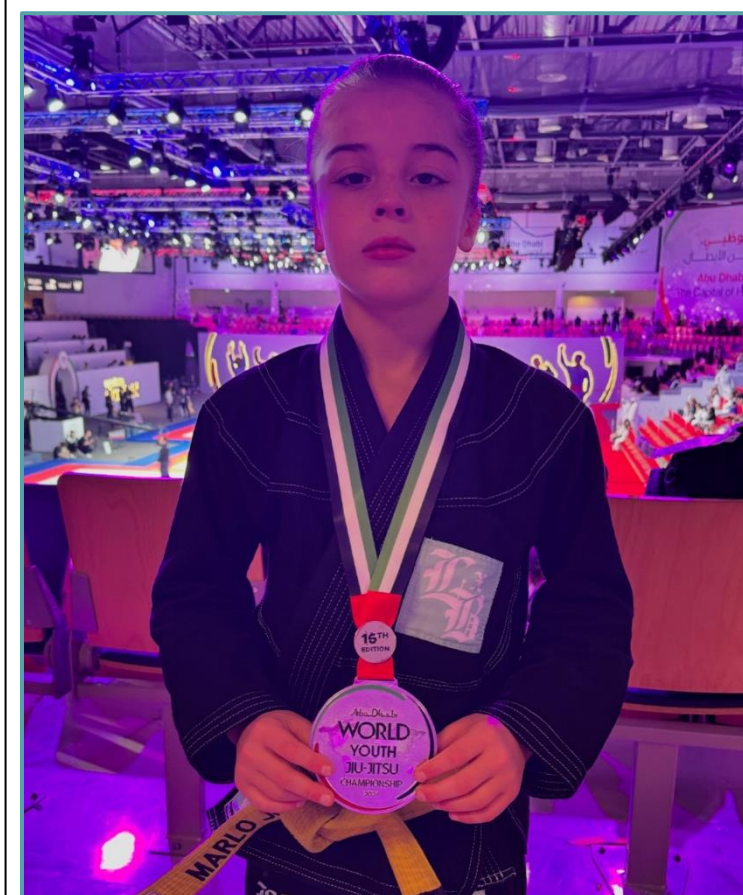
Thursday 23rd January

Steel Pans: *All groups*
All Students perform at 5pm

Cross Country Competition News

On Thursday 7th November we had our Junior Boys and Girls, and Intermediate Girls attend the Regional Cross Country Cup. We had a great day with both our Junior and Intermediate Girls qualifying for the Nationals which will be held in Leeds on 7th December 2024.

Special mentions go to Emery Aldridge for placing 2nd in Junior Boys, Seren Yeatman for placing 9th in Junior Girls and Sofia Mendes for placing 5th in Intermediate Girls.



Abu Dhabi Jiu-Jitsu World Youth (ADJJP) Championships

Congratulations to Marlo Jones, Year 7, who won a Silver medal at the ADJJP World Youth Championships in Abu Dhabi at the weekend where he competed two weights above his own category to challenge himself.

This year he has now won the IBJJF Brazilian nationals in Sao Paulo and the IBJJF World Championships in Florida as well as a Bronze medal in the European championships in Lisbon (competing at a weight above)

Marlo has finished the year as the World Number 1 for his age and is considered one of most exciting child jiu jitsu athletes overall in the world.

Well done Marlon.

SPORTS AND PERFORMING ARTS NEWS

KFS disclaimer. Please be advised Match reports produced and presented by student reporters.

Year 7 Indoor Athletics Trials Tuesday 19th November

The trials will be held in the Sports Hall.

Girls' Trials 3.40-4.30pm

Boys' Trials 3.30-5.30pm

Please come to school in your PE kit and bring a water bottle.

Dance Workshop at the Brit School

Last week 17 Students from Year 7-10 had the opportunity to attend the Brit School for a 2-hour free workshop. Students were taught by Year 13 dancers. The choreography was in two styles of dance, Contemporary and Street, which the students thoroughly enjoyed.

The students represented the school to a very high standard and displayed an impressive level of commitment when performing. There will be further opportunities in the new year for students that were unable to attend on this occasion.

The National Secondary Schools Dance Competition will be taking place on the following dates:

Mon 3rd March 2025 (Chatham) GBDO

Wed 26th March (Milton Keynes) UDOIT





Student Recommendation
Minnie Cudby, Year 10 recommends *Rebecca* by Daphne Du Maurier

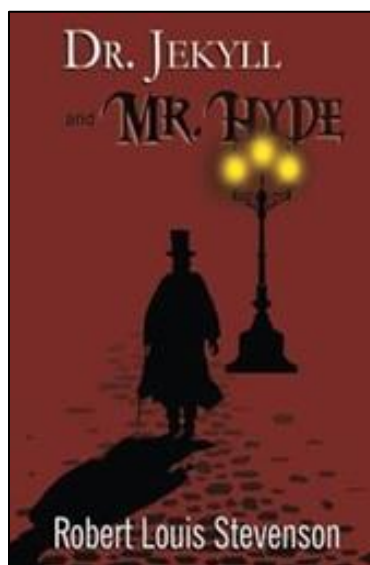
On a trip to the South of France, the shy heroine of *Rebecca* falls in love with Maxim de Winter, a handsome widower.

Although his proposal comes as a surprise, she happily agrees to marry him. But as they arrive at her husband's home, Manderley, a change comes over Maxim, and the young bride is filled with dread. Friendless in the isolated mansion, she realises that she barely knows him. In every corner of every room is the phantom of his beautiful first wife, Rebecca, and the new Mrs de Winter walks in her shadow.

Minnie really enjoyed the gripping plot, and the writing was really suspenseful!

Best suited for Year 9 students and older.

Reading Recommendations



Teacher Recommendation

Mrs Kaur recommends *Jekyll and Hyde* by Robert Louis Stevenson.

The disturbing Mr. Hyde is making his repugnant presence known in late 19th Century London. But punishment for his vile acts is always parried by the good, and well-respected, Dr. Jekyll.

The latter's circle of friends are concerned about him; what is the meaning behind their secretive relationship?

Mrs Kaur really enjoyed the exploration of the theme of dual personalities.

Advanced vocabulary alert! Best suited for students in Key Stage 4 and older.

CALENDAR 2024-25



You can also find lots of other useful sources of information on the school website [here](#). This includes further details about the operation of the school, including Term Dates, Assessment and Uniform.

Should you have any suggestions for additions to our website, please contact Mr Karp, via email tkp@kingsdale.southwark.sch.uk

For further information on term & holiday dates, please contact the Attendance Team via attendance@kingsdale.southwark.sch.uk

AUTUMN TERM 2024

Second Autumn Half-Term

Monday 4th November – Friday 20th December

Christmas Break

Monday 22nd December – Thursday 2nd January

SPRING TERM 2025

Friday 3rd January INSET DAY

School closed to students except those in Year 11
All other students return on Monday 6th January 2025.

First Spring Half-Term

Friday 3rd January – Friday 14th February

Half-Term Holiday

Monday 17th February – Friday 21st February

Second Spring Half-Term

Monday 24th February – Friday 4th April

SUMMER TERM 2025

First Summer Half-Term

Tuesday 22nd April – Friday 23rd May

Tuesday 22nd April INSET DAY

School closed to students except those in Year 11

Mayday Bank Holiday

Monday 5th May 2025

Half-Term Holiday

Monday 26th May – Friday 30th May

Second Summer Half Term

Monday 2nd June – Friday 25th July

Friday 25th July INSET DAY

School closed to students except by invitation

ZAP Community Workshops and Bullying Awareness and Assertiveness Workshops

The Service:

We offer friendly, impartial, non-judgmental information, advice and support to parents, carers, family members or professionals who are concerned about a child - either because they are being bullied, or because they may be involved in bullying others. Bullying can happen anywhere - inside and outside of school, in the community, in the home, and online.

Workshops

Kidscape's ZAP assertiveness one-day workshops teach young people who are bullied practical skills to deal with bullying situations effectively. The workshops also help to build confidence and self-esteem. The workshops run every fortnight between 10am and 3.30pm at a venue close to Victoria Station and there are separate workshop dates for 9-11 year olds and 12-16 year olds. There are usually 10 young people that attend each workshop. Parents and carers also attend a separate afternoon session on the same day, where they are given information and advice on how to effectively support their child and practise the skills their child has learnt.

Who is the service for?

This service is not restricted to Southwark residents - anyone can apply! It is for 9-16 year olds, and their parents/carers. ZAP is for 9-16 year olds who have experienced bullying.

Accessibility of this service

ZAP has been running in London for 15 years, and has been attended by young people and parents with a variety of special educational needs, disabilities and emotional needs. More recently, the workshop content has been reviewed in collaboration with a group of young people and staff from a social enterprise called Autism & ADHD. There are occasions when ZAP is considered unsuitable for a child, and this is assessed on a case-by-case basis. If you have any questions about the suitability of ZAP for your child, please do not hesitate to get in touch with us.

How and when can I contact you?

The Parent Advice Line is open part-time during the week. If we are not available at the time you call, please leave a message and we will soon be in touch.

- Call: 020 7823 5430
- WhatsApp: 07496 682785
- parentsupport@kidscape.org.uk

How can I access this service?

Parents and carers can apply at www.kidscape.org.uk/zap



Southwark Independent Voice

Empowering families - creating brighter futures

Southwark Independent Voice (SIV) was created in 2019 by a group of Southwark parent volunteers of children/young people with SEND aged 0-25.

Having previously struggled to access services and support they decided to come together to improve the pathway and outcomes for families of children/young people aged 0-25 with SEND in Southwark.

They actively participate in co-production with the Local Authority (Southwark Council), Clinical Commissioning Group (CCG), the NHS and other partners. Their aim is to ensure positive and productive outcomes for children and young people aged 0-25 with special educational needs and learning disabilities (SEND).

They aim to keep you up to date on events, news and consultations that are relevant to families of SEND (0-25) through our website, email, events, newsletters and social media.

Click [Here](#) for the website where you can sign up for more information.



SPOTLIGHT ON NEURODIVERSITY

We're taking the time to look at just what it means to be neurodiverse and why it should be celebrated as a positive thing.

It's estimated that 1 in 7 people in the UK have a neurodivergent condition, which equates to about 15% of the population, but the real figure is likely to be higher as many conditions are missed, misdiagnosed, or simply not reported.

Daniel Radcliffe



"It has never held me back, and some of the smartest people I know are people who have learning disabilities. The fact that some things are more of a struggle will only make you more determined, harder working and more imaginative in the solutions you find to problems."

- Daniel is well known for playing the character of Harry Potter in the film adaptation of J.K. Rowling's 'Harry Potter' series.
- In 2008, he revealed that he has a mild form of dyspraxia.
- Daniel has always dreamt of being an actor and, though he is widely known for his role in Harry Potter, he has also had numerous other roles, both in films and TV shows as well as on stage.
- As an actor, he has won more than ten awards.

Jonathan Drane



"I also want to challenge the stigma associated with ADHD and show other young people living with the condition that anything is possible, whatever life throws at you."

- Jonathan is a judo champion and Commonwealth medallist.
- In 2014, he became a patron of the ADHD Foundation.
- He is a visually impaired athlete and was also diagnosed with ADHD when he was 15.

Mollie King



"I think my main message is to not let it ever stop you and to realise that you might find some things harder but there are so many benefits to it. I think that you become a naturally hard worker but there are so many creative people and so many people who achieve such wonderful things who are dyslexic so don't let it hold you back."

- When Mollie was ten years old she was diagnosed with dyslexia.
- She was part of a band called The Saturdays and now presents a show on BBC Radio1.

Greta Thunberg



"Being different is a gift, it makes me see things from outside the box I don't easily fall for lies, I can see through things. If I would've been like everyone else, I wouldn't have started this school strike for instance."

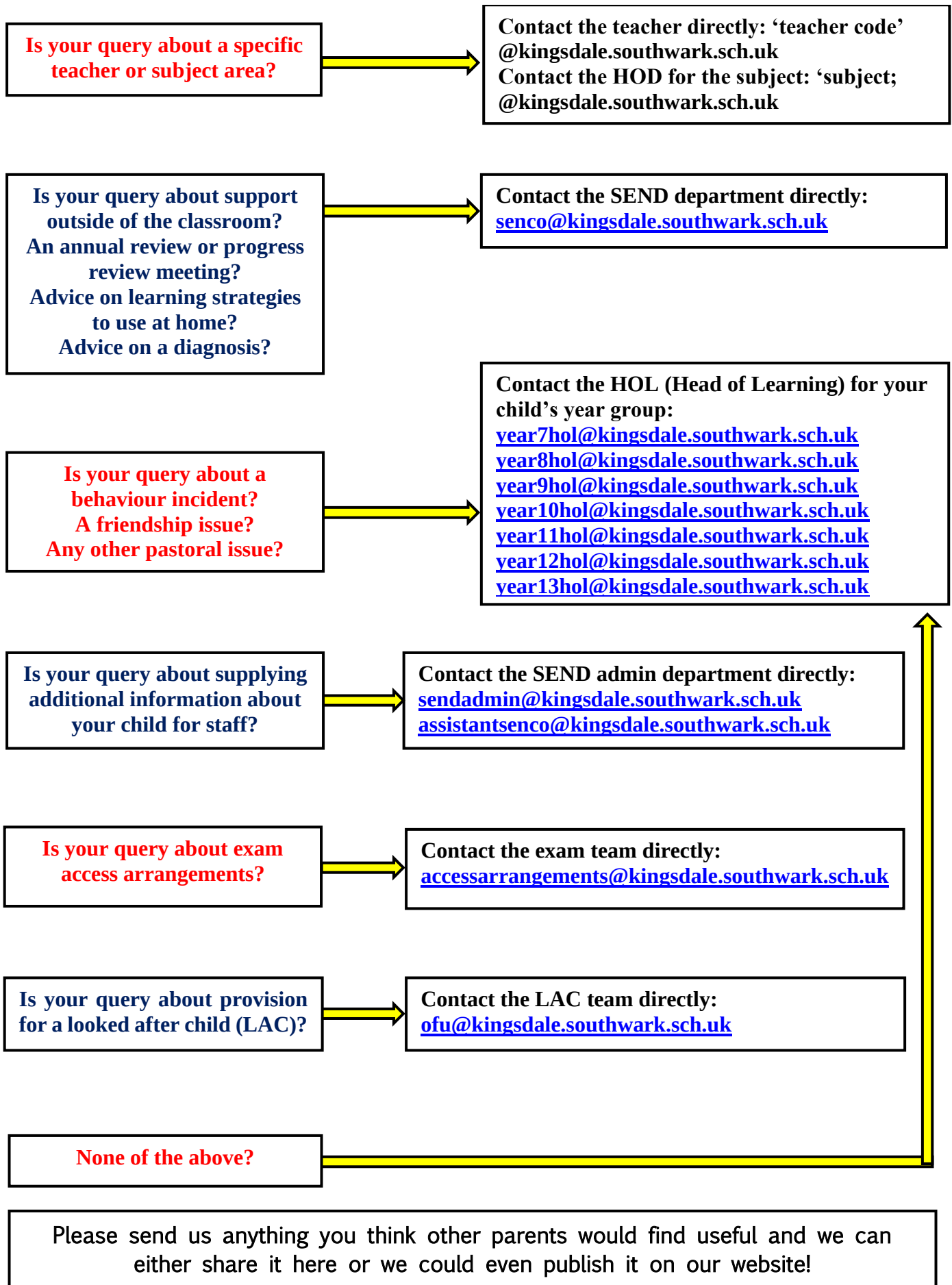
- At 15, Greta began encouraging children around the world to join her in protests about climate change.
- At just 16 years old, she was nominated for the Nobel Peace Prize.
- Greta has a diagnosis of autism.

Strengths of neurodiverse people:

Knowing their strengths	How many times have we had the dreaded question, 'What are your strengths and weaknesses?'. We hate it because we don't know how to answer it, but someone who is neurodiverse usually can. They've spent their whole lives having to work out what their strengths are so they know exactly what they're good at and where they will flourish.
Creativity	The neurodiverse often excel at thinking outside the box and can come up with wonderfully creative ideas and solutions. They are problem solvers and an asset in any workplace.
Hyper-focus	While some view being hyper-focused as a bad thing, and it can be if it's not monitored, it can also be an extremely useful skill. Being hyper-focused means that you see things that other people don't and can pick up on small details that otherwise would have been missed.
Determination, kindness and quite often, a strong sense of social justice	The neurodiverse are often empathetic to the struggles of others and will, wherever possible, go out of their way to help those who need it.

Communication Flowchart: SEND

At Kingsdale we would like our communication to be as effective as possible. Please see the flowchart below to help us support your child effectively and get the information needed to the right people.



The School Shop

A reminder that our School Shop is now open during the school day to enable students to purchase a range of useful items that they might need. This includes stationary and uniform items; all of which can be purchased using their school fob. The School Shop is located in the main Atrium nearest to the green stairs.



Lost Property

We are still receiving a large number of items that have been mislaid or lost by students.

In many cases, these items are unlabelled, making it very hard for them to be quickly and successfully reunited with their owners! Please can we ask parents to label all items of their children's property at school, including water bottles, blazers and coats. Lost property queries can be directed to lostproperty@kingsdale.southwark.school.uk

Ways we communicate with Parents and students



We communicate with students & parents via:

Student & Parent Email

Please ensure we have your correct email and mobile phone contact details. Students should also be regularly accessing their student email accounts.

MS Teams

Used to share schoolwork, assignments and files.

Twitter/Website

You can find us at @kingsdalefs. Our website at: www.kingsdalefoundationschool.org.uk

SatchelOne (previously SMHW)

Used to share homework details and other school news via the Notice Board feature with students and parents. Login [here](#).

MyEd app

Downloaded for free at: <https://www.myedschoolapp.com/>
This app provides a range of useful info for parents.

SCHOOL NEWS



KFS Uniform Bank

Our uniform is a key part of our identity and as such we are able to help parents and carers in providing quality uniform items. Sadly, the cost of living is still rising and some families are finding it a challenge to cover all bases in bringing up a family. There is also the negative environmental impact in design and disposal within the clothing industry to consider. Kingsdale community families can acquire cleaned and sanitised pre-worn uniform blazers (Belmont Dry Cleaners in Croxted Road have been most generous with their time and costing in this matter) and other items, dependent on availability, at a much, reduced rate.

The Uniform Bank will also be open between 3.45pm and 4.45pm each Monday, Wednesday and Friday. Please, always check for availability of items prior to making a purchase. This is a rolling programme that continues throughout the entire academic year and as such we are always looking for donations. Please leave washed and folded clothes at the main Reception area. Items of uniform will be available at other times of the year depending on supply. If you would like to help in any way please make yourself known to the team.

If you have any queries, do not hesitate to contact: Mr Lewis at jls@kingsdale.southwark.sch.uk



Talking to your child about

SHARING IMAGES ONLINE

For children and young people, socialising online is part of normal life. Chatting online and sending messages, photos and videos can be a good way of strengthening friendships. Sometimes, however, they can misjudge boundaries and may not realise the impact of their actions.

They can also be manipulated or pressured by others into sending inappropriate content, such as nude or semi-nude images. These can be sent for reasons including humour, shock-value, revenge or exploring bodies and relationships. Once images are shared, they can't be retrieved, leaving them vulnerable in many ways.

Having conversations with your child at an early age about what is and isn't ok to create and share can help keep them safe.



What can you do to keep your child safe online?

S

Set clear boundaries.

Agree with your child what they can do online and their access to certain apps/websites.

T

Talk with your child and be supportive.

Listen to what they already know so you can start a conversation about what normal use is.

E

Educate everyone in the family.

Make sure all family members know what isn't appropriate and how to stay safe online.

E

Evolve with the internet.

Keep up to date with technology used by your child and their features such as smartphones, VR headsets etc.

R

Research, review and regulate the apps and websites your child uses. This will allow you to decide whether they should use them and how to keep them safe online.



Prosecutions of children are very rare but there can be legal consequences to sharing nude or semi-nude imagery of a child (photos, cartoons or other picture formats), even if the person doing so is a child. If you think your child has shared an inappropriate image, speak to an advisor at the Child Exploitation and Online Protection Command (CEOP). Details below.



FOR SUPPORT AND ADVICE, PLEASE VISIT:



ParentZone – Resources for parents/children to help keep kids safe online.



CEOP Education from the National Crime Agency – Advice, information and resources to use with your child to help keep them safer from online child sexual abuse.



Internet Matters – Comprehensive resources and expert guidance to help parents/carers keep their children safe online.



A safe space for teenagers worried about sexual behaviour

Our new website for young people with concerns about their own or someone else's sexual thoughts and behaviour.



shorespace.org.uk

Why Shore?

- It is one of the only resources of its kind in the world, designed specifically for young people with concerns about sexual behaviour
- It has reliable information to get anonymous help if they or a friend has acted harmfully online

SCHOOL NEWS

Safe Travel to School

At school, we have shared the key messages about keeping safe with the students. Some of the key messages are outlined below:

“LOOK UP LOOK OUT”

- **BE AWARE** of your surroundings.
- **BE AWARE** when using your mobile phone.
- Know your route home.
- Keep to busy roads.
- Try to be with other people.
- If someone tries to stop you keep walking.
- **SHOUT** for help and make **NOISE**.
- If anything happens speak to a trusted adult as soon as you can.
- **RUN HIDE TELL**.
- There is no right or wrong response as each situation is different but remember that **YOUR SAFETY IS PARAMOUNT**. Only **YOU** can assess the risk.
- Possessions are replaceable, but **you are not**.

Your child must contact the Police immediately on 999 if they are concerned about their safety or if they are the victim of a mugging/attempted mugging.

Students and Parents should also inform the school so that we can offer pastoral support and liaise with our Safer Schools Officer – PC Crampton.

Please contact Mr Harding via dhg@kingsdale.southwark.sch.uk with any queries.



Kingsdale is a Safe Space

We would like to take this opportunity to once again remind students and their families of our two confidential emails which are operational both during and outside of school hours.

This provision is available for any member of our school community wishing to seek advice, discuss any matters relating to mental health & well-being or report an incident or concern confidentially via email.

We appreciate that students, parents, carers or guardians may wish to speak to someone outside of school hours or may wish to disclose an incident or concern confidentially or anonymously.

Our two confidential emails are:

health&wellbeing@kingsdale.southwark.sch.uk

tellsomeone@kingsdale.southwark.sch.uk

Please contact **Ms V Turner** for further information regarding this provision or any matters relating to mental health & well-being at Kingsdale School.

HOUSE COMPETITIONS



After the Crash
Every road victim counts
Road Safety Week 

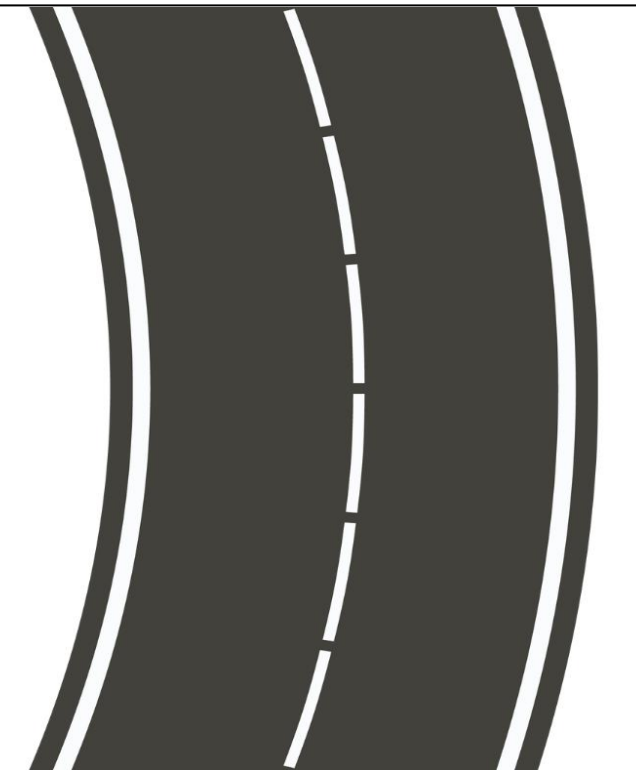
17-23 November 2024 | **#RoadSafetyWeek**

ROAD SAFETY WEEK – 17-23 NOVEMBER 2024

Road Safety Week is organised annually by Brake, one of the largest of the road safety charities and this year, they are focusing on the human impact of road crashes. They aim to raise awareness of the devastating effects these incidents have on families, while also honouring the remarkable individuals who support those affected by road deaths and serious injuries.

STUDENT TASK: The 2024 official Road Safety Week theme is 'After the Crash'. To raise awareness of the dangers of excess or inappropriate speed, create a banner with this theme. These posters will be placed at the entrance of the school.

HOW TO ENTER: Submit your entry to housesystem@kingsdale.southwark.sch.uk. Ensure your entry is accompanied by your **full name** and **tutor group**. Prizes will be awarded to outstanding entries.




CHOOSE RESPECT
#ANTIBULLYINGWEEK

Eagle House Students Champion Anti-Bullying Week
This year, students in Eagle House have been actively involved in promoting Anti-Bullying Week, which focused on the theme of 'Choose Respect.' With creativity and passion, students created powerful posters to display around the school, spreading the important message of kindness, respect and understanding. The theme was chosen with the aim of empowering both students and staff to take positive action against bullying. It encourages everyone to speak out, stand up, and show respect, as we believe that by challenging bullying, we can work together to change it.



ANTI BULLYING WEEK

SPEAK OUT

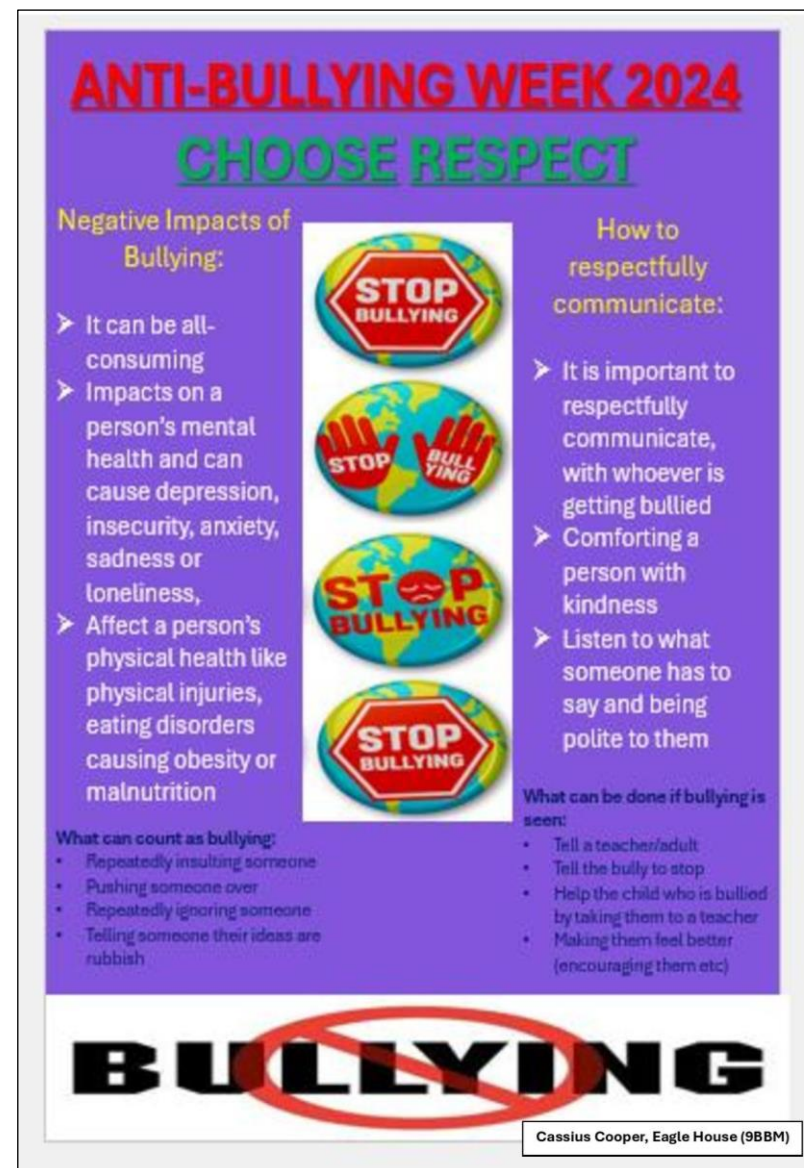
STOP BULLYING!

Bullying is not right
it is not fair.

give respect → get respect

AGREE TO DISAGREE

Oscar Keneyinboh, Eagle House, 7NMJ



ANTI-BULLYING WEEK 2024
CHOOSE RESPECT

Negative Impacts of Bullying:

- It can be all-consuming
- Impacts on a person's mental health and can cause depression, insecurity, anxiety, sadness or loneliness,
- Affect a person's physical health like physical injuries, eating disorders causing obesity or malnutrition

How to respectfully communicate:

- It is important to respectfully communicate, with whoever is getting bullied
- Comforting a person with kindness
- Listen to what someone has to say and being polite to them

What can be done if bullying is seen:

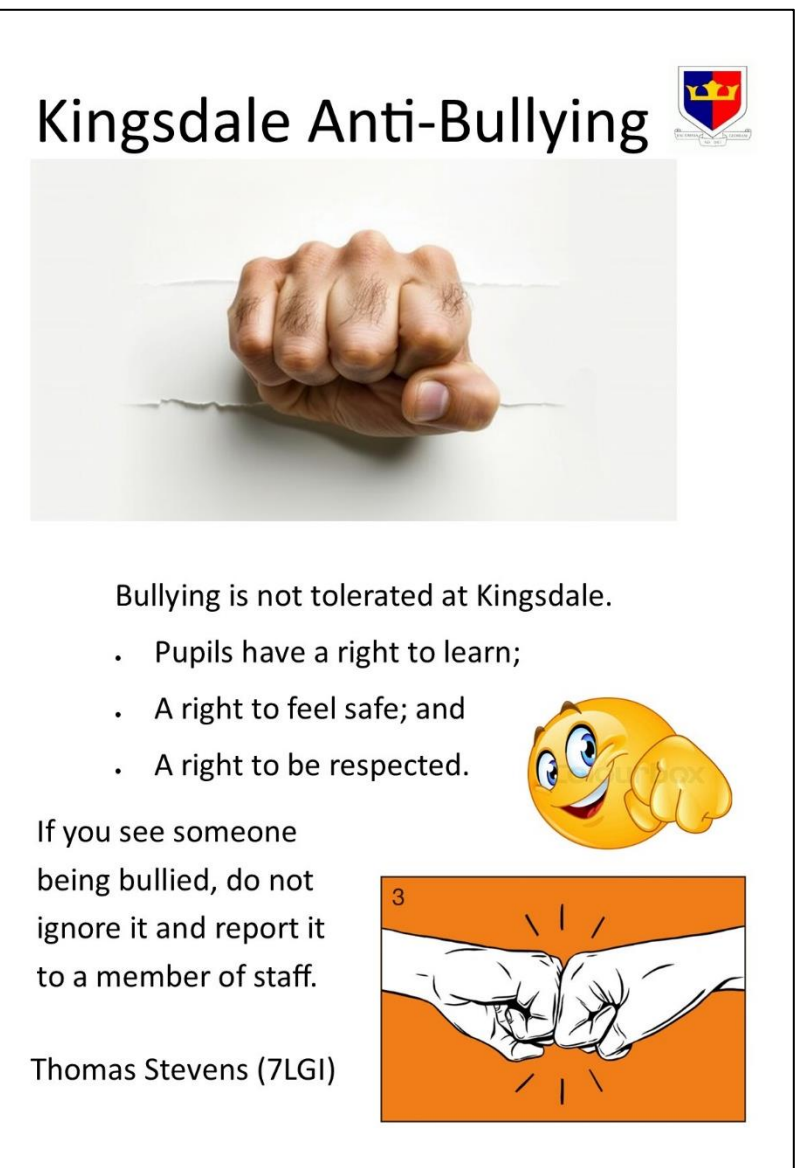
- Tell a teacher/adult
- Tell the bully to stop
- Help the child who is bullied by taking them to a teacher
- Making them feel better (encouraging them etc)

What can count as bullying:

- Repeatedly insulting someone
- Pushing someone over
- Repeatedly ignoring someone
- Telling someone their ideas are rubbish

STOP BULLYING

Cassius Cooper, Eagle House (9BBM)



Kingsdale Anti-Bullying

Bullying is not tolerated at Kingsdale.

- Pupils have a right to learn;
- A right to feel safe; and
- A right to be respected.

If you see someone being bullied, do not ignore it and report it to a member of staff.

Thomas Stevens (7LGI)



Social media influencers are people who have established credibility in a specific industry and have the power to influence other people's decisions. Most commonly associated with YouTube and Instagram, 'Influencers' will usually have a large number of followers and be viewed as authentic by their audience. It is for this reason that many influencers are often paid by big companies to promote their products in the hope of persuading their followers to purchase those goods.

25K



What parents need to know about SOCIAL PRESSURES LINKED TO 'INFLUENCERS'



AN UNREALISTIC PERCEPTION OF BODY IMAGE

Some of the most popular social media influencers often depict themselves as having the 'perfect body' and are paid to promote items such as health supplements or swimwear, which young people believe can help them achieve the same look. What is not always realised is that these images can be edited or filtered and aren't always a true-life representation. Your child may feel like this is what they need to look like and in some cases, become obsessed with their body image, which could contribute towards a lower self-esteem or even becoming depressed if they can't achieve the same look.



ENCOURAGING BAD HABITS

Although many social media influencers will get paid to advertise brands and their products, they will also post their own material online too, usually depicting their daily life or an activity for example. This may have both desirable and undesirable consequences, with influencers able to inspire both good habits, such as healthy eating, exercise or kindness. However it may also encourage children to adopt bad habits, such as drinking, smoking, swearing or even criminal behaviour, particularly if these are seen to be endorsed by the influencer.



AUTHENTICITY OF ENDORSEMENTS

Social media influencers hold a lot of persuasion with their audience and are often looked up to by younger followers. Many children will see them as credible, authentic and trust what they see online. However, some influencers may not always believe in the product they are promoting and therefore can mislead their followers, abusing their level of confidence in them. Your child may therefore find themselves looking up to people who are disingenuous or who feign interest in activities that they themselves do not actually care about.



BECOMING UNREALISTIC ROLE MODELS

As children become more and more involved on social media and identify who their favourite people are to follow, they may come to see social media influencers as role models, particularly if they are attracted by the lifestyle they see online. This could lead them into developing potentially unrealistic expectations of life and in some cases, using their role models as an escape from reality, particularly if they feel like they're own life isn't very fulfilling.



THE NEED TO HAVE EVERYTHING

Many social media influencers will take photos or videos of themselves wearing the latest fashion or jewellery which companies want them to promote. They may also be provided with the latest gadgets to promote or, if they are children, toys to play with in order to persuade their followers to purchase them. Many children will be keen to buy these items in order to keep up with the latest trends however if they get left behind, they could be made to feel inadequate or inferior by other children who do have them.



Safety Tips For Parents



FOLLOW WHO THEY FOLLOW

A good way to see first-hand who may be influencing your child is to create your own social media account and follow the same people they do. This will give you a strong indication of what is shaping how your child behaves, what they like and what they are taking an interest in.



TALK ABOUT ROLE MODELS

Role models can play an important part of your child's life, particularly outside of the home. Talk to your child about who they look up to and why. Remind them that not everybody online is who they seem to be and if you do have concerns that your child is being negatively influenced, work with them in finding more positive alternatives.

BUILD THEIR SELF-ESTEEM

It's important that your child is aware of how unrealistic perceptions of life can be depicted on social media and that it is easy to be deceived. Discuss with your child how images can be heavily edited, cropped or manipulated to create artificial scenarios and that often the lifestyle that people display on social media isn't always realistic or in fact the truth.



DISCUSS REALISTIC VS UNREALISTIC EXPECTATIONS

If you notice your child has suddenly taken a strong interest in the way they look, or you find they are a lot more body conscious, then it's a good idea to speak to them about why they feel that way. If they seem unhappy, try to build their self-esteem by talking to them and listening to their concerns, helping to build their confidence through praise and positivity. Remind them that looks aren't everything and not everything they see online is actually a true depiction of real life.



ENCOURAGE INDEPENDENT THINKING

Social media influencers can be quite powerful individuals who hold a lot of persuasive power so it's important to encourage your child to think independently about everything they see and engage with online. Talk to them about the dangers of blindly following others and in keeping an open mind when viewing content. Teach them to always question people's motives online, especially when they see individuals are promoting a brand or product which they are likely to have been paid to advertise but may not necessarily personally endorse.



Meet our expert

Pete Badh is a writer with over 10+ years in research and analysis. Working within a specialist area for West Yorkshire Police, Pete has contributed work which has been pivotal in successfully winning high profile cases in court as well as writing as a subject matter expert for industry handbooks.



SPORTS FIXTURES



HOUSE NEWS

Online Safety Corner

For this week's Online Safety focus, we are looking at everything Parents/Carers need to know about **'Social Pressures: Influencers'**.

Please read! Remember to keep an open dialogue with your child about their activities online. **See page 17 above.**



Monday 18th November 2024

- Under-18s Boys' Football Home Match at KFS' Pyneers Fields vs ACS International School. Leave school at 12.50pm. Start 2pm. Return at 4.30pm approx.: **Mr Jones**
- Under-16s Boys' B Team Football Home Match at KFS' Pyneers Fields vs The Windsor Boys' School. Leave school at 12.50pm. Start 2pm. Return at 4.30pm approx.: **Mr Pizzey**

Tuesday 19th November 2024

- Under-14s Boys' Rugby Away Match against St Ceallas, Church of England School. Leave school at 1pm. Start 2.30pm. Return at 5.30pm approx.: **Mr Roberts/Mr Price**
- Under-18s Girls' Hockey Away Match against St Dunstan's College. Leave school at 3pm. Start 4.30pm. Return at 6.30pm approx.: **Mr Pizzey**

Wednesday 20th November 2024

- Under-12 Boys' Elite Football Home Match against Tonbridge Wells Grammar School. Leave school at 1.45pm. Start 2.30pm. Return at 4.30pm approx.: **Mr Price/Mr Dash**
- Under-12 Girls' Hockey Away Match vs James Allen's Girls School. Leave school at 3pm. Start 4pm. Return at 5.30pm approx.: **Mr Pizzey**
- Under-13s Girls'/Boys' Indoor Athletics Southwark Schools Competition at Sacred Heart School. Leave school at 2.50pm. Start 4.15pm. Return at 6pm approx.: **Ms McErlain/Mr Foster**

Thursday 21st November 2024

- Under-16s Boys' Football A Team Away Match vs Bacons College. Leave school at 1pm. Start 2.30pm. Return at 6pm approx.: **Mr Price**
- Under-15 Girls' Football A Team Away Match vs Carrington School. Leave school at 1pm. Start 2.30pm. Return at 6pm approx.: **Mr Jones/Mr Foster**

Friday 22nd November 2024

- Under-12s Boys' Elite Football Home Match vs Tonbridge Wells Grammar School. Leave school at 1.45pm. Start 2pm. Return at 4.30pm approx.: **Mr Price/Mr Dash**

***Please note Fixtures/Events may be cancelled due to wet pitches.**

Extra Fixtures may be organised at short notice.

All fixtures can be viewed via the link below:
<http://www.kingsdaleschoolsports.org.uk>

The House Leader Board 2024-25

**Week ending
15th November 2024**

- 1st Place** – Dove 29,629 points
- 2nd Place** – Swift 28,095 points
- 3rd Place** – Albatross 27,143 points
- 4th Place** – Falcon 26,533 points
- 5th Place** – Eagle 26,498 points



Who going to win the race this academic year?
It's really close between Falcon and Eagle to avoid bringing up the rear!

Student Suggestion Boxes

To promote our well-established and highly effective Student Voice programme, there are suggestion boxes, which are located outside of the Attendance Office in the Main Atrium and the Office of The Headteacher at the bottom of the Green Stairs.

Please encourage your child to use this facility to make suggestions about how we can continue to improve our provision.



Remember!

You can access the school's Extra Curricular Sports page via clicking the following link here.

Please do not hesitate to contact Ms Turner at pe@kingsdale.southwark.sch.uk should you require any further information regarding the KFS sports programme.