



PARENTAL NEWS BULLETIN

Issue 11 Monday 25th November 2024

HEADLINE NOTICES

Curriculum Coffee Mornings



This week there is another optional Coffee Morning for parents. This is a great opportunity to meet staff and learn more about the curriculum for each year group. These sessions take place in addition to our established, more general, monthly Parents' Forums.

The upcoming dates for this term's meetings are:

Friday 29th November 2024 Years 9 & 10

Friday 6th December 2024 Years 7 & 8

Each event starts at 11.30am (Conference Room 1) at the school. Parents who are interested in attending, must register via the link sent separately by email.

We hope to see you there. Should you have any queries, please contact Mrs Chaudhary, Deputy Headteacher via sca@kingsdale.southwark.sch.uk

Considerate Parking and Road Use



We would like to thank all of our parents who drive and park with consideration for our local community when visiting the school or dropping/collecting students.

Can we please request that parents take

particular care not to park over the driveways of the surrounding houses or park with their engines running. We would also remind parents that the path running up the side of the school into the Little Bornes residential area is private access and should not be used by students who are dropped in the surrounding area. Thank you in advance for your co-operation.

KFS Sixth Form Open Events for 2025 Admission

Please be informed that our last scheduled Sixth Form Open Day Event for September 2025 Year 12 entry takes place for Year 11 students on:

Wednesday 27th November 2024 from 4.00pm-6.30pm

Please note that these highly popular sessions must be booked in advance via our website [here](#) and will showcase the wonderful post-16 provision on offer at the school. Please contact the Sixth Form Office with any queries via sixthform@kingsdale.southwark.sch.uk

THEME & WORD OF THE WEEK

Achieving is Believing

'The thing about performance, even if it's only an illusion, is that it is a celebration of the fact we do contain within ourselves infinite possibilities.'

Percentile

One of the points into which a large range of numbers, results, etc. is divided to make 100 groups of the same size.

SCHOOL NEWS

Love Your Doorstep Community Patrol

West Dulwich Community Patrol

Let's get ahead and stop street crime before it starts! We're excited to share news that our community patrol scheme, in conjunction with Love Your Doorstep (LYDS) is operational with volunteer community patrols going out regularly into the local area at the end of the school day. These patrols provide a reassuring adult presence during the daily school commute and have been shown to reduce crime which targets young people in the areas in which they operate.

What is a community patrol?

LYDS say the best volunteers are those who work from home, part time or are semi-retired and want to do something positive for their community.

- Patrols are weekdays from around 3:30-5pm.
- A patrol is a group of 2-4 volunteers, who are visible, say hi and intervene if necessary by being friendly.

If you would like to volunteer to help make our area safer, we'd love to hear from you via the sign-up link [here](#).

If you can't spare the time, please do help by spreading the word with your local contacts. Thank you for your support. We can make a real difference to our community by working together!



Christmas Food Drive



The tutor that donates the most (**in weight**) will receive a prize!



Priority items

any donated will be **x2** of the weight

sanitary items will be **x3** of the weight!

- Cooking Oil
- Tuna
- Pasta Sauce
- Rice (500g) bags
- Sugar
- Tinned Tomatoes
- Tinned Sweetcorn
- Tinned meat
- Washing up liquid
- Tea
- Rice pudding
- Biscuits
- Long life milk
- Halal tinned meat
- Non dairy milk
- UHT milk
- Strong carrier bags
- Instant Coffee
- Vegetarian meals
- Toilet rolls
- Baby wipes and Nappies



Back and Front gates of school
25th Nov - 14th December

Get Rid of and Donate is a charity that are proud to be the first award winners of Lambeth Council's winners of the Climate Change Award 2024. They want to extend their work to more secondary schools in Southwark & Lambeth. The Kingsdale community can help them.

Parents can donate and drop off to the school at Main Reception, for the notice of Mr Lewis and/or Ms Dalrymple.

Get Rid of and Donate collects unwanted clothes (**not school uniform – send this to KFS Uniform Bank**), shoes, small kitchen and household textiles, bedding, curtains, personal cosmetics, musical instruments electrical/ gadgets, IT equipment, toys, books, garden equipment etc.

We want to support the reduction of risk of any contamination or viruses and as such, all items **MUST BE** in good condition and clean.

ITEMS SHOULD BE DONATED IN BAGS FOR LIFE OR BOXES - NO PLASTIC OR WASTE BIN DISPOSAL BAGS

Get Rid of and Donate **DO NOT ACCEPT** the following items:

1. **Used Baby Items** - baby bottles, steamers, teething rings, bowls & cutlery, potties, baby baths, changing mats, baby underwear & socks, baby bedding, sleeping suits, baby/Children bike or car seats
2. **Old/damaged/stained bed sheets & pillowcases or duvets** - (will collect only if in good condition)
3. **Damaged Kitchen/houseware** - any broken or items with missing items, porcelain ornaments, framed pictures, ceramic cups, and drinking glasses.
4. **Commercial Publications** - magazines, newspapers, season wrapping paper, trees or decorations
5. **Specific Plastic Items** - plastic bags, clothes hangers, food containers, bottles or plates
6. **Animal Items** - cat litter trays, baskets, housing, play toys, dog cages (only new items accepted)
7. **Out of Date Food**
8. **Certain Furniture** - furniture made of MDF, dismantled furniture
9. **Damaged/Faulty Appliances/Electronics** - items that are faulty, damaged or not working.



Get Rid of and Donate rescues unwanted items – preloved good quality clothes, shoes, household/textiles, books, toys, tech/electrical, furniture, musical equipment/music/cd/DVDs and more recycling giving back to those in need.

Join our campaign to help those in need, making an impact and support GROAD's global green agenda in local communities.

Something that you no longer want can still be used by someone else giving a 2nd or 3rd life span!

Donations benefit the beneficiaries of the project refugees, asylum seekers, vulnerable families and the homeless.

The UK creates 26 million tons of waste, of which 14 million ton end up in landfill sites. *Landfill is the second most used waste treatment in the UK in 2018 with 23.6% of waste sent to landfill. We all have contributed to this in some way.

The alternatives are the three R's - Reduce, Reuse and Recycle!



 [@Getridofit](#)

 [@getridofitansdonate](#)

 [@groadonate_cic](#)

 [@groadonate_cic](#)

Join us in our mission to others help and Get Rid of and Donate.

07944 102 112

info@getridofit-donate.com

www.getridofit-donate.com

KINGSDALE
FOUNDATION
SCHOOL
PRESENTS

Les Misérables

SCHOOL EDITION

Performed entirely by students

A musical by ALAIN BOUBLIL and CLAUDE-MICHEL SCHÖNBERG

School Edition special adaptation licensed by

MUSIC THEATRE INTERNATIONAL and CAMERON MACKINTOSH (OVERSEAS) LIMITED



MONDAY 9TH DEC 6PM

TUESDAY 10TH DEC 6PM

THURSDAY 12TH DEC 6PM

FRIDAY 13TH DEC 6PM

SATURDAY 14TH DEC 11AM & 4PM

TICKETS -

ADULTS £7

CONCESSIONS £3

ON SALE IN THE DRAMA OFFICE

@ KINGSDALE'S DRAMA STUDIO

Contains older themes which may not be suitable for younger audiences.

Any questions or queries, please contact Mr T Tilley on tty@kingsdale.southwark.sch.uk



ORIGINAL ORCHESTRATIONS BY JOHN CAMERON
NEW ORCHESTRATIONS BY CHRISTOPHER JAHNKE
STEPHEN METCALFE AND STEPHEN BROOKER
ORIGINALLY PRODUCED BY CAMERON MACKINTOSH
SCHOOL EDITION SPECIALLY ADAPTED AND LICENSED BY
MUSIC THEATRE INTERNATIONAL AND CAMERON MACKINTOSH (OVERSEAS) LTD

A MUSICAL BY ALAIN BOUBLIL AND CLAUDE-MICHEL SCHÖNBERG BASED ON THE
NOVEL BY VICTOR HUGO
MUSIC BY CLAUDE-MICHEL SCHÖNBERG
LYRICS BY HERBERT KRETZMER
ORIGINAL FRENCH TEXT BY ALAIN BOUBLIL AND JEAN-MARC NATEL ADDITIONAL
MATERIAL BY JAMES FENTON
ADAPTED BY TREVOR NUNN AND JOHN CAIRD

PG-13



LANGUAGES NEWS

On Friday 14th November 2024, selected Year 8 & 9 students had the opportunity to enjoy the French play *Prendre sa revanche*, performed by the talented actors from Onatti Productions. This entertaining play captivated the audience with its humor and engaging storyline, featuring interactive moments where students were invited to participate alongside the actors.

A special thank you goes to the following students, Daniel Klu (Year 8), Leo Ogbe (Year 8), Juan Tabares Vicente (Year 9) and Leo Sharp (Year 9) for their enthusiastic and impromptu contributions during the performance.

Their involvement added an extra layer of excitement to this memorable experience!



KINGSDALE PERFORMING ARTS PRESENT

COMEDY FESTIVAL.

Plays
Live Music
Stand up



6-8PM **TUES 26**
6-8PM **THUR 28**

A Girl's Gotta Do Zacharie The Birthday Party
Goon Show I'm Gonna Marry Toby Maguire
Jumpers for Goalposts The Actor's Nightmare
Motherland

COMPERES: FRAN & PEARL

7-9PM **WED 27**
6-8PM **FRI 29**

Key & Peele Tree The Dumb Waiter Word Play
Acorn Antiques Withnail & I Miranda
American Dinner Party Fleabag

**LIVE MUSIC INCLUDES: MEAN GIRLS, FLIGHT OF THE CONCORDS,
BO BURNHAM, HORNE SECTION, TENATIOUS, FLANDERS & SWAN**

KINGSDALE DRAMA STUDIO
ALLEYN PARK, LONDON

£5/£3
ADULTS STUDENTS

TICKETS AVAILABLE FROM THE DRAMA BLOCK

To reserve email qgg@kingsdale.southwark.sch.uk

To see more of the brilliant Art, Textiles, Photography, Graphics and Textiles work by our students, as well as Art alumni, please follow us on Instagram @kingsdaleart - @kingsdaledandt - @kingsdalefoodscience (age restrictions apply)



Graffiti and Graphic Comms
Club
In TE3
Thursdays 4-5pm

Here are some fabulous typography designs made in the first session of our new club. Come along on Tuesdays to learn brilliant graffiti skills.



Graffiti and Graphics Communication Club

Year 7 & 8
Tuesdays 4-5pm in TE3

SIXTH FORM NEWS

Sociology and Bar Mock Trial Trip to the Old Bailey

Over the past couple of weeks, Year 13 Sociologists and Year 12 students involved in the Bar Mock Trial scheme visited the Central Criminal Court, also known as the Old Bailey.

This is the highest criminal court in the country which considers only the most serious trials. Students were able to watch examination of key witnesses and cross-examination of defendants, in trials including murder and clinical negligence. Students were really fascinated to see the criminal justice system in action, noting the strange combination of very important and serious cases with essential but mundane and sometimes tedious details and processes.

These visits have enriched our students' understanding of how crime plays out in practice, and given the Year 12 Bar Mock Trial students inspiration for how they will act when they get involved in their own mock trials.



SCIENCE NEWS

Extracurricular IRIS Project Science for Year 12 & 13 Students

We want to change the culture of UK education so that every young person can take part in authentic research and innovation while at school. When education empowers young people with the tools, they can contribute to the community of scientific research.

This year, IRIS continues for the third year running. Currently, our Year 12 & 13 students are making and testing the properties of ionic liquid catalysts.

This project is well attended by our students who are enjoying the practical sessions. Current research is about making greener catalysts and promises to lead to a conference next July for the Year 12 student(s). From January we are expanding the project into independent research.

There are two IRIS sessions run per week overseen by Mr Dass which are Wednesday Period 6 and after school Tuesdays in the laboratory.



SCIENCE INFORMATION for Year 11 students

Please encourage your child to join the Saturday afternoon Science GCSE revision Session from 1pm - 2pm

CLICK [HERE](#) to gain access.



CREST Award Mentoring Opportunity

This year, many of our Year 12 students are completing the Crest Science Award. This is a student-led research project, where students pick a topic or area to research including experiments focused topics such as sound proofing technology and psychological studies.

We are looking for mentors in STEM fields who are interested in potentially providing mentoring support to students during this academic year. This would be an opportunity to provide guidance on pointers to a student on their project either in person or online.

Please contact jbu@kingsdale.southwark.sch.uk if you would like to participate.



SCHOOL NEWS



Careers Talks – Engineering Tuesday 26th November 2024

Engineering is a hugely varied and interesting field, incorporating many branches and vitally important for the functioning of the world. On Tuesday 26th November (note that this is a change of date from the initial date) we have an engineer coming in to talk to Years 8 & 10 about the world of engineering, particularly structural engineering such as Crossrail.

We've had lots of students signing up already but there are still some spaces – students who wish to join can do so [here](#).

Time: 12.00-12.45 (Period 4) Place: CR1

Students should bring their lunch and can come to see Ms Markes during PM registration on Monday to get an exit slip to leave Period 3 ten minutes early to get their lunch.

Careers Talk – Careers in the Charities Sector

On Tuesday of last week, students in Years 9, 12 and 13 were treated to a fascinating talk about careers in the Charities sector. Dr Augst talked to us about the range of different types of charity and gave us a really valuable assessment of how to get into the sector and the pros and cons of working in it. Thanks to Dr Augst for her informative and honest talk.



Careers Talks 2024-25

A reminder of the other careers talks coming up.

Please note that the engineering and medicine talks now have different dates to avoid clashes with exam weeks.



To sign up, students should complete the Microsoft Form available [here](#).

Engineering
Years 8 & 10
26th November 2024 at 12.15pm (*date changed*)

Asset Management
Years 12 & 13
29th November 2024 at 12.55pm

Medicine (GP)
Years 12 & 13
2nd December 2024 at 12.55pm

Clinical Psychology
Years 12 & 13
5th December 2024 at 12.55pm

Museum Sector
Years 8 & 10
10th December 2024 at 12.15pm

Medicine
Years 8 & 10
14th January 2025 at 12.15pm (*date changed*)

**Business: Vodafone Customer Success Manager;
Energy Investment Banking (ex-students)**
Years 9, 12 & 13
28th January 2025 at 1.10pm

Apprenticeships: Red Carnation Hotels
Years 8 & 10
11th February 2025 at 12.15pm

Neuroscience
Years 8 & 10
4th March 2025 at 12.15pm

Data Centres
Years 9, 12 & 13
11th March 2025 at 1.10pm

Medicine Information Session
Year 12
12th March 2025 during enrichment

Architecture
Years 8 & 10
18th March 2025 at 12.15pm

Law Information Session
Year 12
7th May 2025 during enrichment

Charity Sector: Amnesty International
(*focus on data*)
Year Groups TBC
13th May 2025

Health Economics
Year Groups TBC
6th June 2025

Humanitarian & Development Aid
Year Groups TBC
24th June 2025

Later in the year, we plan to offer talks on the following careers amongst others: economics, journalism; theatre hair & make-up, humanitarian & development aid, law, architecture, neuroscience; and information about apprenticeships.

Details of these will be sent nearer the time.

Kingsdale Careers Programme 2024-25 Volunteers Invited!

Parents! We still need your help to support our careers programme for 2024-25!

If you think you would be able to support us with any of our Careers programme, including the lunchtime talks, the Careers Fair, or in any other capacity, please contact us via the email below.

careers@kingsdale.southwark.sch.uk

MUSIC CONCERTS

The Music department is delighted to announce the dates for this year's Scholars' Concerts, where all Kingsdale musicians are invited to perform either as soloists or in small groups. Family and friends in the Kingsdale Community are warmly invited to attend these outstanding free events.

For any enquiries please email:

musiclessons@kingsdale.southwark.sch.uk



Wednesday 27th November

Singers 1: *Ms. Vaughan, Mrs. Burke & Ms Heard's Scholars*
Juniors 5pm & Seniors 6:30pm

Friday 29th November

Singers 2: *Ms. Bastick-Vines & Mr. Lloyd-Smith's Scholars*
Juniors 5pm & Seniors 6pm

Monday 2nd December

Brass: *Trumpet, Trombone, French Horn, Tenor Horn,
Baritone & Tuba Scholars*
Juniors 5pm & Seniors 6pm

Tuesday 3rd December

Woodwind: *Clarinet, Saxophone, Flute, Oboe,
Bassoon, Recorder Scholars*
Juniors 5pm & Seniors 6pm

Thursday 5th December

Jazz Piano: *Mr. Glasser & Mr. Carter's Scholars*
All Students at 5pm

Friday 6th December

Piano 2: *Ms. De Geer & Ms. Qiu's Scholars*
Juniors 5pm & Seniors 6:30pm

Thursday 23rd January

Steel Pans: *All groups*
All Students perform at 5pm

Under-13s Boys' Hockey Kingsdale v Whitgift

Last week, the Under 13 Boy's Hockey team travelled to Whitgift School for a friendly in their first game of the season. The game started well for Kingsdale with Dylan Christmas scoring an early goal to put Kingsdale 1-0 up at the end of the first quarter. The second quarter was dominated by Kingsdale, with Frank Whitehead scoring 2 goals to put Kingsdale 3-0 up at half time. In the third quarter, Whitgift came back into the game, scoring 2 quick goals, however right at the end of the quarter Frank scored again to make it 4-2 heading into the final quarter. The final quarter was another tight affair, with Kingsdale edging it out scoring another goal, with the final score finishing 5-2 to Kingsdale. A fantastic start to their season with some great promise for their upcoming competitions.

Final score: Kingsdale 5-2 Whitgift

Goal scorers: Dylan Christmas (1) and Frank Whitehead (4)



Under-16s Boys' B-Team ESFA Football News Kingsdale v The Windsor Boys' School

Monday saw the Under-16s Boys' Football B team continue the defence of their national ESFA title with a second-round game against The Windsor Boys' School. On a very difficult surface, the ball was not moving well, requiring the team to change their tactics against a tough opposition. Midway through the first half, a fantastic ball from Reggie Gonzalez to Izaiah Smith, led to an easy finish past the Windsor goalkeeper. Consistent pressure from Kingsdale was rewarded with a brilliant side footed finish from Noah Munroe into the bottom right-hand corner of the goal. Half-time came with Kingsdale in a commanding 2-0 position. The second-half was a lot scrappier with Windsor applying a lot of pressure to try and get back into the game. Some brilliant defending from Max Welfare then led to a fantastic through ball into the feet of Izaiah who scored his second goal of the game to put the result beyond Windsor. This secured the teams place in the last 32 of the ESFA National Cup, with Hampton School coming up in the next round.

Final score: Kingsdale 2-0 Windsor Boys

Goal scorers: Izaiah Smith (1) and Noah Munroe (1)

Champ at the BUTF British United Taekwon-do Federation



Congratulations to Lou-Anna Zanollo Dantas, Year 7, who won 1st Place at the BUTF (British United Taekwon-do Federation) competition last Saturday. Lou-Anna was awarded the Gold medal for the middle Junior Colour Belt Category.

This was Anna's 1st competition. In this round, she competed in two fights against male competitors. Well done Anna!



Year 8 Girls at Southwark Secondary Indoor Athletics

Our Year 8 indoor athletics teams proudly represented Kingsdale Foundation School at the Southwark Secondary Indoor Athletics Competition last week. Our girls' team delivered an outstanding performance, claiming 1st Place for second consecutive year! The boys' team also performed well, securing a 4th Place finish.

Huge congratulations to all our talented athletes for their hard work and dedication.

You've done Kingsdale proud!



SPORTS NEWS

KFS disclaimer. Please be advised Match reports produced and presented by student reporters.



London Youth Games – Cross Country at Parliament Hill

On Saturday 16th November, students from Kingsdale Foundation School competed in the London Youth Games for Cross Country, proudly representing various boroughs.

Lambeth: Jacob Hood (Under-13s) and Thomas Hood (Under-17s)

Lewisham: Esther Yeatman (Under-13s), Celia Yeatman (Under-15s) and Celia Allen (Under-15s)

Southwark: William Weyham (Under-17s) - ran 4.5k in a time of 17.48 minutes, Thomas Weyham (Under-13s) - ran 2k in 8.09 minutes, Sofia Mendes (Under-15s) and Eliot Peacock (Under-15s)

Croydon: Malaika Trim (Under-13s) and Ernesto Kelly (Under-15s)

Bromley: Emery Aldridge (Under-13s) - achieved an outstanding 1st Place tie in the Under-13s boys' category.

What an excellent achievement! Congratulations to all the runners!



Year 7 Boys' Elite Football Kingsdale v Tunbridge Wells Grammar School

Last week saw a great win for the Year 7 Boys' Elite Football Team who beat Tunbridge Wells Grammar School. It was a very slow start for the boys with the score at 0-0 at half-time mainly due to the very cold weather. The boys warmed up and within the first 5 minutes of the second-half, Tristan Fullerton ran from the halfway mark to slot the ball over the goalkeeper's head, sparking the team to life with more goals to follow. Jamie Hilyer scored an absolutely cracking shot from way out right into the top left-hand corner and Rico Jones and Kamau Virtue finished the game off with another round of great goals. Well done to all the players who braved the cold to win a tough match.

Final score: Kingsdale **4-0** Tunbridge Wells Grammar School

Goals scorers: Tristan Fullerton (1), Jamie Hilyer (1) Rico Jones (1) and Kamau Virtue (1)

Player of the Match: Jamie Hilyer (Great Goal) and Rico Jones (Non-stop running for 60 minutes)



Year 8 Boys' Football B-Team ESFA Cup Kingsdale v Charter School, East Dulwich & Richard Hale School

The last two weeks have been very successful for the Year 8 Boys' Football team. The team will now progress to the quarter-final of the ESFA Elite National Cup to play Northampton School for Boys.

Kingsdale v Charter East Dulwich

Final score: Kingsdale **6-0** Charter School, East Dulwich

Player of the Match: Ezra Persson

Kingsdale v Richard Hale School

Final score: Kingsdale **2-1** Richard Hale School

Player of the Match: Kelvin Ocheme

SPORTS NEWS cont.

KFS disclaimer. Please be advised Match reports produced and presented by student reporters.

Year 7 Football B-Team English Schools' Cup Round 2 Kingsdale v Rutlish School

The boys played their first match with a very strong start scoring 4 goals in the first-half.

The second-half was a slow start for Kingsdale with Rutlish scoring 2 quick goals and for us to realise that they were playing with 10 players instead of 9.

But the boys kept their heads, firing home another 4 goals and Harrison Pelham who saved the best till last, turning on the outside of the goal area to fire the ball into the top corner of the goal.

Congratulations to all the team involved for a great game and start this big cup competition (English Schools' Cup)

Final score: Kingsdale **8-2** Rutlish School

Goals scorers: Dorian Blaz (3), Zackai Ayton (2), Sam Love (1), Ira Lee (1) and Harrison Pelham (1)

Player of the Match: Ira Lee for his hard work all over the pitch and setting up 5 of the goals

1st XI Girl's Hockey Kingsdale v St Dunstan's College

History was made on Tuesday afternoon last week as Kingsdale played their first ever Girl's 1st XI game against St Dunstan's College. Despite the freezing cold weather, the team warmed up well on the pitch and were ready to take on a very organised and well-structured St Dunstan's team. After absorbing some early pressure from the opposition, the team conceded an early goal, however the teams' spirits did not decrease as they then applied the pressure to try and find the equaliser. After a few short corners towards the end of the first-half, the team could not find an equalising goal with the score 1-0 still. The second-half started with more pressure and chances from Kingsdale with some good defending and saves coming from the opposition. More short corners and shots came as the game progressed; however, the team could not find an equaliser with the final score 1-0 to St Dunstan's. The girls showed great promise with more games coming up in the new year.

Final score: Kingsdale **0-1** St Dunstan's College



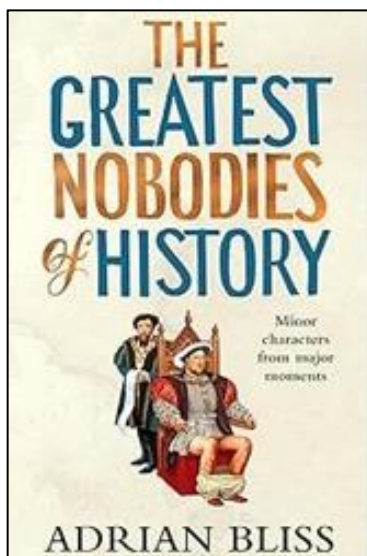
Under-12s Girls' Hockey Kingsdale v JAGs

The Under-12s Girls' Hockey teams played their first ever games for the school on Wednesday of last week away to JAGs with both teams playing three games each. With a variety of different levels of skill on show, it was fantastic to see so many girls playing hockey and enjoying themselves out on the pitch. Although the results did not go in Kingsdale's favour this time, the girls have now had an experience of playing a full game of hockey which is great preparation for the rest of the season with their competitions starting after Christmas.

Final score: Kingsdale **0-1** James Allen's Girls School



Reading Recommendations



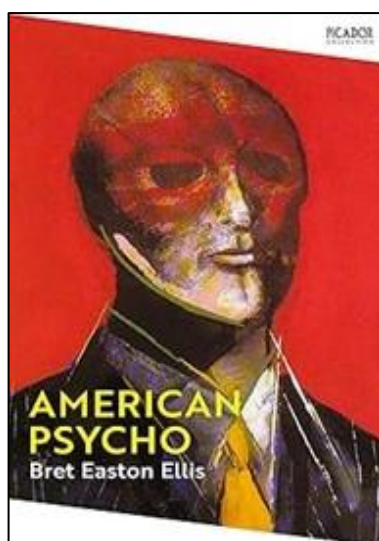
Teacher Recommendation
Mr Hutchinson recommends
The Greatest Nobodies of History by Adrian Bliss

History belongs to the heroes. But to get the full story, sometimes you have to ask the side characters. The lives of Leonardo da Vinci, Henry VIII and Queen Victoria fill bookshelves and fascinate

scholars all over the world. But little attention is given to the ferret who posed for the renaissance master, the servant who oversaw their master's toilet time, or the famous horse who thrilled the miserable old monarch. These supporting cast members have been waiting in the wings for too long and Adrian Bliss thinks it's high time they join their glory-hogging contemporaries in the spotlight. Fortunately, thanks to some recently discovered ancient complaint letters, court transcripts and memoirs in bottles - now they can. Equal parts fascinating and hilarious, the *Greatest Nobodies of History* is a surreal love letter to life's forgotten heroes featuring hitherto undocumented accounts from Ancient Greece to the frontlines of the Great Emu War.

Mr Hutchinson's parched intellect was revived by this intensely knowledgeable tome!

Suitable for all year groups.



Student Recommendation

Zane Gocher in Year 11 recommends
American Psycho by Brett Easton Ellis

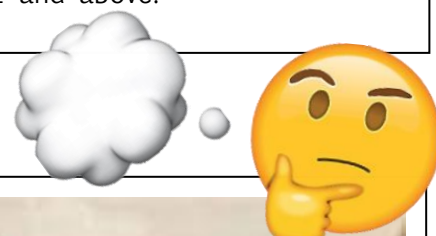
Did you know I'm utterly insane?

Patrick Bateman has it all: good looks, youth, charm, a job on Wall Street, and reservations at every new restaurant in town. He is also a psychopath.

A man addicted to his superficial, perfect life, he pulls us into a dark underworld where the American Dream becomes a nightmare . . .

Zane was really engaged by the sense of creeping horror and the unusual protagonist.

Some very dark themes so best suited for students in Year 11 and above!



Big History Club!

For Key Stage 3 and 4 in HU6
Every other Tuesday from 4.15 to 5.00pm

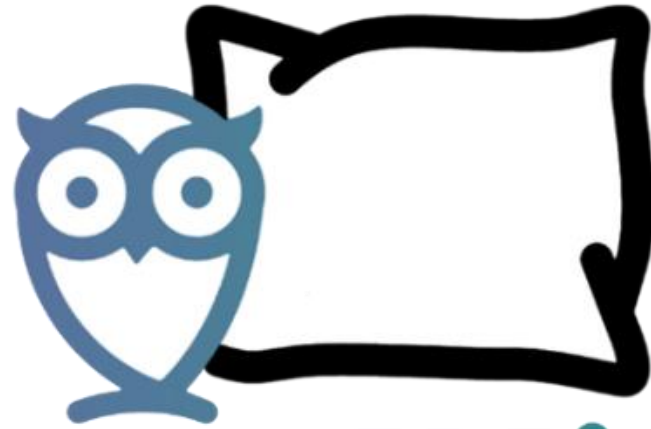
Do you want to dive into the past?
Is there something we don't cover at school that you would like to learn about?

In Big History Club we use history and fiction books, films, art, music and more to **enquire into diverse World Histories** from ancient times to modern day.

One of our terrific Year 10s will be leading our next session on **Tuesday 16th November about The Shortest War in History...**

Bring along any ideas for people, events or items from history you want to know more about!





Sleep Wise: New App

A good night's sleep is the secret to a happy, healthy family. For parents of children with special needs, getting those precious hours of rest can feel like an elusive dream. This sleep app offers personalised guidance and evidence-based strategies.

Sleep Wise

Personalised Sleep Plans

One of the primary benefits of the Sleep Wise App is its ability to provide sleep plans tailored to the specific needs of each user. This approach ensures that the recommendations are relevant and effective, leading to more meaningful improvements in sleep quality. It offers access to the latest research on sleep, screen time, exposure to daylight and related topics to help users stay informed.

Strategies You Can Trust

Children can have difficulties falling asleep, waking in the night, or early morning waking. The app can set reminders when you have decided to follow a strategy for a number of days. Often strategies have to be attempted for at least two weeks to either experience the change or embed it. Sometimes what you've tried previously can work well as children change and develop.

The app incorporates strategies that have been proven to work for individuals with SEND, including those with autism and ADHD. For example, the app may suggest a consistent bedtime routine, using visual schedules, or implementing relaxation techniques. The app provides tips and strategies for creating a sleep-friendly environment and managing bedtime behaviours. Some medical conditions such as sleep apnoea and restless legs are more common in children with additional needs, and the app gives information about these conditions and when and where to reach out for further help. The app isn't just guessing what might work; it's using proven methods to improve sleep for children with special needs.

Easy and Accessible

The interface is intuitive and designed with simplicity in mind, with straightforward instructions. There is a diary feature or – if you already know the amount of sleep the young person gets, then you can input this to gain specific advice.

Addressing Sensory Issues

Many individuals with special needs experience sensory sensitivities that can impact their sleep. The Sleep Wise App offers specific strategies for reducing sensory overload, and achieve a just right level of calm and alert, ready for sleep. For example, the app might recommend using the right level of light, white noise machines to mask disruptive sounds, or sensory activities prior to bed. By addressing sensory sensitivities, the app helps create a more conducive sleep environment, making it easier for individuals with special needs to fall asleep and stay asleep.

Enhancing Overall Well-being

When your child sleeps better, everything else gets better too. Improved sleep can lead to better moods, fewer meltdowns, sharper focus, and even better health. Improving sleep quality has a profound impact on overall well-being, particularly for individuals with special needs. Better sleep can lead to improvements in mood, behaviour, cognitive function, and physical health. For example, children with autism who get adequate sleep are often better able to regulate their emotions and engage in learning activities. Some may experience reduced anxiety as well.

Further tips for sleep

- Keep routine as regular as possible
- Set a wake time and keep this the same across 7 days
- If the child has a lie-in, no longer than 2 hours
- Have a calming bedtime routine with plenty of sensory calm
- Notice and label tiredness in the run up to bed for those with interception differences
- Provide some nonverbal cues such as dimming lights and closing curtains
- If screen time promotes calm, use this to your advantage in the run up to bed with calming content. Make sure its switched off 30 minutes before bed if not before. You can try different timings
- A TV screen across a room will have less impact than a phone or tablet near the face
- Don't set up a bedtime routine you can't replicate in the night if your child wakes
- A child's body temperature from their sleep environment can be impactful on sleep
- Make changes gradually, involving your child so that they feel in control
- Keep things positive for both you and your child as changing a sleep pattern can be tough. Find something rewarding and fun to celebrate successes

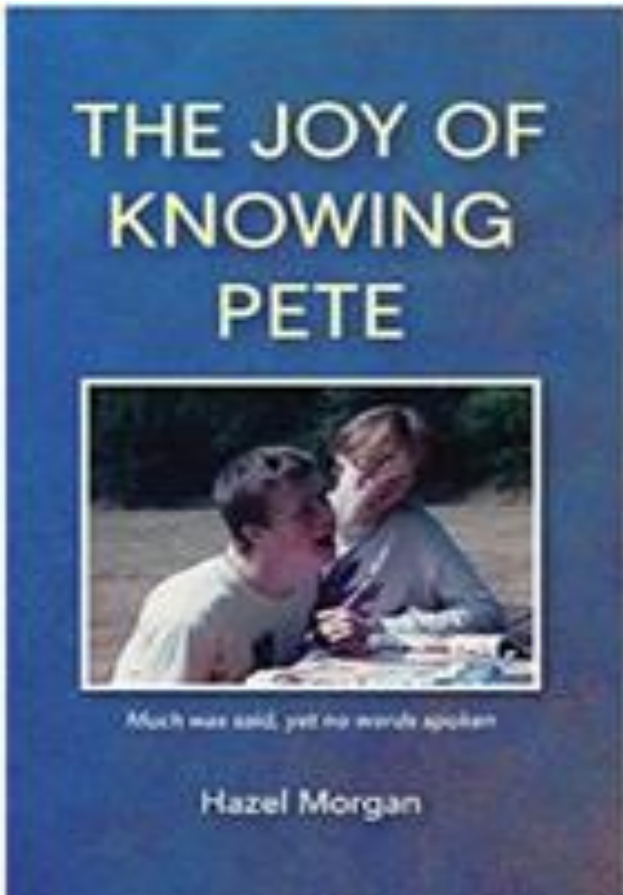
Lambeth Parent Forum

Lambeth Parent Forum are a group of parents and carers of children and young people with additional needs and disabilities aged 0 to 25 in the London Borough of Lambeth. We work with local authorities, education, social care, health and other providers. Membership of Lambeth Parent Forum is free and we do not ask anything of you unless you want to become involved in Forum activities and consultations. We are funded by a grant from the DfE and are currently supported by Contact in Lambeth. We are part of The National Network of Parent Carer Forums (NNPCF). To sign up please: [Click here](#)



Book Review

The Joy of Knowing Pete by Hazel Morgan



The Joy of knowing Pete’ is a heart-warming story about how a family supports a young man, Pete, who was born with Down’s syndrome and severe learning disabilities. This book looks in depth at family life and the challenges they faced, along with the joy and experiences that Pete gave them.

The author, Pete’s mother, provides us with memorable insight to her life and the lives of her family. You get a sense of the strong bond they have, mainly providing support and caring for Pete. Pete’s brother, Philip, describes his life as a triangle with Pete in the middle.

Hazel shows the importance of developing experiences for those who are non-verbal with complex needs, and how vital it is to respect their ability to communicate, whether this is verbally, or with gestures and eye movement, etc. It is apparent that the family adapted their lives to best fulfil and engage Pete in family life and the wider community.

Pete’s friends and wider support network provided the most memorable experiences and joys in his life, and there is a significant focus on his love of music and food. It shows that having people from a variety of backgrounds, connected through their love and care of a special person, has the maximum impact on the lives of those caring for someone with complex needs, in whatever capacity.



Southwark Independent Voice

Empowering families - creating brighter futures

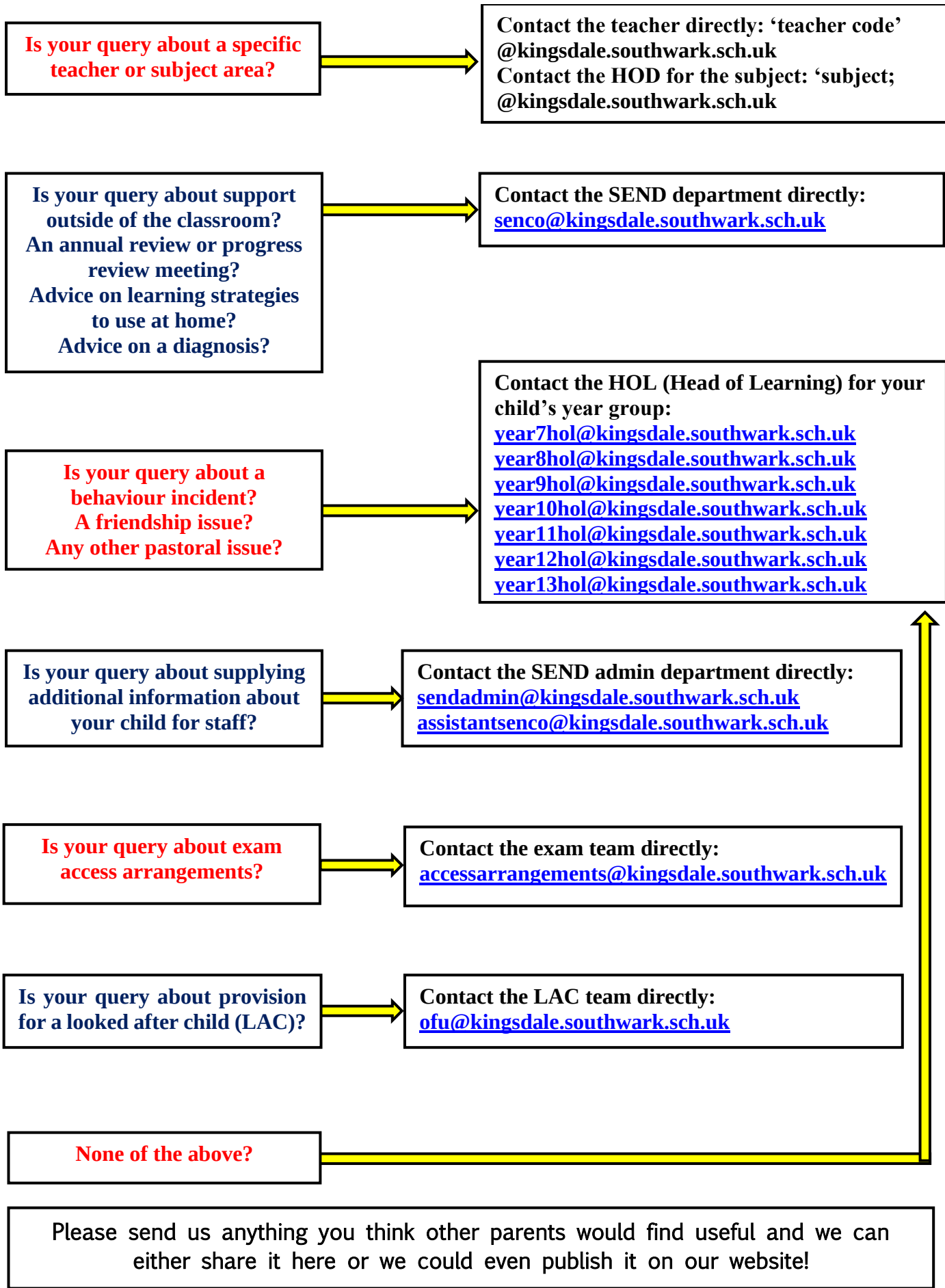
Southwark Independent Voice (SIV) was created in 2019 by a group of Southwark parent volunteers of children/young people with SEND aged 0-25. Having previously struggled to access services and support they decided to come together to improve the pathway and outcomes for families of children/young people aged 0-25 with SEND in Southwark. They actively participate in co-production with the Local Authority (Southwark Council), Clinical Commissioning Group (CCG), the NHS and other partners. Their aim is to ensure positive and productive outcomes for children and young people aged 0-25 with special educational needs and learning disabilities (SEND).

They aim to keep you up to date on events, news and consultations that are relevant to families of SEND (0-25) through our website, email, events, newsletters and social media.

Click [Here](#) for the website where you can sign up for more information.

Communication Flowchart: SEND

At Kingsdale we would like our communication to be as effective as possible. Please see the flowchart below to help us support your child effectively and get the information needed to the right people.



SCHOOL NEWS

CALENDAR 2024-25



You can also find lots of other useful sources of information on the school website [here](#). This includes further details about the operation of the school, including Term Dates, Assessment and Uniform.

Should you have any suggestions for additions to our website, please contact Mr Karp, via email tkp@kingsdale.southwark.sch.uk

For further information on term & holiday dates, please contact the Attendance Team via attendance@kingsdale.southwark.sch.uk

AUTUMN TERM 2024

Second Autumn Half-Term

Monday 4th November – Friday 20th December

Christmas Break

Monday 22nd December – Thursday 2nd January

SPRING TERM 2025

Friday 3rd January INSET DAY

School closed to students except those in Year 11

First Spring Half-Term

Friday 3rd January – Friday 14th February

Half-Term Holiday

Monday 17th February – Friday 21st February

Second Spring Half-Term

Monday 24th February – Friday 4th April

SUMMER TERM 2025

First Summer Half-Term

Tuesday 22nd April – Friday 23rd May

Tuesday 22nd April INSET DAY

School closed to students except those in Year 11

Mayday Bank Holiday

Monday 5th May 2025

Half-Term Holiday

Monday 26th May – Friday 30th May

Second Summer Half Term

Monday 2nd June – Friday 25th July

Friday 25th July INSET DAY

School closed to students except by invitation

The School Shop

A reminder that our School Shop is now open during the school day to enable students to purchase a range of useful items that they might need.

This includes stationary and uniform items; all of which can be purchased using their school fob.

The School Shop is located in the main Atrium nearest to the green stairs.



Lost Property

We are still receiving a large number of items that have been mislaid or lost by students.

In many cases, these items are unlabelled, making it very hard for them to be quickly and successfully reunited with their owners!

Please can we ask parents to label all items of their children's property at school, including water bottles, blazers and coats.

Lost property queries can be directed to lostproperty@kingsdale.southwark.school.uk

KFS Uniform Bank

Our uniform is a key part of our identity and as such we are able to help parents and carers in providing quality uniform items. Sadly, the cost of living is still rising and some families are finding it a challenge to cover all bases in bringing up a family. There is also the negative environmental impact in design and disposal within the clothing industry to consider. Kingsdale community families can acquire cleaned and sanitised pre-worn uniform blazers (Belmont Dry Cleaners in Croxted Road have been most generous with their time and costing in this matter) and other items, dependent on availability, at a much, reduced rate.

The Uniform Bank will also be open between 3.45pm and 4.45pm each Monday, Wednesday and Friday. Please, always check for availability of items prior to making a purchase. This is a rolling programme that continues throughout the entire academic year and as such we are always looking for donations. Please leave washed and folded clothes at the main Reception area. Items of uniform will be available at other times of the year depending on supply. If you would like to help in any way please make yourself known to the team.

If you have any queries, do not hesitate to contact: Mr Lewis at jls@kingsdale.southwark.sch.uk



Talking to your child about

SHARING IMAGES ONLINE

For children and young people, socialising online is part of normal life. Chatting online and sending messages, photos and videos can be a good way of strengthening friendships. Sometimes, however, they can misjudge boundaries and may not realise the impact of their actions.

They can also be manipulated or pressured by others into sending inappropriate content, such as nude or semi-nude images. These can be sent for reasons including humour, shock-value, revenge or exploring bodies and relationships. Once images are shared, they can't be retrieved, leaving them vulnerable in many ways.

Having conversations with your child at an early age about what is and isn't ok to create and share can help keep them safe.

What can you do to keep your child safe online?

S

Set clear boundaries.

Agree with your child what they can do online and their access to certain apps/websites.

T

Talk with your child and be supportive.

Listen to what they already know so you can start a conversation about what normal use is.

E

Educate everyone in the family.

Make sure all family members know what isn't appropriate and how to stay safe online.

E

Evolve with the internet.

Keep up to date with technology used by your child and their features such as smartphones, VR headsets etc.

R

Research, review and regulate the apps and websites your child uses. This will allow you to decide whether they should use them and how to keep them safe online.



Prosecutions of children are very rare but there can be legal consequences to sharing nude or semi-nude imagery of a child (photos, cartoons or other picture formats), even if the person doing so is a child. If you think your child has shared an inappropriate image, speak to an advisor at the Child Exploitation and Online Protection Command (CEOP). Details below.



FOR SUPPORT AND ADVICE, PLEASE VISIT:



ParentZone – Resources for parents/children to help keep kids safe online.



CEOP Education from the National Crime Agency – Advice, information and resources to use with your child to help keep them safer from online child sexual abuse.



Internet Matters – Comprehensive resources and expert guidance to help parents/carers keep their children safe online.



A safe space for teenagers worried about sexual behaviour

Our new website for young people with concerns about their own or someone else's sexual thoughts and behaviour.



shospace.org.uk

Why Shore?

- It is one of the only resources of its kind in the world, designed specifically for young people with concerns about sexual behaviour
- It has reliable information to get anonymous help if they or a friend has acted harmfully online

SCHOOL NEWS

Safe Travel to School

At school, we have shared the key messages about keeping safe with the students. Some of the key messages are outlined below:

“LOOK UP LOOK OUT”

- **BE AWARE** of your surroundings.
- **BE AWARE** when using your mobile phone.
- Know your route home.
- Keep to busy roads.
- Try to be with other people.
- If someone tries to stop you keep walking.
- **SHOUT** for help and make **NOISE**.
- If anything happens speak to a trusted adult as soon as you can.
- **RUN HIDE TELL**.
- There is no right or wrong response as each situation is different but remember that **YOUR SAFETY IS PARAMOUNT**. Only **YOU** can assess the risk.
- Possessions are replaceable, but **you are not**.

Your child must contact the Police immediately on 999 if they are concerned about their safety or if they are the victim of a mugging/attempted mugging.

Students and Parents should also inform the school so that we can offer pastoral support and liaise with our Safer Schools Officer – PC Crampton.

Please contact Mr Harding via dhg@kingsdale.southwark.sch.uk with any queries.



Kingsdale is a Safe Space

We would like to take this opportunity to once again remind students and their families of our two confidential emails which are operational both during and outside of school hours.

This provision is available for any member of our school community wishing to seek advice, discuss any matters relating to mental health & well-being or report an incident or concern confidentially via email.

We appreciate that students, parents, carers or guardians may wish to speak to someone outside of school hours or may wish to disclose an incident or concern confidentially or anonymously.

Our two confidential emails are:

health&wellbeing@kingsdale.southwark.sch.uk
tellsomeone@kingsdale.southwark.sch.uk

Please contact **Ms V Turner** for further information regarding this provision or any matters relating to mental health & well-being at Kingsdale School.

HOUSE COMPETITIONS

Tree Dressing Day 2024



Tree Dressing Day falls on the first weekend of December. It began in 1990 and has grown to become much more than an expression of a love for trees. It is a chance for the whole community to gather and celebrate the leafy friends we all have in common. It's also a chance for communities to reflect on the social and cultural history of their local area, and the role trees have played in shaping this story.



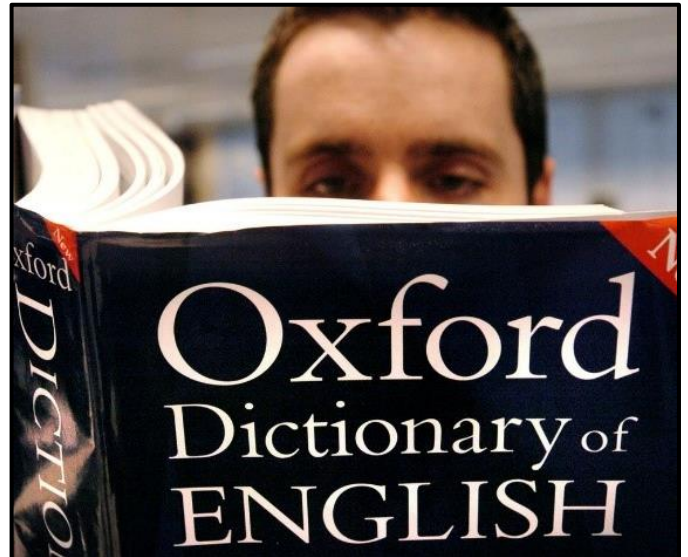
STUDENT TASK: Make your own tree decorations. Here are some ideas:

- Make paper leaves to hang from your tree.
- Cut lengths of colourful ribbons and tie them to branches so they ripple in the breeze.
- Make your own bunting by cutting out paper triangles and attaching them to ribbon.
- Use fallen leaves and seeds to make natural garlands and decorations.

HOUSE ACTIVITY:

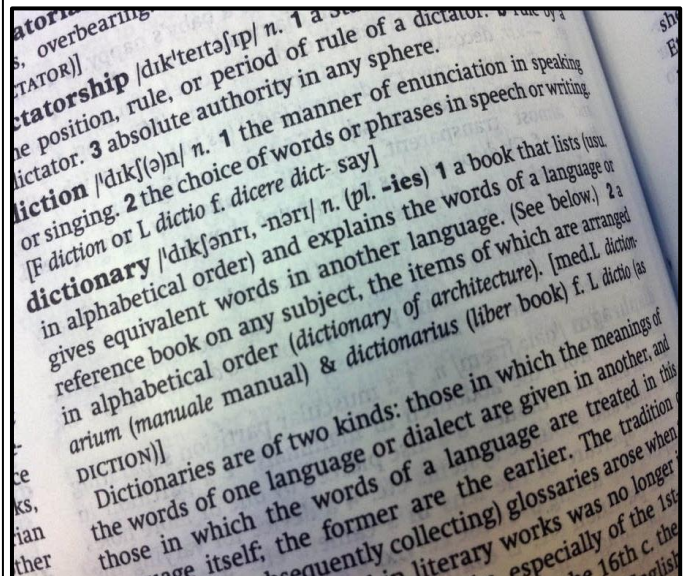
Submit your decorations with the House Team:
housesystem@kingsdale.southwark.sch.uk
Ensure your entry is accompanied by your full name, tutor group and House.

Oxford English Dictionary's List Of 2024's Big Words



Could you sum up 2024 in a word?

Each year, lexicographers examine the English language to highlight words and expressions that have shaped the past 12 months. They analyse data and trends to identify new and emerging terms, as well as shifts in the usage of more established words. The team also considers suggestions from the public while reflecting on the year's most impactful events to create a shortlist - ultimately selecting a word or expression that holds cultural significance. Some of the contenders are 'brain rot', 'demure', 'dynamic pricing', 'lore', 'romantasy', 'slop'.



STUDENT TASK: What word or phrase would you use to sum up 2024?

HOW TO ENTER: Submit your entry to
housesystem@kingsdale.southwark.sch.uk
Ensure your entry is accompanied by your full name and tutor group.

What Parents & Educators Need to Know about HORROR FILMS & AGE RATINGS

The 'on-demand' availability of streaming platforms in many homes creates extra possibilities for young viewers to be exposed to age-inappropriate content. Material which features horror or violence can cause anxiety and nightmares for children, especially since it can be hard for young ones to grasp that what they're watching isn't real.

CLASSIFICATION BREAKDOWN

The British Board of Film Classification has the following age ratings:

U: Suitable for all ages

PG: For children aged 8 and above; this content shouldn't unsettle them

12A: Children under the age of 12 should not watch without an adult; this content potentially features bad language, nudity or sexual references

15: Suitable only for 15-year-olds and above

18: Exclusively for an adult audience, with potentially explicit themes of violence, nudity or sex

WHAT ARE THE RISKS?

STREAMING IS EVERYWHERE

Modern mobile devices make it very easy for children to watch streamed films without the need for a TV. The availability of inappropriate content has risen significantly on streaming platforms, almost all of which host 18-rated content. If not restricted by parental controls, this could be viewed by children who aren't quite ready for such adult themes, concepts and imagery.

FACT VS. FICTION

Many children have no trouble separating fact from fiction. However, with modern day technology making pretend violence and horror look ever more realistic, it's becoming harder for youngsters to tell the difference. For instance, consider remakes of older films, where dated special effects (making it easy to discern that something wasn't real) have been replaced by far more convincing monsters and gore.

PEER PRESSURE

Friends encouraging each other to watch the latest film featuring violence or horror can lead to children consuming content that they're not ready for. As 18+ content is available on many streaming platforms, youngsters can watch these together – potentially without their parents' or carers' knowledge.

CHILDREN SCARE DIFFERENTLY

It can be difficult to decide what content is appropriate for children. What's fine for one child could be extremely frightening for another. As many children admit to not sharing or discussing the content they watch with their parents, encouraging an open dialogue around the kind of media that young people consume can help avoid exposing them to any inappropriate content.

PSYCHOLOGICAL IMPACTS

Horror prides itself on its ability to startle or induce genuine fear in the viewer – so it's no surprise that this genre isn't usually intended for children. A natural side-effect of this is that 'jump scares' or a creepy, suspenseful atmosphere can have lasting effects on younger minds. The resulting anxiety can impact a child's sleeping patterns or eating habits.

Advice for Parents & Educators

WATCH THE FILM FIRST

If you're concerned that a film might be unsuitable for children (whether it's their first dive into the horror genre or a step up in age classification), then take a look for yourself. There's no better way to judge whether this content is something you'd deem appropriate for a child – and if a parent, for example, has actually seen the film (or at least a portion of it), they can construct a far more credible case if they decide it's inappropriate.

REMEMBER – IT'S NOT REAL

Emphasise to children that the content they're viewing is entirely fictional and has no chance of affecting them in real life. If a child is upset after watching a film, try to understand what exactly has unsettled them: this can help you approach the topic in a healthy and informative manner, to dispel any fears or anxieties they may have.

DISCUSS THE CONTENT OF FILMS

If a child has seen a film that you think may have exposed them to potentially uncomfortable themes and ideas, don't shy away from talking about it, and answer any questions they may have. This is especially important if they watched the film without an adult present. Ask them to summarise the story for you, as this will give you an understanding of what they've learned from watching it.

USE PARENTAL CONTROLS

Most streaming platforms have the option to put age ranges on children's accounts. This means that films and shows that are inappropriate for children won't be advertised while they're browsing and won't even appear if a child specifically searches for them. This can be changed any time at parents' discretion, but it's wise to protect these settings with a password, so a child can't alter anything on their own.

Meet Our Expert

John Inley is an assistant principal at a secondary school. He has been involved with e-safety in schools for over 10 years, writing policies and supporting various schools in developing their e-safety provision. John has introduced a range of strategies at multiple schools aimed at helping parents to better support their child in the ever-changing digital world.



#WakeUpWednesday®

The National College®

Source: See full reference list on guide page at: <https://nationalcollege.com/guides/horror-films-and-age-ratings>



@wake_up_weds



/www.thenationalcollege



@wake.up.wednesday



@wake.up.weds

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 16.10.2024

SPORTS FIXTURES

Monday 25th November 2024

- No planned fixtures

Tuesday 26th November 2024

- Under-12s Girls' Football Away Match v Thomas Tallis School. Leave school at 12.50pm. Start 2pm. Return at 5pm approx.: **Mr Dash**
- Under-14s Boys' Rugby Away Match v Southborough High School. Leave school at 12.50pm. Start 2.30pm. Return at 6pm approx.: **Mr Roberts/Mr Price**

Wednesday 27th November 2024

- Sixth Form Boys' Football Away Match at KFS Pyneers Fields v Bishop Thomas Grant School. Leave school at 12.50pm. Start 2pm. Return at 5pm approx.: **Mr Price**
- Under-15s Boys' Rugby League Finals at Stanwell. Leave school at 12 noon. Start 1.45pm. Return at 6.30pm approx.: **Mr McWhirter/Mr Jones (Parent)**.
- Under-13s Girls' & Boys' Indoor Athletics Away Competition at Sacred Heart School. Leave school at 3pm. Start 4.15pm. Return at 6pm approx.: **Mr Dash/Mr Foster**

Thursday 28th November 2024

- Under-16s Girls' Football Away Match v Teddington School. Leave school at 12.30pm. Start 2pm. Return at 5.30pm approx.: **Mr Foster**
- Under-13s Boys' Rugby Home Match v St Cecilia's COE School. Leave school at 1.50pm. Start 2.30pm. Return at 5pm approx.: **Mr Lord**

Friday 29th November 2024

- A Level PE Trip to Hampton Court Palace. Leave school at 8am. Return at 4pm approx.: **Mr McWhirter/Mr Pizzey/Mr Roberts**
- Under-12s Boys' Basketball Away Match v The Norwood School. Leave school at 3pm. Start 3.30pm. Return at 5pm approx.: **Mr Lord**

***Please note Fixtures/Events may be cancelled due to wet pitches.**

Extra Fixtures may be organised at short notice.

All fixtures can be viewed via the link below:
<http://www.kingsdaleschoolsports.org.uk>



HOUSE NEWS

Online Safety Corner

For this week's Online Safety focus, we are looking at everything Parents/Carers need to know about **'Horror Films and Age Ratings'**. Get a greater insight here.

Please read! Remember to keep an open dialogue with your child about their activities online. **See page 22 above.**

The House Leader Board 2024-25

**Week ending
22nd November 2024**

- 1st Place** – Dove 31,184 points
- 2nd Place** – Swift 30,090 points
- 3rd Place** – Albatross 29,068 points
- 4th Place** – Falcon 28,453 points
- 5th Place** – Eagle 28,453 points

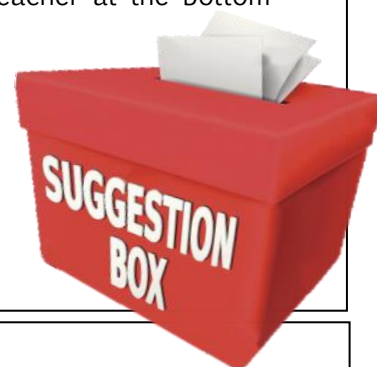
It's a dead heat for points between Falcon and Eagle! Nobody wants to be bringing up the rear do they?



Student Suggestion Boxes

To promote our well-established and highly effective Student Voice programme, there are suggestion boxes, which are located outside of the Attendance Office in the Main Atrium and the Office of The Headteacher at the bottom of the Green Stairs.

Please encourage your child to use this facility to make suggestions about how we can continue to improve our provision.



Remember!

You can access the school's Extra Curricular Sports page via clicking the following link here.

Please do not hesitate to contact Ms Turner at pe@kingsdale.southwark.sch.uk should you require any further information regarding the KFS sports programme.