



PARENTAL NEWS BULLETIN

Issue 12 Monday 8th December 2025

HEADLINE NOTICES

Arrangements for Wednesday 10th December 2025 & Year 11 Parents' Evening

Please be reminded that in order to facilitate the Year 11 Parents' Evening on Wednesday 10th December 2025, the school will close early between 1.55 & 2.05pm for students in Years 7, 8 & 9 only. Students in Years 11 & 12 will finish school at their normal times. Year 10 students will finish at 3.45pm, i.e. there will be no tutor period on this day. The school transportation times will be adjusted on this day to reflect the amended school finish times for students in Years 7-9. Please accept our apologies for any inconvenience caused. Should parents of students in Years 7-9 wish their child(ren) to remain at school on this day, this will be accommodated. Please contact a Head of Learning for your child should this be the case.



House Excellence Award

Wilbur Smith, Year 8, has won the House Excellence Award. He was nominated by the Citizenship department. Wilbur works extremely hard in Citizenship, he always contributes extremely valuable and insightful answers. Wilbur illustrates excellent knowledge of current affairs and links them to the topics we are

studying in class. Wilbur can provide well balanced arguments presenting explanations for and against different views and he has shown a particular interest and understanding for our current topic on democratic values. We love hearing your ideas Wilbur - keep it up!

Christmas Jumper Day

Please note that Monday 15th December is KFS Christmas Jumper Day where students, along with staff, are able to wear their Christmas jumpers to get into the holiday spirit.

Non-Uniform Day

Friday 19th December will be a non-uniform day for students. Students who are able will be required to pay £1 for this privilege and all donations will go to charity.

THEME OF THE WEEK Universal Declaration of Human Rights

- All human beings are born free and equal in dignity and rights. They are endowed with reason and conscience and should act towards each other in a spirit of brotherhood.
- Everyone has the right to life, liberty and security of person.
- No one shall be subjected to torture or to cruel, inhuman or degrading treatment or punishment.

WORD OF THE WEEK Equivocal

'Open to more than one interpretation; ambiguous'

'The results of the experiment were equivocal, and further testing is required.'

SCHOOL NEWS

Kingsdale Annual Christmas Food Drive Begins!

The annual Kingsdale Food Drive has begun and will last until Monday 15th December. This is an initiative run by our Sixth Form students every year.



We are asking all students to bring in any donations if they are able. On the next page is poster outlining the specific items Lewisham Food Bank, where all our donations go, have requested but any other dried/canned goods or sanitary items would be greatly appreciated. Please consider giving your child items to bring in as we are trying to match last year's total donation weight of 3 tonnes!



Christmas Food Drive



The tutor that donates the most (**in weight**) will
receive a prize!

Priority items

any donated will be **x2** of the weight

sanitary items will be
x3 of the weight!

- Cooking Oil
- Tuna
- Pasta Sauce
- Rice (500g) bags
- Sugar
- Tinned Tomatoes
- Tinned Sweetcorn
- Tinned meat
- Washing up liquid
- Tea
- Rice pudding
- Biscuits
- Long life milk
- Halal tinned meat
- Non dairy milk
- UHT milk
- Strong carrier bags
- Instant Coffee
- Vegetarian meals
- Toilet rolls
- Baby wipes and Nappies



Back and Front gates of school
25th Nov - 14th December

KINGSDALE FOUNDATION SCHOOL
PERFORMING ARTS FACULTY PRESENT



THE MUSICAL *Amélie*

HOW **ONE** LIFE CAN CHANGE **MANY**

TICKETS

£7 ADULTS

£3 CHILDREN

MONDAY 8 DECEMBER 6.30PM

TUESDAY 9 DECEMBER 6.30PM

THURSDAY 11 DECEMBER 6.30PM

FRIDAY 12 DECEMBER 6.30PM

SATURDAY 13 DECEMBER 10.00AM

SATURDAY 13 DECEMBER 1.00PM

TICKETS AVAILABLE FROM THE DRAMA OFFICE OR EMAIL MR GOLDING OGG@KINGSDALE.SOUTHWARK.SCH.UK

ORIGINAL POSTER DESIGN BY
RUBY FOX

CREDITS

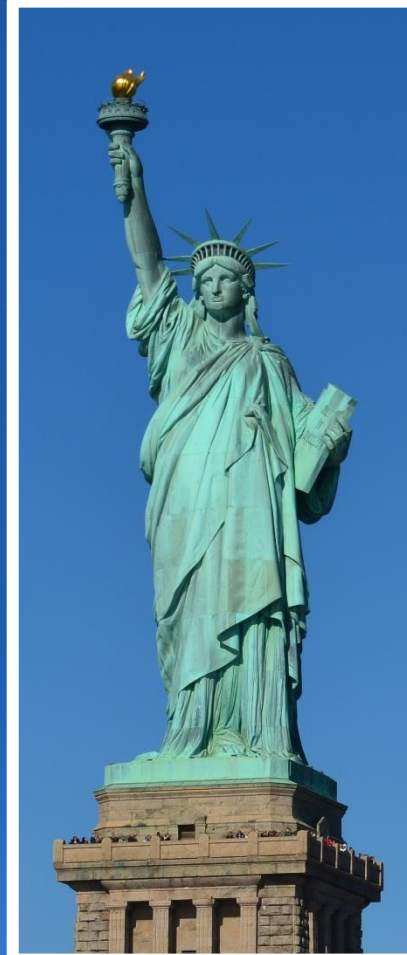
BOOK CRAIG LUCAS

MUSIC DANIEL MESS

LYRICS NATHAN TYSEN
AND DANIEL MESS

BASED ON THE FILM
AMELIE

HISTORY NEWS



Year 11 & 13 Autumn Term History Trips

The History Department ran two successful trips this Autumn, to New York and Washington with Year 13s and to Berlin with Year 11s.

New York & Washington

Our trip to the United States was run in conjunction with the Government & Politics and Economics Departments, and saw us take 45 Year 13 students to New York for three days, taking in the Statue of Liberty, Wall Street, the 9/11 Memorial, Museum of New York as well as evening visits to an ice hockey game, bowling and the Top of the Rockefeller Centre. After this we went to Washington DC for three more days where, despite the US Government shutdown, we managed to see the White House, Capitol, Lincoln, Washington and Martin Luther King Memorials and a visit to the International Spy Museum. A massive thank you to all the students, who were wonderful throughout, as well as Ms Boyd, Ms Charles-Clarke, Mr Packham and Ms Booth for making it happen.

Our resident photographer, Rohan Shah (Year 13) took some wonderful pictures which you can see here.

Berlin

Next, we took a group of 33, Year 11 History students to Berlin, where we had jam-packed itinerary visiting the Reichstag, Jewish Museum, Olympic Stadium, Checkpoint Charlie, Sachsenhausen Concentration Camp and the Topography of Terror. Once again the students were a credit to themselves and the school, particularly at the more sensitive parts of the trip. Thank you to Mr Beenham for organising, and Ms Wray, Mr Samuel and Ms Wyness for coming along.

We plan to run both these trips again so please watch this space for further information.



Photos clockwise from left to right

- Year 13 students at the Martin Luther King Memorial, Washington DC
- Statue of Liberty
* photo credit to Rohan Shah (Year 13)
- Year 11 students outside the Olympic Stadium, Berlin
- Our trip mascot, Richard Nixon
* photo credit to Rohan Shah (Year 13)

MUSIC NEWS



The Barry Graham Big Band Win Again!

The Barry Graham Big Band were again awarded the highest possible Platinum award at the National Concert Band Regional Festival at Trinity School Croydon on Sunday 16th November.

The band were commended for their exceptional musical ability, and in particular the outstanding soloists in each section of the band.

They have been invited to take part in the National Finals at the Royal Northern College of Music in April, alongside the other top performing ensembles from around the country.

Congratulations to all involved!



SIXTH FORM NEWS



6th Form Careers Update

It has been a busy few weeks in 6th form for careers.

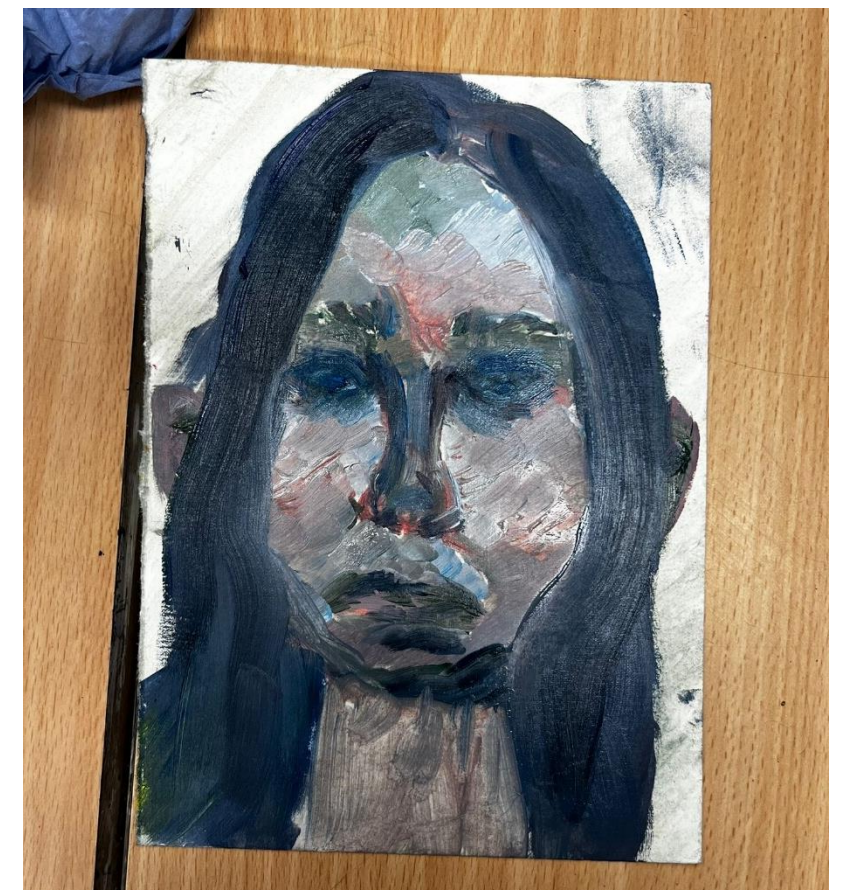
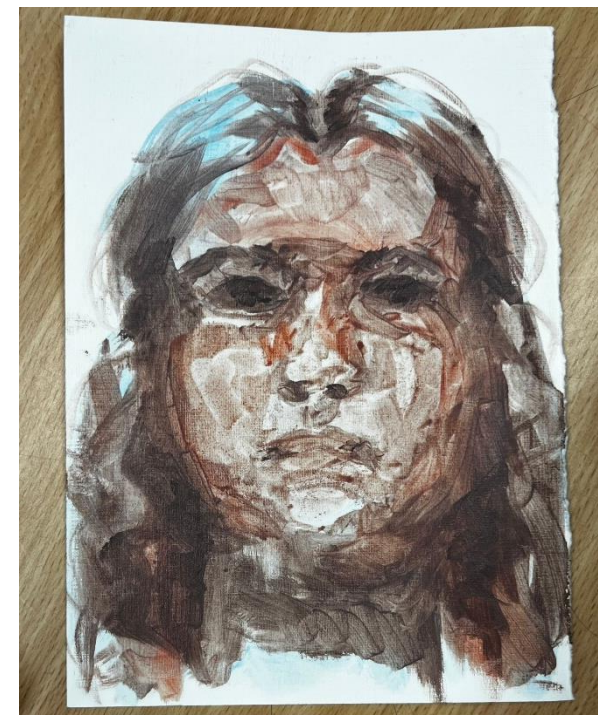
Last week saw our finance focus week with careers talks from BDO and Acadian Asset Management. Students heard about the day to day work of these type of businesses as well as advice and information of how to access post 18 roles and top tips for the industry.



These talks form part of our wider 6th form working lunches programme, which has already seen talks from parents in a variety of careers such as civil engineers, a housing manager, architects and journalists, passing on key advice about their industries.

City & Guilds

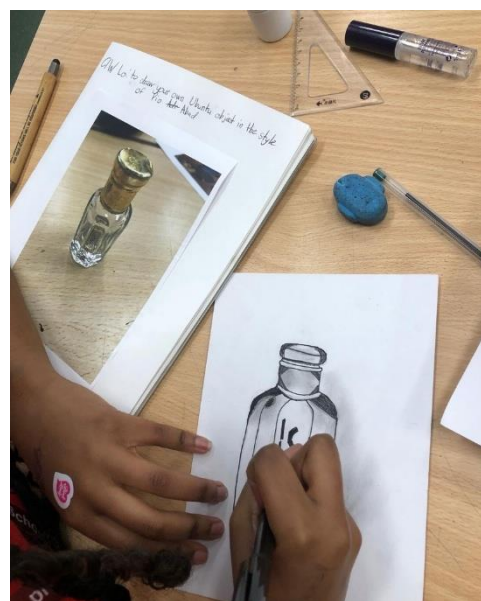
We're delighted to be working once again with City & Guilds on their Artists in Schools programme. Several of our Year 10 and 11 Art students have signed up to take part in a six-week oil painting workshop focused on self-portraiture.



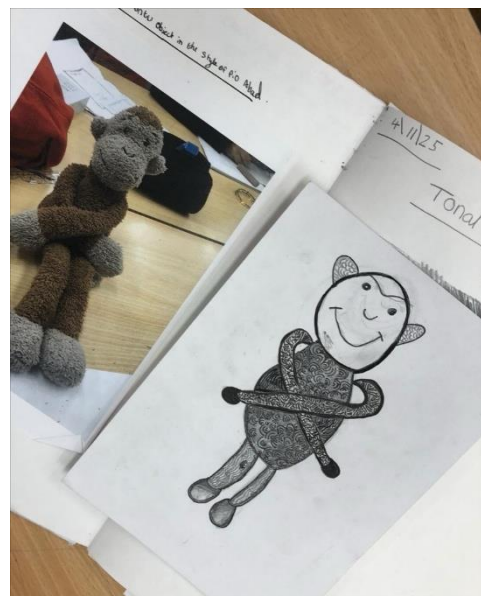
Year 7



Each student was asked to bring in an object that represented someone in their community that they admire. They then had to create detailed studies using mark making inspired by the artist Pio Abad.

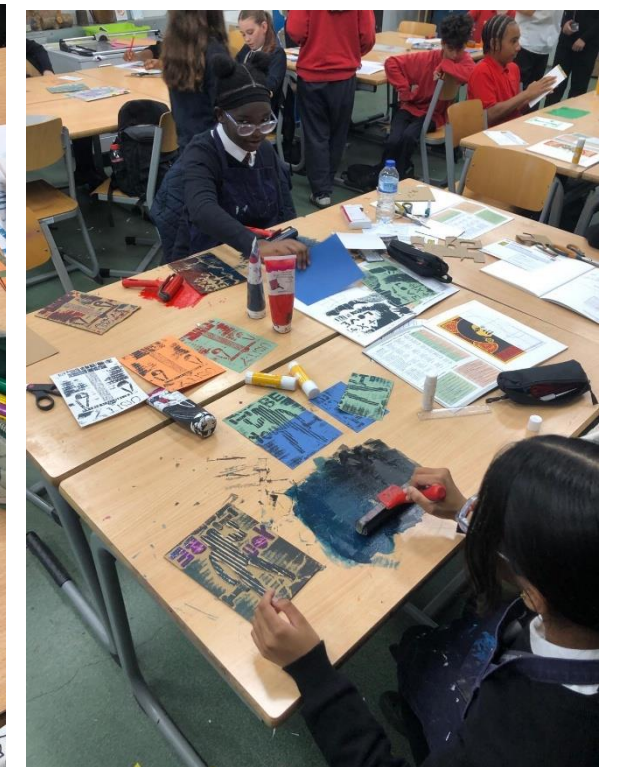


Year 8 have been experimenting with collagraph and printmaking to create responses for the 'Ubuntu: I am because we are' exhibition at Camberwell Art College.

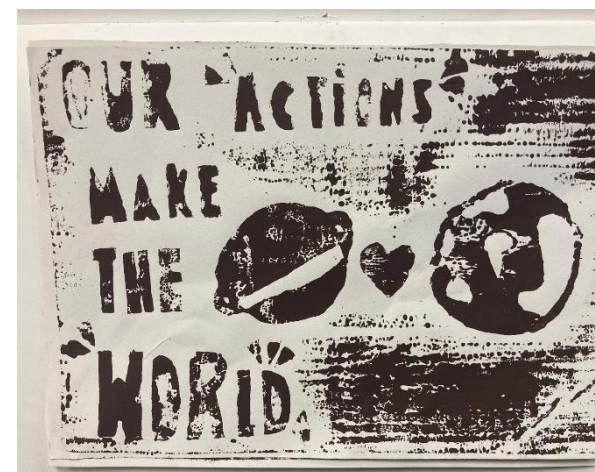
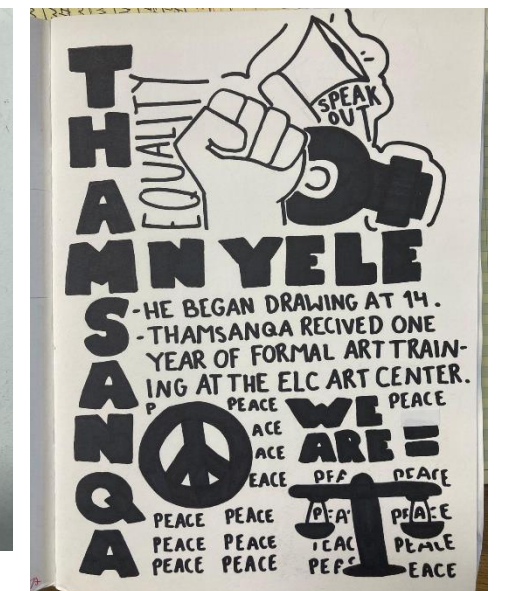
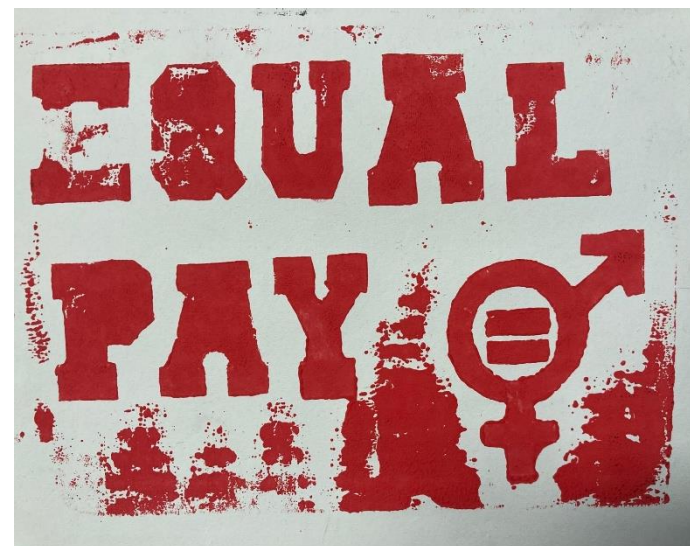


You are warmly invited to
the exhibition, details
below on Page 9.

See more images on our Art Instagram
@kingsdaleart (age restrictions apply)



Year 8





Invitation

Year 7 and 8 students' work is on show in 'Ubuntu: I am Because We Are' Exhibition alongside other artists at Camberwell Space this month.

Come and see the postcards they have created in lessons celebrating Black History Month.

Exhibition Days

Wednesday 10th December 2pm-4pm

Thursday 11th December to Friday 12th December 11am-4pm

Camberwell Space

University of the Arts London, Camberwell College of Arts
45-65 Peckham Road, London SE5 8UF

CAREER NEWS

Careers Talk: Policing And The Justice Sector



light of the Casey Report, and what is being done to improve culture within the organisation.

Students were interested to hear about her career prior to MOPAC, particularly her work in the youth justice sector, and the efforts being made to prevent young people from getting into the criminal justice system. A huge thank you to Melissa for giving us her time to give such an informative talk.

This week we were privileged to welcome Melissa Asare to come and talk about her career in the justice and crime sectors, and particularly about her work with the Mayor's Office for Policing and Crime (MOPAC).

Melissa gave us some really interesting perspectives about the state of the Met, particularly in

Careers Talks

We have an exciting suite of careers talks coming up after Christmas too. See below for details. Students can express an interest via [this link](#).

Please note the **Careers Fair** will be taking place for students in Years 9, 10 and 12 on **Wednesday 14th January 2026**. This is a fantastic event for students, more details will be coming soon!

Date	Time	Years	Talk
Tuesday 3 rd February	Period 5 1-1.45pm	9, 12 & 13	Advertising
Wednesday 4 th March	Period 4 12.10-12.45pm	8 & 10	Interior design
Wednesday 18 th March	TBC	TBC	Metropolitan police
Tuesday 28 th April	TBC	TBC	Data centres
Friday 1 st May	Period 4 12.10-12.50pm	8 & 10	Nursing
Tuesday 12 th May	4.15-5.00pm (after school)	All Years	Archaeology
Spring – date TBC			Video publishing & media

Careers Talk: Careers in Diplomacy and Development Tuesday 9th December Period 5 - 1-1.45pm in CR1 Years 9, 12 and 13

On Tuesday 9th December we're excited to be welcoming Zoe Wildig to talk about her career in diplomacy and development. Zoe has worked for the foreign office, the UN and for various NGOs on issues such as human rights, peace building and royal visits. Most recently, she worked as Political Counsellor at the British High Commission in Nairobi, Kenya and prior to that, for 7 years at the British Embassy in Addis Ababa, leading UK political and conflict work in Ethiopia.

We're really excited to hear what Zoe has to say about a career in diplomacy and development and hear her views about the current situation. Students who are keen should please come to CR1 at 1pm on Tuesday 9th December with their lunch. They can sign up [here](#) to register interest.

SCHOOL NEWS

Have we forgotten the devastation in Jamaica 🇯🇲

Get Rid of and Donate needs the community help to support the people of Jamaica

We need the community help!

Wanted items Ambient Food

Rice, flour, sugar, cooking oil, tin fish (tuna, mackerel, sardine) baked beans, sweetcorn, instant noodles, baby food, formula, baby nappies, baby wipes, feminine products, toothpaste/toothbrush, waterproof clothing, wellington boots, tarpaulin, touches

Drop off at everyday
between 10:00 am – 5:00 pm

St Faith's Community Centre
Red Post Hill
London SE24 9JQ

SCHOOL NEWS

Love Your Doorstep Community Patrol

West Dulwich Community Patrol

Let's get ahead and stop street crime before it starts! We're excited to share that our community patrol scheme, in conjunction with Love Your Doorstep (LYDS) continues this term. We are continuing our patrols and are looking for parental volunteers from the KFS community.

What is a community patrol?

LYDS say the best volunteers are those who work from home, part time or are semi-retired and want to do something positive for their community.

- Patrols are weekdays from around 3:30 5pm.
- A patrol is a group of 2-4 volunteers, who are visible, say hi and intervene if necessary, by being friendly.

If you'd like to volunteer to help make our area safer, we'd love to hear from you via the sign-up link here. If you can't spare the time, please do help by spreading the word with your local contacts.

Thank you for your support. We can make a real difference to our community by working together!



YEAR 10 MUN CLUB

A great new Year 10 MUN Club on Tuesday during Period 4.

Come along and join us in HU4.

We look forward to seeing you then!

LIBRARY NEWS

Carnegie Book Club

If you're in Year 7 and love reading, join Ms Redfern and Ms Walker for the Carnegie Medal Book Club! The club allows students the opportunity to read, discuss and review the books shortlisted for the 2025 [Carnegie Medal for writing](#), so it will be a great chance for students to read some of the best titles in teen fiction! We will be meeting every Wednesday during period 3 (Year 7 lunch) in the Lower School Library.





Anna Hugman takes Silver!

Congratulations to Anna Hugman, Year 7 (left of image) who took part in a gymnastics competition, 'Emoji Nation' on Sunday 30th November. She won two Silver medals in vault and trampette.

The competition involved more than 250 gymnasts from eight South London clubs. Anna was representing her club, BDR Gymnastics.

Well done Anna, what a brilliant achievement!



SPORTS NEWS

KFS disclaimer. Please be advised Match reports produced and presented by student reporters.



Jacob Hood at Inter Counties Champs

Jacob Hood, Year 9, was selected to represent Surrey Under-15s Boys in the Southern Inter Counties Championships at Horsenden Hill on Saturday 29th November.

Despite it being a very wet and muddy race, Jacob managed to get good time and cross the finish line with a smile on his face!. Well done!

Marlo Jones takes Gold in Abu Dhabi!

Congratulations to Marlo Jones, Year 8, who won Gold in his category in the very prestigious World Youth Jiu-Jitsu Championship 2025 in Abu Dhabi.

Marlo had 9 wins overall.

What a fantastic achievement! Well done World Champ Marlo!





SPORTS NEWS

KFS disclaimer. Please be advised Match reports produced and presented by student reporters.

Kingsdale Under-14s Boys' Rugby Team Progress to Regional Finals After Strong London League Performances

The Kingsdale Under-14s Boys' Rugby team produced a series of committed and impressive performances in their latest London League fixtures, securing their progression to the Regional Finals in January.

In their opening match against **Teddington**, Kingsdale set the tone early, dominating play and earning a well-deserved **10-0 victory**, with **Zac Kiwanuka** scoring both tries.

The second game saw a close contest against Dorothy Stringer School, where Kingsdale battled hard but were narrowly defeated 15-10 in a tightly fought encounter.

In their final fixture versus Castle View, Kingsdale demonstrated resilience and attacking flair, finishing with an exciting 15-15 draw. Jaiden Afranie-Wilson delivered crucial tries to keep the team level.

Overall, it was a strong showing from the Under-14s, whose teamwork and determination have earned them a well-deserved place in the Regional Finals this coming January 2026.

Well done to all involved.

Under-13s Boys' Rugby Team Kingsdale v Graveney School

On Friday 28th November, the Kingsdale Under-13s Boys' Rugby Team faced Graveney in a competitive and exciting fixture. Kingsdale started the match with real intent, dominating the early stages and crossing for three well-worked tries.

Despite their strong start, a lapse in concentration allowed Graveney to respond with a try of their own, bringing the halftime score to 15-5 in Kingsdale's favour.

The second half began with renewed energy from Graveney, who closed the gap to 15-10. However, Kingsdale showed great character and resilience, regaining control of the game and pushing forward with purpose. Two further tries late in the match secured the result, sealing a well-earned victory.

Final score: Kingsdale **25-15** Graveney

Try scorers: Torston Nicholls (2), Cameron Cornwall and Hamis Roberts (2)

It was a strong team performance and a well-deserved win for the Under-13s team!.

Year 8 Boys' Elite Football Team English Schools Cup Kingsdale v St. John's Prep

Congratulations to the Year 8 Boys' Elite Football Team who played St John's Prep, Senior School in the English Schools' Cup on Tuesday 2nd December 2025 at Burgess Park.

Kingsdale came out strong and were 1-0 up in the first 10 minutes with a goal from Harrison Abayomi. St John's equalised and then quickly scored again just before half time.

Despite being a goal behind, the boys came out flying in the second half.

On 60 minutes, Kobe Mukoro came up with the goods scoring a cracking goal to lift the boys' spirits. With the extra time looming, Kingsdale were awarded a corner kick which was taken by Sky Scannell. St John's cleared the corner only for the ball to land to Harrison Abayomi, who slotted the ball into the bottom corner of the goal.

Kingsdale clung on for the remaining of the game to win 3-2 against a very solid team with both teams showcasing many Academy Players from top teams.

Final score: Kingsdale **3-2** St John's Prep

Goal scorers: Harrison Abayomi (2 and)Kobe Mukoro (1)

Player of the Match: Harrison Abayomi for his winning goal and hard work in midfield.

Well done to all the boys! Great match!



YEAR 7 CHRISTMAS NETBALL CLUB



WEDNESDAY, 17TH DECEMBER
BRING ALONG YOUR FAVOURITE
CHRISTMAS JUMPER
3.45PM – 4.40PM IN THE SPORTSHALL
OPEN TO ALL

SPORTS NEWS

Year 9 Girls' Inner London Cup Kingsdale v St. Dunstan's

Well done to Year 9 Girls' Football team who have had two fantastic performances over the last week. Last Thursday, the team travelled to St Dunstan's College to play in the Inner London Cup. The girls knew they would be facing a tough test as they lost out to St Dunstan's in the ESFA National Cup last year; would it be repeat or revenge...

It was revenge for Kingsdale as the team cruised to a victory after an excellent performance!

Final score:
Kingsdale **5-1** St Dunstan's College

Goals scorers: Lisa Chantry (1), Poppy Clapperton (1), Marlena Westaway (1) and a superb brace from Ruby Trim

Player of the Match: Poppy Clapperton

Under 14-Girls' National Cup Sisters in Sport Football Competition Kingsdale v Sydenham High School

The team continued their fine form as they progressed into the next round of the Sisters in Sport Under-14s National Cup.

In cold, muddy conditions against Sydenham High School, the team put on a professional performance to be victorious.

Final score:
Kingsdale **8-1** Sydenham

Goal scorers: Violet Martin (1), Lisa Chantry (2), Poppy Clapperton (2) and Marlena Westaway (Hatrick -3)

Player of the Match: Lisa Chantry

Well done ladies, keep up your hard work!



Year 8 Girls' Football – Sisters in Sport Kingsdale v Ibstock Place School

Well done to the Year 8 Girls who moved into the second round of the Sisters in Sport competition after a 5-0 win against Ibstock Place School. Despite having one player less, they showed outstanding courage and skill to win. It was great to see the girls bounce back with a smile on their face after narrowly losing their last game. Well done to the all the girls!

Final score: Kingsdale **5-0** Ibstock Place School

Goal scorers: Evie Lewis (2), Wren Costerton (2) and Georgia Baker (1)

Player of the Match: Dezhiah Botende



Big History Club!

For Key Stage 3 and 4 in HU6
Every other Tuesday from 4.15 to 5pm

Do you want to dive into the past?
Is there something we don't cover at school
that you would like to learn about?

In Big History Club we use history and fiction
books, films, art, music and more to **enquire**
into diverse World Histories from ancient times
to modern day.

In our session on **Tuesday 9th December**
Ms Preston will be leading a festive session asking...
Who were the REAL Three Wise Men?

Bring along any ideas for people, events or items
from history you want to know more about!



Join the Student **AI Think Tank** Have your say on the future of learning!

Kingsdale is launching a **Student AI Think Tank**: A group where
students from **Years 7 to 13** come together to explore how artificial
intelligence is shaping education and school life.

We'll meet **once every half term** to:

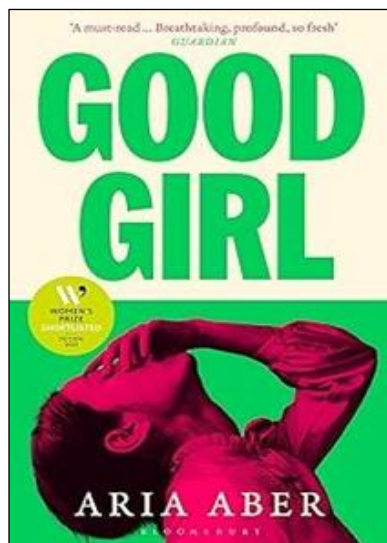
- Share ideas about how AI can help students and teachers
- Discuss opportunities and challenges
- Represent the voice of students on the future of learning

Interested? Email AIThinkTank@students.kingsdale.southwark.sch.uk
to find out more and get involved.

Your ideas. Your future. Your voice.

Reading Recommendations

Student Recommendation



Elia Smith in Year 10 recommends
Good Girl
by Aria Aber

Born in Germany to Afghan parents, Nila has spent her adolescence disappointing her family while searching for her voice. Now in Berlin's techno-filled warehouses, their walls still

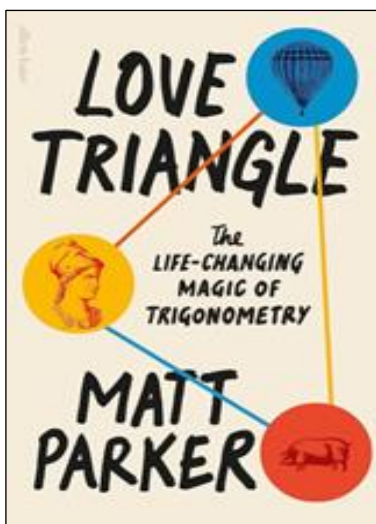
scarred by the ravages of the last century, she has found her tribe.

Then Nila meets American writer Marlowe. As she is sucked into his seductive but controlling orbit, and ugly racial tensions begin to roil through Germany, she is forced to ask herself the question she's been running from: who does she want to be?

Elia really enjoyed the protagonist's struggles and found the depiction of racism sad but interesting.

Some mature themes; best suited for Key Stage 4 students and over.

Teacher Recommendation



Mr Hebert recommends
Love Triangle
by Matt Parker

In *Love Triangle*, stand-up comedian, ex-maths teacher and *Sunday Times* number one bestselling author Matt Parker is on a mission to prove why we should all show a lot more love for triangles, along with the useful trigonometry and geometry they enable. To make his

point, he uses triangles to create his own digital avatar, survive a harrowing motorcycle ride, cut a sandwich into three equal parts, and measure tall buildings while wearing silly shoes.

Mr Hebert enjoyed all the humorous anecdotes and found the writing very engaging.

Suitable for all students from Year 7 readers and older.

CALENDAR 2025-26

You can also find lots of other useful sources of information on the school website [here](#). This includes further details about the operation of the school, including Term Dates, Assessment and Uniform.

Should you have any suggestions for additions to our website, please contact

Mr Karp, via email
tkp@kingsdale.southwark.sch.uk

For further information on term & holiday dates, please contact the Attendance Team at attendance@kingsdale.southwark.sch.uk



AUTUMN TERM 2025

Second Autumn Half-Term

Monday 3rd November – Friday 19th December

SPRING TERM 2026

Monday 5th January INSET DAY

School closed to students except those in Year 11

First Spring Half-Term

Monday 5th January – Friday 13th February

Half-Term Holiday

Monday 16th February – Friday 20th February

Second Spring Half-Term

Monday 23rd February – Friday 27th March

SUMMER TERM 2026

First Summer Half-Term

Monday 13th April – Friday 22nd May

Monday 13th April INSET DAY

School closed to students except those in Year 11

Mayday Bank Holiday

Monday 4th May 2025

Half-Term Holiday

Monday 25th May – Friday 29th May

Second Summer Half Term

Monday 1st June – Friday 24th July

Friday 24th July INSET DAY

School closed to students except by invitation

SEND FACULTY NEWS

Supporting Teenagers Who Struggle With Homework at Home

As children become teenagers, schoolwork often becomes more complex, more demanding and more independent. For young people who have learning difficulties, diagnosed or suspected, this change can feel especially challenging. Many parents notice their teenager becoming frustrated, anxious or avoidant when homework is mentioned. It can be difficult to know how to help without causing more stress.

Understanding Why Homework Can Feel Difficult

Homework can be tough for many reasons. A teenager may be bright and capable but still struggle because of their brain processes information. Learning difficulties like dyslexia, ADHD, autism, dyspraxia or processing can make certain types of tasks feel slower or more difficult.

Common challenges include:

- Difficulty understanding instructions
- Trouble getting started on a task
- Problems with organising ideas or materials
- Feeling overwhelmed by long or multi step assignments
- Fatigue after a full school day
- Worry about getting things wrong

Recognising these difficulties is an important first step. It helps parents respond with empathy rather than assuming their child is simply avoiding the work.

Creating a Supportive Homework Environment

A calm and predictable home set up can make homework feel less daunting.

Provide a quiet workspace

Choose an area that feels safe and free from distractions. Some teenagers prefer a separate desk while others feel more comfortable working at the kitchen table.

Agree a routine

Setting a regular homework time can reduce arguments. Some teenagers work best after a short break and snack. Others prefer to start as soon as they get home.

Use visual aids

Planners, checklists and simple time plans can help teenagers who struggle to organise tasks in their head. Breaking work into small steps often reduces stress.

Helping Without Taking Over

Teenagers value independence, even when they find learning difficult. The aim is to guide rather than control.

Read instructions together

Many young people struggle with understanding what a task is asking for. Reading instructions aloud and checking understanding can prevent confusion later.

Chunk the work

Large assignments are easier when they are divided into short steps. Offer help with planning how to approach each part, then allow your child to complete it in manageable pieces.

Use time limits

Short periods of focused work, followed by a break, are often more effective than long sessions. This approach works very well for teenagers who find concentration difficult.



CHECKLIST



Support for You & Your Child with SEND



**Evelina
London**

Optional Paid Training

Using Visuals to Support Communication – £30

Practical ideas for using pictures, symbols and visual supports at home.

- Booking Link: (see Evelina London website)
- Available as anytime eLearning

Language Development in Bilingual Children – £30

Guidance for families raising children in more than one language.

- Booking Link: (see Evelina London website)
- Available as anytime eLearning

Supporting Children with Restricted Feeding – £30

Strategies for children who struggle with eating a range of foods.

- Booking Link: (see Evelina London website)
- Available as anytime eLearning

Lego Therapy

£45 (local) / £20 (out of borough)

A fun, structured approach to developing communication and social skills.

- Booking Email: gstt.contacts@nhs.net
- Wednesday 4th June 2026, 3:30–5:00pm

Accredited Talking Mats

£20 (local) / £45 (out of borough)

Learn how this visual communication tool can support children to express their views.

- Booking Link: (see Evelina London website)
- Wednesday 10th June 2026, 9:30–12:30
- Wednesday 1st July 2026, 9:30–12:30

FREE Training for Parents & Carers

Free Speech & Language Training for Parents & Carers

We are delighted to share that Evelina London's Speech & Language Therapy Service is offering a range of FREE online training sessions designed to help you support your child's communication, learning and confidence at home. These sessions are ideal for any parent or carer who would like practical, easy-to-use strategies.

Alongside the free sessions, there are also optional paid eLearning courses if you would like to explore specific areas in more depth.

Makaton Taster Sessions – FREE

A great introduction to using simple signs and symbols to support communication.

- Booking Email: gst-tr.contacts@nhs.net
- Monday 3rd November 2025, 3:30–5:00pm
- Tuesday 6th January 2026, 10:30am–12:00pm
- Wednesday 4th March 2026, 1:30–3:00pm

DLD Together – FREE (7-week course)

A supportive programme for families of children with Developmental Language Disorder.

- Booking Email: gstt.contacts@nhs.net
- Termly courses – dates available on request

What Do SLTs Do in Schools? – FREE eLearning

Learn more about how Speech & Language Therapists support children in education.

- Access Email: gstt.contacts@nhs.net
- Available anytime

School Starters (Transition) – FREE eLearning

Helpful guidance for supporting communication skills as children begin school.

- Access Email: gstt.contacts@nhs.net
- Available anytime

If you have any questions or would like help choosing the right course for you, please speak to a member of our school team, we are always happy to support.

OXYGEN

ACTIVEPLAY

Oxygen Freejumping (Acton / Croydon) – SEN Sessions

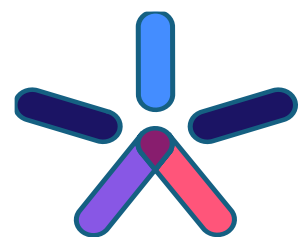
The SEN Peaceful Play sessions offer a gentle, welcoming environment for children and adults with Special Educational Needs (SEN). With reduced numbers and a quieter atmosphere, the park is made exclusively available to individuals with special educational needs and disabilities.

These dedicated sessions allow jumpers to access the same facilities that are available during our Open Play sessions and are the perfect way to explore our facilities and enjoy Activeplay, at your own pace and in a comfortable setting.

- Reduced capacity
- Lower lighting & noise levels
- Staff experienced with SEND needs
- Great for movement and regulation

Best for: Teens who enjoy body movement, bouncing, vestibular input, and a structured but fun environment.

Find out more here: <https://oxygenactiveplay.co.uk/activity/peaceful-play/>



COUNCIL FOR DISABLED CHILDREN

SEND Regional Engagement Events

Department for Education / Council for Disabled Children

- **What:** A series of DfE SEND reform engagement events where parents/carers, schools and professionals can feed into upcoming SEND reforms.
- **When:** Series running 2–11 December 2025, with specific dates for regions (South West, online, East Midlands, East of England, South East) and London date "TBC". councilfordisabledchildren.org.uk+1
- **Format:** Mix of online and in-person sessions (all during the day, 10:00–12:00).
- **Who for:** Parents, carers, school staff, SEND professionals – very relevant for secondary-age families because it's about the future of the SEND system.

Check out more here: <https://councilfordisabledchildren.org.uk/work-us/events-training/events-training-calendar/send-regional-engagement-events-department>

SEND FACULTY NEWS cont.



Teen Life Parent/Carer Programme Lambeth and Southwark

6 week programme for parents and carers of autistic young people aged 10 to 16

2 parents/carers for each young person

Plus a professional to support you if required (e.g. staff member from school)

Only 6-8 families per group

This programme is for families with Southwark/Lambeth GP only

The 6-session programme covers:

- Understanding autism
- Understanding autistic identity
- Stress and anxiety/understanding behaviour
- Health and wellbeing
- Puberty
- Education/planning for the future

Each session is 2 ½ hours

All families will receive a free accompanying workbook for the programme. Voluntary donations welcome

How to book: Email gst-tr.contacts@nhs.net

Include **your name and phone number**

Your child's name / date of birth



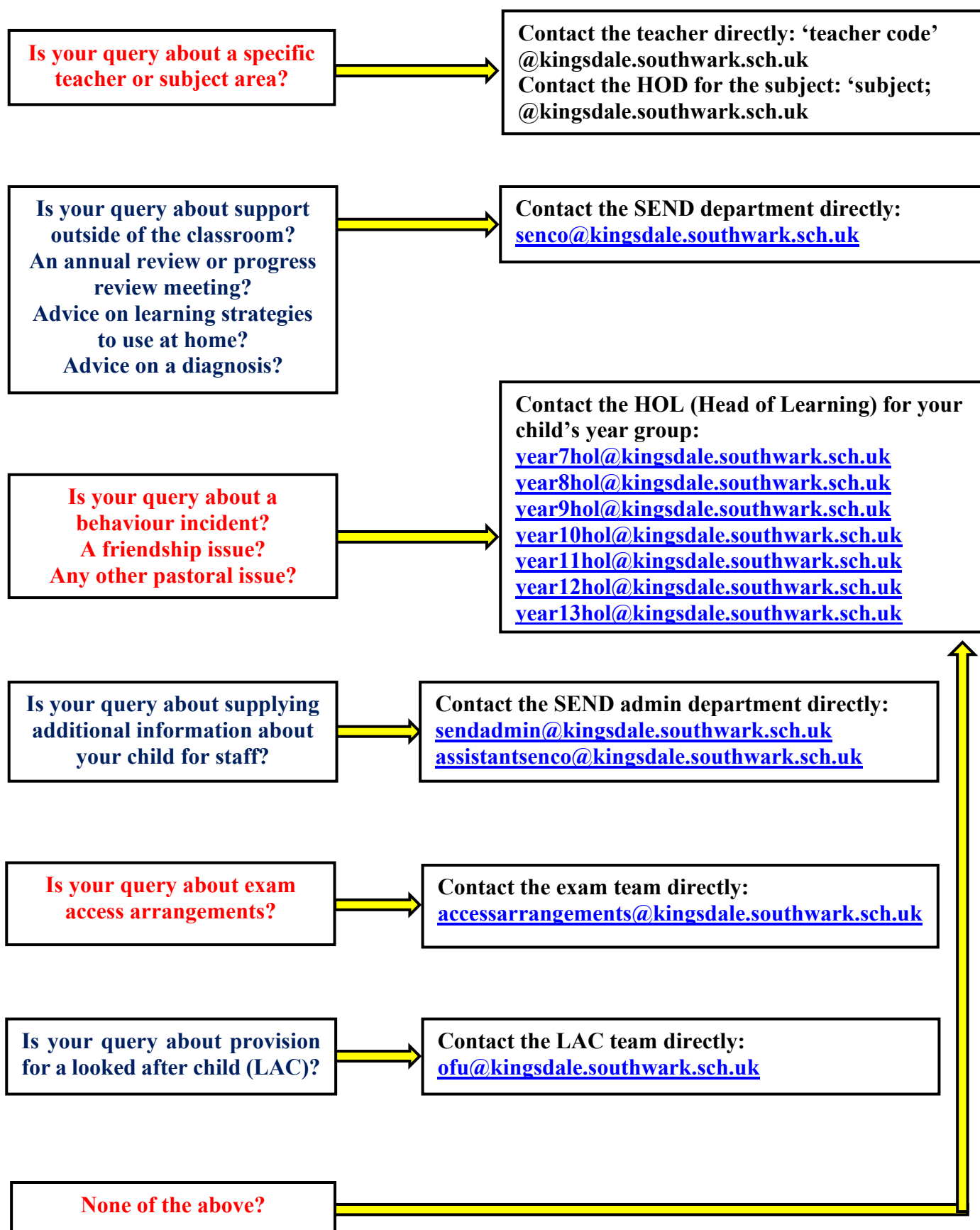
National
Autistic
Society



Teen Life
Licensed

Communication Flowchart: SEND

At Kingsdale we would like our communication to be as effective as possible. Please see the flowchart below to help us support your child effectively and get the information needed to the right people.





Young
People
Southwark

If you are worried someone's drinking or drug use is affecting your child, we're here to help.



We help children and young people to cope with difficult family situations and feel stronger in themselves.

You can speak to us on 0203 404 7699
or email Southwark.YoungPeople@cgl.org.uk

Change Grow Live Registered Office: 3rd Floor, Tower Point, 44 North Road, Brighton BN1 1YR. Registered Charity Number 1079327 (England and Wales) and SC039961 (Scotland). Company Registration Number 7361208 (England and Wales).



Drug and
Alcohol Service
Southwark



Young
People
Southwark

Free Workshops for Parents and Carers

Do you want more guidance on how to talk to your children, teens and young people about vaping, alcohol or drugs? Do you want to be informed on the current themes and trends we come across working with young people in the borough?

Substances are more accessible today than ever before. For parents, carers or anyone responsible for children and young people, it can feel overwhelming and difficult to know how to respond.

We're offering FREE online workshops for parents and carers in Southwark, to give advice and guidance to help you navigate this quickly changing landscape.



We'll cover:

- Current trends amongst young people
- Strategies for talking to young people about substances in an open and supportive way
- Practical advice on how to keep your children safe from the dangers of substance misuse



For further information contact:

- Email: Southwark.YoungPeople@cgl.org.uk or scan the QR code for a direct link to the eventbrite page.
- You can call us on: **020 3404 7699**

SCAN ME



Talking to your child about

SHARING IMAGES ONLINE

For children and young people, socialising online is part of normal life. Chatting online and sending messages, photos and videos can be a good way of strengthening friendships. Sometimes, however, they can misjudge boundaries and may not realise the impact of their actions.

They can also be manipulated or pressured by others into sending inappropriate content, such as nude or semi-nude images. These can be sent for reasons including humour, shock-value, revenge or exploring bodies and relationships. Once images are shared, they can't be retrieved, leaving them vulnerable in many ways.

Having conversations with your child at an early age about what is and isn't ok to create and share can help keep them safe.



What can you do to keep your child safe online?

S

Set clear boundaries.

Agree with your child what they can do online and their access to certain apps/websites.

T

Talk with your child and be supportive.

Listen to what they already know so you can start a conversation about what normal use is.

E

Educate everyone in the family.

Make sure all family members know what isn't appropriate and how to stay safe online.

E

Evolve with the internet.

Keep up to date with technology used by your child and their features such as smartphones, VR headsets etc.

R

Research, review and regulate the apps and websites your child uses. This will allow you to decide whether they should use them and how to keep them safe online.



Prosecutions of children are very rare but there can be legal consequences to sharing nude or semi-nude imagery of a child (photos, cartoons or other picture formats), even if the person doing so is a child. If you think your child has shared an inappropriate image, speak to an advisor at the Child Exploitation and Online Protection Command (CEOP). Details below.



FOR SUPPORT AND ADVICE, PLEASE VISIT:

 **parentzone**

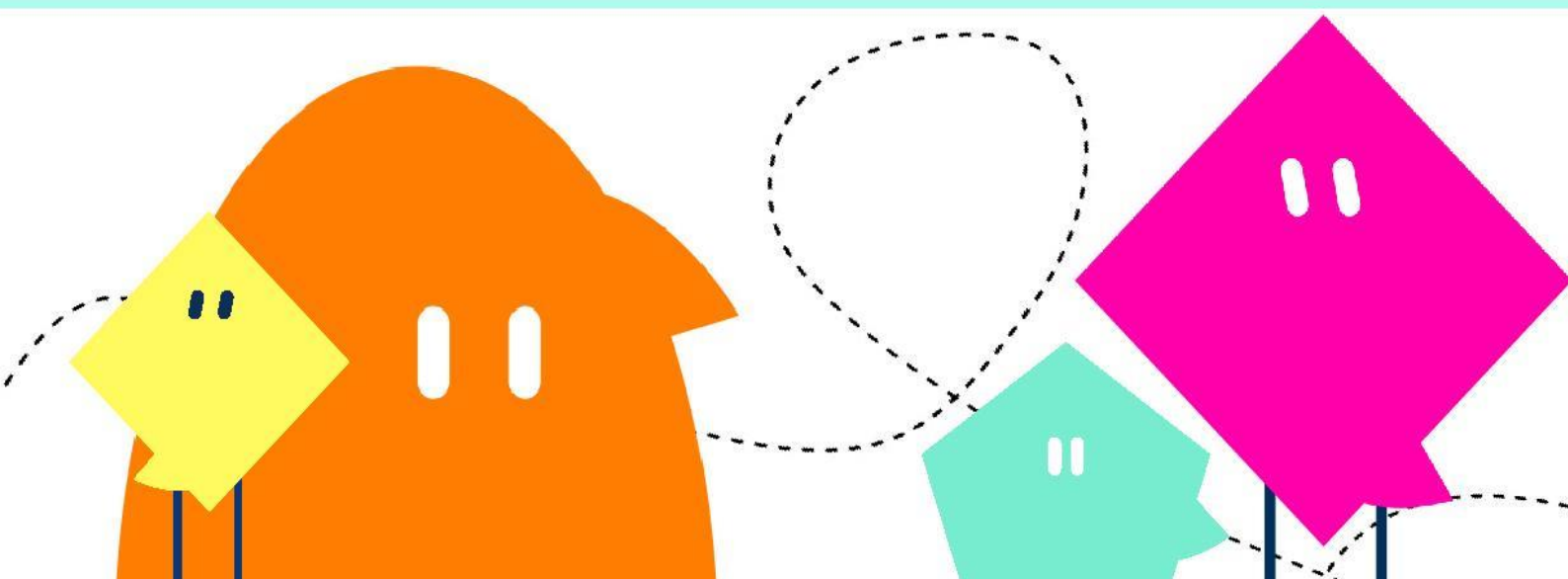
ParentZone – Resources for parents/children to help keep kids safe online.



CEOP Education from the National Crime Agency – Advice, information and resources to use with your child to help keep them safer from online child sexual abuse.



Internet Matters – Comprehensive resources and expert guidance to help parents/carers keep their children safe online.



A safe space for teenagers worried about sexual behaviour

Our new website for young people with concerns about their own or someone else's sexual thoughts and behaviour.



shorespace.org.uk

Why Shore?

- It is one of the only resources of its kind in the world, designed specifically for young people with concerns about sexual behaviour
- It has reliable information to get anonymous help if they or a friend has acted harmfully online

SCHOOL NEWS

KFS Uniform Bank

Our uniform is a key part of our identity and as such we are able to help parents and carers in providing quality uniform items. Sadly, the cost of living is still rising and some families are finding it a challenge to cover all bases in bringing up a family. There is also the negative environmental impact in design and disposal within the clothing industry to consider. Kingsdale community families can acquire cleaned and sanitised pre-worn uniform blazers (Belmont Dry Cleaners in Croxted Road have been most generous with their time and costing in this matter) and other items, dependent on availability, at a much, reduced rate.

The Uniform Bank will also be open between 3.45pm and 4.45pm each Monday, Wednesday and Friday. Please, always check for availability of items prior to making a purchase. This is a rolling programme that continues throughout the entire academic year and as such we are always looking for donations. Please leave washed and folded clothes at the main Reception area. Items of uniform will be available at other times of the year depending on supply. If you would like to help in any way please make yourself known to the team.

If you have any queries, do not hesitate to contact: Mr Lewis at jls@kingsdale.southwark.sch.uk



The School Shop

A reminder that our School Shop is now open during the school day to enable students to purchase a range of useful items that they might need.

This includes stationary and uniform items; all of which can be purchased using their school fob. The School Shop is located in the main Atrium nearest to the green stairs.



Lost Property

We are still receiving a large number of items that have been mislaid or lost by students.

In many cases, these items are unlabelled, making it very hard for them to be quickly and successfully reunited with their owners!

Please can we ask parents to label all items of their children's property at school, including water bottles, blazers and coats.

Lost property queries can be directed to lostproperty@kingsdale.southwark.school.uk

Kingsdale is a Safe Space

We would like to take this opportunity to once again remind students and their families of our two confidential emails which are operational both during and outside of school hours.

This provision is available for any member of our school community wishing to seek advice, discuss any matters relating to mental health & well-being or report an incident or concern confidentially via email.

We appreciate that students, parents, carers or guardians may wish to speak to someone outside of school hours or may wish to disclose an incident or concern confidentially or anonymously.

Our two confidential emails are:

health&wellbeing@kingsdale.southwark.sch.uk
tellsomeone@kingsdale.southwark.sch.uk

Please contact **Ms V. Turner** for further information regarding this provision or any matters relating to mental health & well-being at Kingsdale School.

HOUSE COMPETITION

Eagle House Captains Lead the Way on Human Rights

Our Eagle House Captains have been sharing the human rights they believe matter most, offering thoughtful reflections that highlight their leadership. Their amazing contributions are paving the way for other students to speak up confidently, and champion the values that shape our community.



Prince Cararra Wright (Year 7)

From my perspective, the most important human right is the right to equality. This is because equality does actually ensure that a vast majority of individuals are treated with respect. No matter their background, race, identity nor beliefs! People who are given the same opportunities, protections and respect create a society where everybody is welcome to join without any fear of something bad happening. As well, equality does support a lot of other human rights & without it, freedom and justice would not be possible.

Rachel Benghiat (Year 8)

In my opinion, the most important human right is that we are all born free and equal, this is because I believe it to be the root of all our rights and freedoms. What I mean by this is that we all have the same liberty to have our own thoughts and ideas and make our own choices. It also means that we should all be treated equally and as a result of what we do instead of who we are. This can be interpreted in many different ways. For example, everyone is equal in front of the law, has equal access to services (such as healthcare), equality of opportunity (like getting a job) and many more. All of these points are essential in their different ways and that is why I think that being born free and equal is the most important right in the Universal Declaration of Human Rights.

Arlen Hewitt (Year 7)

The fourth Human Right is that nobody is to be enslaved and is significant, because if someone's only purpose is to toil away in favour of somebody else, they wouldn't have lived properly by the time of death. They only exist in order to work, dehumanising them. This is slavery, and was abolished in England in the year 1834 by way of the Slavery Abolition Act. However, a modern form of slavery still exists due to human trafficking – when people are moved around the world for someone else's benefit or interest. I believe that all human beings are entitled to freedom and that no one is to be dehumanised or treated as property.

STUDENT TASK: Write a poem/speech to express which Human Rights are most important to you.

HOUSE ACTIVITY:

Submit your work to the House Team:
housesystem@kingsdale.southwark.sch.uk
Ensure your entry is accompanied by your full name, tutor group and House.



What Parents & Educators Need to Know about POKÉMON TCG POCKET

WHAT ARE THE RISKS?

Pokémon TCG Pocket is a mobile version of the hugely popular Pokémon Trading Card Game, downloaded over 100 million times on Android and iOS. Players collect cards, battle others online, and open packs of cards – known as booster packs – to expand their decks. While the core game can be fun and helps develop tactical and numeracy skills, its design encourages spending and can feed addictive behaviours – making it important for adults to understand the risks.



ADDICTIVE PACK OPENING

Booster packs rely on probability to provide rare or powerful cards. The excitement of opening them – and the dopamine rush when finding a sought-after card – can become addictive. Unlike purely cosmetic loot boxes, the cards here are integral to competitive gameplay, adding extra pressure for serious gamers to collect more.

QUICK BUT ABSORBING

Card battles last around five to six minutes, making it easy to fit in “just one more game”. This quick format, combined with the drive to win, can lead to prolonged play sessions and increased screen time without noticing. With limited-time Ranked Match seasons constantly being refreshed – an opportunity to accumulate points and earn profile emblems – players may find themselves drawn into this game mechanic repeatedly.

PREMIUM PASS PRESSURE

A monthly subscription gives players access to exclusive missions, rewards, and an extra daily booster pack. Missions and rewards are replaced each month, providing an incentive to stay subscribed. While some premium rewards are exclusive, others are available through free play – making the pass more about faster progression and obtaining cosmetic items than true necessity.

ENDLESS PACK LOOPS

New themed sets of cards are released each month, ranging from around 85 to over 370 cards per expansion. This constant cycle encourages players to keep opening packs in an effort to complete collections or improve their battle decks, potentially promoting unhealthy spending habits. With the introduction of limited-time booster packs, some players may feel increased pressure to collect these cards while they're still available.

COST OF BOOSTER PACKS

Although free to play, with set rewards and two free booster packs given daily, players can exchange Poké Gold if they wish to open more, and a small amount of Poké Gold is rewarded for free as the player levels up. Poké Gold is also sold in bundles that are often just short of what players need to open extra packs, encouraging them to buy additional bundles.

COMPETITIVE ONLINE PLAY

Interactions in Pokémon TCG Pocket are relatively safe – there's no messaging between players, friend requests require player approval, no real names are used, and card trading is restricted to fair trades between friends. On the other hand, the competitive nature of online play can still cause frustration, over-investment, and isolation if children spend too much time focused on the game.

Advice for Parents & Educators

MONITOR SPENDING HABITS

Set clear boundaries around in-game purchases. Treat Poké Gold as an occasional rather than routine reward, helping children develop healthier attitudes towards digital spend.

SET REALISTIC EXPECTATIONS

Talk about the unpredictable nature of booster packs and prepare children for disappointment when duplicates appear or rare cards don't surface. Understanding probability can help minimise disappointment – use the game's built-in offering rates guides to find out more about it.

PLAY TOGETHER

Card battles can help children learn tactics, problem-solving, and rule-following, as well as numeracy skills. Playing alongside them is a great way to share in their enjoyment, while also modelling balanced play and keeping an eye on how much they're investing in the game.

TEACH FAIRNESS

Losing a battle can be discouraging, especially when money has been spent on collecting the cards to build a deck. Support children in recognising the importance of fairness, learning from both wins and losses, and making considered choices when trading cards.

Meet Our Expert

Dan Upcombe is a videogame journalist and children's book author with over 15 years of experience. Specialising in technology and gaming, he has written extensively on how digital platforms affect young people and has been playing games for more than three decades.



SPORTS FIXTURES

Monday 8th December 2025

- Under 7s Boys' Football B Team Home Match v Hurstmere Foundation School. Leave school at 1.30pm. Start 2pm. Return at 3.30pm approx.: **Mr Fitchett**
- Under-13s Boys' Football Away Match v St Mary Magdalane Academy. Leave school at 12 noon. Start 2.15pm. Return at 6pm approx.: **Mr Price**
- Under-16s Girls' Basketball Away Match v The Norwood School. Leave school at 1pm. Start 2pm. Return at 5pm approx.: **Mr Roberts**
- Year 7s AFL Taster Session for Sports Scholars. School Astro. From 2.55pm-4.10pm: **Ms McErlain/Mr Foster**

Tuesday 9th December 2025

- Under-16s Girls' Away Football Match at Burgess Park against Latymer Upper School. Leave school at 1.30pm. Start 2.30pm. Return at 5pm approx.: **Mr Jones/Mr Price**
- Under-12s Boys' Football Away Match v Fulham Boys' School. Leave school at 1pm. Start 2pm. Return at 4.45pm approx.: **Mr Johnstone**
- Under-15s Girls' Hockey Away Match v St Dunstan's College. Leave school at 3pm. Start 4.15pm. Return at 6.45pm approx.: **Ms Jaymes**

Wednesday 10th December 2025

- Under-13s Girls' Indoor Cricket Tournament at James Almey's School. Leave school at 9.15am. Start 10am. Return at 2.30pm approx.: **Ms Jaymes**
- Under-16s Boys' National Basketball Away Match against ACS International School, Cobham. Leave school at 1pm. Start 3pm. Return at 7pm approx.: **Mr Hall/Mr Dash**
- Under-16s Boys' Rugby League Regional Finals at Stanwell. Leave school at 12pm. Start 2pm. Return at 6.45pm approx.: **Mr McWhirter**

Thursday 11th December 2025

- Under-13s Boys' Football B Team Away Match v Shenfield School Essex. Leave school at 12 noon. Start 1.30pm. Return at 6pm approx.: **Mr Price/Mr Roberts**
- Under-16s Girls' Football Away Match v St Dunstan's College. Leave school at 1pm. Start 2pm. Return at 4.45pm approx.: **Mr Jones**
- Under-15s Mixed Girls & Boys Volleyball Away v against Haberdashers Hatcham College. Leave school at 1pm. Start 2pm. Return at 4pm approx.: **Mr Fitchett**

Friday 12th December 2025

- Under-13s Boys Indoor Cricket Tournament at Alleyns School. Leave school at 1pm. Start 1.30pm. Return at 4.30pm approx.: **Mr Johnstone**
- Under-12s Boys' Football Away Match v Trinity School Lewisham. Leave school at 12.30pm. Start 1.30pm. Return at 3.30pm approx.: **Mr Fitchett**
- Under-16s Boys' Football B Team Away Match at Burgess Park against St Bonaventure's School. Leave school at 1.30pm. Start 2.30pm. Return at 5pm approx.: **Mr Foster**

Please note that fixtures maybe postponed or rearranged due to weather conditions.
<http://www.kingsdaleschoolsports.org.uk>

HOUSE NEWS

Online Safety Corner

For this week's Online Safety focus we are looking at ways to 'What Parents & Educators Need to Know about Pokémon TCG Pocket'. Get a greater insight here. **Please read!** Remember to keep an open dialogue with your child about their activities online. **See Page 25 above**

The House Leader Board 2025-26

Week ending
5th December 2025

- 1st Place – Swift 42,676 points
- 2nd Place – Dove 42,487 points
- 3rd Place – Albatross 41,931 points
- 4th Place – Falcon 41,688 points
- 5th Place – Eagle 41,578 points



Ways we communicate with Parents and students

We communicate with students & parents via:

Student & Parent Email

Please ensure we have your correct email and mobile phone contact details. Students should also be regularly accessing their student email accounts.

MS Teams

Used to share schoolwork, assignments and files.

Twitter/Website

You can find us at @kingsdalefs. Our website at: www.kingsdalefoundationschool.org.uk

SatchelOne (previously SMHW)

Used to share homework details and other school news via the Notice Board feature with students and parents. Login [here](#).

MyEd app

Downloaded for free at:

<https://www.myedschoolapp.com/>

This app provides a range of useful info for parents.

