



PARENTAL NEWS BULLETIN

Issue 12 Monday 4th December 2023

HEADLINE NOTICES

Arrangements for Wednesday 6th December 2023 & Year 12/13 Parents' Evening

Please be informed that in order to facilitate the Year 12 & 13 Parents' Evening, on Wednesday 6th December 2023, the school will close early between 1.55pm & 2.05pm for students in Years 7, 8 & 9 only. Students in Years 11, 12, 13 will finish school at their normal times. Students in Year 10 will finish at the end of Period 7 at 3.45pm, i.e. there will be no tutor period on this day. The school transportation times will be adjusted to reflect the amended school finish times for students. Please accept our apologies for any inconvenience caused. Should parents of students in Years 7 - 9 wish their child(ren) to remain at school on this day, this will be accommodated. Please contact a Head of Learning for your child should this be the case.



Curriculum Coffee Mornings

Our next scheduled parental Coffee morning is due to take place for Year 9/10 parents on Friday 8th December between 11am & 1pm. These sessions are a great opportunity to meet staff and learn more about the curriculum for each year group. Parents who are interested in attending, must register via the link sent separately by email. We hope to see you there. Please contact Mrs Chaudhary, Acting Deputy Headteacher via sca@kingsdale.southwark.sch.uk with any queries.

Attendance Matters!

As part of our ongoing focus on attendance and punctuality, all students now regularly receive an overview of their attendance and punctuality via their school email. This information has also been sent to parents. Please encourage your child/ren to check their school emails regularly for updates, so they can keep track of their attendance and punctuality, as well as other important messages regarding school opportunities and operation.

For any queries, please contact the Pastoral Assistant for your child's year group. You can find full email contact details in our Communication Directory which is available on our website [here](https://www.kingsdale.southwark.sch.uk). Any technical queries relating to student email access should be directed to askict@kingsdale.southwark.sch.uk

THEME & WORD OF THE WEEK

Universal Declaration of Human Rights

All human beings are born free and equal in dignity and rights. They are endowed with reason and conscience and should act towards each other in a spirit of brotherhood. Everyone has the right to life, liberty and security of person. No one shall be subjected to torture or to cruel, inhuman or degrading treatment or punishment.

Meteorology

The scientific study of the processes that cause particular weather conditions.

SCHOOL NEWS

House Captain Recruitment 2023-24

This is our final push to increase our student House Leadership team.

Students! Your House Needs You!

Would you relish the challenge of becoming a House Captain?

- Are you an organiser and communicator?
- Are you a good team player?
- Do you have lots of creative ideas?
- Then you could be ready to be a House Captain!

CONTACT the House Team:

Mr Fatodu via email at:

housesystem@kingsdale.southwark.sch.uk

Autumn Term

Final Music Scholars' Concert Dates

Tuesday 5th December

Drums/Percussion

Junior Concert 5.00pm

Senior Concert 6.30pm

Thursday 7th December

Jazz Scholars

Junior Concert 5.00pm

Senior Concert 6.30pm

KINGSDALE FOUNDATION
SCHOOL PRESENTS

RENT

SCHOOL EDITION

Kingsdale Foundation School's Music and Drama Departments proudly bring you Jonathan Larson's 'RENT' The Musical. "RENT" is story of a group of working-class Bohemians and artists in New York City's East Village in the late 1980's, struggling to survive in the midst of the AIDS crisis. The show explores themes of sexual identity, poverty, racism, homelessness and the resilience that keeps these communities afloat against a background of police violence, political discrimination, and the harsh realities of life on the streets.

TUESDAY 12TH DEC 6PM
THURSDAY 14TH DEC 6PM
FRIDAY 15TH DEC 6PM
SATURDAY 16TH DEC 2PM

TICKETS -
ADULTS £5
CONCESSIONS £2
ON SALE IN THE DRAMA OFFICE

@ KINGSDALE'S DRAMA STUDIO

BOOK: MUSIC AND LYRICS BY JONATHAN LARSON
SCHOOL EDITION SPECIALLY ADAPTED AND LICENCED BY MUSICAL THEATRE INTERNATIONAL
THIS AMATEUR PRODUCTION IS PRESENTED BY ARRANGEMENT WITH MUSICAL THEATRE INTERNATIONAL
ALL AUTHORISED PERFORMANCE MATERIALS ARE ALSO SUPPLIED BY MTI WWW.MTISHOWS.CO.UK

Black History Month German Posters

Maja

- My motivation was the world, which too
- Strong devotion
- Relaxed dress code
- Flexible work pattern
- Modesty and detachment

Who is she?



Dr. Patricia A. Williams

In the beginning

- Janina was born in Stuttgart in 1970
- During a student school exchange, she came across Siemens, where she began to work.
- It was always her dream and ambition to work at the United Nations.

What She tells us

- Anyone can become as successful as she is, regardless of race, gender and nationality.

Alessandro

Was hat
motiviert,
hast zu
arbeiten?

Ein bisschen über
Tanat:

Tamal Muschla was born on the 26th of February 1903, in Stuttgart, Germany. Despite being the English parents, he's one of the most promising multi-instrumentalists in the world, attaching the nickname 'Barbi' for his incredible double abilities. He has already played 29 international festivals in Germany and 137 in other countries, becoming a Germany legend.

Sie lieben es Schach zu spielen.

Er wird oft Banki
genannt.
Zweitjüngster Fußballer.
der für Deutschland
spielt

member of clubs including TSV Lohmeyer, the Bayern Munich youth team, and the Bayern Munich football school. He was born in Munich, Germany, on 17 June 1980. He moved to England in 1988, where he lived in Croydon, London until the age of 16, when he moved to pursue his dream of becoming a professional footballer.



Sie
spielen
Fußball

Kaitlyn



Awet Tesfayesus has been the first black woman in the German Bundestag since June 2021. Awet decided to run for the Bundestag after the attacks in Hanau, February 2020, on people with a visible migration background. She was successful. Tesfayesus is a lawyer and party member of the alliance 90 / Greens. Awet obtained political experience as a city councillor and advisor in the Kassel party executive.

Avet testaveus aspires for "diversity and equal opportunity in our society to become a matter of course". This includes, for example, enacting a strong anti-discrimination law.

Kari Hori Öhström - 7AFD

NELSON
MÜLLER



Er heißt Nelson Müll
Er ist 44 jahre alt.
ist Koch und S^{ng}er!



Nelson Müller was born on the 23rd of February 1979. His parents are Ghana, and he moved from Ghana to Germany when he was just a toddler. In the September of 2009 Nelson Müller opened a restaurant in Essen, which was awarded a star by the Michelin guide!



Kai

GEOGRAPHY NEWS

A Level Geography Conference

A Level Geography students in Year 12 attended the Hazards Conference hosted by Hodder Education on Friday 24th November 2023. The conference delved into the dynamics of the 2023 Gaziantep Earthquake, explored the ominous power of tsunamis as the deadliest tectonic hazard, and dissected volcanic risks along the Mid-Atlantic Ridge. Unravelling the profound connection between earthquakes and volcanoes, the students were provided with a captivating journey into the world of Hazards! The students really enjoyed the conference.





A safe space for teenagers worried about sexual behaviour

Our new website for young people with concerns about their own or someone else's sexual thoughts and behaviour.



shorespace.org.uk

Why Shore?

- It is one of the only resources of its kind in the world, designed specifically for young people with concerns about sexual behaviour
- It has reliable information to get anonymous help if they or a friend has acted harmfully online

WHO'S YOUR HERO?



AUTUMN TERM READING CHALLENGE 2023

1. READ BIOGRAPHIES OF PEOPLE YOU ADMIRE
 2. SUBMIT HANDWRITTEN REVIEWS TO ENGLISH DEPT. AND COLLECT BOOK TOKENS!
- COMPETITION ENDS 22ND JANUARY

STUDENTS WHO READ THE MOST
BOOKS ATTEND A
PIZZA PARTY!



LIBRARY NEWS

Upper School Library (USL) & Lower School Library (LSL) After School Schedules

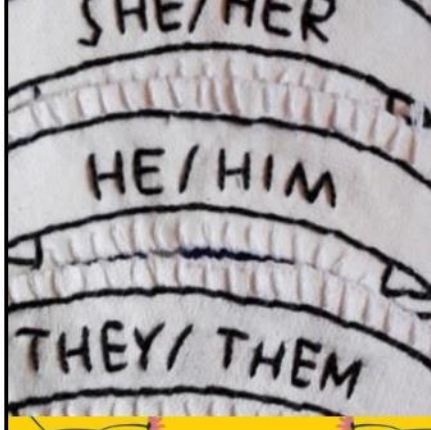
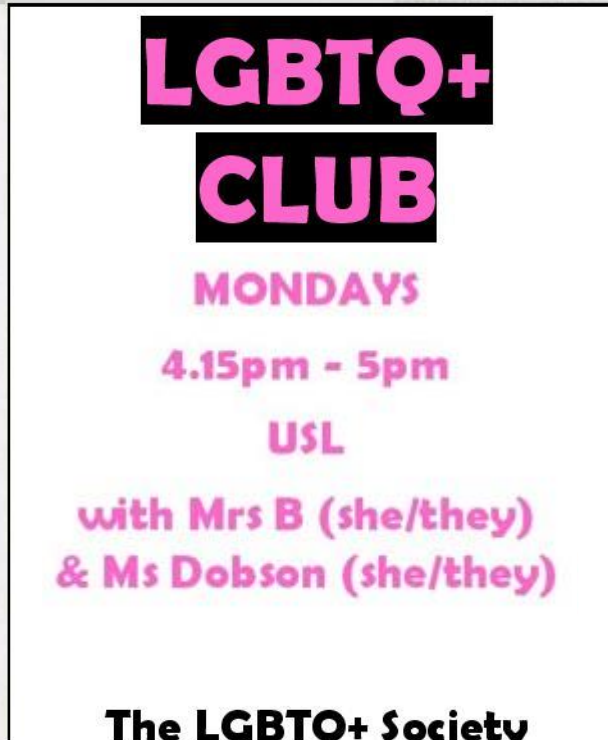
MONDAY	LGBTQ+ Club With Mrs Bowles and Ms Dobson	USL TIME: 4.15-5pm
TUESDAY	Year 7-9 Homework Club With Mr Gunathilaka & Ms Dobson	USL TIME: 4.15-5pm
WEDNESDAY	Creative Writing Club With Ms Dobson Book Club With Mr Read	USL TIME: 4.15-5pm USL TIME: 4.15-5pm
THURSDAY	Year 10 and 11 Homework Club With Mr Gunathilaka & Ms Dobson	USL TIME: 4.15-5pm
FRIDAY	Board Games Club With Mr Gunathilaka and Ms Dobson	USL TIME: 4.15-5pm

(Book Club and Year 7-9 Homework Club will later be moved to LS)

BOARD GAMES CLUB

FRIDAYS
USL
4.15-5pm





SCHOOL NEWS



CREATIVE WRITING CLUB!

WEDNESDAYS

4.15pm-5pm

USL

With Ms Dobson

Calling all writers!
Come to Creative Writing Club to write and share poetry and short stories. You will be given fun writing prompts and will discover lots of new poems and stories!

Food Science Year 7 and 8
Love of Food Club
Tuesday 15.45 to 17:00 in FS2

Autumn Term 2023

Remaining Sessions

05-12-2023 Beef Curry

12-12-2023 Vegetable Croquettes

19th December 2023
Christmas Workshop
Gingerbread Cookies

Please sign up in FS1 on every
Tuesday for the following week's
session to secure your place.

year 8
Creative
Writing Club

WEDNESDAYS
IN THE USL
WITH MS
DOBSON

POEMS,
STORIES
AND MORE!

Rubens and Women Art History Link Up (AHLU), Dulwich Picture Gallery (DPG) Event

Eight of our Year 12 and Year 13 students volunteered to take part in the Rubens and Women Dulwich Picture Gallery event, in collaboration with the Art History Link Up Team. The participating students were selected due to pursue the Art History Link Up EPQ at the Courtauld Institute; these students were prepared by the AHLU Team to select and be able to discuss one of the Rubens and Women exhibited artworks to the DPG Friends, members, and special guests to this exhibition private view.

A couple of the participating students also wrote articles in the AHLU Zine.

The AHLU Chief Executive, Rose Aidin said about our Kingsdale participating students:

'Congratulations on your amazing work yesterday in the 'Rubens and Women' exhibition at DPG - all our guests were so impressed and inspired by you, including Turner Prize winner Jeremy Deller!

The Gallery is keen to continue working with you on future projects, if of interest, more to follow.

Meanwhile the Zine is available on our website [here](#).

Thank you and congratulations again - you did AHLU, Kingsdale and DPG proud!'

We are so proud of our candidates for their excellent performance in this outreach.

Please see the photographs the AHLU photographer kindly shared with us.





Miranda Reula Gregorio

El Mar Gris

School: Kingsdale Foundation School Dimension: 41 x 51cm

Medium: Oil on canvas Age: 17

Country: London

Believe it or not this is the coast of Málaga in Spain, the same one being commercialised as a crystal-clear beach or one not to miss when you go visit. When I arrived, instead of coming to blue waters, a waterscape of greys took over. It was still as beautiful, just unexpected. By painting this sight, I'm hoping to make you realise that the purest beauty is found in those things you don't expect. The water was freezing.

VOTE NOW

BID NOW

11/20



Greta Cawley

Losing Touch

School: Kingsdale Foundation School Dimension: 102 x 76cm

Medium: Oil on canvas Age: 18

Country: London

Painting of a person curled up on a sofa, staring dully into the distance. The background is painted in soft colours to create a disconnect from the realistic figure, which was done to isolate the model and put the viewer into the subject's perspective of emptiness and dissociation from reality. The subject is breaking apart at edges, showing they are slowly fading away and losing their sense of self. This painting also reflects the bore which life around has become for the subject. and how the world around has lost its spark or colour.

VOTE NOW

14/20



Adriana Iznaga Kanerva

Reflection

School: Kingsdale Foundation School Dimension: 28 x 35cm

Medium: Oil on paper Age: 16

Country: London

This piece, is inspired by the obsession with appearances found in today's society. I decided to use realism to convey how this is something that might be found in our everyday lives. The light glowing over the face represents how people tend to make initial judgements based on looks rather than character, leaving our other qualities in the shadows.

VOTE NOW

THE SOVEREIGN ART FOUNDATION

We are proud to announce that three of our students have had work selected for the prestigious Sovereign Art Foundation Student Prize London.

The public vote is now open so please support our students by visiting www.sovereignartfoundation.com/sp-london and voting.

Congratulations Miranda, Greta and Adriana!

The winner will be announced on 13th December 2023.

You can visit the exhibition at Phillips, London:



The London Students Prize Finalists Exhibition

Venue: Phillips, London

Opening Times: Monday – Saturday | 10am-6pm

Dates: 12 – 15 December

Admission: Free

CAREERS



unifrog

UNIFROG for Careers Education Information Advice and Guidance (CEIAG)

Kingsdale offers the online careers tool called **Unifrog** to all our students in the Lower School (Years 7 & 8), Middle School (Years 9 & 8), Upper School (Year 11) and Senior School (Years 12 & 13). Unifrog brings into one place, every undergraduate university course, apprenticeship and college course in the UK. Additional opportunities include School Leaver Programmes and details on every college at Oxford and Cambridge. This makes it easy for students to compare and choose the best university courses, apprenticeships or further education courses for them. They can also explore exciting opportunities further afield by looking at English taught undergraduate programmes available in Europe and the USA. In addition, the platform helps students successfully apply for these opportunities by assisting them in the writing of their personal statements, applications and CVs, as well as guiding them through the process.

How to Get Started on Unifrog?

Students access the platform by accessing www.unifrog.org using their school email address and password; they can do so from any computer, tablet or smartphone.

We would encourage parents to use the platform with your child, so they can support them through the process of deciding their next steps. **In the case that students do not receive login emails or do not remember their password, they can visit www.unifrog.org/sign-in and click on 'Reset password/Resend Welcome Email'. This will trigger a reset password email on their school email account. This will allow them to create a password to log in.**

We have also set up a parent login so that you can use Unifrog as if you were a student yourself, allowing you to support your child throughout the process.

The sign-up code you need is: FOSQPARENTS and you can sign up here: www.unifrog.org/code

The Unifrog platform is designed to support learners in making the most informed decisions about their futures and has a range of tools that are suitable for all year groups.

Each student has their own personal account that provides a wide range of information related to their interests and aspirations. Key features of the platform include:

- Exploring Pathways – personality quizzes, career and subject profiles and webinars
- Recording – self-reflection about extra-curricular activities and key employability skills
- Opportunities – search tools showing live vacancies/courses/placements for apprenticeships, universities (in the UK and abroad), FE, virtual work experience and more
- Applications – tools to help students build applications for a range of pathways (e.g., CVs, Personal Statements, Common App Essays)

We encourage all our students to read about the different careers that they find interesting on Unifrog. Careers tasks are set during the year using Unifrog.

We truly believe that this all inspiring Unifrog online career tool will offer your child an excellent insight into exploring every possible area in the world of work. This will assist us in keeping the commitment we have to providing students with outstanding careers guidance; equally tailored support when choosing their next steps after school.

For more information, please contact our careers team at careers@kingsdale.southwark.sch.uk





Duke of Edinburgh Award Update

1. Students who are in Years 9 - 13 and are not yet enrolled on the scheme are still welcome to join the Bronze Duke of Edinburgh Award NEXT Academic YEAR but need to be quick as the original deadline has expired.
- 1a. All 275 **NEW** participants for the award to note:
 - Should have been added to the Bronze DofE TEAMS site – where all information about how to start/current events etc, is posted both in the 'chat section' and the 'files section'. Please look here for help and advice.
 - ALL PARENTS have access to the above information, deadlines and requirements to be invited out on expedition in 2024 on the school intranet site under Duke of Edinburgh Award section.
 - The KEY cut off dates of 30th April and 14th July 2024. See details on the above sites.
 - To Check BOTH parental emails for your child's DofE Welcome Pack. All Bronze awards were purchased on Thursday/Friday 9th & 10th November 2023 and a link was sent from the award to the email address of the person who received the link to pay for the award.
2. Students who have completed their Bronze Award and who are considering joining the Silver Award programme should have received a direct email from Mr Dennington, offering them the chance to pay for the new award. As already noted, the cut-off date to pay is **4th Jan 2024**.
3. **Pupil Premium Pupils in Years 9 to 13**
If students who receive the Pupil Premium have already paid then the school will reimburse them this month or shortly after. If you haven't paid but still wish your child to start the award, please email Mr Dennington by Wednesday 29th November so that your child's award can be purchased before December 2023.

Should you have any queries about any aspect of the DofE programme at Kingsdale, please contact Mr Dennington via sdn@kingsdale.southwark.sch.uk

CALENDAR 2023-24

AUTUMN TERM 2023

Second Autumn Half-Term

Monday 6th November – Thursday 21st December
(Thursday 21st December
will be a half-day for students and a non-uniform day)

SPRING TERM 2024

First Spring Half-Term

Thursday 4th January – Friday 9th February

INSET DAY

School closed to students except Year 11
Thursday 4th January

Half-Term Holiday

Monday 12th February – Friday 16th February

Second Spring Half-Term

Monday 19th February – Thursday 28th March

SUMMER TERM 2024

First Summer Half-Term

Monday 15th April – Friday 24th May

INSET DAY

School closed to students except Year 11
Monday 15th April

Mayday Bank Holiday

Monday 6th May

Half Term Holiday

Monday 27th May – Friday 31st May

Second Summer Half Term

Monday 3rd June – Thursday 25th July

INSET DAY

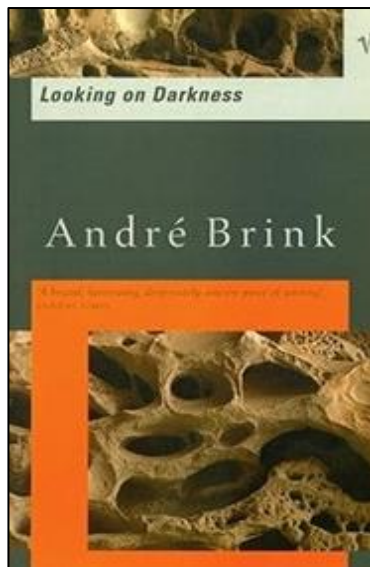
School closed to students except by invitation
Thursday 25th July

You can also find lots of other useful sources of information on the school website [here](#). This includes further details about the operation of the school, including Term Dates, Assessment and Uniform.

Should you have any suggestions for additions to our website, please contact Mr Karp, via email tkp@kingsdale.southwark.sch.uk

For further information on term & holiday dates, please contact the Attendance Team via attendance@kingsdale.southwark.sch.uk

Confirmed dates for the 2024-25 academic year will be issued shortly via our website.



Teacher Recommendation
Mr Easter from the History Department, recommends the seminal novel *Looking on Darkness* By Andre Brink

Looking on Darkness tells the story of actor Joseph Malan as he awaits execution for the

murder of his white lover. André Brink panders to no one's political, ideological or religious beliefs in a controversial novel which has achieved international significance and abundant critical acclaim.

Mr Easter enjoyed this book because of its historical significance; it was the Afrikaans book to be censored by the Apartheid regime in South Africa. It also explores themes such as race and freedom in deeply interesting ways. Some very dark themes – best suited to students aged 16+!

ENGLISH NEWS

Student Reading Recommendations

We hope this term hasn't been too busy and you have had some time to read!

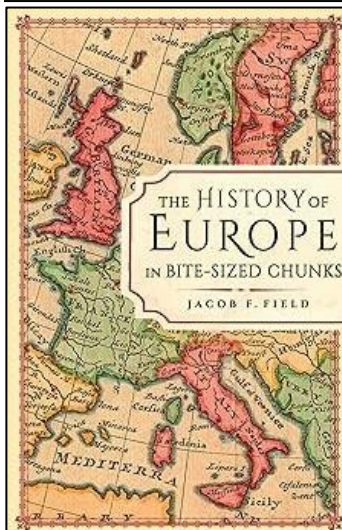
A reminder that we would like students to share with us what they like to read, their favourite book, something they have recently read or something that would be helpful for a particular subject or topic.



To help us share recommendations and inspire others to pick up the books suggested, please complete the form here and we may share in the newsletter for everyone to enjoy:

[Student Book Recommendations: 2023_2024](#)

Reading Recommendations



Student Recommendation
Gabriel Sanchez-Torres in Year 11 recommends *The History of Europe in Bite-Sized Chunks* by Jacob F Field

An accessible and succinct account of the story of Europe from its ancient foundations to the

twenty-first century, *The History of Europe in Bite-sized Chunks* details the events, personalities, ideas and disasters that have shaped our continent. Throughout the book there are mini-biographies of notable individuals (such as Julius Caesar, Catherine the Great and Napoleon Bonaparte) who have been most significant in European history. It is also packed with amazing facts, details and maps that will give the reader a vivid understanding of Europe's past. Gabriel was fascinated by this book because it is an easy yet interesting read about a 'subject more people should be interested in.' Too right, Gabriel!

Suitable for all secondary school year groups.

Communication with Parents & students



Student & Parent Email

Please ensure we have your correct email and mobile phone contact details. Students should also be regularly accessing their student email accounts.

MS Teams

Used to share schoolwork, assignments and files.

Twitter/Website

You can find us at @kingsdalefs. Our website at: www.kingsdalefoundationschool.org.uk

SatchelOne (previously SMHW)

Used to share homework details and other school news via the Notice Board feature with students and parents. Login [here](#).

MyEd app

Downloaded for free at:

<https://www.myedschoolapp.com/>

This app provides a range of useful info for parents.

MATHS NEWS cont.

Mathematics Scholarship Programme 2023-2024 Notice Update

Year 7 & 8 Scholarship sessions please see below the revised schedule for the rest of the Autumn term.

Year 7 Mathematics Scholarship Programme

SCHEDULE AUTUMN TERM 2023

TIME: 15.50 – 16.35

6 TH DECEMBER 2023	YEAR 7C & YEAR 7D	Session 3: <i>Estimate the Area of a circle 1</i> Ms Davis & Ms Lima Martins	AR3 & AR4
13 TH DECEMBER 2023	Year 11 Parents' Evening		Online
20 TH DECEMBER 2023	YEAR 7A & YEAR 7B	Session 3: <i>Estimate the Area of a circle 1</i> Mrs Deva & Mr Diedrick	AR3 & AR4

Year 8 Maths Scholarship Programme

SCHEDULE AUTUMN TERM 2023

TIME: 16.20 – 17.05

06 TH DECEMBER 2023	YEAR 8A & YEAR 8B	Session 4 <i>Construct triangles 1</i> Mrs Terziu & Ms Cherepanova	MA1 & MA2
13 TH DECEMBER 2023	Year 11 Parents' evening		Online
20 TH DECEMBER 2023	YEAR 8C & YEAR 8D	Session 4 <i>Construct triangles 1</i> Mr Prior & Ms Burney	MA1 & MA2



Sparx Maths

This year, Hegarty Maths has been upgraded to Sparx, which will be used to set homework tasks for Mathematics lessons.

To register, students will need to go to the Sparx site [here](#). Once there, type in the school's name 'Kingsdale Foundation School' followed by their personal details. They will then be prompted to set their own password.

The user interface is very similar to Hegarty Maths, but the work set will be more adequate for each individual student's needs.

Should you have any queries, please contact maths@kingsdale.southwark.sch.uk

SPORTS NEWS

Under-14s Boys' Basketball Tournament Thursday 23rd November



It was an unfortunate loss for Kingsdale who were winning at half time 18-14 but in the end Charter School, North Dulwich, came out on top due to having extra players in reserve. However, the boys dominated in the second game against Charter School, East Dulwich. Well done all – a great effort from the boys!

Final Score:

Kingsdale **24-35** Charter School, North Dulwich

Player of the Match: Dylan Ameen

Final Score:

Kingsdale **54-22** Charter School, East Dulwich

Player of the Match: Max Lacey

Under-12s (Year 7) National Rugby League Schools' Competition Tuesday 28th November

Game One:

Final Score: Kingsdale **3-0** Archbishop Tension

Tries by: Jaiden Afranie-Wilson (3)

Player of the Match: Jaiden Afranie-Wilson

Game Two:

Unfortunate loss, very good game of rugby.

Final Score: Kingsdale **0-4** Langley Park

Player of the Match: Robert Heritage.

Game Three:

Final Score: Kingsdale **3-0** Carshalton

Tries by: Harry Davis (1) & Howie Fletcher (2)

Players of the Match: Harry Davis & Howie Fletcher

3rd Place Overall

Special mentions by tournament hosts to:

Player of Group A: Howie Fletcher

Player of the Tournament: Jaiden Afranie-Wilson

Year 7 Girls' Hockey

Kingsdale v Streatham & Clapham High School

Last week, 18 Year 7 girls travelled to Streatham and Clapham High School to experience their first ever game of competitive hockey. Split into two teams, the girls played three matches each against varying levels of opposition in a round robin competition. Both teams played valiantly throughout the competition with some great play from everyone involved. Despite results not going our way, the girls played extremely well and scored a number of goals throughout the competition. Considering it was their first ever experience playing hockey, the girls can take away a lot going forward.



A reminder for any students in Year 7 that hockey training takes place on Wednesday lunchtime on the Astro.

SPORTS NEWS cont.



Sixth Form Girls' ESFA Football Competition Kingsdale v Royal Russell School

On Wednesday 29th November, the Girls' Sixth Form Football team played Royal Russell School in the 3rd Round of the English SchSFA. The girls played a great team game and worked together to get a 9-1 win.

Well done to the whole team for a great performance.

Final Score: Kingsdale 9-1 Royal Russell

Goal Scorers:

Freya Salked (1), Lola Singer-Norworthy (2), Kalliopi Attrill (2) and Ella Khaldoun (3)
Izar scored a penalty (1)

Player of the Match: Ella Khaldoun



Southern Inter-Counties XC Championships

Congratulations to the Kingsdale students who have been selected to represent their counties at the Southern Inter-Counties XC Championships, in Horspath, on Saturday 9th December 2023.

Sofia Mendes Surrey

Seren Yeatman Kent

William Weyham Surrey

Celia Yeatman Kent

Well done and good luck!
Watch this space....



PGL Watersports trip Years 8 & 9

The PE Department are pleased to announce we are again running our annual PGL Watersports trip. This trip will take place in the Ardeche, France, in June 2024. This trip is open for all students who are currently in Years 8 & 9. For more information about what is included in the trip and the price, please see the link [here](#) or QR code above.

If you would like to sign up your child up, please complete the Microsoft Form. If you have any questions, please feel free to email Mr Pizzey (apy@kingsdale.southwark.sch.uk) or Miss Findlay (ofy@kingsdale.southwark.sch.uk).

Cycle Confidence Course

The sports department will be running a Cycle Confidence Course at the school. Any parents or guardians who are interested in their child taking part in this course, will need to sign up in the New Year. More information will be sent out in due course.



Please note that this course is free of charge, however, your child will need a working bike (they will be checked on the day), a helmet and suitable clothing.

The course will run from 9am to 3pm on:

Monday 11th March 2024

Tuesday 12th March 2024

Wednesday 13th March 2024

Thursday 14th March 2024

Friday 15th March 2024

Contact pe@kingsdale.southwark.sch.uk for more information.

Special Educational Needs at Home

Since the pandemic, many parents have firsthand experience supporting the education of their children at home. For those parents with children with Special Education Needs/Disabilities, there are additional considerations to be made.

Here are six top tips to help support children with Special Educational Needs/Disabilities at home:



1. Sportscasting

This is a technique used by speech and language therapists to develop children's vocabularies. It is as simple as it sounds. While your child is engaged in an activity such as playing, drawing or baking, you narrate what they are doing. 'I see you have just drawn a green line.' Children bask in the close attention you are paying them and they benefit by hearing your choice of words.

2. Protecting space for thinking time

It is easy for children with slow processing to get lost in the confusion of daily interactions or not get a chance to develop their thinking and speaking skills in busy, fast-paced environments. One thing parents can do is simply hold the verbal space for our kids to say what they need to say. This can look like looking expectantly at the child until they have formed an answer, waiting for them to start and finish their thought, or even saying, 'we are just going to wait for George to respond, I bet he has something interesting to say,' if another child or adult tries to interrupt or move the conversation along too quickly.



3. Life-skills classes

Children with SEND needs can find the world outside the home a bit complicated and confusing and we can support their understanding by involving them in as much of the routine as possible. Think of a trip to the post office, a jaunt to the local market on a sunny day or even taking the bins out as an opportunity for explaining how the world works in slow, simple language. Think about opportunities for building in vocabulary or sensory experiences. The way the bin bag tears off the roll can be a surprisingly fun chance to explore sounds and textures.



4. Read the report and action the recommendations

It sounds obvious, but the initial assessment from a professional often contains very specific recommendations, including resources from specialist presses, that are tailored to your child's needs. Whether you choose to pursue a formal diagnosis or not, the recommendations for further support, often at the end of the report, are often worth trying.

5. Follow their lead

Most parents do this intuitively, but it bears repeating, especially if your child marches to the beat of a different drum and doesn't always have the same interests as their peers. Whatever their hobbies or interests, take your cue from them. If they like Minecraft and Greek gods, find books and activities that reflect this, and prepare yourself to chat about Midas' golden touch and world building over dinner. This will give them the chance to develop their vocabulary, oracy and narrative skills.



6. Be kind to yourself

Lastly, as any parent of a SEND child knows, supporting them can be both an enormous privilege and a huge challenge. Make sure you take time to look after yourself, and don't beat yourself up on the days when it seems really hard and you are not sure you said the right thing. Parenting a child with SEND is a journey and it is often a bendy, loopy road with unexpected twists and turns. That is paradoxically both the joy and the difficulty of it, and because you are in it for the long haul, be kind to yourself and take it one day at a time.



SEND FACULTY NEWS

SENsational
The Special Educational Needs Podcast

SENsational

The Special Educational Needs Podcast
Autism: What Every Parent Needs To Know

This episode of SENsational is titled 'Autism: What Every Parent Needs to Know, with Anne-Marie Harrison, training director from Ideas Afresh Education.

This episode is designed for parents and carers right at the beginning of their journey. Perhaps you're just discovering your child is showing traits of autism, or you're even considering applying for an assessment to diagnosis. We'll be chatting about how to get an assessment, myths and misrepresentations associated with autism, and some top tips and strategies on how to support your child at home.

Click [HERE](#) for the Podcast

YOUNG MiND S

fighting for young people's mental health

The parents and carers' guide to looking after yourself

Parenting isn't always easy. Although it's often amazing and rewarding to watch your children grow up, and to help them learn to be independent, it can also be really hard work.

If you think your child is unhappy or you are worried about their behaviour, it's easy to be hard on yourself and think you aren't doing a good job. But you aren't alone.

Here are our tips for looking after your child while also looking after **yourself and your child**

- **Make sure they know you love them and are proud of them.** Even when things are busy or stressful, and it feels like you are in survival mode, a word or a hug can reassure them a huge amount. Praise them for what they do well, and encourage them to try new things.
- **Be honest about your feelings - you don't have to be perfect.** We all get things wrong and shout or say unkind things from time to time. If this happens, say sorry to your child afterwards and explain why it happened. They will learn from you that it's okay to make mistakes and that it doesn't make you a bad person.
- **Be clear about what is and isn't acceptable - and tell them why.** Children need to know what is okay and what isn't, and what will happen if they cross the line. Follow through on what you say as otherwise they may get confused or stop respecting the boundaries.
- **Own your own role - you are the parent, so don't be afraid to take tough decisions.** If your child sees you are scared of their reaction and always give in to them, it can make them feel very powerful, which can be frightening. Children need to know that you are there to keep them safe.

Why 'it's a brilliant time to be dyslexic'?

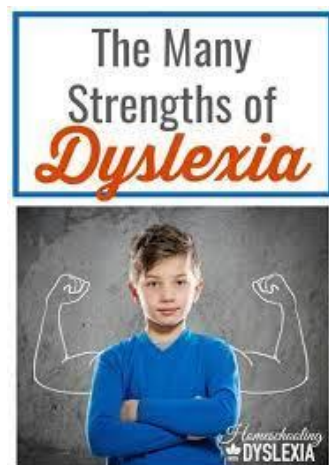
Research carried out by Made By Dyslexia found that by 2025, half of all jobs will be done by machines.

The other half will require what some call 'dyslexic thinking skills.'

It's a brilliant time to be dyslexic. Dyslexic children tend to be storytellers, entertainers, they're good with people. These are the skills that will take you far in life even though school can sometimes be difficult. Dyslexic thinking is management skills, analytical thinking, problem solving, innovation, creativity, all the soft skills that are hard to measure at school but are super important in the world of work. Dyslexic people are really good at being able to take a helicopter view of a problem rather than just seeing something in a linear way. The intelligence agency GCHQ actively recruits dyslexics for the way that they can see things that others can't.

It's one of the things that most dyslexic entrepreneurs say makes them successful plus creativity and being able to think out of the box. Look at the things your child naturally loves to do and help them recognise them as their strengths. Dyslexics don't often realise that the things they are good at they are actually really, really good at because they may be swamped with feeling like a failure.

Technology is geared to help dyslexics, with accessibility tools available across Microsoft and social media platforms, audio books and videos. Students: It's about how you learn best, and really understanding how you absorb and relay information, then making sure you share that with your teachers.



Top 5 Benefits of being Dyslexic

- 1. Strong memory for stories:** Some individuals with dyslexia recall facts as if reading a good storybook rather than just as a list of random data. Having narrative reasoning on your side may help improve your memory and help integrate contextual information better. Perhaps acting or writing is in your future!
- 2. Excellent puzzle solving skills:** When it comes to solving puzzles, many dyslexics are pros. They accurately identify the right shape and figure out complex problems. Rather than being a sequential thinker going from one idea to the next, many dyslexics thrive in environment that allow and foster simultaneous thinking in which ideas are connected via different routes than a straight line. This is why we see so many entrepreneurs with dyslexia.
- 3. Brilliant spatial reasoning:** The scientists at the University of East London found that young dyslexics are excellent at remembering a virtual environment when compared to non-dyslexics. In this regard, many dyslexics succeed in fields like engineering, industrial and graphic design, architecture, as well as construction.
- 4. Great conversationalists:** Many dyslexics are quite profound in reading people when interacting with them. They will tell you exactly what the problem is and how you can go about solving it. They are also quite considerate of other people's thoughts.
- 5. Abstract thinkers:** Dyslexic people can comprehend abstract ideas. They are good philosophers. They understand things that are not tangible, many of which are innate human qualities, such as bravery, love, and deception.



NHS: What should I do if I am worried about my child's mental health, or that of a child that I care for, and I think it's getting serious?

Make time to listen to them: Create a calm safe space where they can communicate how they are feeling without judgement.



Try to understand the problems and provide reassurance that you have heard them and are there to help. The problems could be something you are not aware of or don't notice at first, such as:

- relationship problems with friends and family
- being bullied
- experience of traumatic events such as abuse
- self-harm or suicide by someone close to them
- low self-esteem.

Or it might be something more noticeable, such as:

- a recent death of a friend or family member
- worries about schoolwork, exams or exam results
- worries about employment opportunities
- coping with a chronic illness or disability
- substance misuse problems
- coping with pre-existing mental health problems such as anxiety, depression and eating disorders.

Take time to talk to the child or young person you care for: This is particularly key in relation to children and young people, who may feel overwhelmed by a changing situation which isn't being clearly explained in a way they can understand. Some children and young people may find it easier to talk while doing something together such as playing in the park, going for a walk, painting or other activities.

Keep an eye on the child or young person you care for: Look out for symptoms that your child's mental health may be deteriorating, including symptoms of anxiety and low mood or worrying changes in behaviour. Seek specialist health advice and support and increase vigilance, including checking if they are accessing websites about self-harm, suicide or pro-eating disorders.

Help the child or young person you care for do positive activities which means they aren't isolating themselves: Positive activities including exercise and safe contact with family and friends can provide a distraction from negative thoughts and may help them open up about their feelings.

Provide structure and routine (including for sleep): Many children and young people may experience difficulties with their sleep. Providing structure through the development of daily and weekly timetables, including bedtime routines, can be helpful in providing some predictability for children and young people in this unsettled time.

Support children and young people with a disability: Children and young people with a disability, including people with a learning disability, autistic people and people with attention deficit hyperactivity disorder, may find the impact of coronavirus particularly difficult to manage. It is important to explain change and manage any anxiety and distress they may be experiencing. Seek immediate advice if they are already in contact with specialist health and social care services or contact your GP. The National Autistic Society have helpful advice on their website on how to deal with this uncertain time with the coronavirus.

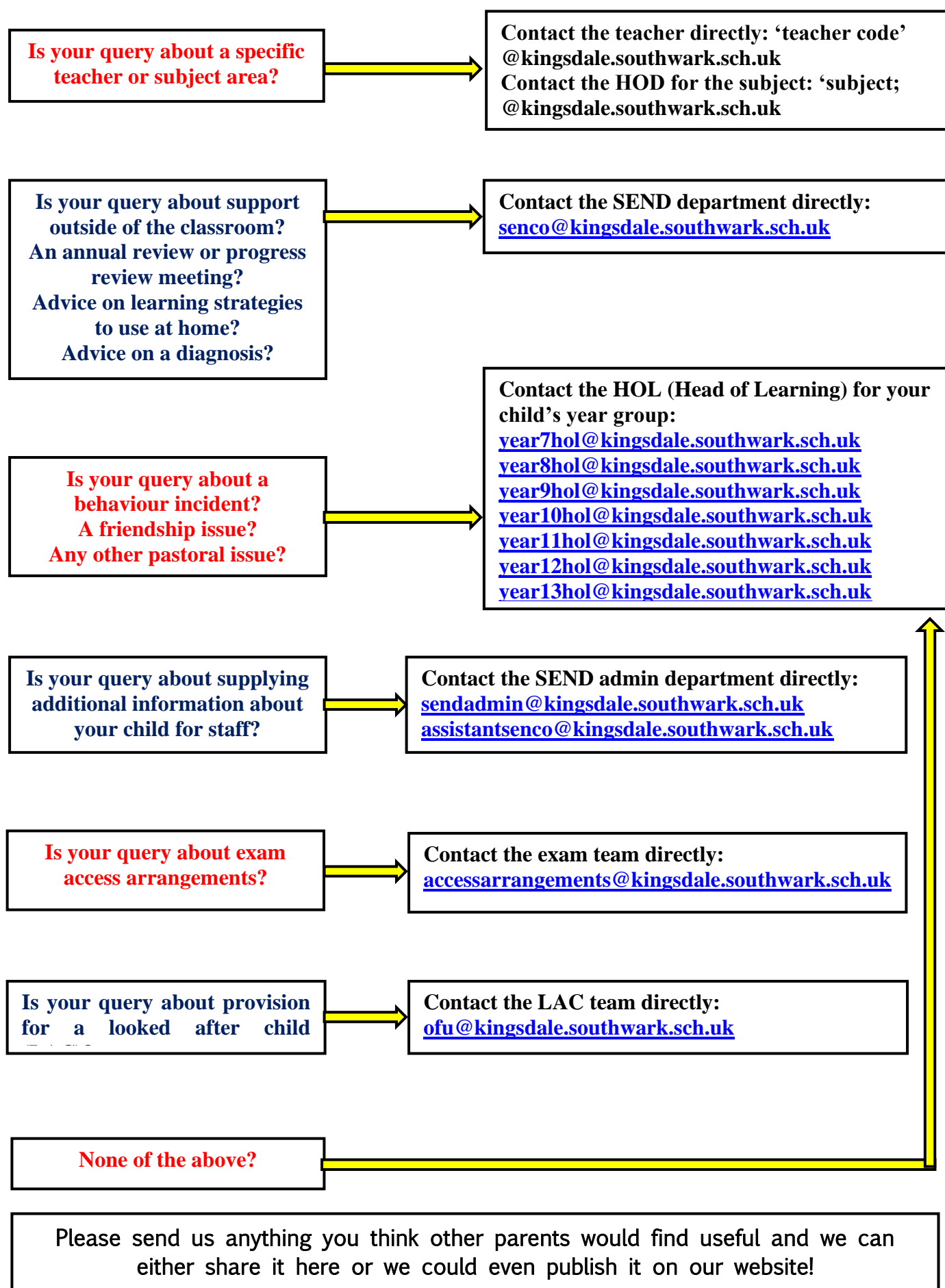
Seek specialist advice and support quickly if you think the child or young person you care for is having suicidal thoughts or are self-harming: It is important that you do not ignore these symptoms and that you speak to a GP or crisis mental health helpline urgently to get the right help and support (more information is available below) – or contact some of the services detailed below. If there is a threat to life, call 999.

Finally, as a parent or carer, look after your own mental health too: This will help you to best support yourself and those you care about. Remember to talk to your family and friends about how you are feeling, and seek help for yourself from the NHS and other support services if it's all getting too much. It's okay not to feel okay.

Communication Flowchart: SEND

At Kingsdale we would like our communication to be as effective as possible.

Please see the flowchart below to help us support your child effectively and get the information needed to the right people.



The School Shop

A reminder that our School Shop is now open during the school day to enable students to purchase a range of useful items that they might need. This includes stationary and uniform items; all of which can be purchased using their school fob. The School Shop is located in the main Atrium nearest to the green stairs.



Lost Property

We are still receiving a large number of items that have been mislaid or lost by students.

In many cases, these items are unlabelled, making it very hard for them to be quickly and successfully reunited with their owners!

Please can we ask parents to label all items of their children's property at school, including water bottles, blazers and coats. Lost property queries can be directed to lostproperty@kingsdale.southwark.school.uk

Calling all Budding Student Journalists!

Kingsdale students have started their own school newspaper and are inviting fellow students to get involved!

If you're passionate about current affairs and would like to write reviews and news reports for the Kingsdale Telegraph, please get in touch!



Click image to open the latest edition!

Students should post their illustrations, reviews and articles (maximum 80 words for reviews and 100 words for articles) in the school newspaper contributions box, situated in the main office. Please include your full name and tutor group. Alternatively, they can email the team via kingsdaletelegraph@kingsdale.southwark.sch.uk

SCHOOL NEWS



KFS Uniform Bank

Our uniform is a key part of our identity and as such we are able to help parents and carers in providing quality uniform items. Sadly, the cost of living is still rising and some families are finding it a challenge to cover all bases in bringing up a family. There is also the negative environmental impact in design and disposal within the clothing industry to consider. Kingsdale community families can acquire cleaned and sanitised pre-worn uniform blazers (Belmont Dry Cleaners in Croxted Road have been most generous with their time and costing in this matter) and other items, dependent on availability, at a much, reduced rate.

The Uniform Bank will also be open between 3.45pm and 4.45pm each Monday, Wednesday and Friday. Please, always check for availability of items prior to making a purchase. This is a rolling programme that continues throughout the entire academic year and as such we are always looking for donations. Please leave washed and folded clothes at the main Reception area. Items of uniform will be available at other times of the year depending on supply. If you would like to help in any way please make yourself known to the team.

If you have any queries, do not hesitate to contact: Mr Lewis at jls@kingsdale.southwark.sch.uk



SCHOOL NEWS

Safe Travel to School

At school, we have shared the key messages about keeping safe with the students. Some of the key messages are outlined below:

“LOOK UP LOOK OUT”

- **BE AWARE** of your surroundings.
- **BE AWARE** when using your mobile phone.
- Know your route home.
- Keep to busy roads.
- Try to be with other people.
- If someone tries to stop you keep walking.
- **SHOUT** for help and make **NOISE**.
- If anything happens speak to a trusted adult as soon as you can.
- **RUN HIDE TELL**.
- There is no right or wrong response as each situation is different but remember that **YOUR SAFETY IS PARAMOUNT**. Only **YOU** can assess the risk.
- Possessions are replaceable, but **you are not**.

Your child must contact the Police immediately on 999 if they are concerned about their safety or if they are the victim of a mugging/attempted mugging.

Students and Parents should also inform the school so that we can offer pastoral support and liaise with our Safer Schools Officer – PC Crampton.

Please contact Mr Harding via dhg@kingsdale.southwark.sch.uk with any queries.



Kingsdale is a Safe Space

We would like to take this opportunity to once again remind students and their families of our two confidential emails which are operational both during and outside of school hours.

This provision is available for any member of our school community wishing to seek advice, discuss any matters relating to mental health & well-being or report an incident or concern confidentially via email.

We appreciate that students, parents, carers or guardians may wish to speak to someone outside of school hours or may wish to disclose an incident or concern confidentially or anonymously.

Our two confidential emails are:

health&wellbeing@kingsdale.southwark.sch.uk

tellsomeone@kingsdale.southwark.sch.uk

Please contact **Ms V Turner** for further information regarding this provision or any matters relating to mental health & well-being at Kingsdale School.

HOUSE COMPETITIONS



Tree Dressing Day 2023

Tree Dressing Day falls on the first weekend of December. It began in 1990 and has grown to become much more than an expression of a love for trees. It is a chance for the whole community to gather and celebrate the leafy friends we all have in common. It's also a chance for communities to reflect on the social and cultural history of their local area, and the role trees have played in shaping this story.



STUDENT TASK: Make your own tree decorations. Here are some ideas:

- Make paper leaves to hang from your tree.
- Cut lengths of colourful ribbons and tie them to branches so they ripple in the breeze.
- Make your own bunting by cutting out paper triangles and attaching them to ribbon.
- Use fallen leaves and seeds to make natural garlands and decorations.

STUDENT HOUSE ACTIVITY:

Submit your decorations with the House Team:
housesystem@kingsdale.southwark.sch.uk

Ensure your entry is accompanied by your **full name, tutor group and House.**



International
VOLUNTEER DAY

International Volunteers Day 2023

What is International Volunteers Day 2023?

International Volunteers Day (IVD) is an annual event that honours the invaluable work of volunteers and volunteer organisations. It aims to inspire more people to engage in volunteer activities and promote the idea that volunteering contributes to building a better and more inclusive world.

This year, the United Nations mark International Volunteer Day by recognizing **the power of collective action: if everyone did.**

When is International Volunteers Day 2023?

International Volunteers Day is observed globally on December 5th each year. This date offers a chance to acknowledge and celebrate the remarkable achievements of volunteers and to reflect on the impact of volunteerism on society.

There are several students at Kingsdale Foundation School that volunteer their time towards an activity/local community. We want to hear about how you have volunteered this year!

STUDENT HOUSE ACTIVITY:

Submit your book with the House Team:
housesystem@kingsdale.southwark.sch.uk

Ensure your entry is accompanied by your **full name, tutor group and House.**

Part of our Social Media & Live Streaming Series



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What you need to know about...

MUSIC STREAMING APPS & SITES



What are they? 'Music Streaming Apps & Sites'

Music streaming apps allow people to listen to music on their devices. It gives users access to millions of songs and artists from around the world. Popular music streaming apps and sites include Spotify, Soundcloud, Apple music, Amazon Prime and Deezer. Music streaming allows children to listen to songs from around the world in a much easier and cheaper way. This enables them to showcase their talent which would have been very hard to do many years back.

Know the Risks

Explicit content

Explicit content is everywhere online, including in popular music. Children can easily access songs on Spotify, for example, that may have explicit or inappropriate language not suitable for children. It is also easy to erase searches so you can't see what a child has been listening to.

Adult themed podcasts

Many music streaming apps also offer the ability to listen to podcasts which can vary across any kind of topic, from business and health to comedy and relationships. Again, children could be exposed to content which is more adult themed or contains age-inappropriate language.

Chatting to strangers

Some music apps, like Playlist, want to make music a more social experience by finding others who share the same musical tastes and will allow users to join group chats where they listen to a playlist together in real time. This could open up your child to talking to strangers online.

Safety Tips

Use child friendly apps

Many music streaming services are made just for children. For instance, the Spotify kids app provides parents with control over what their children listen to and all the content is family friendly and fun for children to explore.

18+

Turn off explicit content

Most of the major music streaming apps will provide the option to turn off explicit material to make sure the music is completely clean. Some services even offer an option to lock the content censoring settings with a password, so your child can't switch it back.

Implement privacy controls

Check the privacy setting of your child's app. Ensure that whichever app or site they choose to stream music, the settings are set to be private. This way they can only share the music they are listening too with friends and family and can't engage in conversation with strangers.

Offering Support

Explore apps yourself

If your child insists on wanting to use a music streaming app then be part of the journey with them. Take the time to understand which apps they prefer to use and why they want to use it. Find out how to use the app yourself and understand what they could be exposed to and how to ensure they get the most of it in a safe manner.

Regularly check-in

Have regular conversations with your child about what they are listening to and how they are feeling. If they do hear explicit music or content that makes them feel uncomfortable, let them know that they can always talk to you and discuss what they've heard and what it means.

Our Expert Parven Kaur



Parven Kaur is social media expert and digital media consultant who is passionate about improving digital literacy for parents and children. She has extensive experience in the social media arena and is the founder of Kids N Clicks; a web resource that helps parents and children thrive in a digital world.



SPORTS FIXTURES

Monday 4th December

- Under-14s Girls' Football Home Game against The John Roan School. Leave school at 1.50pm. Start 2.30pm. Return at 4.30pm approx.: **Mr Dash**
- Under-13s Girls' Hockey Away Game against Streatham and Clapham High School. Leave school at 1pm. Start 2.30pm. Return at 5.30pm approx.: **Ms Findlay**
- Under-16s Boys' Rugby Away Game against Rutlish School. Leave the school at 12.30pm. Start 2pm. Return at 5.30pm approx.: **Mr Worsley/Mr Price**
- Under-13s Boys' Rugby Away Game against Harris Academy Beckenham. Leave school at 1.15pm. Start 2.30pm. Return at 5pm approx.: **Mr Roberts**

Tuesday 5th December

- Under-12s Boys' Rugby Away Game against Rutlish School. Leave school at 1pm. Start 2.15pm. Return 5pm approx.: **Mr Lord/Mr Price**
- Under-14s Girls' Football Away Game against Shenfield High School. Leave school at 12 noon. Start 2pm, Return at 5.30pm approx.: **Mr Dash**
- Under-12s Girls' Netball Away Game against Walthamstow Hall. Leave school at 12 noon. Start 1.30pm. Return at 5.30pm approx.: **Mr Foster/Ms Thomas**

Wednesday 6th December

- Under-13s Boys' Indoor Cricket Away Game against Harris City Academy Crystal Palace. Leave school at 1pm, Start 2pm. Return at 4.30pm approx.: **Mr Pizzey**
- Under-14s Boys' Rugby Home Game against Rutlish School. Leave school at 1.45pm. Start 2.30pm. Return at 4.30pm approx.: **Mr McWhirter**
- Under-16s Girls' Netball Home Game against Sydenham High School. Start 4.15pm. Finish at 5.30pm approx.: **Ms Thomas**

Thursday 7th December

- Under-13s Boys' JNR NBA Basketball Away Game against Bishop Thomas Grant School. Leave school at 2.30pm. Start 3.15pm. Return at 5.30pm approx.: **Mr Lord**
- Under-13s Boys' Rugby Home Game against Graveney School. Leave school at 1pm. Start 2pm. Return at 4.30pm approx.: **Mr Roberts**
- Under-14s Boys' Hockey Away Game against Dulwich College. Leave school at 3.45pm. Start 4.15pm. Return at 5.30pm approx.: **Mr Pizzey**

Friday 8th December

- Under-16s Boys Football Home Game against Sandringham School. Leave school at 1pm. Start 2pm. Return at 4.30pm approx.: **Mr Price**
- Under-16s Girls' Hockey Away Game against St Dunstan's College. Leave school at 3.30pm. Start 4.30pm. Return at 6pm approx.: **Mr Pizzey**



HOUSE NEWS

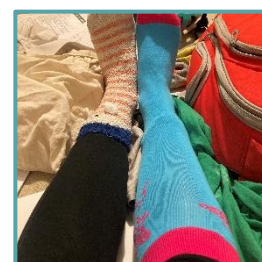
Online Safety Corner

For this week's Online Safety focus, we are looking at everything parents and carers need to know about 'Music Apps & Sites'. This means they will have access to a range of content some of which might be harmful. Get a greater insight here.

PLEASE READ!! Remember to keep an open dialogue with your child about their activities online. (SEE PAGE ABOVE)

Odd Socks Winner

Penelope Frangos, Year 8, Dove



House History Quiz Winner

Thomas Hood, Year 10, Swift House

- Guy Fawkes
- Titanic
- Six
- Pharaohs
- US President
- Pyramids of Giza, Hanging Gardens of Babylon, Temple of Artemis, Colossus of Rhodes, Lighthouse of Alexandria, Mausoleum at Halicarnassus, Statue of Zeus at Olympia
- Rome
- Captain Cook
- George Washington, Thomas Jefferson, Abraham Lincoln, Theodore Roosevelt
- World War 1

The House Leader Board 2023-24

Week ending 1st December 2023

1st Place – Dove 19,894 Points

2nd Place – Swift 19,670 Points

3rd Place – Falcon 18,769 Points

4th Place – Albatross 17,713 Points

5th Place – Eagle 16,800 Points

DOVE have maintained their lead this week for the top spot. Swift has stayed in 2nd place. It is still early in the race. Who will be top next week?