**(INGSDAL** 



Issue 10 Monday 20th November 2023

#### HEADLINE NOTICES

#### Curriculum Coffee Mornings

Our next scheduled invitational Coffee Morning is due to take place for Year 11 parents on Friday 24th November between 11am & 1pm. These sessions are a great opportunity to meet staff and learn more about the curriculum for each year group. Parents who are interested in attending, must register via the link sent separately by email which also contains details of future events. We hope to see you there.

Please contact Mrs Chaudhary, Deputy Headteacher, via sca@kingsdale.southwark.sch.uk with any queries.

#### House Award for Excellence

Many Congratulations go this week to Alison



Taplin, Year 13, Albatross, who has been nominated for the prestigious House Award for Excellence by the Sport Health & Recreation Department. This recognition is for her outstanding contributions and exceptional commitment to various aspects of school life.

Alison generously gives of her time to assist with coaching and umpiring hockey games. Her selfless contributions to the overall sports culture within the school promote the growth and success of the hockey programme. By imparting her skills and knowledge, Alison has played a pivotal role in nurturing the next generation of athletes, fostering teamwork, discipline, and a passion for the sport. Her behaviour, both on and off the hockey field, has become a source of inspiration for younger students, encouraging them to strive for excellence and embody the values upheld by the school. Well done Alison!

#### Attendance Matters!

As part of the focus on attendance and punctuality, all students now receive an overview of their attendance and punctuality via their school email. This information has also been sent to parents. Please encourage your child/ren to check their school emails regularly for updates, so they can keep track of their attendance and punctuality, as well as other important messages regarding school opportunities and operation.

For any queries, please contact the Pastoral Assistant for your child's year group. You can find full email contact details in our Communication Directory which is available on our website here

#### **THEME & WORD** OF THE WEEK

#### Compassion

'You make a living by what you get but make a life by what you give.'

Commensurate **Definition:** Corresponding in size or degree; in proportion.

# SCHOOL NEWS



Autumn 2023-24 Music Scholars' Concerts We are delighted to inform you of the upcoming series of Scholars' Concerts, held in the Mary Graham School of Music Performance Hall, which will be taking place over the coming weeks. This exciting and varied programme will see Kingsdale's talented music scholars perform as soloists across every instrument and genre you can imagine! All of the Kingsdale community are warmly invited to attend. All Junior concerts are for Years 7-9 unless otherwise stated, with Senior concerts involving students in Years 10-13. We look forward to seeing you there.

Please see page 4 for more details.



Sixth Form Open Days for September 2024 Year 12 Entry

A reminder that our last remaining scheduled Open Event for this entry cycle is on

Wednesday 29th November 2023 1.30-6.30pm

Please note that all visits are by prior appointment. Prospective students and parents can book a visit by clicking here. Please direct any queries to Ms T. Dyer via sixthform@kingsdale.southwark.sch.uk A gig theatre spectacular



28 **NOV** 30 NOV 1 DEC \ 6:00 - 8:00PM

Standing tickets for a gig theatre experience

£4/2 TICKETS

KINGSDALE STUDIO THEATRE

**ALLEYN PARK, LONDON SE21 8SQ** 

#### **PLAYWRIGHTS:**

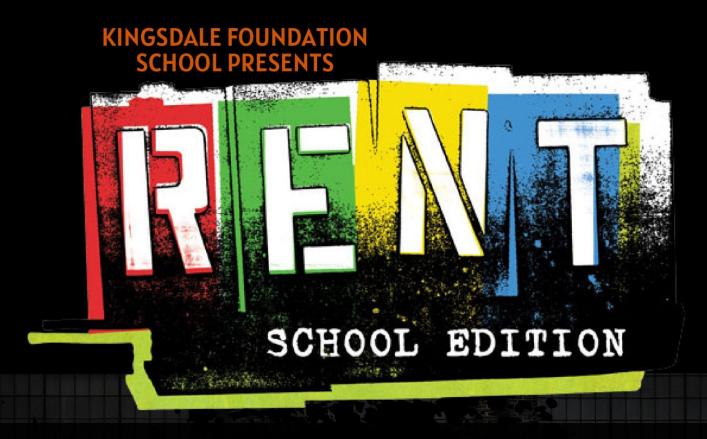
BECKETT - CARR - FRIEL - O'CASEY - McCAFFERTY McDONAGH - McGEE - McGUINNESS - MURPHY - REID

## **MUSIC:**

U2 - THE CRANBERRIES - STIFF LITTLE FINGERS VAN MORRISON - THE UNDERTONES - THE WATERBOYS CLASSICS FROM OUR TRADITIONAL FOLK BAND

#### TICKETS ON SALE IN THE DRAMA BLOCK

Accessible seating will be made available contact Mr Golding: qgg@kingsdale.southwark.sch.uk



Kingsdale Foundation School's Music and Drama Departments proudly bring you Jonathan Larson's 'RENT' The Musical. "RENT" is story of a group of working-class Bohemians and artists in New York City's East Village in the late 1980's, struggling to survive in the midst of the AIDS crisis. The show explores themes of sexual identity, poverty, racism, homelessness and the resilience that keeps these communities afloat against a background of police violence, political discrimination, and the harsh realities of life on the streets.

TUESDAY 12TH DEC 6PM
THURSDAY 14TH DEC 6PM
FRIDAY 15TH DEC 6PM
SATURDAY 16TH DEC 2PM

TICKETS ADULTS £5
CONCESSIONS £2
ON SALE IN THE DRAMA OFFICE

# @ KINGSDALE'S DRAMA STUDIO

## **MUSIC NEWS**

#### Autumn 2023-24 Music Scholars Concert Dates

Monday 20<sup>th</sup> November Piano Scholars

Junior concert 5.00pm, Senior concert 6.30pm

Tuesday 21st November Upper String Scholars

Junior concert (Years 7-8) 5.00pm Senior concert (Years 9-13) 6.30pm

> Wednesday 22<sup>nd</sup> November Woodwind Scholars

Junior concert 5.00pm - Senior concert 6.30pm

Thursday 23<sup>rd</sup> November Lower Strings Scholars

(Harp, Cello, Double Bass) Junior concert 5.00pm- Senior concert 6.30pm

Friday 24<sup>th</sup> November Singing 1 Scholars

(Mr Smith, Ms. Bastick-Vines, Ms. Heard) Junior concert 5.00pm - Senior concert 6.30pm

> Monday 27<sup>th</sup> November Brass Scholars

Junior concert 5.00pm - Senior concert 6.30pm

Tuesday 28<sup>th</sup> November Electric Guitar/Bass Scholars

Junior concert 5.00pm - Senior concert 6.30pm

Thursday 30<sup>th</sup> November Singing 2 Scholars

(Mrs. Burke & Ms. Vaughan)

Junior concert 5.00pm - Senior concert 6.30pm

Friday 1<sup>st</sup> December Acoustic Guitar Scholars

Junior concert 5.00pm - Senior concert 6.30pm

Tuesday 5<sup>th</sup> December Drums/Percussion Scholars

Junior concert 5.00pm - Senior concert 6.30pm

Thursday 7<sup>th</sup> December

Jazz Scholars

Junior concert 5.00pm - Senior concert 6.30pm

Thursday 11<sup>th</sup> January Steel Pan Scholars Concert 5.00pm The Birth of the Kingsdale Symphony Orchestra



We are thrilled to share the resounding success of the Kingsdale Symphony Orchestra (KSO), held during the Autumn half-term break from 30th October to 3<sup>rd</sup> November 2023. This intensive holiday course saw Kingsdale musicians tackle challenging and exhilarating repertoire, including works by Schubert, Marquez and Richter. The long days of hard work and rehearsal culminated on the final day with a concert attended by proud family members and friends. All involved would like to extend their heartfelt gratitude to the dedicated staff members whose tireless efforts ensured the workshop's success. Additionally, we would like to thank the parents who showed their unwavering support by attending the concert.

Last but not least, a standing ovation to our performers for their outstanding commitment to learning and their stellar performances.





We can't wait to see what future workshops will bring as, much like Schubert's 8<sup>th</sup> Symphony, this project is currently unfinished.

Bravo to all involved! Please direct any queries to perfomarts@kingsdale.southwark.sch.uk

# **HUMANITIES NEWS**



Sixth Form Politics Talk at Kingswood House

Our Sixth Form politics students were lucky enough to host a Q&A with local MP Helen Hayes last week as part of their Politics studies at Kingswood House. Helen is the MP for Dulwich and West Norwood and is also Shadow Education Minister for Early Years Education.



Helen Hayes MP

The event, which was hosted by Year 13 students Kimani Marcano Bruce and Rachael Leary, saw Helen, answer questions on a variety of different political topics, including education which is part of her main role as Shadow Minister for Early Years Education. She also discussed her own journey into politics, the challenges of being an MP today and the performance of the current government following the recent reshuffle. Such experience will be invaluable for students when building their political knowledge and we are excited to host more MPs in future. Watch this space for more exciting future events.

## **SCHOOL NEWS**



#### Love Your Doorstep Initiative

What is the Dulwich Community Patrol? It's a volunteer scheme that works in partnership with the Metropolitan Police to help keep local children safe. The programme started in Enfield, North London where they have seen great results with a 48%+ reduction in robberies.

Resident volunteers go out in pairs. Volunteers wear high-vis and provide a friendly, non-confrontational presence along the main streets in Dulwich/Herne Hill with the main focus being on helping to keep secondary school students safe. The patrol will run after school during term time.

Local routes are still being decided based on how many volunteers sign up and the local SNT's guidance regarding problem areas. Potential routes will cover between Herne Hill Station, North Dulwich Station and JAGS/Alleyn's.

There is a code of conduct and safeguarding policy that will need signing before volunteers join up.

Who is Encouraged to Sign-up as a Volunteer?

Anyone resident who's willing to don high vis and patrol our local streets between 15.30 and 17.00 (timings tbc) a couple or more times per month. Potential volunteers can sign up here: <a href="https://forms.gle/ivkAVrXMF3KPProq8">https://forms.gle/ivkAVrXMF3KPProq8</a>

#### When Will the Patrols Start?

A pilot scheme is now running in Dulwich and will conclude when schools break up for Christmas.

The scheme will be judged as successful if enough local volunteers sign-up to fill the patrols every day during the pilot and if the number of school run robberies is judged to have decreased as compared to the same time period during previous years.

#### Learn more here:

https://youtu.be/xdrPkNMVWxs?si=7llWTxdWZQNuAp <u>DC</u> or email Mr Harding, via <u>dhg@kingsdale.southwark.sch.uk</u>



# CREATIVE WRITING CLUB!

**WEDNESDAYS** 

4.15pm-5pm in the USL with Ms Dobson

Calling All Writers!
Come to Creative
Writing Club to write
and share poetry and
short stories. You will
be given fun writing
prompts and will
discover lots of new
poems and stories!



Gingerbread Cookies

Please sign up in FS1 on every

Tuesday for the following week's

session to secure your place.

# Ways we communicate with Parents and students



#### Student & Parent Email

Please ensure we have your correct email and mobile phone contact details.

Students should also be regularly accessing their student email accounts.

#### MS Teams

Used to share schoolwork, assignments and files.

#### Twitter/Website

You can find us at @kingsdalefs. Our website at: www.kingsdalefoundationschool.org.uk

#### SatchelOne (previously SMHW)

Used to share homework details and other school news via the Notice Board feature with students and parents. Login here.

#### MyEd app

Downloaded for free at:

https://www.myedschoolapp.com/

This app provides a range of useful info for parents.

To see more of the brilliant Art, Textiles, Photography, Graphics and Textiles work by our students, as well as Art alumni, please follow us on Instagram **@kingsdaleart** - **@kingsdaledandt** - **@kingsdalefoodscience** (age restrictions apply)



# Miranda Reula Gregorio

#### El Mar Gris

Country: London

School: Kingsdale Foundation School Dimension: 41 x 51cm

Medium: Oil on canvas

Age:

Believe it or not this is the coast of Málaga in Spain, the same one being commercialised as a crystal-clear beach or one not to miss when you go visit. When I arrived, instead of coming to blue waters, a

waterscape of greys took over. It was still as beautiful, just unexpected. By painting this sight, I'm hoping to make you realise that the purest beauty is found in those things you don't expect. The water was freezing.

**VOTE NOW** 

**BID NOW** 





# **Greta Cawley**

#### Losing Touch

School: Kingsdale Foundation School Dimension: 102 x 76cm

Medium: Oil on canvas

Age: 18

y: London

Painting of a person curled up on a sofa, staring dully into the distance. The background is painted in soft colours to create a disconnect from the realistic figure, which was done to isolate the model and put the viewer into the subject's perspective of emptiness and dissociation from reality. The subject is breaking apart at edges, showing they are slowly fading away and losing their sense of self. This painting also reflects the bore which life around has become for the subject. and how the world around has lost its spark or colour.

**VOTE NOW** 

#### 14/20



# Adriana Iznaga Kanerva

#### Reflection

School: Kingsdale Foundation School Dimension: 28 x 35cm

Medium: Oil on paper

Age: 16

Country: London

This piece, is inspired by the obsession with appearances found in today's society. I decided to use realism to convey how this is something that might be found in our everyday lives. The light glowing over the face represents how people tend to make initial judgements based on looks rather than character, leaving our other qualities in the shadows.

VOTE NOW

# THE SOVEREIGN ART FOUNDATION

We are proud to announce that three of our students have had work selected for the prestigious Sovereign Art Foundation Student Prize London.

The public vote is now open so please support our students by visiting <a href="www.sovereignartfoundation.com/sp-london">www.sovereignartfoundation.com/sp-london</a> and voting.

Congratulations Miranda, Greta and Adriana!

The winner will be announced on 13<sup>th</sup> December 2023.

You can visit the exhibition at Phillips, London:



# The London Students Prize Finalists Exhibition

Venue: Phillips, London

Opening Times: Monday - Saturday |

10am-6pm

Dates: 12 – 15 December

Admission: Free

# UNIFROG for Careers Education Information Advice and Guidance (CEIAG) stale offers the online careers tool

Kingsdale offers the online careers tool called **Unifrog** to all our students in the Lower School (Year 7 & 8). Middle School (Year 9 & 8), Upper School (Year 11) and Senior School (Year 12 & 13. Unifrog brings into one place, every undergraduate university course, apprenticeship, and college course in the UK. Additional opportunities include School Leaver Programmes and details on every college at Oxford and Cambridge. This makes it easy for students to compare and choose the best university courses, apprenticeships or further education courses for them. They can also explore exciting opportunities further afield by looking at English taught undergraduate programmes available in Europe and the USA. In addition, the platform helps students successfully apply for these opportunities by assisting them in the writing of their personal statements, applications and CVs, as well as guiding them through the process.

#### How to get started on Unifrog?

Students access the platform by accessing <a href="https://www.unifrog.org">www.unifrog.org</a>.

Please log in using their school email address and password; you can do so from any computer, tablet or smartphone.

We would encourage you to use the platform with your child, so you can support them through the process of deciding their next steps. In the case students do not receive login emails or do not remember the password, they can visit www.unifrog.org/sign-in and click on 'Reset password/Resend welcome email. This will trigger a reset password email on their school email account. This will allow them to create a password to log in.

We have also set up a parent login so that you can use Unifrog as if you were a student yourself, allowing you to support your child throughout the process. The sign-up code you need is: FOSQPARENTS and you can sign up here: <a href="https://www.unifrog.org/code">www.unifrog.org/code</a>

The Unifrog platform is designed to support learners in making the most informed decisions about their futures and has a range of tools that are suitable for all year groups.

Each student has their own personal account that provides a wide range of information related to their interests and aspirations. Key features of the platform include:

- Exploring Pathways personality quizzes, career and subject profiles, MOOCs and webinars
- Recording self-reflection about extracurricular activities and key employability skills
- Opportunities search tools showing live vacancies/courses/placements for apprenticeships, universities (in the UK and abroad), FE, virtual work experience and more
- Applications tools to help students build applications for a range of pathways (e.g., CVs, Personal Statements, Common App Essays)

We encourage all out students to read about the different careers that they find interesting on Unifrog. Careers tasks are set during the year using Unifrog.

We truly believe that this all inspiring Unifrog online career tool will offer your child an excellent insight into exploring every possible area in the world of work. This will assist us in keeping the commitment we have to providing students with outstanding careers guidance; equally tailored support when choosing their next steps after school.

For more information, please contact our careers team at <a href="mailto:careers@kingsdale.southwark.sch.uk">careers@kingsdale.southwark.sch.uk</a>





# Duke of Edinburgh Award Update as at 13<sup>th</sup> Nov 2023

- 1. Students who are in Years 9 13 and are not yet enrolled on the scheme are welcome to join the Bronze Duke of Edinburgh Award NEXT Academic YEAR. (*The cut-off date to join was 31st October*).
- 1a. All **NEW** participants for the award will have now:
  - Been added to the Bronze DoE TEAMS site –
    where all information about how to start/current
    events etc, is posted both in the 'chat section'
    and the 'files section'. Please look here for help
    and advice.
  - ALL PARENTS have access to the above information, deadlines and requirements to be invited out on expedition in 2024 on the school intranet site under Duke of Edinburgh Award section.
  - Please remember the KEY cut-off dates of 30<sup>th</sup> April and 14<sup>th</sup> July 2024. Please see details on the above sites.
  - Check BOTH parental emails for your child's DoE Welcome Pack. All Bronze awards were purchased on Thursday/Friday 9<sup>th</sup>/10<sup>th</sup> November 2023. A link was sent from the award to the email address of the person who received the link to pay for the award.
- Students who have completed their Bronze Award and who are considering joining the Silver Award programme will have received a direct email from Mr Dennington, offering them the chance to pay for the new award by November 30th. As already noted, the cut-off date to pay is 4th Jan 2024.
- 3. Pupil Premium Pupils years 9 to 13.

  If you have already paid then I will reimburse you this month (November). If you haven't paid but still wish your child to start the award, please email me (as some of you have already done) by Friday 24<sup>th</sup> November so that I can purchase your child's award before December 2023.

Should you have any queries about any aspect of the DoE programme at Kingsdale, please contact Mr Dennington via <a href="mailto:sdale.southwark.sch.uk">sdale.southwark.sch.uk</a>

# **CALENDER 2023-24**

#### AUTUMN TERM 2023 Second Autumn Half-Term

Monday 6<sup>th</sup> November – Thursday 21<sup>st</sup> December (*Thursday 21<sup>st</sup> December will be a half-day for students*)

#### SPRING TERM 2024 First Spring Half-Term

Thursday 4th January - Friday 9th February

#### INSET DAY

School closed to students except Year 11 Thursday 4<sup>th</sup> January

#### Half-Term Holiday

Monday 12th February - Friday 16th February

#### Second Spring Half-Term

Monday 19th February - Thursday 28th March

#### SUMMER TERM 2024

First Summer Half-Term

Monday 15<sup>th</sup> April – Friday 24<sup>th</sup> May

#### INSET DAY

School closed to students except Year 11 Monday 15<sup>th</sup> April

Mayday Bank Holiday Monday 6<sup>th</sup> May

#### Half Term Holiday

Monday 27th May - Friday 31st May

#### Second Summer Half Term

Monday 3<sup>rd</sup> June - Thursday 25<sup>th</sup> July

#### INSET DAY

School closed to students except by invitation Thursday  $25^{th}$  July

You can also find lots of other useful sources of information on the school website <a href="here">here</a>. This includes further details about the operation of the school, including Term Dates, Assessment and Uniform.

Should you have any suggestions for additions to our website, please contact Mr Karp, via email tkp@kingsdale.southwark.sch.uk

For further information on term & holiday dates, please contact the Attendance Team via <a href="mailto:attendance@kingsdale.southwark.sch.uk">attendance@kingsdale.southwark.sch.uk</a>

Confirmed dates for the 2024-25 academic year will be issued shortly via our website.

# **MATHS NEWS**

#### Mathematics Scholarship Programme 2023-24 Notice Update

Please see below for the schedule for the remainder of the Autumn term for **7 & 8** Scholarship sessions. The list of the groups has been posted on the Year 7 & 8 respective Microsoft teams' page. Please email <a href="mailto:eoo@kingsdale.southwark.sch.uk">eoo@kingsdale.southwark.sch.uk</a> with any queries.

# Year 7 Maths Scholarship Programme SCHEDULE AUTUMN TERM 2023

TIME: 15.50 - 16.35

| 22 <sup>ND</sup> NOVEMBER 2023 | YEAR 7C & YEAR 7D                 | Session 2:  Estimate the value of Pi  Ms Davis & Ms Lima Martins        | AR3 & AR4    |
|--------------------------------|-----------------------------------|---|--------------|
| 13th DECEMBER 2023             | 6 <sup>th</sup> Form Open Evening |   | Whole School |
| 6 <sup>™</sup> DECEMBER 2023   | YEAR 7C & YEAR 7D                 | Session 3:  Estimate the Area of a circle 1  Ms Davis & Ms Lima Martins | AR3 & AR4    |
| 13 <sup>™</sup> DECEMBER 2023  | Year 11 Parent's Evening          |   | Online       |
| 20 <sup>™</sup> DECEMBER 2023  | YEAR 7A & YEAR 7B                 | Session 3:  Estimate the Area of a circle 1  Mrs Deva & Mr Diedrick     | AR3 & AR4    |

# Year 8 Maths Scholarship Programme SCHEDULE AUTUMN TERM 2023

TIME: 16.20 - 17.05

| 22 <sup>ND</sup> NOVEMBER 2023 | YEAR 8C & YEAR 8D           | Session 3  Exploring triangles  Mr. Prior & Ms Burney         | MA1 & MA2 |
|--------------------------------|-----------------------------|---|-----------|
| 29 <sup>™</sup> NOVEMBER 2023  | NO SESSION Year 8 Exam week |   |           |
| 06 <sup>™</sup> DECEMBER 2023  | YEAR 8A & YEAR 8B           | Session 4  Construct triangles 1  Mrs Terziu & Ms Cherepanova | MA1 & MA2 |
| 13 <sup>™</sup> DECEMBER 2023  | Year 11 Parent's evening    |   | Online    |
| 20 <sup>™</sup> DECEMBER 2023  | YEAR 8C & YEAR 8D           | Session 4  Construct triangles 1  Mr Prior & Ms Burney        | MA1 & MA2 |

# **MATHS NEWS**

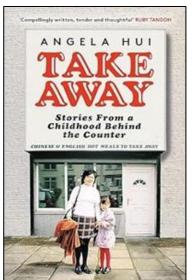
# Sparx Maths

This year, Hegarty Maths has been upgraded to Sparx, which is used to set homework tasks for Mathematics lessons.

To register, students will need to go to the Sparx site <a href="here">here</a>. Once there, type in the school's name 'Kingsdale Foundation School' followed by their personal details. They will then be prompted to set their own password. The user interface is very similar to Hegarty Maths, but the work set will be more adequate for each individual student's needs.

Should you have any queries, please contact

maths@kingsdale.southwark.sch.uk



Teacher
Recommendation
Art & Design's,
Ms Gardiner
recommends
Takeaway: Stories
from a Childhood
Behind the Counter
By Angela Hui.

Growing up in a Chinese takeaway in rural Wales, Angela Hui was made aware at a very young age of

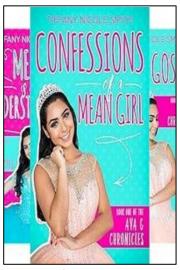
just how different she and her family were seen to be by her local community. From attacks on the shopfront (in other words, their home), to verbal abuse from customers and confrontations that ended with her dad wielding the meat cleaver; life growing up in a takeaway was far from peaceful.

But alongside the strife, there was also beauty and joy in the rhythm of life in the takeaway and in being surrounded by the food of her home culture. Family dinners before service, research trips to Hong Kong, preparing for the weekend rush with her brothers - the takeaway is a hive of activity before a customer even places their order of 'egg-fried rice and chop suey'.

Ms Gardiner was intrigued by the exploration of Hui's identity and the fabulous descriptions of traditional Chinese cuisine.

Some violence described; best suited for students in Key Stage 4 and over.

# **Reading Recommendations**



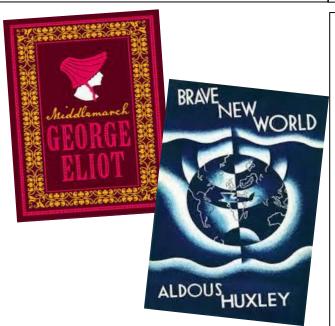
Student
Recommendation
Yildiz Ozguven,
Year 8 recommends
Ava G Chronicles
By Tiffany Nicole
Smith

Ava Groves is used to being the queen bee. When her parents decide to send her to a prestigious boarding school late in the

year, she's sure reaching popular girl status will be a piece of cake. Ava has the right look, the latest fashions, her mom is best friends with the dean and she'll be going to school with her bestie, Ava T. Everything should be a piece of cake, right?

Unfortunately for Ava, Everdale Academy already has a ninth-grade queen bee named Montana Brooks. When Ava tries to befriend her, her efforts backfire. Montana and her friends get Ava in to so much trouble that she's almost expelled. They also play a nasty prank on her that ends in major embarrassment. To make matters worse, her best friend refuses to stick up for her, and the headmistress hates her. Yildiz loved this series due to the equally engrossing plots in each of the six books that follow closely from each other, making it a deep and satisfying read.

Suitable for students in Key Stage 3 and over.



# **ENGLISH NEWS**

#### Student Reading Recommendations

We hope the start of term hasn't been too busy and you have had some time to read!

A reminder that we would like students to share with us what they like to read, their favourite book, some-thing they have recently read or something that would be helpful for a particular subject or topic.

To help us share recommendations and inspire others to pick up the books suggested, please complete the form here and we may share in the newsletter for everyone to enjoy:

Student Book Recommendations: 2023\_2024

# **SPORTS NEWS**



#### Regional ESAA Cross Country Event Saturday 11<sup>th</sup> November

Well done to all the students who took part in the Regional ESAA Cross Country event on Saturday  $11^{\rm th}$  November in St Albans. We had five teams that took part; the most we have ever seen get through to this stage of the competition.

A massive well done to the intermediate boys (William Weyham, Shad-Juan Bryan-Gray, Archy Atkinson, Erenesto Kelly, Alfie Bryan and Eliot Peacock) who came 1<sup>st</sup> and will be moving on the to the next stage which will be the Nationals on Saturday the 2<sup>nd</sup> December in Suffolk.

A special mention to Sofia Mendes for her fantastic running who came  $2^{nd}$  overall in her race.









# **SPORTS NEWS**



Alice McGuinness, Year 9

Congratulations go to Alice McGuinness who won a Gold medal in the National Junior Qingda (Martial Arts) Championships for Girls aged 12-13 U-70KG.

Well done Alice!



#### Year 11 Football English Schools Cup Kingsdale v Hampton school

The Kingsdale B team players came out flying after sitting exams for the last week, to beat Hampton School on Wednesday 16<sup>th</sup> November.

Final Score: Kingsdale 7-2 Hampton School

Goals scorers: Kai Watson (2), Freddie Nut (2), Oscar Dalziel (1), Eli Ackason (1) and Luis Dangleben (1)

#### Players of the Match:

Captain Kai Watson and James Hoban who both bossed the midfield!

#### Year 7 Under-12s Elite ESFA Playstation Football Kingsdale v Trinity School

A huge congratulations to the Year 7 Elite Football team who won 6-3 against Trinity School in the ESFA PlayStation Cup Round 3 last week. The team continue their winning streak with an excellent second-half performance away against tough opposition.

Final Score: Kingsdale 6-3 Trinity School Goal Scorers: Da'Mayor Prempeh Murray (3), Darrio Nicolini (2), Layton St John-McCormack (1) Player of the Match: Layton St John-McCormack



#### Year 7 Under-12s Inner London School Cup Kingsdale v Bishop Thomas Grant

In an enthralling game at home, the B Team played against Bishop Thomas Grant in the Inner London Schools Cup. The game ended 4-4 after extra time, forcing the game to penalties. Unfortunately, the boys came out second best in what was a hard-fought game.

**Final Score:** Kingsdale **4-4** Bishop Thomas Grant **Goal Scorers:** Arthur Walker (1), Dinero Chambers (2) and an own Goal!

#### Year 7 Under-12s Outer London Schools Cup Kingsdale v Ark Evelyn Grace Academy

The games came thick and fast with 2 games in the space of a week for the Year 7 B team who faced Ark Evelyn Grace Academy in the Outer London Schools Cup. The team came out 8-1 winners in what was an excellent performance all round bouncing back from last Friday's defeat.

Final Score: Kingsdale 8-1 Ark Evelyn Grace Goal Scorers: Darrio Nicolini (3), Tameem Anderson (2), Jacob Pigott (1), Jose Saucedo (1) and Isaac Varela (1)

Player of the Match: Darrio Nicolini

# **SPORTS NEWS** cont.



#### Under-14s Girls' Hockey Tournament

The Under-14s Girls' Hockey team were in action last week at Eltham College. The girls played extremely well considering the weather conditions with some great saves from Amelie Taplin in goal. They won 3 of their games convincingly with fantastic goals from Flo Ewen and Celia Allen. Unfortunately, they narrowly lost two games which meant they came 3<sup>rd</sup> in their group and went through to the Plate Round which they won. Congratulations to the team on a great day's effort with some brilliant hockey!

A special thanks to Alison Taplin who umpired all games for Kingsdale.

#### Team:

Kisenja Harris, Eliza Aaban-Voss, Poppy Noah, Flo Ewen, Molly Bell, Celia Allen and Amelie Taplin.





#### PGL Watersports trip Years 8 & 9

The PE Department are pleased to announce we are again running our annual PGL Watersports trip. This trip will take place in Ardeche, France in June 2024. This trip is open for all students who are currently in Year 8 and 9. For more information about what is included in the trip and the price, please see click here or scan the QR code above.

If you would like to sign up your child up, please complete the Microsoft Form here.

If you have any questions, please feel free to email Mr Pizzey via <a href="mailto:apy@kingsdale.southwark.sch.uk">apy@kingsdale.southwark.sch.uk</a> or Miss Findlay via <a href="mailto:ofy@kingsdale.southwark.sch.uk">ofy@kingsdale.southwark.sch.uk</a>.

#### Cycle Confidence Course

The sports department will be running a Cycle Confidence Course at the school. Any parents or guardians who are interested in their child taking part in this course, will need to sign up in the New Year. More information will be sent out in due course.



Please note that this course is free of charge, however, your child will need a working bike (they will be checked on the day), a helmet and suitable clothing.

The course will run from 9am to 3pm on:

Monday 11<sup>th</sup> March 2024

Tuesday 12<sup>th</sup> March 2024

Wednesday 13<sup>th</sup> March 2024

Thursday 14<sup>th</sup> March 2024

Friday 15<sup>th</sup> March 2024

Contact <u>pe@kingsdale.southwark.sch.uk</u> for more information.

# **SEND FACULTY NEWS**

# YOUNGMINDS

# fighting for young people's mental health

# The parents and carers' guide to looking after yourself

Parenting isn't always easy. Although it's often amazing and rewarding to watch your children grow up, and to help them learn to be independent, it can also be really hard work.

If you think your child is unhappy or you are worried about their behaviour, it's easy to be hard on yourself and think you aren't doing a good job. But you aren't alone.

Here are our tips for looking after your child while also looking after yourself.

#### You and your child

- Make sure they know you love them and are proud of them. Even when things are busy or stressful, and it feels like you are in survival mode, a word or a hug can reassure them a huge amount. Praise them for what they do well, and encourage them to try new things.
- Be honest about your feelings you don't have to be perfect. We all get things wrong and shout or say unkind things from time to time. If this happens, say sorry to your child afterwards and explain why it happened, They will learn from you that it's okay to make mistakes and that it doesn't make you a bad person.
- Be clear about what is and isn't acceptable and tell them why. Children need to know what is okay and what isn't, and what will happen if they cross the line. Follow through on what you say as otherwise they may get confused or stop respecting the boundaries.
- Own your own role you are the parent, so don't be afraid to take tough decisions. If your child sees you are scared of their reaction and always give in to them, it can make them feel very powerful, which can be frightening. Children need to know that you are there to keep them safe.

# Looking after yourself



Ask for help if you need it

Friends and family can often help don't be afraid to ask them to have your child for a bit if you need some time out to sort out your own stuff. You can repay them when things get better for you!



Don't struggle alone

If things are getting you down, it's important to recognise this. Talk to someone you trust and see what they think. Many people go on struggling with very difficult situations because they feel they should be able to cope and don't deserve any help.



Take time for yourself

It's easy to say take some time for yourself but in reality this may not feel possible. You might be too busy, exhausted or hard up for exercise or hobbies. But even a night in with a friend, a DVD box set or your favourite dinner can help.



Don't blame yourself

If your child is having problems, don't be too hard on yourself or blame yourself. Although it can be upsetting and worrying if your child is having a bad time, and it makes your relationship with them feel more stressful, you are not a bad parent. Children often take it out on those closest to them, so you might be feeling the effect of their very powerful emotions.



You're doing everything you can

If you had a difficult time growing up yourself, or have had emotional problems or mental health problems, it can be very worrying to think that the same thing might happen to your child. But the love and care you show them and the fact that you are trying to help will protect against this.

Getting help for them and perhaps for yourself too can give them the best chance of feeling better.



Speak to your GP if you're struggling to cope

Go to your GP if things are really getting on top of you. Asking for some support from your doctor or a referral to a counselling service is a sign of strength. You can't help your child if you are not being supported yourself. Some people worry their parenting will be judged and their children will be taken away if they admit they are struggling to cope. This should only happen if a child is being abused or neglected and the role of professionals is to support you to look after your child as well as you can.



#### NSPCC: Free online safety virtual workshops

The internet is a wonderful resource, but it can also be a can be a scary place for young people and navigating it with Special Educational Needs and Disabilities (SEND) can be even harder. The NSPCC are offering free "Keeping Children Safe Online" workshops to help parents and carers understand why young people go online and gives them resources to help keep them safe.

#### What is different for learners with SEND?

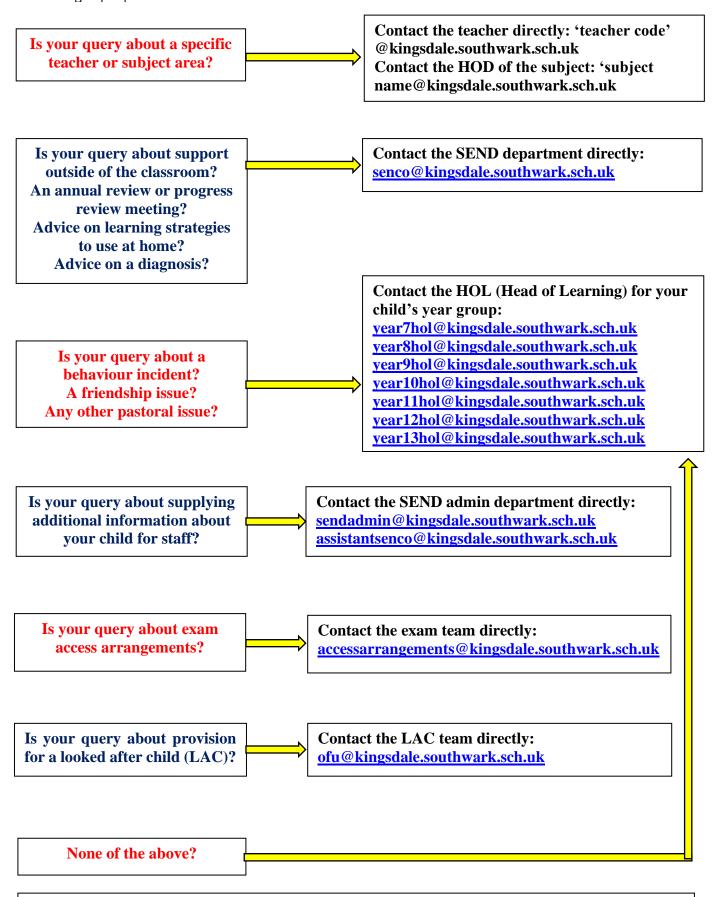
The internet and technology are an integral part of everyday life for children. It is important that we acknowledge the positive opportunities the internet provides for young people with Special Educational Needs and Disabilities (SEND); the accessibility of images and video online make it an excellent learning tool, whilst global connectivity enables children with SEND to socialise and access support.

However, children with SEND are more likely than their peers to experience online issues such as cyberbullying, online grooming and exploitation. Similarly, children with SEND are more likely to have their internet use restricted and therefore have limited opportunities to learn through experience, develop resilience or seek support, which would empower them to use technology safely.

Complete the form here to book a free place: CLICK HERE

#### Communication Flowchart: SEND

At Kingsdale we would like our communication to be as effective as possible. Please see the flowchart below to help us support your child effectively and get the information needed to the right people.



Please send us anything you think other parents would find useful and we can either share it here or we could even publish it on our website!

## **The School Shop**

A reminder that our School Shop is now open during the school day to enable students to purchase a range of useful items that they might need. This includes stationary and uniform items; all of which can be purchased using their school fob. The School Shop is located in the main Atrium nearest to the green stairs.



#### **Lost Property**

We are still receiving a large number of items that have been mislaid or lost by students.

In many cases, these items are unlabelled, making it very hard for them to be quickly and successfully reunited with their owners!

Please can we ask parents to label all items of their children's property at school, including water bottles, blazers and coats. Lost property queries can be directed to

lostproperty@kingsdale.southwark.school.uk

#### Calling all Budding Student Journalists!

Kingsdale students have started their own school newspaper and are inviting fellow students to get involved!

If you're passionate about current affairs and would like to write reviews and news reports for the Kingsdale Telegraph, please get in touch!



Click image to open the latest edition!

Students should post their illustrations, reviews and articles (maximum 80 words for reviews and 100 words for articles) in the school newspaper contributions box, situated in the main office. Please include your full name and tutor group. Alternatively, they can email the team via kingsdaletelegraph@kingsdale.southwark.sch.uk

# **SCHOOL NEWS**



#### KFS Uniform Bank

Our uniform is a key part of our identity and as such we are able to help parents and carers in providing quality uniform items. Sadly, the cost of living is still rising and some families are finding it a challenge to cover all bases in bringing up a family. There is also the negative environmental impact in design and disposal within the clothing industry to consider. Kingsdale community families can acquire cleaned and sanitised pre-worn uniform blazers (Belmont Dry Cleaners in Croxted Road have been most generous with their time and costing in this matter) and other items, dependent on availability, at a much, reduced rate.

The Uniform Bank will also be open between 3.45pm and 4.45pm each Monday, Wednesday and Friday. Please, always check for availability of items prior to making a purchase. This is a rolling programme that continues throughout the entire academic year and as such we are always looking for donations. Please leave washed and folded clothes at the main Reception area. Items of uniform will be available at other times of the year depending on supply. If you would like to help in any way please make yourself known to the team.

If you have any queries, do not hesitate to contact: Mr Lewis at <a href="mailto:ils@kingsdale.southwark.sch.uk">ils@kingsdale.southwark.sch.uk</a>



# **SCHOOL NEWS**

#### Safe Travel to School

At school, we have shared the key messages about keeping safe with the students.

Some of the key messages are outlined below:

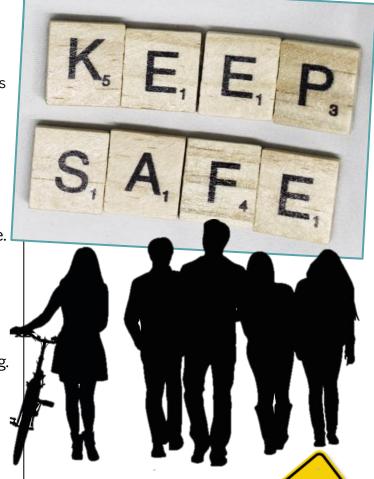
#### "LOOK UP LOOK OUT"

- BE AWARE of your surroundings.
- BE AWARE when using your mobile phone.
- Know your route home.
- · Keep to busy roads.
- Try to be with other people.
- If someone tries to stop you keep walking.
- SHOUT for help and make NOISE.
- If anything happens speak to a trusted adult as soon as you can.
- · RUN HIDE TELL.
- There is no right or wrong response as each situation is different but remember that YOUR SAFETY IS PARAMOUNT. Only YOU can assess the risk.
- Possessions are replaceable, but you are not.

Your child must contact the Police immediately on 999 if they are concerned about their safety or if they are the victim of a mugging/attempted mugging.

Students and Parents should also inform the school so that we can offer pastoral support and liaise with our Safer Schools Officer – PC Crampton.

Please contact Mr Harding via <a href="mailto:dhg@kingsdale.southwark.sch.uk">dhg@kingsdale.southwark.sch.uk</a> with any queries.



Kingsdale is a Safe Space

We would like to take this opportunity to once again remind students and their families of our two confidential emails which are operational both during and outside of school hours.

SAFE

ZONE

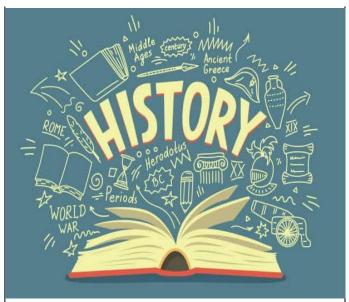
This provision is available for any member of our school community wishing to seek advice, discuss any matters relating to mental health & well-being or report an incident or concern confidentially via email.

We appreciate that students, parents, carers or guardians may wish to speak to someone outside of school hours or may wish to disclose an incident or concern confidentially or anonymously.

Our two confidential emails are: health&wellbeing@kingsdale.southwark.sch.uk tellsomeone@kingsdale.southwark.sch.uk

Please contact **Ms V Turner** for further information regarding this provision or any matters relating to mental health & well-being at Kingsdale School.

# **HOUSE COMPETITIONS**



#### History Quiz

- **Q 1.** Who tried, and failed, to blow up London's Houses of Parliament in 1605?
- **Q 2.** Which cruise ship or liner sank on her maiden voyage due to a collision with an iceberg in 1912?
- Q 3. How many wives did King Henry VIII have?
- **Q 4.** What title is given to the rulers of Ancient Egypt?
- **Q 5.** Who uses the plane known as Air Force One?
- **Q 6.** Can you name the Seven Wonders of The World.ie. The classical or ancient Seven Wonders. (one point for each)?
- **Q 7.** In which modern city is The Colosseum (or Flavian Amphitheatre)?
- **Q 8.** Who was the famous explorer who damaged his ship, HMS Endeavour on the Great Barrier Reef, subsequently spending time repairing it in modern Australia?
- **Q 9.** Who do the faces on Mount Rushmore National Memorial belong to (one point each)?
- **Q 10.** In which war was the Battle of The Somme (or the Somme Offensive)?

#### STUDENT HOUSE ACTIVITY:

Submit your answers to the House Team at <a href="https://housesystem@kingsdale.southwark.sch.uk">housesystem@kingsdale.southwark.sch.uk</a>
Ensure your entry is accompanied by your full name and tutor group.

Prizes will be awarded to outstanding entries.

Road Safety Week - SPEED





Road Safety Week is the biggest road safety campaign. The theme of Road Safety Week 2023 is SPEED. **Five** people die on UK roads every day, so why do people still think it's OK to speed?

We all drive too fast for the conditions sometimes...

"I didn't notice I was going so fast!"
"Everyone else is doing it so why can't !?"
"A few miles an hour won't make much difference will it?"

But every time anybody drives faster than the speed limit, or too fast for the road conditions, we increase the risk of a crash – and we increase the chance that someone we love will be killed or hurt on a road.

#### STUDENT TASK:

The 2023 official Road Safety Week theme is Speed, to raise awareness of the dangers of excess or inappropriate speed. Create a banner with this theme.

#### **HOW TO ENTER:**

Submit your entry to housesystem@kingsdale.southwark.sch.uk Ensure your entry is accompanied by your full name and tutor group.

By the state of th

# What Parents & Carers Need to Know about

WHAT ARE THE RISKS? Smart TVs connect to the internet without the need for a set-top box or streaming device, letting users access a range of features through the TV set itself: from on-demand content apps like BBC iPlayer to streaming services such as Netflix, as well connecting to smartphones and other wireless devices. Most new televisions are internet enabled — so whether you're thinking of upgrading your home viewing system or buying an additional TV for your child's room, it's now even more important to consider the online safety aspects.

#### AGE-INAPPROPRIATE CONTENT

From Netfilx to Disney+ to
Prime Video, there is a plethora
of streaming services available.
While these services offer content
catering for younger viewers, they
also provide material for more
mature audiences. If you don't have
parental controls set up on your
accounts, your child could find
themselves being exposed to shows
and movies with adult themse,
strong language and violence.

#### INCREASED SCREEN TIME

The array of content available through smart TVs could lead to your child spending excessive amounts of time in front of the screen. Not only can prolonged screen time distract from important activities such as schoolwork or exercise, but experts have also warned that endless hours in front of the box can lead to health problems including obesity, poor sleeping patterns and depression.

#### REMOTE-CONTROL RETAIL

Like many online devices, smart
TVs facilitate digital purchases:
buying a new app or the latest
season of a favourite show, for
example. If your child has access to a
bank card and isn't restricted by
spending controls on the system,
they could run up a sizeable bill
through a smart TV fairly quickly—
especially if they're not quite old
enough to fully appreciate the value
of money.

#### UNCONVINCING SECURITY

As Internet of Things (IoT) devices, smart TVs can be uniquely vulnerable to attack. Experts warn that internet-enabled TVs tend not to support high-level security software, so you won't always be able to download strong antivirus programmes like you would on a phone or computer. Being targeted by hackers could be deeply upsetting for your child, as well as putting their personal data at risk.

#### A SILENT SPY?

Some smart TVs already collect data on users' viewing habits and then display targeted advertising based on that personal information – while there have also been reports of internet-enabled TVs (and the apps installed on them) being used to 'eavesdrop' on owners. In models with a built-in microphone (for voice activation), third parties could potentially listen in on someone's home life.

UU

# CONTACT FROM STRANGERS

Many smart TVs can be used for web browsing, social media and live streaming – all of which could allow unknown users to contact your child (or vice versa). If your child engages with these functions of the TV, a stranger could potentially discover their contact information and potentially then use it to obtain even more sensitive personal details, such as your home address.

HELLO





#### MAKE IT A FAMILY THING

NAME OF TAXABLE PARTY.

Family TV time is a great way to model the responsible enjoyment of technology – showing your child how to use the smart TV safely for when they're old enough to watch it independently. You could also take this opportunity to establish some healthy TV boundaries, such as time limits on their daily viewing or how to make sure they're only watching content that's appropriate for their age.

#### SET UP PARENTAL CONTROLS

It's likely that your smart TV has built-in parental controls, which not only let you filter out age-inappropriate shows, movies and games but can also restrict in-app purchasing, so your child can't accidentally spend money through the device. When you've enabled these safeguards, have an open conversation with your child about the reasons, helping them to understand the potential risks.

#### **CREATE CHILD PROFILES**

Much like with smartphones and tablets, apps can be downloaded onto smart TVs: from free content platforms such as BBC IPlayer to pald-for services like Prime Video. Most of these apps allow you to create a separate account for your child which has different settings to your own – suggesting more child-friendly material and reducing the possibility of them viewing explicit content.

#### CONSIDER THE LOCATION

If you're concerned about the online safety hazards that a smart TV might pose to your child, you could consider where in your home you put the device. The safest option would be to place the smart TV in a shared family space – so that an adult is usually nearby and able to supervise while your child's watching it – rather than in the relative privacy of a bedroom.

#### Meet Our Expert



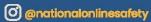


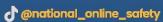
National

#WakeUpWednesday









# **SPORTS FIXTURES**

#### Monday 13th November

 Under-14s Boys' Rugby League National Festival Away Game at Ashford, Surrey. Leave school at 12 noon. Start 2pm. Return at 6pm approx.:
 Mr McWhirter/Mr Price

 Under-13s Girls' A & B Teams Hockey Away Game against Streatham and Clapham High School. Leave school at 1.30pm. Start 2.30pm. Return at 5.30pm approx.: Ms Findlay

 Under-16s Girls' Netball (Sports Hall) Home Game against City of London School for Girls. Start 4.15pm. Finish at 5.30pm approx.: Ms Thomas

#### Tuesday 14th November

 Under-15s Boys' Football Away Game against Southfields Academy. Leave school at 1pm.
 Start 2pm. Return at 5.30pm approx.: Mr Price

Under -12s Girls' A & B Teams Hockey Away
 Game against Streatham and Clapham High School.
 Leave school at 1.30pm. Start 2.30pm. Return at
 5.30pm approx.: Ms Thomas

 Under-14s Girls' Netball (Sports Hall) Home Game against The Elm Green School. Start 1.30pm.
 Finish at 2.45pm approx.: Ms Findlay

#### Wednesday 15th November

 Sixth Form Football Away Game against The Charter School, North Dulwich (Griffin Sports Ground). Leave school at 12.45pm. Start 2pm. Return at 4.45pm approx.: Mr Price

• Under-13s Boys' Rugby Away Game against Rutlish School. Leave school at 1.50pm. Start 2.30pm. Return at 4pm approx.: Mr Roberts

 Under-16s Girls' Netball (Sports Hall) Home Game against The Charter School North Dulwich. Start 4pm. Finish at 5.15pm approx.: Ms Thomas

#### Thursday 16<sup>th</sup> November

 Under-15s Boys' B Team Football Away Game against Carrington School Surrey. Leave school at 1pm. Start 3pm. Return at 6pm approx.: Mr Pizzey/Mr Price

 Under-12s Girls' Football Away Game against The Charter School, North Dulwich. Leave school at 1.30pm Start 2.30pm. Return at 4pm approx.: Mr Dash

 Under-14s Girls' A & B Team Hockey Away Game Streatham and Clapham High School. Leave school at 1.30pm. Start 2.30pm. Return at 5.30pm approx.: Miss Findlay

#### Friday 17<sup>th</sup> November

 Under-15s Boys' Rugby Home Game against Graveney School. Leave school at 1.30pm. Start 2.30pm. Return at 4.30pm.: Mr Worsley

\*Please note some extra Fixtures may be organised at short notice.

http://www.kingsdaleschoolsports.org.uk

# **HOUSE NEWS**

Eagle

Dove

House

House

Falcon

Online Safety Corner

For this week's Online Safety focus, we are looking at 'SMART TVs', everything parents need to know. Parents often forget that these tvs are connected to the internet. This means they will have access to a range of content some of which might be harmful. As a result, you'll need to monitor their usage and screen time. Get a greater insight here.

PLEASE READ!! Remember to keep an open dialogue with your child about their activities online. (See page above)



# HOUSE POETRY WEEK Thank You!

Thank you to everyone who submitted a poem as part of House Poetry Week. Keep them coming please as we want some more before we publish. Please send your favourite poem or lyric to housesystem@kingsdale.southwark.sch.uk

# The House Leader Board 2023-24

Week ending 17th November 2023

1st Place - Dove 16,991 Points

2nd Place - Swift 16,607 Points

3rd Place - Falcon 15,756 Points

4th Place - Albatross 15,086 Points

5th Place - Eagle 14,281 Points

**DOVE** have maintained their lead this week. Swift has stayed in 2<sup>nd</sup> place. It is still early in the race. Can anyone replace them?